

The background of the image is a photograph of a large, multi-story brick school building. In the center of the building is a prominent clock tower with a green cupola and a weather vane. To the left of the building, a tall flagpole holds the American flag. The sun is visible in the sky behind the clock tower, creating a bright glow. In the foreground, there are some flowering trees and manicured bushes. A semi-transparent blue rounded rectangle is overlaid on the center of the image, containing the event title in white text.

**2026-2027
Hawthorne Athletics
Parent Information Night**



Introduction of Staff



**Mr. Art Mazzacca- Athletic Director/Assistant
Principal**

**Ms. Bailey Wyrstek- Athletic Trainer
Ext. 2155**

Dr. Thomas Bottiglieri - School/Team Doctor



Sport Offerings- Fall



High School:

Football- Varsity and JV, POSSIBLY FRESHMAN

Boys Soccer- Varsity and JV

Girls Soccer- Varsity and POSSIBLY JV

Girls Tennis- Varsity and POSSIBLY JV

Girls Volleyball- Varsity, JV, POSSIBLY FRESHMAN

Cheerleading- Varsity

Marching Band

Middle School:

Boys Soccer (7th and 8th Grade)

Girls Soccer (7th and 8th Grade)



Coaching Staff- Fall



High School

Football- Angelo Guarnieri

Boys Soccer- Ryan McMann

Girls Soccer- Fatmir Mimini

Girls Tennis- Danielle Just

Girls Volleyball- Naria Araya

Cheerleading- Olivia Wagner

Marching Band- Elizabeth Graber

Middle School

Boys Soccer- Joni Genberg

Girls Soccer- Megan Was



Sport Offerings- Winter



High School:

Boys Basketball- Varsity, JV, Freshman

Girls Basketball- Varsity and POSSIBLY JV

Wrestling- Varsity and JV

Boys and Girls Indoor Track- Varsity and JV

Bowling- Varsity and JV

Cheerleading- Varsity

Middle School:

Boys Basketball (7th and 8th Grade)

Girls Basketball (7th and 8th Grade)

Wrestling (6th-8th Grade)



Coaching Staff- Winter



High School

Boys Basketball- Ryan McMann

Girls Basketball- William Connors

Wrestling- Greg Carr

Indoor Track- Gus Schell

Bowling- TBA

Cheerleading- Olivia Wagner

Middle School

Boys Basketball- Chris Warner

Girls Basketball- Bailey Hansen

Wrestling- Joe Walker



Sport Offerings- Spring



High School:

Baseball- Varsity and JV

Softball- Varsity and JV

Boys Lacrosse- Varsity and POSSIBLY JV

Boys and Girls Outdoor Track- Varsity and JV

Golf- Varsity and POSSIBLY JV

Flag Football- Varsity

Middle School:

Boys Outdoor Track (7th and 8th Grade)

Girls Outdoor Track (7th and 8th Grade)



Coaching Staff- Spring



High School

Baseball- John Passero

Softball- Ed “Mook” Iannacone

Boys Lacrosse- Greg Carr

Boys Outdoor Track- Angelo Guarnieri

Girls Outdoor Track- Gus Schell

Golf- Chris Warner

Flag Football- Osvaldo Duran

Middle School:

Boys Outdoor Track - Garrett Postolakis

Girls Outdoor Track - Joni Genberg

**THE HAWTHORNE ATHLETICS
BOOSTERS CLUB**

President- Bob Pasquale

**Our association
provides
support to the
athletes and
athletic
programs of the
Hawthorne
school district.**

**THE HAWTHORNE
ATHLETICS BOOSTERS
CLUB**

Annually we:

- Host post award assembly pizza parties at the end of each of the three sports seasons.**
- Supply funding to pay for senior athletes to attend the Senior Sports Awards Brunch hosted by the Athletic Department.**
- Provide multiple \$500 scholarships to graduating senior student athletes.**

Special Projects funded by the Booster Club:

