

Triennial Assessment Tool

Every three years or more often, if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to a Model Policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.** **This State Agency template is provided as a guide and is intended to be customized to meet district-specific needs. Please do not download and upload customized document without vetting to ensure alignment with local procedures and ADA compliance.*

Date of Assessment: 6/10/26	Name of District: Bulloch		Number of Schools in District: 15
Nutrition Education Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Nutrition staff to collaborate with health teachers to promote nutrition education in the classroom	In Progress	15	
2. The school nutrition staff participates in classroom visits/tasting of healthy food options	Partially Completed	15	Taste testing of locally grown produce was conducted at all schools with locally grown sweet potatoes, additionally, some schools participated in taste testing of locally grown radishes.
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Nutrition Promotion Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. All food and beverages throughout campuses will meet Smart Snack guidelines	Completed	15	
2. Only foods that meet the Smart Snack guidelines will be marketed on school campus	Completed	15	
3. Nutrition promotion will be evident in the school cafeteria through posters, decorations, and bulletin board displays	Partially completed	15	We display local harvest of the month signage, and have special bulletin board displays for National School Breakfast and Lunch Week. We also post signage on the line when we feature locally grown food items on our menus.

4. Farm to school initiatives will be promoted through school gardens, green house crops, and serving locally grown food	Partially Completed		We serve locally grown produce and meat throughout the school year. Some schools participate in school garden initiatives.
5.	Choose an item.		
Physical Activity Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Physical Activity will be encouraged to be integrated across curricula and throughout the school day	Completed	15	
2. Time allotted for physical education will be consistent with research, national, and state standards	Completed	15	
3. Students are encouraged to be involved in physical activity in the community, school sponsored events, and extracurricular activities	Completed	15	
4. Schools with utilize the FitnessGram to annually test and evaluate individual fitness levels	Completed	15	
5. A recess period is made available each day to elementary school students	Completed	15	

Other School-Based Activities that Promote Student Wellness Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Each school will organize a wellness committee to plan and implement the wellness policy within their school	Not Completed	0	
2. Healthy eating and physical activity promotions to parents, families, and community will be on-going throughout the school year. Families will be invited to attend school sponsored events promoting health and wellness	In Progress	15	
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

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Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. To the extent practicable, all schools in the district shall participate in available federal school meal programs. All foods and beverages made available on campus during the school day (beginning at 12:01 a.m. until 30 minutes after the end of the official day) shall be consistent with the requirements of federal and state law. Guidelines for reimbursable school meals and competitive foods and beverages shall not be less restrictive than federal and state guidance.	Completed	15	
2. All foods and beverages sold to students on campus during the school day outside of USDA school meals are considered "competitive foods." All competitive foods, including vending machines, school stores, and school fundraisers, must meet the Smart Snacks in School guidelines established by the standards set forth in the Healthy Hunger-Free Kids Act of 2010.	Completed	15	
<p>3. Food Items:</p> <p>Any food sold in schools must: Be a whole-grain rich product; or have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or be a combination food that contains at least ¼ cup of fruit and/or vegetable.</p> <p>Calorie Limits: Snack Item: less than or equal to 200 calories Entrée Item: Less than or equal to 350 calories</p> <p>Sodium Limits: Snack Item: less than or equal to 200 mg Entrée Item: less than or equal to 480 mg</p> <p>Fat Limits:</p>	Completed	15	

