

Roll and Discuss

problem solving part 1



ROLL	DISCUSS
2	What are some typical problems you might have with another person at home?
3	Why is it important to state problems with other people in a way that doesn't blame them?
4	What does it mean to put the blame on someone else?
5	True or False: When you state a problem without blame, it is important to state the problem assertively and respectfully.
6	What are some typical problems students in your grade might have with another person at school?
7	Review: What does it mean to be assertive?
8	What are some words to avoid when you are trying to state a problem without blame?
9	Review: What does it mean to be aggressive?
10	True or False: Before you begin the problem solving steps, it is important that you calm down first.
11	How do the letters in the word S T E P help you to remember the problem solving steps?
12	True or False: You should be aggressive when stating the problem without blame.

© 2019 Melissa Serrano



Roll and Discuss



problem solving part 2

ROLL	DISCUSS
2	Review: What does it mean to have a different perspective than someone else?
3	List some problems that kids your age experience that do not have simple solutions where you might need to make a plan to solve them.
4	What is a consequence?
5	Name one time during the day when you might need to use the Problem-Solving Steps.
6	The solutions that you come up with when solving a problem should be safe and respectful. What does that mean?
7	How does it make you feel when someone puts all of the blame on you?
8	Explain the Problem Solving Steps.
9	Can consequences be both positive and negative? Explain.
10	Review: What does the word anxious mean?
11	Describe the type of solutions you need to come up with the T: Think of Solutions Step.
12	Why is it important to solve problems before they get worse?

© 2019 Melissa Serrano