

**PENINSULA ATHLETIC LEAGUE
ALL LEAGUE GIRLS TRACK
2026**



	<u>School</u>	<u>Year</u>	<u>Finals</u>
<u>100 Meter Hurdles</u>			
Emerson Elyse Barajas	Carlmont	Senior	15.68
Oceane Lacasse	Sequoia	Junior	16.27
Katherine Cueva	Menlo-Atherton	Senior	17.01
Ellora Horan	Burlingame	Senior	17.14
Nicole Lee	Hillsdale	Freshman	17.75
Tindra Eckstein	Woodside	Senior	17.82

<u>300 Meter Hurdles</u>			
Kiana Chen	Carlmont	Senior	45.73
Tindra Eckstein	Woodside	Senior	47.21
Oceane Lacasse	Sequoia	Junior	47.65
Alexandra Jones	Menlo-Atherton	Junior	48.98
Ellora Horan	Burlingame	Senior	49.28
Maliah Moran	Burlingame	Senior	49.79

<u>100 Meter Dash</u>			
Evelyn Tolver	Woodside	Senior	12.26
Amelia Hayden Gephart	Aragon	Junior	12.34
Diya Mahadevan	Menlo-Atherton	Sophomore	12.35
Abigail Ma	Sequoia	Junior	12.36
Mina Hwang	Aragon	Junior	12.43
Kaylee Huynh	Mills	Senior	12.68

<u>200 Meter Dash</u>			
Amelia Hayden Gephart	Aragon	Junior	25.31
Evelyn Tolver	Woodside	Senior	25.72
Abigail Ma	Sequoia	Junior	25.85
Diya Mahadevan	Menlo-Atherton	Sophomore	25.95
Star Gutierrez	Capuchino	Sophomore	26.08
Vivian Ivanov	Carlmont	Freshman	26.21

<u>400 Meter Dash</u>			
Vivian Ivanov	Carlmont	Freshman	58.47
Sophia Flores	Hillsdale	Senior	58.89
Star Gutierrez	Capuchino	Sophomore	58.95
Isabella Schuett	Carlmont	Freshman	59.40
Alexandra Farrell	Carlmont	Sophomore	59.51
Madison Ketcham	Aragon	Senior	59.89

	<u>School</u>	<u>Year</u>	<u>Finals</u>
<u>800 Meter Run</u>			
Elizabeth Carroll	Burlingame	Junior	2:18.17
Isabella Schuett	Carlmont	Freshman	2:19.99
Elaina Newman	Burlingame	Sophomore	2:20.27
Jaymie Matheou	Half Moon Bay	Sophomore	2:21.92
Alexandra Farrell	Carlmont	Sophomore	2:23.12
Janelle Pantilon	Mills	Senior	2:28.43

<u>1600 Meter Run</u>			
Daniela Cuadros	Carlmont	Senior	5:00.45
Katelyn Elliott	Carlmont	Junior	5:02.89
Stella Newman	Burlingame	Senior	5:08.95
Paige Mcgaraghan	Menlo-Atherton	Senior	5:10.88
Pearl Marsyla	Woodside	Senior	5:13.34
Lilah Tomatis	Half Moon Bay	Freshman	5:14.15

<u>3200 Meter Run</u>			
Daniela Cuadros	Carlmont	Senior	11:19.18
Katelyn Elliott	Carlmont	Junior	11:30.33
Matilda Smart	Menlo-Atherton	Senior	11:37.40
Paige Mcgaraghan	Menlo-Atherton	Senior	11:37.44
Hana Ichiki	San Mateo	Junior	12:04.76
Jasmine Anne Combes	Westmoor	Junior	12:08.67

<u>4x100 Meter Relay</u>			
Ketcham,Matthews,Chen,Hayden,Gephart	Aragon		49.53
Chen, Ivanov, Green, Barajas Tow	Carlmont		49.59
Shih,Bell,Elan,Flores,Cheung,Morales,Lee,Weaver	Hillsdale		50.44
Balinton,Jones,Hintz,Mahadevan,McGraw	Menlo-Atherton		50.94
Lacasse, Rios, Ewing, Ma	Sequoia		51.48
Eckstein, Carrubba, Nasrah, Tolver, Rubin	Woodside		51.95

