



## **6-8 Counseling**

Approved by KSD Board of Education: (2007)

### **Course Description:**

The purpose of the counseling curriculum is to support and facilitate the academic, career, and social/emotional development and well-being of all students.

**Grade Level:** 6th Grade- 8th Grade

### **Unit Scope and Sequence**

**Unit 1:** Personal and Social Development

**Unit 2:** Academic Development

**Unit 3:** Career Development

### **Course Enduring Understandings:**

- Understanding ourselves and our roles in diverse communities, along with respectful interactions and personal safety skills, enhances our personal and social development.
- Skills for educational achievement, successful transitions between educational levels, and the development of personal educational plans contribute to overall academic success.
- Career exploration, access to information about work and education, and employment readiness skills collectively shape our ability to achieve career goals.

### **Course Essential Questions:**

- How can understanding ourselves and our roles in diverse communities, along with respectful interactions and personal safety skills, enhance our personal and social development?
- How do the skills for educational achievement, successful transitions between educational levels, and the development of personal educational plans contribute to overall academic success?
- How do career exploration, access to information about work and education, and employment readiness skills collectively shape our ability to achieve career goals?

# COURSE TITLE AND GRADE

## Unit 1: Personal and Social Development

The purpose of the counseling curriculum is to support and facilitate the social/emotional development and well-being of all students.

| Unit Essential Learning Targets                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Enduring Understandings</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <i>Essential Questions</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <ul style="list-style-type: none"> <li>Understanding Self as an Individual and as a Member of Diverse Local and Global Communities is an essential component of personal and social development.</li> <li>Interacting With Others in Ways That Respect Individual and Group Differences is an essential component of social development.</li> <li>Applying Personal Safety Skills and Coping Strategies is an essential component of personal and social development.</li> </ul> | <ul style="list-style-type: none"> <li>How can understanding ourselves and our roles in diverse communities, along with respectful interactions and personal safety skills, enhance our personal and social development?</li> </ul>                                                                                                                                                                                                                                                                                  |
| <i>Students must know:</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <i>Students must be able to:</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <ul style="list-style-type: none"> <li>Coping skills</li> <li>Self-concept</li> <li>Interpersonal skills</li> </ul>                                                                                                                                                                                                                                                                                                                                                              | <ul style="list-style-type: none"> <li>Evaluate coping skills to manage life-changing events.</li> <li>Identify thoughts and feelings and how they relate to self-concept.</li> <li>Recognize the different roles and responsibilities people play in the family, school, and community, and how those roles and responsibilities are interrelated.</li> <li>Self-assess interpersonal skills that will help maintain quality relationships.</li> <li>Apply strategies related to personal safety issues.</li> </ul> |

**COURSE TITLE AND GRADE**  
**Unit 1: Personal and Social Development**

**Missouri Learning Standards**

**Priority Standard: Identify thoughts and feelings and how they relate to self-concept (GLE.SE1.A8).**

**Priority Standard: Recognize the different roles and responsibilities people play in the family, school, and community, and how those roles and responsibilities are interrelated (GLE.SE1.B8).**

- Recognize personal ways for the individual to contribute as a member of the school community (GLE.SE1.C8).

**Priority Standard: Self-assess interpersonal skills that will help maintain quality relationships (GLE.SE2.A8).**

- Apply strategies that promote acceptance and respect of others with the global community (GLE.SE2.B8).
- Exhibit an awareness of personal responsibility in conflict situations (GLE.SE2.C8).

**Priority Standard: Apply strategies related to personal safety issues (GLE.SE3.B8).**

**Priority Standard: Evaluate coping skills to manage life-changing events (GLE.SE3.C8).**

- Recognize peer influence on risk-taking behaviors and consequences (GLE.SE3.A8).

## COURSE TITLE AND GRADE

### Unit 2: Academic Development

The purpose of the counseling curriculum is to support and facilitate the academic development and well-being of all students.

| Unit Essential Learning Targets                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                               |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Enduring Understandings</i>                                                                                                                                                                                                                                                                                                                                                                       | <i>Essential Questions</i>                                                                                                                                                                                                                    |
| <ul style="list-style-type: none"> <li>Applying Skills Needed for Educational Achievement is an essential component of academic development.</li> <li>Applying the Skills of Transitioning Between Educational Levels is an essential component of academic development.</li> <li>Developing and Monitoring Personal Educational Plans is an essential component of academic development.</li> </ul> | <ul style="list-style-type: none"> <li>How do the skills for educational achievement, successful transitions between educational levels, and the development of personal educational plans contribute to overall academic success?</li> </ul> |
| <i>Students must know:</i>                                                                                                                                                                                                                                                                                                                                                                           | <i>Students must be able to:</i>                                                                                                                                                                                                              |
| <ul style="list-style-type: none"> <li>ICAP</li> <li>Self-management</li> </ul>                                                                                                                                                                                                                                                                                                                      | <ul style="list-style-type: none"> <li>Identify the information and skills necessary to transition to high school.</li> <li>Consistently apply a self-management system to promote academic success.</li> </ul>                               |

**COURSE TITLE AND GRADE**  
**Unit 2: Academic Development**

**Missouri Learning Standards**

**Priority Standard: Consistently apply a self-management system to promote academic success (GLE.AD4.B8).**

- Consistently apply a system of study skills and test-taking strategies to promote academic success (GLE.AD4.A8).
- Design an Individual Career and Academic Plan (ICAP) (GLE.AD6.A8).

**Priority Standard: Identify the information and skills necessary to transition to high school (GLE.AD5.A8).**

## COURSE TITLE AND GRADE

### Unit 3: Career Development

The purpose of the counseling curriculum is to support and facilitate the career development and well-being of all students.

| Unit Essential Learning Targets                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                              |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i><b>Enduring Understandings</b></i>                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <i><b>Essential Questions</b></i>                                                                                                                                                                                                                                            |
| <ul style="list-style-type: none"> <li>Applying Career Exploration and Planning Skills in the Achievement of Life Career Goals is an essential component of career development.</li> <li>Knowing Where and How to Obtain Information About the World of Work and Post Secondary Training/Education is an essential component of career development.</li> <li>Applying Employment Readiness Skills and the Skills for On-The-Job Success is an essential component of career development.</li> </ul> | <ul style="list-style-type: none"> <li>How do career exploration, access to information about work and education, and employment readiness skills collectively shape our ability to achieve career goals?</li> </ul>                                                         |
| <i><b>Students must know:</b></i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <i><b>Students must be able to:</b></i>                                                                                                                                                                                                                                      |
| <ul style="list-style-type: none"> <li>Portfolio</li> <li>Ethical</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                        | <ul style="list-style-type: none"> <li>Evaluate personal, ethical, and work habit skills as they relate to achieving the student's education career path.</li> <li>Develop an educational and career plan based on current interests, strengths, and limitations.</li> </ul> |

## **COURSE TITLE AND GRADE**

### **Unit 3: Career Development**

#### **Missouri Learning Standards**

**Priority Standard: Develop an educational and career plan based on current interests, strengths, and limitations (GLE.CD7.A8).**

- Identify and explore a variety of resources to aid in career exploration and planning now and in the future (GLE.CD7.B8).
- Recognize the relevance of personal contributions made to school and community (GLE.CD7.C8).
- Compare personal interests with information about careers and education (GLE.CD8.A8).
- Identify the training and education required for occupations in career paths of interest (GLE.CD8.B8).

**Priority Standard: Evaluate personal, ethical, and work habit skills as they relate to achieving the student's education career path (GLE.CD9.A8).**

- Utilize a portfolio of middle school academic and work experience (GLE.CD9.B8).