GETTING STARTED

Hendricks Regional Health

AT WORK

Welcome to Your Employer Wellness Center

Your Health and Wellness Journey Starts Here

Your employer Wellness Center offers comprehensive services and programs that focus on the health and well-being of you and your dependents. We want our employees to lead balanced lives and commit to developing lifelong habits of wellness.

The Wellness Center model was designed not just to help you meet your health goals, but also to help you save on out-of-pocket medical expenses.

Your Guide to Making the Most of Your Wellness Center Offerings

All services provided at the Wellness Center are at no charge to employees. Here are the services available to our health plan participants:

- Health visits – annual physicals/well checks, sick visits, and wellness coaching appointments
- Chronic disease management – support from clinical staff to better manage conditions such as diabetes, high cholesterol, asthma and others
- Health risk assessments – a tool that helps identify targeted concerns and preventive health goals
- Referrals and care navigation – coordination of specialty referrals and follow-up care
- Pharmacy services – medications available on-site and an extended formulary available through mail-order
- Lab draws – conveniently available on-site with rapid results turnaround

How to Get Started

Your first step is to schedule an appointment to meet your provider and become an established patient. It's our goal to make it as easy and convenient as possible to schedule. Simply call our Wellness Center Concierge Line at (317) 838-WELL (9355). Our helpful navigator can create an appointment time for you or your loved ones.

Choose from four convenient locations:

- ***Avon Wellness Center***
  Hendricks Regional Health Avon Medical Building
  8244 E. US. Highway 36, Suite 1310

- ***Brownsburg Wellness Center***
  Hendricks Regional Health Brownsburg Medical Building
  1411 S. Green Street, Suite 220

- ***Danville Wellness Center***
  Hendricks Regional Health Danville Hospital
  998 E. Main Street, Office Building One, Suite 104

- ***Plainfield Wellness Center***
  Hendricks Regional Health Plainfield Medical Building
  1100 Southfield Drive, Suite 1312

Be sure to bring a list of your medications, including strengths and dosages, to your first appointment. Or, bring a bag containing all of your prescriptions with you (medications should be in the original dispensing container). The Wellness Center team will help ensure you are making the most out of the prescription formulary benefit available to you.

Call (317) 838-WELL (9355) to schedule an appointment with your new employer Wellness Center today.

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Healthier employees. HEALTHIER BUSINESS.

Wellness Center Weekly Schedule

Schedule Appointments via (317) 838-WELL (9355)

	Monday	Tuesday	Wednesday	Thursday	Friday
7:00am	Brownsburg 7am - 12pm	Plainfield 7am-12pm	Brownsburg 7am-6pm	Plainfield 7am-12pm	
7:20am					
7:40am					Danville 7am - 9am
8:00am			Avon 7am - 9am	Avon 7am - 9am	
8:20am					
8:40am					Plainfield 8am - 12 pm
9:00am		Danville 7am - 1pm			
9:20am					
9:40am	Plainfield 8am-12pm				
10:00am					
10:20am					
10:40am					
11:00am	Avon 10am -1pm	Brownsburg 10am-1pm		Brownsburg 10am-1pm	
11:20am					
11:40am					
12:00 pm					
12:20 pm					
12:40 pm					Brownsburg 10am - 5pm
1:00 pm					
1:20 pm					
1:40 pm					
2:00 pm					
2:20 pm					
2:40 pm	Brownsburg 1pm-6pm	Plainfield 1pm-6pm		Plainfield 1pm-6pm	
3:00 pm			Plainfield 1pm-5pm		
3:20 pm					
3:40 pm					
4:00 pm		Avon 2pm - 6pm			Avon 2pm - 5pm
4:20 pm					
4:40 pm					
5:00 pm	Danville 2pm - 5pm		Danville 2pm - 5pm	Danville 2pm - 5pm	
5:20 pm					
5:40 pm					
6:00 pm					

AVON WELLNESS CENTER
HRH Avon Medical Center
8244 E. US. Highway 36, Suite 1310
Avon, IN 46123

BROWNSBURG WELLNESS CENTER
HRH Brownsburg Medical Building
1411 S. Green Street, Suite 220
Brownsburg, IN 46112

DANVILLE WELLNESS CENTER
HRH Building One
998 E. Main Street, Suite 104
Danville, IN 46122

PLAINFIELD WELLNESS CENTER
HRH Medical Building
1100 Southfield Drive, Suite 1312
Plainfield, IN 46168

ACCESS TO CARE

BeWell

Hendricks Regional Health

AT WORK

Easy Ways to Access Care in Your Wellness Center

Your employer Wellness Center is a convenient first stop when you or your family members need health care. It provides the opportunity for free preventative health services, medications, as well as care when you are sick. Through our shared model, you may go to four different Hendricks Regional Health Employer Wellness Center locations within Hendricks County. Even better, you are just a click or a call away!

If you haven't been seen in the last year or never been seen in your employer Wellness Center, now's the time to get started. Here are two ways to schedule your visit:

Schedule Online With MyChart at MYCHART.HENDRICKS.ORG.

Visit our patient portal, MyChart, to schedule online. You may also use MyChart to receive test results and send secure messages to your healthcare provider. For scheduling help, check out our tip sheet and other patient resources at HENDRICKS.ORG/WELLNESSCENTERS.

Call our dedicated concierge line at (317) 838-WELL (9355).

Our team is available to help you with scheduling over the phone or to assist with other Wellness Center services. We may be reached Monday through Friday from 7 a.m. to 5 p.m. If we are on the line assisting other patients, please leave a detailed voicemail with your callback number.

Prescription medications available to you through Hendricks Regional Health partnership with Northwind Pharmacy!

Your Wellness Center offers a rich variety of prescription medications available at no cost to participants on the health plan. Take your first step and schedule an appointment to become a patient by calling (317) 838- WELL (9355) or scheduling at MYCHART.HENDRICKS.ORG.

Depending on your prescribed medications, take advantage of our free, home delivery service through a Hendricks Regional Health partnership with Northwind Pharmacy. Contact Northwind Pharmacy, Monday through Friday, from 9 a.m. to 5 p.m. at (317) 288- 9762 with questions.