- **Helped with funding of the lightning detector mounted on the High School**
- **Purchased the school's first defibrillator**
- **Held fundraiser for the purchase of the brick paver walkway at the entrance to the Athletic Field**
- **Purchased the sign over the entrance to the Athletic Field**
- **Purchased multiple ice machines for the athletic trainer**
- **Purchased weights/weightlifting equipment for the High School weight room**
- **Purchased tents for use by the outdoor teams during inclement weather**
- **Purchased gators for the High School athletes and coaches for use during the COVID19 pandemic**
- **Purchased chairs used by indoor teams during fall/winter sporting events**
- **Purchased the scorer's table for the High School gym**

Special Projects funded by the Booster Club:

- Paid for the reconditioning of the gym floor on multiple occasions**
- Purchased team benches for home football/soccer/lacrosse games**
- Purchased turf blankets to protect the football/soccer/lacrosse field in the winter**
- Purchased bleachers for the High School Softball team's field**
- Purchased blocking sled for the football team**
- Purchased an equipment storage bin for use by the softball team at the Rea Ave Field**
- Purchased an air purifier for the football/baseball locker room/wrestling practice room**
- Helped with funding of wrestling practice/tournament mats**
- Purchased vaulting poles for the track team**
- Provided funds for student athletes who couldn't afford to attend the athletic department's leadership training seminar**

THE HAWTHORNE ATHLETICS BOOSTER CLUB

With the support of families and friends of our student athletes we are able to raise the required funds through:

- Selling refreshments at home sporting events**
- Hosting an annual Varsity Basketball Holiday Tournament**
- Annually hosting the Passaic County JV Wrestling Tournament**
- The sale of engraved bricks**
- Membership fees**
- Donations**

THE HAWTHORNE ATHLETICS BOOSTER CLUB

We will be in the cafeteria providing refreshments during the evening.

We ask that you consider helping us support our student athletes by becoming a member of our association and volunteering your time at our fundraisers.



Philosophy



- Hawthorne Athletics is about a “Family”
 - “Once a Bear, Always a Bear”
- Coaching is Teaching
 - Life Lessons from Athletics
 - Academics come first
 - Minimum of 30 credits from the previous year and a 70 GPA.
 - Attendance and behavior in school can affect participation in sports.
- Coaches are professionals
 - Varsity is about building character and a team but also about winning.
 - Sub-Varsity is about playing time and preparing for Varsity
 - Coaches make the best decisions possible for the program and the team.
- Student-Athletes are encouraged to speak to their coaches regarding their role and responsibilities on the team.
- Parents may contact coaches or Athletic Director at any time via phone or email.



Physicals



- All athletes must have a current (within the last 365 days) physical on file before participating in any activity.

HHS Football Physicals Due July 13th and the rest of Fall Physicals due July 20th

HHS Realtime Registration Due for Football August 7th and the rest of Fall sports Due August 14th

LMS Fall Physicals and Realtime Registration Due September 4th

- Physicals must be completed on the NEW NJ state form. Universal forms will not be accepted.
 - If your son/daughter uses an inhaler, the physician must complete an asthma treatment plan. This must be done YEARLY.
- NJ state law that the district doctor must sign off and clear all physicals before participation**

PLEASE HAND IN ONLY THIS PAGE TO MAIN OFFICE OR TO THE TRAINER

Preparticipation Physical Evaluation Medical Eligibility Form

The Medical Eligibility Form is the only form that should be submitted to school. It should be kept on file with the student's school health record.

Student Athlete's Name _____ Date of Birth _____

Date of Exam _____

- ☐ Medically eligible for all sports without restriction
- ☐ Medically eligible for all sports without restriction with recommendations for further evaluation or treatment of
- ☐ Medically eligible for certain sports
- ☐ Not medically eligible pending further evaluation
- ☐ Not medically eligible for any sports

Recommendations: _____

I have reviewed the history form and examined the student named on this form and completed the preparticipation physical evaluation. The athlete does not have any apparent clinical contraindications to practice and can participate in the sport(s) as outlined on this form. A copy of the physical examination findings are on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the medical eligibility until the problem is resolved. All potential consequences are completely explained to the athlete (and parents or guardians).

