

# July 2026

## LESD Middle School Breakfast Menu

| 29                                 | 30                                 | 7/1                                                                                                           | 7/2                                | 7/3                                                                      |
|------------------------------------|------------------------------------|---------------------------------------------------------------------------------------------------------------|------------------------------------|--------------------------------------------------------------------------|
| Concha (v)                         | Bagels & Cream Cheese (v)          | Chocolate Chip Muffin (v)  | Cinni Minis (v)                    | <b>Independence Day Holiday Observed</b><br><br>*School not in session.* |
| Variety Cereal + String Cheese (v) | Variety Cereal + String Cheese (v) | Variety Cereal + String Cheese (v)                                                                            | Variety Cereal + String Cheese (v) |                                                                          |
| Bahama Bananas                     | Fresh Organic Strawberries         | Tangerines                                                                                                    | Fresh Peaches                      |                                                                          |
| Raisins                            | Applesauce Cups                    | Dried Cranberries                                                                                             | Raisins                            |                                                                          |
| 8 oz NF or 1% White Milk           | 8 oz NF or 1% White Milk           | 8 oz NF or 1% White Milk                                                                                      | 8 oz NF or 1% White Milk           |                                                                          |

| 6                                  | 7                                                                                                         | 8                                                                                                        | 9                                  | 10                                   |
|------------------------------------|-----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|------------------------------------|--------------------------------------|
| Ham & Cheese Croissant             | Goody Cinnamon Roll (v)  | Chocolate Muffin (v)  | Mini Pancakes (v)                  | Banana Chocolate Chip Cereal Bar (v) |
| Variety Cereal + String Cheese (v) | Variety Cereal + String Cheese (v)                                                                        | Variety Cereal + String Cheese (v)                                                                       | Variety Cereal + String Cheese (v) | Variety Cereal + String Cheese (v)   |
| Tangerines                         | Bahama Bananas                                                                                            | Navel Orange Smiles                                                                                      | Apples                             | 100% Orange Juice                    |
| Raisins                            | Applesauce Cups                                                                                           | Dried Cranberries                                                                                        | Raisins                            | Applesauce Cups                      |
| 8 oz NF or 1% White Milk           | 8 oz NF or 1% White Milk                                                                                  | 8 oz NF or 1% White Milk                                                                                 | 8 oz NF or 1% White Milk           | 8 oz NF or 1% White Milk             |

**ESY Ends**

| 13                                 | 14                                 | 15                                                                                                            | 16                                 | 17                                        |
|------------------------------------|------------------------------------|---------------------------------------------------------------------------------------------------------------|------------------------------------|-------------------------------------------|
| Concha (v)                         | Bagels & Cream Cheese (v)          | Chocolate Chip Muffin (v)  | Cinni Minis (v)                    | Buttery Waffle with Chicken Sausage Patty |
| Variety Cereal + String Cheese (v) | Variety Cereal + String Cheese (v) | Variety Cereal + String Cheese (v)                                                                            | Variety Cereal + String Cheese (v) | Variety Cereal + String Cheese (v)        |
| Bahama Bananas                     | Fresh Organic Strawberries         | Tangerines                                                                                                    | Fresh Peaches                      | 100% Orange Juice                         |
| Raisins                            | Applesauce Cups                    | Dried Cranberries                                                                                             | Raisins                            | Applesauce Cups                           |
| 8 oz NF or 1% White Milk           | 8 oz NF or 1% White Milk           | 8 oz NF or 1% White Milk                                                                                      | 8 oz NF or 1% White Milk           | 8 oz NF or 1% White Milk                  |

**RAP Summer Program Ends**

| 20                                 | 21                                                                                                          | 22                                                                                                         | 23                                 | 24                                   |
|------------------------------------|-------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|------------------------------------|--------------------------------------|
| Ham & Cheese Croissant             | Goody Cinnamon Roll (v)  | Chocolate Muffin (v)  | Mini Pancakes (v)                  | Banana Chocolate Chip Cereal Bar (v) |
| Variety Cereal + String Cheese (v) | Variety Cereal + String Cheese (v)                                                                          | Variety Cereal + String Cheese (v)                                                                         | Variety Cereal + String Cheese (v) | Variety Cereal + String Cheese (v)   |
| Tangerines                         | Bahama Bananas                                                                                              | Navel Orange Smiles                                                                                        | Apples                             | Fresh Whole Fruit                    |
| Raisins                            | Applesauce Cups                                                                                             | Dried Cranberries                                                                                          | Raisins                            | Applesauce Cups                      |
| 8 oz NF or 1% White Milk           | 8 oz NF or 1% White Milk                                                                                    | 8 oz NF or 1% White Milk                                                                                   | 8 oz NF or 1% White Milk           | 8 oz NF or 1% White Milk             |

(v)= Vegetarian

(p) = Contains Pork



Made from Scratch in our Kitchen



Baked Fresh in our Kitchen

\*Menus are subject to change without notice.  
This institution is an equal opportunity provider.