<p>Total Fat: less than or equal to 354% of calories Saturated Fat: less than or equal to 10% of calories Trans Fat: 0g</p> <p>Sugar Limit: Less than or equal to 45% of weight from total sugars in food.</p> <p>Accompaniments such as cream cheese, salad dressing and butter must be included in the nutrient profile as part of the food item sold.</p> <p>Beverages: All Schools may sell:</p> <p>Plain water (with or without carbonation)</p> <p>Unflavored low fat milk</p> <p>Unflavored or flavored fat free milk</p> <p>100% fruit or vegetable juice</p> <p>100% fruit or vegetable juice diluted with water (with or without carbonation), and no added sweeteners.</p> <p>Elementary schools may sell up to 8 ounce portions. Middle and high schools may sell up to 12 ounce portions of milk and juice. There is no portion size limit for water.</p> <p>High school may also sell "no calorie" and "lower calorie" beverages:</p> <p>No more than 20 ounce portions of:</p>			
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<p>Calorie-free, flavored water (with or without carbonation)</p> <p>Other flavored and/or carbonated beverages that are labeled to contain <5 calories per 8 fluid ounces or < calories per 20 fluid ounces.</p> <p>No more than 12 ounce portions of beverages with < 40 calories per 8 fluid ounces, or < 60 calories per 12 fluid ounces.</p>			
<p>4. Fundraisers- Fundraising events that involve the sale of food items conducted during the school day must meet the Smart Snacks guidelines. The standards do not apply during non-school hours, on weekends, and at off-campus fundraising events. The school district will make available a list of ideas for acceptable fundraising activities.</p> <p>Exempted Fundraisers- Per the State Board Rule 160-5-6-.01, the Bulloch County Board of Education will allow 30 fundraisers per school per school year not to exceed 3 days in length. Exempted fundraisers will not occur 30 minutes prior until 30 minutes after the end of breakfast and lunch meal service. Appropriate documentation shall be maintained at the school for any exempted fundraiser.</p>	Completed	15	This information is reviewed with principals annually.
5.	Choose an item.		
<p>Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward)</i></p>	Status (select one):	Number of Compliant Schools:	Notes:
<p>1. Rewards/Punishment- Foods and beverages will not be used as a reward, or withheld as punishment for any reason, such as for performance or behavior</p>	Completed	15	

2. Drinking Water Availability- Students and school staff members will have access to free, safe, fresh drinking water at all times throughout the school day. Water jugs and cups will be available in the cafeteria if water fountains are not present.	Completed	15	
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. Any food or beverages advertised on the school campus during the school day will meet or exceed the USDA Smart Snacks in School nutrition guidelines	Completed	15	
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Desiree Yaeger	Central	
2. Amanda Lambert	Central	
3. Hayley Greene	Central	
4.		
5.		
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. Alli Baxter	Central	
2.		
3.		

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4.		
5.		

Public Notification <i>Where it is posted i.e., webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Website	Annually	
2.		
3.		
4.		
5.		
KEY		
Completed	select if you have met this goal at all schools	
Partially Completed	select if one or more schools has met this goal	
In Progress	select if you are working on the goal, but none of the schools have met the goal	
Not Completed	select if you have not begun working on this goal	

Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success and the areas the district wants to work on in the coming years. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

District Name: Bulloch County

Date: 6/10/26

		Yes/No	Comments
1	Policy contains specific language regarding nutrition education.	Yes	
2	Policy contains specific language regarding nutrition promotion.	Yes	
3	Policy contains specific language regarding physical activity as part of health education.	Yes	
4	Policy contains specific language regarding increased student activity including physical activity breaks, active academics, and before and after school activities.	Yes	
5	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes	
6	Policy contains specific language regarding other activities that promote student wellness. This includes community partnerships, family engagement, staff wellness, and professional learning.	Yes	
7	Policy contains specific language regarding nutrition requirements established by local, state, and federal regulations.	Yes	
8	Policy contains specific language regarding competitive foods and beverages.	Yes	

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9	Policy contains specific language regarding food use in celebrations and rewards.	Yes	
10	Policy contains specific language regarding fundraising guidelines.	Yes	
11	Policy contains specific language regarding food and beverage marketing in schools.	Yes	
12	Policy contains specific language regarding water availability and promotion.	Yes	
13	Policy contains specific language regarding promotion of healthy food and beverages.	Yes	
14	Policy contains specific language regarding staff qualifications and professional development.	Yes	
15	Policy contains specific language regarding community involvement, including outreach and communication to the community.	Yes	
16	School Food Authority (SFA) has convened a Wellness Committee.	No	Once the leadership team is established at the district level, we will develop a wellness committee with the assistant superintendent
17	Wellness committee meets at least 4 times per year.	No	
18	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	No	
19	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	Choose an item.	Our district is undergoing significant leadership changes; we do not currently have a superintendent or assistant superintendent for business services. Once leadership is established, we will meet with the leadership team to develop a timeline to update the wellness policy and establish a committee.
20	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	No	

21	SFA has retained records that document compliance with policy requirements.	Yes	
22	SFA annually informs families and the public of basic policy information. Information includes policy content, updates, and implementation status.	Yes	
23	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are posted publicly. If the assessment has not occurred, determine plans for the evaluation.	Yes	
24	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy?	Choose an item.	Will work to update policy with the superintendent.