Signature of physician, APN, PA _____

Office stamp

Address: _____

Name of healthcare professional (print) _____

I certify I have completed the Athletic Assessment Professional Development Module developed by the New Jersey Department of Education.

Signature of healthcare provider _____

Shared Health Information

Allergies _____

Medications:

Other information: _____

Emergency Contacts: _____

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*This form has been modified to meet the statutes set forth by New Jersey.

**MOST
IMPORTANT
PAGE
BRING
ONLY THIS
PAGE TO
MAIN
OFFICE**

This form should be maintained by the healthcare provider completing the physical exam (medical home). It should not be shared with schools. The Medical Eligibility Form is the only form that should be submitted to a school.

■ PREPARTICIPATION PHYSICAL EVALUATION

ATHLETES WITH DISABILITIES FORM: SUPPLEMENT TO THE ATHLETE HISTORY

Name: _____ Date of birth: _____

1. Type of disability:		
2. Date of disability:		
3. Classification (if available):		
4. Cause of disability (birth, disease, injury, or other):		
5. List the sports you are playing:		
6. Do you regularly use a brace, an assistive device, or a prosthetic device for daily activities?	Yes	No
7. Do you use any special brace or assistive device for sports?		
8. Do you have any rashes, pressure sores, or other skin problems?		
9. Do you have a hearing loss? Do you use a hearing aid?		
10. Do you have a visual impairment?		
11. Do you use any special devices for bowel or bladder function?		
12. Do you have burning or discomfort when urinating?		
13. Have you had autonomic dysreflexia?		
14. Have you ever been diagnosed as having a heat-related (hyperthermia) or cold-related (hypothermia) illness?		
15. Do you have muscle spasticity?		
16. Do you have frequent seizures that cannot be controlled by medication?		

Explain "Yes" answers here.

Please indicate whether you have ever had any of the following conditions:

	Yes	No
Adenotonsillar instability		
Radiographic (x-ray) evaluation for adenotonsillar instability		
Dislocated joints (more than one)		
Easy bleeding		
Enlarged spleen		
Hepatitis		
Osteopenia or osteoporosis		
Difficulty controlling bowel		
Difficulty controlling bladder		
Numbness or tingling in arms or hands		
Numbness or tingling in legs or feet		
Weakness in arms or hands		
Weakness in legs or feet		
Recent change in coordination		
Recent change in ability to walk		
Spina bifida		
Latex allergy		

Explain "Yes" answers here.

I hereby state that, to the best of my knowledge, my answers to the questions on this form are complete and correct.

Signature of athlete: _____
 Signature of parent or guardian: _____
 Date: _____

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This form should be maintained by the healthcare provider completing the physical exam (medical home). It should not be shared with schools. The medical eligibility form is the only form that should be submitted to a school. The physical exam must be completed by a healthcare provider who is a licensed physician, advanced practice nurse or physician assistant who has completed the Student-Athlete Cardiac Assessment Professional Development module Hosted by the New Jersey Department of Education.

■ PREPARTICIPATION PHYSICAL EVALUATION (Interim Guidance)

PHYSICAL EXAMINATION FORM

Name: _____ Date of birth: _____

PHYSICIAN REMINDERS

- Consider additional questions on more sensitive issues.
 - Do you feel stressed out or under a lot of pressure?
 - Do you ever feel sad, hopeless, depressed, or anxious?
 - Do you feel safe at your home or residence?
 - Have you ever tried cigarettes, e-cigarettes, chewing tobacco, snuff, or dip?
 - During the past 30 days, did you use chewing tobacco, snuff, or dip?
 - Do you drink alcohol or use any other drugs?
 - Have you ever taken anabolic steroids or used any other performance-enhancing supplement?
 - Have you ever taken any supplements to help you gain or lose weight or improve your performance?
 - Do you wear a seat belt, use a helmet, and use condoms?
- Consider reviewing questions on cardiovascular symptoms (Q4-Q13 of History Form).

