Dance Team Permission Slip and Expectation Sheet

- Practices will be held on Monday and Wednesday afternoons from 2:40-4:00 PM. Participants are expected to arrive on time and start stretching. We will meet either in the gym (if it is open) or the commons. The season runs from the end of September until the talent show at the end of March.
- Participants are expected to dress down in workout type pants/shorts and wear dance or tennis shoes. Participants not wearing appropriate attire will not be allowed to practice/perform that day. It is recommended that they come to practice in their workout clothes to save time since they have approximately 10 minutes after school to make this happen before we begin. Dancers must also wear their hair up at practice in a ponytail or pulled back away from their face if they have shorter hair.
- A practice calendar will be given to each participant on the first practice each month.
- The Competition Dress rehearsal will be on November 8th time TBA with their performance on November 9th as close to 1:00 as possible (not before).
- **All dance participants must have athletic clearance in order to participate. Athletes must have their Final Forms up to date. Contact Candice in the office if you have questions.**
- Participants are **expected to attend all practices** and spend time at home working on routines and stretching. We will have a team Band in which routine videos and music will be posted for this purpose. You can access Band from your phone or Chrome book.
- Participants may participate in other sports if they want and I will work out a shared experience with coaches.
- Participants are **expected to participate and attend all scheduled performances** and follow the BMS athletic code. Dancers will perform routines in the hip-hop, pom and jazz genres.
- Participants missing three scheduled practices or performances without a written excusal from their parent/guardian will be dismissed from the team.
- It is an honor to be on dance team and because it is a highly visible activity, participants will present themselves as positive role models both in and out of uniform.
- Parents are expected to pick their dancer up at 4:00 PM sharp. Please pick them up at the front of the school.
- The uniform will consist of a personalized team t-shirt that will go with all genres, black jazz shoes and a set of poms. Dancers will need to supply their own black leggings (to the ankle and not see-through) and white tennis shoes. The total cost will be no more than $125 total.
- Feel free to call Coach Griffin if you have any questions. 360-709-7492 or kim.griffin@tumwater.k12.wa.us

_____ has my permission to join the Bush Middle School Dance Team. I realize that it is my responsibility to provide transportation to and from practices/performances and I understand and support the expectations as outlined above.

_____ _____

Parent Signature **Date**

_____ _____

Dancer Signature **Date**