



TUESDAY,  
JUNE 23



5:00  
PM

VIRTUAL

PRESENTED BY  
EFFECTIVE SCHOOL SOLUTIONS

IN CASE YOU

MISSED IT...

# MAINTAINING CHILDREN'S MENTAL HEALTH OVER THE SUMMER



Explore crucial strategies for nurturing children's mental health during the summer break. This workshop equips caregivers, educators, and parents with practical tools to create a supportive environment that promotes emotional well-being and growth.

## IN THIS WORKSHOP, YOU WILL LEARN:



How to maintain routines that support stability and well-being



Ways to engage in meaningful activities that promote growth and connection



How to address potential challenges and build resilience in children



## Microsoft Teams meeting



Join: <https://teams.microsoft.com/meet/281659882648720?p=LdBXV8rd7dWU1IQAXT>



Meeting ID: 281 659 882 648 720



Passcode: Ga9Vm7J8

Healthy Minds.  
Happy Summers.  
Stronger Futures.