EXAMINATION		
Height:	Weight:	
BP: / (/)	Pulse:	Vision: R 20/ L 20/ Corrected: ☐ Y ☐ N
COVID-19 VACCINE		
Previously received COVID-19 vaccine: ☐ Y ☐ N		
Administered COVID-19 vaccine at this visit: ☐ Y ☐ N If yes: ☐ First dose ☐ Second dose ☐ Third dose ☐ Booster date(s)		
MEDICAL	NORMAL	ABNORMAL FINDINGS
Appearance Marfan stigmata (lyphocollaxis, high-arched palate, pectus excavatum, arachnodactyly, hyperlaxity, myopia, mitral valve prolapse [MVP], and aortic insufficiency)		
Eyes, ears, nose, and throat - Pupils equal - Hearing		
Lymph nodes		
Heart Murmurs (auscultation standing, auscultation supine, and ± Valsalva maneuver)		
Lungs		
Abdomen		
Skin Herpes simplex virus (HSV), lesions suggestive of methicillin-resistant <i>Staphylococcus aureus</i> (MRSA), or tinea corporis		
MUSCULOSKELETAL	NORMAL	ABNORMAL FINDINGS
Neck		
Back		
Shoulder and arm		
Elbow and forearm		
Wrist, hand, and fingers		
Hip and thigh		
Knee		
Leg and ankle		
Foot and toes		
Functional Double-leg squat test, single-leg squat test, and box drop or step drop test		

* Consider electrocardiography (ECG), echocardiography, referral to a cardiologist for abnormal cardiac history or examination findings, or a combination of those.

Name of health care professional (print or type): _____ Date: _____
 Address: _____ Phone: _____

Signature of health care professional: _____ MD, DO, NP, or PA

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Physical Form Pages 3 and 4



Parent Portal Registration



- All registrations for athletics will now take place through your Realtime Parent Portal
- Fall Season for High School is the only season available at this time

Parent Portal



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Grade: 10



Hawthorne Public School D

"Creating Future Generations of Leaders"

Hawthorne High School

Welcome to the Hawthorne Public Schools Student Information System Parent Portal

To access our system you must provide the unique username and password that has been provided to you. Please contact your child's school to obtain this information if you did not receive it or if you are having problems accessing the system.

After logging into our Parent Portal for the first time, you will be prompted to change your User Name and Password to something that will be easy for you to remember. This information should be unique for each of your students. Remember not to share your username/password with others.



My Student



My Account



Link/Switch Students

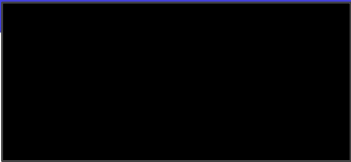


Log Out



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Grade: 10



Danielle & Christopher Warner

Portal Code	
Username	
Security Question	

Change Security Question

Change Password

Link/Switch Students

2026-2027



Change Year

Mobile App



MENU

Sign Ups

Grade: 11 in 2026-2027

Viewing 2026-2027

Already viewing 2026

Portal Code

Username

Security Question

Change Security Question

Change Password

Link/Switch Students

2026-2027



Change Year

Fall 2026 Football

Sign Up

Documents

-  Sports-Related Concussion and Head Injury Fact She
-  Opioid Use and Misuse Educational Fact Sheet
-  Sports-Related Eye Injury Fact Sheet
-  Sudden Cardiac Death in Young Athletes Pamphlet
-  NJSIAA Banned Substance
-  NJSIAA Steroid Random Testing
-  NJSIAA Steroid Testing Policy
-  Health History Update Questionnaire
-  NJSIAA Anabolic Steroid Testing Protocols

