Watertown Mayer Public Schools

Watertown-Mayer
Possibilities Adult Transition Program 18+

The following transition opportunities are dependent upon Individual young adult (Y-Adult) transition needs identified by their IEP team, and also by availability of opportunities. Parents will partner with Y-Adult and Transition 18+ program to provide various transition opportunities at home and in the real world.

Daily Living

Community/Recreation and Leisure

Y-Adults have the opportunity to participate in various activities in the community to increase their Daily Living Skills in the area of Community Participation and Recreation and Leisure.

Community Opportunities: Old Log Theatre, Chanhassen Dinner Theatre, Crystal Cave, St Croix Paddleboat Excursion, St Croix Train Excursion, Snowshoe, Cross-country Ski, CLC Community Lounge, Minneapolis Art Institute, MN Largest Candy Store, Big Stone Mini Golf, St. Paul Winter Carnival, Inventors Convention, Special Olympics Unified Sports (bowling, soccer, polar plunge, basketball, leadership summit), Minneapolis Art Institute, Museums, Festival of Trees, Highland Park, Corn Maze, Luce Line Trail, use Public Transportation (city bus), Swedish Institute, Renaissance Festival, Super Bowl Experience, apple orchards, SW Metro Coop Reality Store, Monticello Swans, board games, puzzles, libraries, restaurants, adult coloring books, various reading materials, bumper pool, play piano, sing, health and fitness activities/sessions (meal/step tracker, Safari Island, yard games),

Fitness Opportunities: Community Ed classes (yoga, ReFit), Daily CLC Adult fitness room/Gym (cornhole, treadmill, row machine, stationary bike, thera-bands, weight balls, trampoline, walking, dancing, exercise etc.)

Move Mindfully training sessions and on-line fitness app, and SoFIT Special Olympics Wellness curriculum (Emotional, Nutritional, Physical, and Social).

Community- Collaboration, Giving Back, and Interaction Within Local/Distance Communities

Collaboration with Kruzin 4 the Kidz Motorcycle Club and Christian Motorcyclist Assoc (CMA) - members exclaim that WM Y-Adults are their rock stars! Opportunities: Make/Donate/Deliver to Children in the hospital (Maple Grove Hospital and Minneapolis Children's Hospital) - Pillows (1,000+), Embroidery blocks and sew Quilts (10+), family of deceased classmate (pillow), and classmate at Children's hospital (quilt). Pizza and game party. Cheer Y-Adults on at Special Olympics Track competition. Give Y-Adults motorcycle rides at WM Community Learning Center (CLC) parking lot. Attend Minneapolis Children's Hospital TV Show together.

Ridgeview Medical Center – Sew face masks for hospital staff/volunteer/patients.

CLC Senior Citizens Center – Call bingo, assemble Bingo goodie bags, donate cards for Bingo goodie bags, visit with senior citizens, play games with senior citizens, collaborate with a senior citizen to establish flower planters at CLC in honor of deceased classmate.

CLC Programs – Collect and deliver Secret Santa gifts. Collect and count Pennies for Patience. Collect and count money and bags for local Food Shelf. Deliver Community Education brochures in local communities.

Watertown Businesses - Assemble Goodie Bags for Chamber Education Appreciation Dinner, set up 4-H Christmas Santa Day, Food Shelf stock shelves, Assemble Easter Eggstravaganza bags, Hang Lady's Night Out posters.

WM School District Wide – Assemble and give CLC staff May Day Baskets, share baked/cooked goods with CLC staff, collect/sort items for Make a Difference Day, CLC Healthy Meal Distribution, set up/decorate/participate in CLC staff potlucks, Box Tops for Education, Soup Labels, Coke rewards, Pop tabs for McDonalds, roll silverware for high school cafeteria, gift wrap books for Pre-school, assemble and distribute Valenkinds/flowers for WM Wellness committee, Wrap/deliver Angel Tree gifts, label/group Pre-School Scholastic Book Orders, lead cafeteria cook teach Y-Adults how to make authentic tamales and how to properly use CLC commercial kitchen.

