POMFRET

DAILY SCHEDULE

MON

- **BREAKFAST**
- **A BLOCK** 8:30 – 9:40 AM
- **CHAPEL** 9:50 – 10:20 AM
- **B BLOCK** 10:25 – 11:35 AM
- **LUNCH** 11:35 AM – 12:25 PM
- **C BLOCK** 12:25 – 1:35 PM
- **OFFICE HOURS** 1:35 – 2:05 PM
- **D BLOCK** 2:05 – 3:15 PM
- **ATHLETICS AND ACTIVITIES** 4:00 – 5:30 PM
- **DINNER** 5:30 – 7:00 PM
- **M BLOCK 1** 6:15 – 7:45 PM
- **STUDY HOURS** 8:00 – 10:00 PM

TUE

- **BREAKFAST**
- **E BLOCK** 8:30 – 9:40 AM
- **SCHOOL MEETING** 9:50 – 10:20 AM
- **F BLOCK** 10:25 – 11:35 AM
- **LUNCH** 11:35 AM – 12:25 PM
- **G BLOCK** 12:25 – 1:35 PM
- **A BLOCK** 1:40 – 2:25 PM
- **B BLOCK** 2:30 – 3:15 PM
- **ATHLETICS AND ACTIVITIES** 4:00 – 5:30 PM
- **ADVISEE DINNER** 6:00 – 7:30 PM
- **STUDY HOURS** 8:00 – 10:00 PM

WED

- **BREAKFAST**
- **C BLOCK** 8:30 – 9:15 AM
- **D BLOCK** 9:25 – 10:10 AM
- **E BLOCK** 10:20 – 11:05 AM
- **F BLOCK** 11:15 AM – 12:00 PM
- **LUNCH** 12:00 – 12:50 PM
- **ATHLETICS AND ACTIVITIES** 1:00 – 5:30 PM
- **DINNER** 5:30 – 7:15 PM
- **STUDY HOURS** 8:00 – 10:00 PM

THUR

- **BREAKFAST**
- **G BLOCK** 8:30 – 9:15 AM
- **A BLOCK** 9:20 – 10:30 AM
- **B BLOCK** 10:35 – 11:45 AM
- **LUNCH** 11:45 AM – 12:35 PM
- **C BLOCK** 12:35– 1:45 PM
- **OFFICE HOURS** 1:45 PM
- **QUEST** 2:15 – 3:15 PM **OR** **PROGRAM BLOCK** 2:15 – 3:15 PM
- **ATHLETICS AND ACTIVITIES** 4:00 – 5:30 PM
- **DINNER** 5:30 – 7:00 PM
- **M BLOCK 2** 6:15 – 7:45 PM
- **STUDY HOURS** 8:00 – 10:00 PM

FRI

- **BREAKFAST**
- **D BLOCK** 8:30 – 9:40 AM
- **CHAPEL** 9:50 – 10:20 AM
- **E BLOCK** 10:25 – 11:35 AM
- **STUDENT LUNCH** 11:35 AM – 12:20 PM
- **FACULTY MEETING** 11:35 AM – 12:20 PM
- **MEETING BLOCK** 12:20 – 12:45 PM
- **FACULTY LUNCH** 12:20 – 12:45PM
- **F BLOCK** 12:50 – 2:00 PM
- **G BLOCK** 2:05 – 3:15 PM
- **ATHLETICS AND ACTIVITIES** 4:00 – 5:30 PM
- **DINNER** 5:30 – 7:00 PM
- **FUN & GAMES**

SAT

- **STUDENT LIFE PROGRAMMING** 9:00 – 11:00 AM Select Saturdays
- **ATHLETICS AND ACTIVITIES** 12 – 5:30 PM
- **FUN & GAMES**

SUN

- **FUN & GAMES**
- **STUDY HOURS** 8:00 – 10:00 PM

Revised June 15, 2026