View Document

View Document

View Document

View Document

View Document

View Document

View Document

View Document

View Document

Fall 2026 Boys Soccer

Sign Up

Documents

-  Sports-Related Concussion and Head Injury Fact She
-  Opioid Use and Misuse Educational Fact Sheet

View Document

View Document



Sudden Cardiac Death in Young Athletes Pamphlet



You are currently Acknowledging that you will review the Sudden Cardiac Death in Young Athletes Pamphlet

Close

I Accept

2026-2027

Sign Up

- Opioid Use and Misuse Educational Fact Sheet
- Sports-Related Eye Injury Fact Sheet
- Sudden Cardiac Death in Young Athletes Pamphlet
- NJSIAA Banned Substance
- NJSIAA Steroid Random Testing
- NJSIAA Steroid Testing Policy
- Health History Update Questionnaire
- NJSIAA Anabolic Steroid Testing Protocols

View Document

View Document

View Document

View Document

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View Document

View Document

View Document

View Document

Fall 2026 Boys Soccer

Sign Up

Documents

- Sports-Related Concussion and Head Injury Fact Sheet
- Opioid Use and Misuse Educational Fact Sheet

View Document

View Document

Health History Update Form

Please fill out the following form prior to the start of every sports season.



Not shared

* Indicates required question

Student's First and Last Name *

Your answer

Been advised to not medically participate in a sport? *

☐

Yes

☐

No



Sign Ups

SIGN UPS

2026-2027

Fall 2026 Football - Signed up on 6/3/2026

Opt Out

Documents

- ☒ Sports-Related Concussion and Head Injury Fact Sheet
- ☒ Opioid Use and Misuse Educational Fact Sheet
- ☒ Sports-Related Eye Injury Fact Sheet
- ☒ Sudden Cardiac Death in Young Athletes Pamphlet
- ☒ NJSIAA Banned Substance
- ☒ NJSIAA Steroid Random Testing
- ☒ NJSIAA Steroid Testing Policy
- ☒ Health History Update Questionnaire
- ☒ NJSIAA Anabolic Steroid Testing Protocols

View Document

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Fall 2026 Boys Soccer

Sign Up

Documents

- ☒ Sports-Related Concussion and Head Injury Fact Sheet



MENU

Correspondence
Activities

Grade: 11 in 2026-2027

Viewing 2026-2027

CORRESPONDENCE

2026-2027

GENERAL LETTERS

Letter Description

Printed Date

[View Letter](#)

Physical-F Notification of Student-Athlete Clearance to Participate in Interscholastic Sports

06/03/2026

Translate:



Hawthorne High School

1933

160 Parmelee Avenue, Hawthorne, NJ 07506

Mr. Kevin Pfister, Principal

Mrs. Cheryl Pasquale, Assistant Principal

Mr. Arthur Mazzacca, Assistant Principal

A Medical Eligibility Form has been received for Nicholas Warner for participation in school sponsored interscholastic sports.

The Medical Eligibility Form has been reviewed, and your child (ward) is:

APPROVED FOR FALL

for participation, as per the recommendation of the Health Care Provider who completed the form. If your child (ward) is not approved for participation, you should follow the medical recommendations of the Health Care Provider who completed the Medical Eligibility Form. This notice is being provided to you in accordance with New Jersey State Law (N.J.A.C. 6A:16-2.2(h)1.iv and N.J.A.C. 16-2.3(a)4.iv). The determination of clearance or non-clearance is based solely on the recommendation of the Health Care Provider who completed the Medical Eligibility Form. Neither the school nurse nor the school physician (unless the school physician is the Health Care Provider who performed the examination and completed the Medical Eligibility Form) is responsible for this determination.

If your child (ward) is not approved, a copy of the completed Medical Eligibility Form will be provided to you in addition to this form. Please follow any recommendations given by the Health Care Provider on the Medical Eligibility Form, and please direct any questions on reasons for denial of eligibility to the Health Care Provider that performed the evaluation.

