



DUBLIN CITY SCHOOLS ATHLETE HEALTH CARE

Adolescent Athlete Protective Care Policy

1. No member of the athletic training staff or coaching staff may clear an athlete to participate if a physician has removed the athlete from activity.
2. No member of the coaching staff can clear an athlete to participate if the athletic trainer has removed the athlete from activity.
3. Following physician clearance for return to activity, if clinical evidence, rehabilitation progression or new injury information indicates the athlete is at continued risk for injury, it is the responsibility of the athletic training staff to protect the health of the athlete. The athlete is to be held from activity and referred back to the family physician or referred to the team physician for further advisement.
4. The team physician, attending physician, athletic trainer, coach or parent may withhold an athlete from re-entering activity if it is considered to be in the best interest of the individual's health. This acts as a safety net thereby optimizing the protection afforded the individual adolescent athlete.