

RCMS FALL TRYOUTS 2026

(All physicals are due on 8/7, NO EXCEPTIONS)

Fall sports include:

Volleyball (girls)

Soccer (boys)

Softball

Cross Country (girls and boys)

Students are encouraged to attend at least 2 tryouts. If you can't attend your grade level's tryout, you can come to a different grade level's tryout.

All student-athletes must check in with Coach Dixon, Coach Lloyd, or Ms. Toler in the gym immediately after dismissal. Once the check-in process has been completed, the student-athletes will report to their respective locker rooms to dress out for tryouts, then sign in at their designated area.

Volleyball (girls)

8/10 4:15-5:45 (**8th only**)

8/11 4:15-5:45 (**6th only**)

8/12 4:15-5:45 (**7th only**)

8/13 4:15-5:45 (**8th only**)

8/17 4:15-5:45 (**6th/7th only**)

8/20 4:15-5:45 (A team practice)

-Mandatory A team parent/guardian meeting @ 5:30
(room 204)

8/24 4:15-5:45 (B team practice)

-Mandatory A team parent/guardian meeting @ 5:30
(room 204)

Soccer (boys)

8/12 4:15-5:45 (**7th/8th only**)

8/13 4:15-5:45 (**6th/7th only**)

8/18 4:15-5:45 (**6th only**)

8/19 4:15-5:45 (**8th only**)

8/25 4:15-5:45 (A team practice)

-Mandatory A team parent/guardian meeting @ 5:30
(room 204)

8/26 4:15-5:45 (B team practice)

-Mandatory B team parent/guardian meeting @ 5:30
(room 204)

Softball (girls)

8/17 4:15-5:45

8/18 4:15-5:45

8/19 4:15-5:45

8/20 4:15-5:45 (rain date)

8/25 4:15-5:45 (practice)

8/26 4:15-5:45 (practice)

8/31 4:15-5:45 (practice)

-Mandatory parent/guardian meeting @ 5:30 (room 204)

Cross Country

Student-athletes will enter the building through the glass doors outside of the concession area. The doors will be unlocked from 7:00 am-7:20 am. The doors will be locked promptly at 7:20 am. No one will be admitted after 7:20 am. Do not attempt to enter through the front office or any other entry. xzParticipants may go home and return to school or stay in the gym until the 8:30 bell.

8/17	7:15-8:00	practice
8/19	7:15-8:00	practice
8/24	7:15-8:00	practice
8/26	7:15-8:00	practice (time trial)
8/31	7:15-8:00	practice (time trial, rain date)
9/2	7:15-8:00	practice
9/3	TBA	Brook Run (1 st meet, top 7 girls and top 7 boys from the time trial)

Practice schedules and game/match/meet schedules will be handed out and/or discussed at the **MANDATORY** parent/guardian meetings.

All dates are subject to change.

Current/valid physicals must be turned in by 8/7. Physicals should only be turned in to Coach Dixon, Coach Lloyd (room 209), or Ms. Toler.

Ashley Dixon (Athletic Director)

dixonaa@fultonschools.org

Emily Toler (Assistant Athletic Director)

tolere@fultonschools.org

Kim Lloyd (Administrative Assistant)

lloydk@fultonschools.org