# July 2026

## LESD Middle School Lunch Menu

| 29                                                        | 30                                                                 | 7/1                                                        | 7/2                                          | 7/3                                                                  |
|-----------------------------------------------------------|--------------------------------------------------------------------|------------------------------------------------------------|----------------------------------------------|----------------------------------------------------------------------|
| Happy Cheeseburger or Happy Hamburger<br>(Grass Fed Beef) | Chicken Nuggies with Fresh Baked Whole Grain Chocolate Chip Cookie | Super Orange Chicken & Organic Fried Rice                  | Beef Hot Dog (Grass Fed Beef)                | <b>Independence Day Holiday Observed</b><br>*School not in session.* |
| Grilled Cheese (v)                                        | Mac & Cheese with Fresh Baked Whole Grain Chocolate Chip Cookie    | Mini PB&J Sandwich + String Cheese + Goldfish Crackers (v) | Mozzarella Pullaparts (v)                    |                                                                      |
| Goldfish Crackers                                         | Goldfish Crackers                                                  | Goldfish Crackers                                          | Goldfish Crackers                            |                                                                      |
| Bahama Bananas                                            | Organic Grapes                                                     | Fresh Organic Strawberries                                 | Tangerines                                   |                                                                      |
| Baby Carrots with Ranch, Pickles                          | Baby Carrots & Ranch                                               | It's Corn, Edamame                                         | Cool Cucumber                                |                                                                      |
| Shredded Lettuce, Sliced Tomatoes, Ketchup & Mustard      | Krypton Kale Salad, Ketchup, BBQ Sauce                             | Sesame Ginger Salad                                        | Mini Marinara Dipping Cups, Ketchup, Mustard |                                                                      |
| 8 oz NF or 1% White Milk                                  | 8 oz NF or 1% White Milk                                           | 8 oz NF or 1% White Milk                                   | 8 oz NF or 1% White Milk                     |                                                                      |

Field Trip Meal for week of 6/29 - 7/3: Turkey & Cheese Sandwich with SunChips

| 6                              | 7                                                                           | 8                                                      | 9                                          | 10                                       |
|--------------------------------|-----------------------------------------------------------------------------|--------------------------------------------------------|--------------------------------------------|------------------------------------------|
| Yummy Pepperoni Pizza Slice    | Chicken Delights Sandwiches + Fresh Baked Whole Grain Chocolate Chip Cookie | Teriyaki Chicken & Organic Brown Rice + Fortune Cookie | Chicken & Red Sauce Tamale + String Cheese | Turkey Chili & Tortilla Chips            |
| Yummy Cheese Pizza Slice (v)   | Cheesy Breadsticks (v) + Fresh Baked Whole Grain Chocolate Chip Cookie      | Bean & Cheese Pupusa (v)                               | Yogurt & Granola (v)                       | The Best Burrito (v)                     |
| Goldfish Crackers              | Goldfish Crackers                                                           | Goldfish Crackers                                      | Goldfish Crackers                          | Goldfish Crackers                        |
| Bahama Bananas                 | Navel Orange Smiles                                                         | Tangerines                                             | Fresh Watermelon                           | Choice of Applesauce Cups or Fresh Fruit |
| Baby Carrots, Steamed Broccoli | Baby Carrots with Super Ranch, Pickles, Sliced Tomatoes, Mustard, Ketchup   | Baby Carrots w/ Ranch, Steamed Broccoli, Edamame       | Chili Jicama Sticks                        | Baby Carrots & Super Ranch, Edamame      |
| Krypton Kale Salad             | Shredded Lettuce & Cheese, Mini Marinara Sauce Dipping Cups                 | Sesame Ginger Salad                                    | Shredded Lettuce with Cheese (v), Cholula  | Shredded Lettuce & Cheese, Cholula       |
| 8 oz NF or 1% White Milk       | 8 oz NF or 1% White Milk                                                    | 8 oz NF or 1% White Milk                               | 8 oz NF or 1% White Milk                   | 8 oz NF or 1% White Milk or NF Chocolate |