Thomas Bottiglieri, DO



MENU

Correspondence
Activities

Grade: 11 in 2026-2027

Viewing 2026-2027

ACTIVITIES

2026-2027

Athletics

Grade Student Participated

Football

11

Translate:





Portal Opening Dates



HIGH SCHOOL DATES

Fall Season - June 10th - September 30th

Winter Season - October 1st - December 30th

Spring Season - January 1st - March 30th

MIDDLE SCHOOL DATES

Fall Season - August 17th - October 30th

Winter Season - November 1st - January 31st

Spring Season - February 1st - April 15th



Concussions



All athletes will take a baseline concussion test every prior to the start of their season

****Policy has changed from every 2 years to 1****

Any athlete suspected of having a concussion will be excluded from participation in sports until cleared by a physician who specializes in concussions (orthopedic or neurologist)

Once clearance is obtained, there is a mandatory 6-step progression back to sport



Concussion Return to Play Protocol



Rehabilitation Stage	Functional Exercise	Objective of Stage
1. No activity	Complete physical and cognitive rest	Recovery
2. Light aerobic exercise	Walking, stationary bike keeping intensity <70% of maximum predicted heart rate	Increase heart rate
3. Sport-specific exercise	Skating drills in ice hockey	Add movement
4. Noncontact training drills	Progression to more complex ice hockey drills (passing drills)	Exercise and coordination
5. Full-contact practice	After being medically cleared, player can participate in normal hockey practice	Restore confidence and functional skills
6. Return to play on the ice	Normal game	—

*Adapted from consensus statement on concussion (McCrory et al²⁷).

The athlete must complete each step with Ms. W. and there must be a day or 24 hours in between each step.



Return to play (other injuries)



At any point an athlete goes to see a doctor for anything, it is required that the athlete must have a clearance note to participate. No notes from emergency rooms or chiropractors will be accepted.



HHS Summer Weight Room Program



- 5 weeks starting Monday June 22nd
- Monday - Thursday each week
- Links to sign up for each week will be posted in Google classroom every weekend
- 1 slot per day per athlete - 20 available slots per session
- 4 sessions available per day 10am, 11am, 12pm, 1pm
- NOT AN OPEN GYM

JOIN THE GOOGLE CLASSROOM —u43xwnqk





Option 2 Physical Education



Student-athletes participating in Hawthorne High School sponsored athletic programs and **registered for 8 classes, no study hall,** may earn Physical Education credits by participating on any of our athletic teams during the year.

HHS student-athletes may choose to participate in one (1) marking period of an Option 2/Study Hall during their athletic season that will replace their assigned PE class for that marking period.

Option 2 is NOT available to students during their Health marking period **or for students with a Study Hall in their schedule.**



Option 2 Physical Education



If a student leaves a team for any reason during or prior to the end of the season they will immediately return to PE class.

The grade earned will appear on the student's transcript as a "P" (Pass) or an "F" (Fail).

Credit will be awarded upon verification of attendance and a passing grade indicated by the student's PE teacher and the Athletic Director.

Option 2 Portfolio Requirements

[About](#)[BOE](#)[Departments](#)[Parents](#)[Athletics](#)[Community](#)[Athletic Director's Office](#)[Trainer's Office](#)[Sports Offered](#)[Meet Our Coaches](#)[Schedules](#)[Physical Forms](#)[Athletic Registration-
Realtime Parent Portal](#)[Varsity Requirements](#)[NCAA Eligibility](#)[Parent & Coach Handbook](#)[Athletic Apparel Store](#)[Hudl Live Stream](#)

[Click Here To C0ntinue](#)[Click Here To C0ntinue online shop](#)[Open >](#)

THE WEEK OF ◀ JUN 1ST 2026 - JUN 7TH 2026 ▶

📅 MON JUNE 1ST 2026

No Event(s) Found

online shop

[Click Here To C0ntinue](#)[OPEN >](#)