<u>4 X 400 Meter Relay</u>			
Chen, Farrell, Schuett, Ivanov, Cuadros, Elliott, Lynagh	Carlmont		4:03.64
Chen,Matthews,Ketcham,Hayden,Gephart,Rife, Michon	Aragon		4:12.53
Moran,Newman,Carroll,Hiran,Enriquez,Newman	Burlingame		4:13.45
Matheou,Collins,Lynes,Tomatis,Jensen	Half Moon Bay		4:15.59
Hernandez,Ewing,Lacasse,Ma	Sequoia		4:18.02
Wilmurt,Weaver,Schardin,Morales,Flores,Cheung, Lee,Elan	Hillsdale		4:24.63

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	<u>School</u>	<u>Year</u>	<u>Finals</u>
<u>Long Jump</u>			
Emerson Elyse Barajas	Carlmont	Senior	18-01.50
Alexis Ivankov	Mills	Senior	17-01.00
Kaitlyn Schuh	San Mateo	Junior	16-07.00
Rona Elan	Hillsdale	Senior	16-05.00
Melanie Feng	Mills	Junior	16-03.75
Mina Hwang	Aragon	Junior	16-02.50

<u>Triple Jump</u>			
Alexis Ivankov	Mills	Senior	35-06.75
Rona Elan	Hillsdale	Senior	35-06.00
Kaitlyn Schuh	San Mateo	Junior	34-10.00
Brisa Rios	Sequoia	Junior	33-00.50
Victoria Chen	Aragon	Junior	31-11.00
Camryn Cheung	Hillsdale	Junior	31-07.00

<u>High Jump</u>			
Kaitlyn Schuh	San Mateo	Junior	5-04.00
Emerson Elyse Barajas	Carlmont	Senior	5-02.00
Sophia Flores	Hillsdale	Senior	4-10.00
Genevieve Jensen	Half Moon Bay	Senior	4-10.00
Mia Milks	Burlingame	Junior	4-10.00
Aaliyah Bernstein	South San Francisco	Senior	4-08.00

<u>Pole Vault</u>			
Katherine Cueva	Menlo-Atherton	Senior	11-02.00
Alexis Ivankov	Mills	Senior	10-08.00
Hailey Dao	Carlmont	Sophomore	9-08.00
Liliana Pellican	Menlo-Atherton	Senior	9-00.00
Abigail Machemer	Sequoia	Junior	9-00.00
Ashley Alvarez	Aragon	Senior	8-04.00

Shot Put 4 Kilo

Kelailah Johnson
Rachel Shomaker
Fane Mataele
Izzy Erickson
Julia Eliares
Tilly Smith

Discus Throw

Kelailah Johnson
Gabriela Dyogi
Melanie Feng
Fane Mataele
Kayla Lichaa
Kaylee Wong

4x800 Relay

Farrell, Elliott, Cuadros, Schuett, Lynagh
Newman, Haggarty, Newman, Carroll
Pflaum, Sanchez, Mcgaraghan, Pflaum, Lai, Smith, Maravilla, Piper
Ichiki, Zheng, Wilding, Thakur, Young Majithia, Correa
Amayun, Chan, Pantilon, Kerri, Dang, Louie, Mai
Arjona, Hamel, Bailey, Marsyla, Glenn

<u>School</u>	<u>Year</u>	<u>Finals</u>
Mills	Junior	36-01.00
San Mateo	Sophomore	34-07.25
Menlo-Atherton	Junior	31-07.00
Burlingame	Junior	30-09.00
Terra Nova	Senior	29-04.50
South San Francisco	Senior	28-06.25

Mills	Junior	118-01
Terra Nova	Senior	113-09
Mills	Junior	110-07
Menlo-Atherton	Junior	108-09
San Mateo	Junior	108-02
Mills	Junior	104.05

Carlmont	9:28.27
Burlingame	9:40.94
Menlo-Atherton	10:08.58
San Mateo	10.11.25
Mills	10:11.83
Woodside	10:14.44