Field Trip Meal for week of 7/6 - 7/10: PB&J Sandwich with Baked Chips

ESY Ends

| 13                                                        | 14                                                                 | 15                                        | 16                                           | 17                                                           |
|-----------------------------------------------------------|--------------------------------------------------------------------|-------------------------------------------|----------------------------------------------|--------------------------------------------------------------|
| Happy Cheeseburger or Happy Hamburger<br>(Grass Fed Beef) | Chicken Nuggies with Fresh Baked Whole Grain Chocolate Chip Cookie | Super Orange Chicken & Organic Fried Rice | Beef Hot Dog (Grass Fed Beef)                | Beef Rolled Taco                                             |
| Grilled Cheese (v)                                        | Mac & Cheese with Fresh Baked Whole Grain Chocolate Chip Cookie    | Yogurt & Granola (v)                      | Mozzarella Pullaparts (v)                    | Mini PB&J Sandwich + Danimals Yogurt + Goldfish Crackers (v) |
| Goldfish Crackers                                         | Goldfish Crackers                                                  | Goldfish Crackers                         | Goldfish Crackers                            | Goldfish Crackers                                            |
| Bahama Bananas                                            | Organic Grapes                                                     | Fresh Organic Strawberries                | Tangerines                                   | Choice of Applesauce Cups or Fresh Fruit                     |
| Baby Carrots with Ranch, Pickles                          | Baby Carrots & Ranch                                               | It's Corn, Edamame                        | Cool Cucumber                                | Baby Carrots & Super Ranch                                   |
| Shredded Lettuce, Sliced Tomatoes, Ketchup & Mustard      | Krypton Kale Salad, Ketchup, BBQ Sauce                             | Sesame Ginger Salad                       | Mini Marinara Dipping Cups, Ketchup, Mustard | Krypton Kale Salad, Cholula                                  |
| 8 oz NF or 1% White Milk                                  | 8 oz NF or 1% White Milk                                           | 8 oz NF or 1% White Milk                  | 8 oz NF or 1% White Milk                     | 8 oz NF or 1% White Milk or NF Chocolate                     |

Field Trip Meal for week of 7/13 - 7/17: Turkey & Cheese Sandwich with SunChips

RAP Summer Program Ends

| 20                             | 21                                                                          | 22                                                     | 23                                         | 24                                       |
|--------------------------------|-----------------------------------------------------------------------------|--------------------------------------------------------|--------------------------------------------|------------------------------------------|
| Yummy Pepperoni Pizza Slice    | Chicken Delights Sandwiches + Fresh Baked Whole Grain Chocolate Chip Cookie | Teriyaki Chicken & Organic Brown Rice + Fortune Cookie | Chicken & Red Sauce Tamale + String Cheese | Turkey Chili & Tortilla Chips            |
| Yummy Cheese Pizza Slice (v)   | Cheesy Breadsticks (v) + Fresh Baked Whole Grain Chocolate Chip Cookie      | Bean & Cheese Pupusa (v)                               | Yogurt & Granola (v)                       | The Best Burrito (v)                     |
| Goldfish Crackers              | Goldfish Crackers                                                           | Goldfish Crackers                                      | Goldfish Crackers                          | Goldfish Crackers                        |
| Bahama Bananas                 | Navel Orange Smiles                                                         | Tangerines                                             | Fresh Watermelon                           | Choice of Applesauce Cups or Fresh Fruit |
| Baby Carrots, Steamed Broccoli | Baby Carrots with Super Ranch, Pickles, Sliced Tomatoes, Mustard, Ketchup   | Baby Carrots w/ Ranch, Steamed Broccoli, Edamame       | Chili Jicama Sticks                        | Baby Carrots & Super Ranch, Edamame      |
| Krypton Kale Salad             | Shredded Lettuce & Cheese, Mini Marinara Sauce Dipping Cups                 | Sesame Ginger Salad                                    | Shredded Lettuce with Cheese (v), Cholula  | Shredded Lettuce & Cheese, Cholula       |
| 8 oz NF or 1% White Milk       | 8 oz NF or 1% White Milk                                                    | 8 oz NF or 1% White Milk                               | 8 oz NF or 1% White Milk                   | 8 oz NF or 1% White Milk or NF Chocolate |

Field Trip Meal for week of 7/20 - 7/24: PB&J Sandwich with Baked Chips

(v)= Vegetarian

(p) = Contains Pork



Made from Scratch in our Kitchen



Baked Fresh in our Kitchen

\*Menus are subject to change without notice.  
This institution is an equal opportunity provider.