📅 TUE JUNE 2ND 2026

No Event(s) Found

📅 WED JUNE 3RD 2026

No Event(s) Found

📅 THU JUNE 4TH 2026

June 2026						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

[VIEW SCHEDULES](#)[PHOTOS](#)[Click Here To C0ntinue](#)[Click Here To C0ntinue](#)

online shop



Important information



When a parent/guardian would like to take their child home after a game/match for LMS or HHS, we ask that you email Mr. Mazzacca and your head coach ahead of time. Mr. Mazzacca will send a follow up email confirming the request. Please remember, we are responsible for your child at all times unless we hear from you.

Students are never allowed to drive themselves to or from an away game/match. Students are required to take the bus with their teammates to an away event. If there is an emergency and the student needs to be taken by a parent to an event, please email Mr. Mazzacca in advance.



Senior Banners



- **Senior Banners will be purchased through the Athletic Office.**
- **Banners are \$45**
 - **Checks need to be made payable to "Hawthorne Athletics"**
- **There will be a \$20 upcharge for any late Senior Banner orders.**



Senior Nights



Senior Day Games:

Each Season we will put out an announcement on Social Media and to each Google Classroom of all the Senior Day games for the season.

Some Senior Nights are conducted prior to, at halftime, or at the conclusion of games.

Senior Night presentations are coordinated by the Head Coach, parents are encouraged to reach out to the head coach regarding Senior Night gifts, signs, balloons, etc.



Important Dates



HHS Fall Sports Awards- Monday, November 23, 6:30PM

HHS Winter Sports Awards- Monday, March 8, 6:30PM

HHS Spring Sports Awards- Wednesday, June 9, 6:30PM

LMS/HHS Parent Information Night- Wednesday, May 26, 6:30PM

Senior Brunch @ The Brownstone-Sunday, June 13, 9:30AM

Cost: TBD

1st Team All County Awards Dinners: June 15-Boys, June 16 -Girls

Cost:TBD



Important Links



- [Hawthorne Athletics](#)
- [Sideline Store](#)
- [HHS Parent/Coach Handbook](#)
- [Schedule](#)
- [Parent Portal](#)
- [Physical Forms](#)
- [Coaches Emails](#)
- [Varsity Letter Criteria](#)
- [NCAA Eligibility](#)
- [NJIC Website](#)



@HHSBearsSports



Once a Bear, Always a Bear!



Meet the Coaches:

Each Season will meet for 10 minutes

There will be a bell and an announcement to move to the next season

If you are waiting for another season, please come to the Main Cafe to enjoy light refreshments sponsored by the Athletic Booster Club

All LMS Sports will meet in the Gym

All HHS Sports will meet on the 2nd Floor

Marching Band will meet in the Band Room (125)



Room Assignments- Fall Sports



1st Period- 10 Minutes

Football- Media Center

Boys Soccer- Room 225

Girls Soccer- Room 219

Girls Volleyball- Room 222

Fall Cheerleading- Room 218

Girls Tennis- Room 214

Marching Band- Room 125

Middle School Soccer (boys and girls)- Gym



Room Assignments- Winter Sports



2nd Period- 10 Minutes

Indoor Track and Field- Media Center

Boys Basketball- Room 225

Wrestling Room 222

Winter Cheerleading- Room 218

Bowling- Main Cafe

Girls Basketball- Room 219

**Middle School Basketball (boys and girls) and Wrestling-
Gym**



Room Assignments- Spring Sports



3rd Period- 10 Minutes

Outdoor Track and Field- Media Center

Baseball- Room 219

Boys Lacrosse- Room 222

Softball- Room 218

Golf- Room 214

Flag Football- Room 220

Middle School Outdoor Track (boys and girls)- Gym



Room Assignments



Thank you Everyone!
Go Bears!!!!