Uplifting message Postcards w/ candy (2,000+) – St Mary's Care Center, Emerald Nursing Home, Allina Health, WM school district employees, Ridgeview Medical Center, Love Inc, Freedom Farm, Fire Departments/Sheriff/Police Dept (Watertown, Buffalo, Montrose, Waconia, Mayer, etc), Military personnel, etc

WM Booster Club – Y-Adult gives yearly presentations before Booster Club members. Booster Club donates $800 to Transition 18+ to cover manufacturing supplies and community activities. Y-Adults complete the following tasks in exchange for donation: move outdoor/indoor concession stands, restock/organize concession stands, purchase/deliver hot dogs and buns to concession stands prior to all activities.

Therapy Dog – Monthly visit. Learn about pet care, therapy dog training, dog tricks, and dog benefits regarding mental health, therapy.

Westonka T18+ - Monthly interaction connection with Westonka Transition Program adults. Increase social interactions, and build friendships within and outside of the programs.

Home Living

Parents partner with Transition 18+ program to provide opportunities for Y-Adults to learn/implement Daily Living Skills in the area of Home Living.

Transition 18+ Program Possible Opportunities: Basic sewing, basic embroidery, basic laundry (sort, wash, dry, iron, fold, hang), vacuum, sweep, mop, wash windows, dust, meal planning (recipes), cook/bake simple/complex meal items, money exchange (Eating out. Shopping excursions – variety of local stores such as grocery, hardware, coop, Target, Wal-Mart, local businesses, Fleet Farm, Mall), T18+ Wellness Store (shopper, banker, cashier), mow primary school courtyard, basic maintenance,

Post Office, UPS, recycle center, driver's license practice tests, take driver's permit test, get state ID, complete background check, blood drawn for TB test for volunteering, etc…

Home Possible Opportunities: Open bank account (checking/savings), maintain bank register and on-line banking, cook/bake simple meals, laundry (sort, wash, fold, hang, put away), mow, shovel snow, practice driving, household chores, vacuum, sweep, mop, dust, money exchange (shopping/activities/eating out), explore housing through Parade of Homes and local apartment tours, etc.

Collaborate with Related Services (Individual Eligibility)

Deaf and Hard of Hearing, Vision Impaired, Physical Therapy, Occupational Therapy, Speech Language Pathologist, County Skills Worker, Autism Specialist, Other Health Impaired Teacher.

Post-Secondary Education and Training

Explore Possible College Opportunities

Given a list of college websites that offer an Occupational Skills program (example: Ridegewater College, Central Lakes, Hennepin Technical College, University of Iowa, and Bethel University); Y-Adults will take the steps to explore information regarding each program, review the information with parent, and determine which college(s) Y-Adult will visit (example: open house, tour) with parent and/or transition 18+ staff.

College Preparation – take Accuplacer practice tests, schedule/take Accuplacer tests at Ridgewater College, meet with Special Education and Course Counselor, College Visits (Ridgewater College Hutchinson, Ridgewater College Wilmar, Normandale College, Hennepin Technical College), fill out and submit college application, fill out and submit financial aid/scholarship application meet with college special education staff.

South West Metro Educational Cooperative- Shakopee

SouthWest Metro Educational Cooperative located in Shakopee. Enroll 1 semester in Practical Assessment Exploration System (PAES) training. PAES lab enrollment is dependent upon Y-Adult's individual need, application acceptance or not, and transportation availability (transportation paid by WM).

South West Metro Educational Cooperative- Chaska

SouthWest Metro Educational Cooperative located in Chaska. Enroll in 1 exploratory class per semester, in the area of interest at a Career and Technical Training school (tuition paid by WM). Class exploration is dependent upon Y-Adult's ability level, registration acceptance or not, and transportation availability (transportation paid by WM).

