



MNSD SUMMER BREAKFAST MENU: JUNE & JULY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

6/22

- *Hot Chocolate Chip French Toast
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

6/23

- * Hot Froot Loop Waffles
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

6/24

- * Hot Mini Cinnamon Waffles
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

6/25

- * Hot Mini Maple Pancakes
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

6/26

- *Hot Breakfast Bagel with Egg & Turkey Sausage
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

6/29

- *Chocolate Chip French Toast
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

6/30

- *Froot Loop Waffles
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

7/1

- *Mini Cinnamon Waffles
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

7/2

- *Mini Maple Pancakes
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

7/3

No School

ANNOUNCEMENTS!

BREAKFAST
Free for all students!
Questions?
[Visit our webpage!](#)

Gluten Free items are available daily upon request

Please speak to Cafeteria Staff on 6/22/26
Or
Please email Tstiles@mnsd.org.

****This menu does not accommodate students with severe gluten sensitivities related to cross-contamination****

Local fat-free chocolate and reduced-fat white milk are available during breakfast

All grains are whole grain rich (WG)

All juice is 100% fruit juice

Menu is subject to changes



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BREAKFAST

7/6

- *Chocolate Chip French Toast
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

7/7

- *Froot Loop Waffles
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

7/8

- *Mini Cinnamon Waffles
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

7/9

- *Mini Maple Pancakes
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

7/10

- *Breakfast Bagel with Egg & Turkey Sausage
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

7/13

- *Chocolate Chip French Toast
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

7/14

- *Froot Loop Waffles
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

7/15

- *Mini Cinnamon Waffles
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

BREAKFAST

7/16

- *Mini Maple Pancakes
- Whole Grain Bagels
- Assorted Pastry Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Apple Juices
- Assorted Fruit

7/17

No School



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GLUTEN FREE OPTIONS

Gluten Free Options are available upon request

- Lucky Charms Cereal Bowl
- Gluten Free Blueberry Muffin
- Gluten Free Double Chocolate Muffin

Assorted Pastry Bar Choices

- Cinnamon Toast Crunch Bar
- Strawberry Mini Bagel
- Pillsbury Pull Apart Cinnamon & Neufchatel Cheese Bar
- Pillsbury Apple Frudel

Assorted Cereal Cup Choices

- Cinnamon Toast Crunch
- Lucky Charms
- Cocoa Puffs
- Trix

Assorted Muffin Choices

- Chocolate Chocolate Chip
- Chocolate Chip
- Banana
- Blueberry

Assorted Pop Tarts Choices

- Blueberry
- Cinnamon
- Strawberry

Bene-Fit Variety Choices

- Apple Cinnamon
- French Toast
- Oatmeal Chocolate Chip

Assorted Fruit Choices

- Apples
- Oranges
- Applesauce Cup
- Fruit Cocktail Cup
- Pear Cup
- Peach Cup