

Sunny Sands Elementary School Resources and Referrals Listing

Housing	
Safe House of the Desert	760-343-3211
Coachella Valley Housing Coalition	760-347-3157
Martha's Village & Kitchen	760-347-4741
Shelter from the Storm	760-328-7233
CV Rescue Mission	760-347-3512
Riverside County Housing Authority	760-863-2828
Hanson House	760-416-5070
Desert Cooling Centers	

Utilities	
So Cal Gas CARE Program (20% Gas Discount)	
So Cal Edison CARE/FERA Program (18-30% Electric Discount)	
Imperial Irrigation District (Payment Assistance)	

Food	
Inland Empire Food Resources List	
Food Stamps	877-410-8827
FIND Food Bank	760-775-3663
Well in the Desert	760-656-8905
Manna Food (Calvary Christian - Cathedral City)	760-835-7246
Coachella Valley Salvation Army	760-324-2275

Health	
Smile Factory	760-318-2465
Desert Regional Medical Center	760-323-6511
Eisenhower Medical Center	760-340-3911
Centro Medico (Cathedral City)	760-321-6776
MediCal	800-541-5555
BenefitsCal	
WIC	800-852-5770
California WIC	

Other Community Resources	
Riverside - It's Up to Us	951-686-HELP
PSUSD Homeless/Foster/504 Information	
Inland Counties Legal Services	760-347-5303
LGBT National Hotline	888-843-4564
LGBT National Youth Talkline	800-246-7743
Grandparents raising Grandchildren Social Services "WarmLine"	800-303-0001
Office of Aging	877-932-4100
Desert AIDS Project	760-323-2118
Big Bros/Big Sisters of the Desert	760-568-3977
Desert Arc	760-346-1611
Catholic Charities	760-568-5101
Riverside Dept of Health-Asthma	951-358-4977
TODEC Legal Center	951-943-1955
Boys and Girls Club (Cathedral City)	760-324-5844
Family YMCA of the Desert	760-341-9622

Mental Health		Text
PSUSD Resources	760-416-1360	
PSUSD Suicide Prevention Resources Website		E-mail
National Suicide Prevention Lifeline	988	TALK to 988
Teen Line	310-855-4673	TEEN to 839863
Riverside Cnty Dept of Mental Health Crisis	800-464-1123	
Indio	760-863-8455	
Desert Regional Medical Center	760-323-6511	
CARES Line (Medi-Cal)	800-499-3008	
Jewish Family Services	760-325-4088	
Family Services of the Desert	760-347-2398	
Barbara Sinatra Children's Center	760-340-2336	
National Parent Helpline	855-427-2736	
CHARLEE Family Care	760-342-5727	
Childhelp USA	760-674-9400	
American Red Cross	888-831-0031	
National Alliance on Mental Illness (NAMI)	800-950-6264	
Trevor Project (LGBTQ Crisis Line)	866-488-7386	START 678-678
Transgender	877-565-8860	
Deaf or Hard of Hearing	800-799-4889	
Crisis Counselor Text Line		HELLO 741-741
Anonymous Support		SHHELP HI 274-637

Substance Abuse Treatment	
SAMHSA National Helpline	800-662-4357
ABC Recovery Center	760-342-6616
Casa Las Palmas Recovery (Men)	760-347-9442
Casa Cecilia (Women)	760-398-2008
Michael's House (Teens, Men)	760-279-4050
Ranch Recovery Center (Women)	760-329-2959
Ranch Recovery Cntr (Men)	760-329-2924
Hazelden Betty Ford Foundation	760-424-2449
Hemet Valley Recovery Center	866-273-0868
Alanon/Alateen	760-341-6262
Alcoholics Anonymous	760-324-4880
Narcotics Anonymous	951-525-1941
NA Anonymous	866-504-6974

Social Services		Text
Riverside Cnty DPSS	877-410-8827	
Child Abuse Hotline	877-922-4453	
Adult Abuse Hotline	800-491-7123	
Cal Works Cathedral City Childcare	877-410-8827	
National Domestic Violence Hotline	800-799-7233	LOVEIS
National Human Trafficking Hotline	888-373-7888	

Disordered Eating Treatment	
LLUMC Behavior Health Center	909-558-9113
Valenta Eating Disorder Clinic	909-771-8023
Desert Marriage & Family Counseling	760-777-7720