Collaboration with Vocational REhabilitation & State of Minnesota (Training provided through MRCI, Opportunity Partners, Functional Industries, and Empower Inclusion)

Some Y-Adults will have the opportunity to participate in trainings such as Work Readiness Course, Custodial Training, ATHC, Individual Customized Training, Discovery Training, job interviews, job

applications, interest inventories, college applications, picture resume, final resume, etc. Participation is dependent upon meeting eligibility guidelines and training offerings

T18+ Functional Academics

Product labels, What Would You Do models, Functional Vocabulary, Personal Hygiene, Music (Piano, singing), Personal Resume, Host and Secretary for virtual meetings, Social Communication, Wellness, Safety Signs, typing, News 2 You, T18+ Reality Store, Checking/Savings record purchases/deposits in home and/or mock bank registers, Budgeting, How to maneuver technology for virtual meetings, price comparison at market place and/or mock shopping, mock job applications, mock job interviews, My Health presentation, Safe Schools Training, and Individual IEP goals/objectives, etc.

T18+ Learning Models

T18+ program partners with Y-Adults and Parents, to provide individualized schedules for Y-Adults to smoothly transition between In-Person, Hybrid, and Distance Learning models. Y-Adults participate in Google meets during all learning models. T18+ provide curriculum supplies, and list of various opportunities, in order for Y-Adults to work on individual needs within the home setting during Hybrid and Distance Learning models.

Employment

Y-Adults have the opportunity to increase job skills in the transition area of Employment as they participate through completion of progressive levels of school district and community based opportunities.

Manufacturing Possibilities

Y-Adults will have the opportunity to learn various aspects of running a business through hands-on experience. Example: CLC Pop sales, Greeting card sales, Survival Bracelet sales, Stress Putty sales.

Possible Opportunities: Product design, advertising, ordering supplies, requisitions, packaging, and shipping. Supply Inventory, Product distribution inventory, Sales at local businesses, and green screen videos. Create and make products for sale and give away to brighten an individual's day: Pillows, blankets, sew quilts, embroidery quilt blocks, sew wheelchair wheel covers, handmade greeting cards/scrapbooks/postcards, package/sell stress relief putty, survival bracelets, sell pop at CLC, etc.

Wellness/Leisure/Reality Store

Y-Adults will have the opportunity to learn various aspects of running a business through hands-on experience.

Possible Opportunities: Inventory, purchase items, restock, create signs, price items, cashier, run bank, requisitions, bag items, order items, meet with local business owners for donations, etc.

Intern Experience

Y-Adults will have the opportunity to increase job performance skills through internship opportunities within various areas of Watertown-Mayer School District.

Possible Opportunities: Assist Phy Ed classes, custodial, prepare athletic fields/gyms, assist athletic

director, assist office staff, band/choir departments, copying, Ellison, bulletin boards, paint walls, mow CLC courtyard, laminate, pick apples from CLC tree (bake/freeze and share apple desserts, donate apples to Westwood Care Center), assist ES Art teacher, etc.

CLC Kids Co/Pre-School – Internships, Kids Co Sharing Week, cleaning tasks, organize games/books, hang artwork, Unity Day, assist teachers, Y-Adults interact with children in classrooms or pull children to T18+ area, and read to children.

Volunteer and Internship Experiences

Y-Adults will have the opportunity to give back to the community as they increase job performance skills through volunteer opportunities through local community organizations and businesses.

Possible Opportunities: Animal shelters (groom/walk animals, clean cages, sweep/mop floor), Delano Bowling Alley (custodial tasks), Salvation Army (ring bell), Watertown Friends for Life food shelf (stock shelves), etc.

Ridgeview Medical Center – Physical Therapy Dept, Sunshine Cart, Home Medical Supply, Restock patient rooms/spas/kitchenettes/closets. Interact with hospital staff while eating lunch in hospital cafeteria (hospital provides free lunch as appreciation for volunteers). Learn/implement dining etiquette.

