

Res GI Social 2020 rev

Audio	Video
[Silence]	Purple motion graphic background with gold and white L S U Health Shreveport logo in bottom right corner. White Text: Gastroenterology and Hepatology Fellowship Social Activities
[Samuel] For me, gastroenterology is a fun field. It's a great field where you work together as a team a lot of time. And one of the things we do is we do journal club. So every fourth Tuesday of the month, we usually have whoever's presenting the journal. We choose a restaurant in town and then the fellows and faculty, we usually go to that restaurant in the evening, we have dinner and we do journal club. So it's a really great camaraderie between fellows and staff. It's a very collegial atmosphere and it's just very, very fun to be in.	A dark complected man with a bald head and dark, close cropped beard and mustache is wearing a green scrub top and standing on a balcony beside a stairwell with a large purple and gold L S U Health Shreveport logo across a curved wall behind him. Text: Samuel Igbinedion, M D Gastroenterology Program Graduate

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Other social activities we do, we usually have graduation ceremonies. We also have Christmas, Thanksgiving. The chair of the department hosts that usually at his house. We have some lectures that we do during the fall season, and that's usually held- we, we kind of switch it up, but some of the faculty host that at their house as well. And that's one of the ways, as fellows, we just kind of get to see our faculty as almost like our peers, and we get to really get to know their families and spend time with them outside of work. A few of the fellows are pretty athletic. And so we try to either workout or golf or play soccer, basketball, volleyball together. And again, that's just really something that we do as a department to really just keep a very positive atmosphere. A very great team oriented spirit. And I think it just makes for, for the person, it makes for you to feel comfortable and be at your best at work. Some of the other things that we do as well in terms of social activities, usually Thursday afternoons we have our conference. And so we usually kind of spend time together. Academic wise, we have conferences. And at the same time we kind of catch up on what's going on. Not too long ago, one of our fellows had, a baby shower for his wife, and we had that during one of our Thursday conferences. And we brought gifts and we were able to celebrate with them. So this is the things that we usually do, even in the setting of, academic scene, that we usually just try to engage everybody and keep everybody involved.	Samuel addressing camera
[Silence]	Purple motion graphic background with white L S U Health Shreveport logo in bottom right corner. White Text: Gastroenterology and Hepatology Fellowship Tremendous Carroll, M H A Program Administrator Tremendous dot Carroll at L S U H S dot E D U