Love Inc Delano and Howard Lake, and Random Acts of Kindness (RAK) Watertown- Organize shelves/clothes, steam clothes, sort clothes/items, learn how to use cash register, assist customers (unload donations, find item), dust, vacuum, price tag items, display items, gather trash/recycling, pull hangers, and assist staff.

Freedom Farm – Hang Posters, create posters for arena, clean/organize tack, office help, clean barn/office, and groom horses.

CLC Office/Community Ed – Laminate, copy orders, Ellison orders, distribute mail, data entry, hang posters, assist office staff, and distribute community ed books.

St Mary's Care Center, Emerald Nursing Home, Westwood Assisted Living, Good Samaritan Nursing Home – Cafeteria place settings, and roll silverware. Interact with residents - sing songs, play games, visit, color, call bingo. Resident store- assist with initial set up, donate items for store, assist resident customers when shopping, money exchange when customer makes purchase, organize/clean resident store. Organize supplies, walk residents to lunch/activities, prep/lead activities.

Feed My Starving Children - Build teamwork by working with others through meal production assembly (fill bags, weigh, seal, package), label bags, warehouse .

Gather and Grow – Package food bags, stock and face shelves, sort items, carry out groceries for clients, dust, and clean.

Every Meals– Distribute Every Meals throughout WM school District.

District Mail –Distribute Mail throughout WM school district.

WM Custodial – Collect recycling and garbage, mopping, clean windows, folding up tables and chairs.

CLC Preschool and Kids Company – Prep snacks, clean/disinfect areas, supervise children, read and play with children, prepare and make crafts with children.

Local Businesses- Behind the Scenes Tours

Mackenthun's Grocery, Market Place Grocery, NAPA, Legends on Main, Waconia City Hall, Waconia Library, Post Office, Target, Recycling Chaska, Laketown Chocolates, Delano Bowling Alley, Watertown Floral, Spikes Coop Delano, Delano Bank, Bongard's Creamery, Swedish Cookie Co New Germany, Delano Chevrolet, K-9 Grooming, and Watertown Veterinarian, Old National Bank, AZZ Galvanizing, 12/12 Meats, Fire Department, Productivity Haas Technical Educators Conference, Chiropractor business, Tuffy's pet food manufacturing, Landscape Structures, Grandstay Hotel, Hooked on Classics cars, Canvas Works, Randy's Recycling, etc.

Personal Resume, Job Prep

Y-Adults will have the opportunity to create/maintain a personal resume, request recommendation letters, fill out mock job applications, mock job interviews, and collaborate with Vocational Rehabilitation for training.

Work Experience

Once Y-Adults achieve a mastery/independent level of job performance of above progressive levels, they should be ready to transition to the next step of teaming with vocational rehabilitation staff, and parents, to assist in applying for a job outside the Transition 18+ program.

Parents and outside agencies (Vocational Rehabilitation Services, Functional Industry, County Social Workers, etc…) play a key role in transitioning Y-Adults into a non-paid and/or paid job position. Assist Y-Adults: Job skill evaluations, find job openings, complete and submit job applications. Short-term job coach once job is secured.

Business that Y-Adults Have Been Employed During/After T18+ Program

Home Health, Market Place Grocery, Mackenthun's grocery, Ridgeview Medical Center, Casey's, Havenwood Meats, Kwik Trip, Carlson Packaging Solution. and Nursing Home. One Y-Adult started her own wood lettering business. In collaboration with CMA in the community; a CMA member loaned the T18+ program her embroidery machine and taught a Y-adult how to embroidery. This resulted in the Y-Adult starting her own embroidery business and selling items on line. Due to learning skills through internship opportunities at WM CLC, 5 Y-Adults were hired by Watertown-Mayer School District in the areas of Custodial, Cafeteria, and Kids Co.