

PAGE UNIFIED SCHOOL DISTRICT #8
2026-2027 PARENT & STUDENT ATHLETIC HANDBOOK



Page Unified School District District Office

500 South Navajo
Page, Arizona 86040
928-608-4101

Page High School

434 South Lake Powell Boulevard
Page, Arizona 86040
928-608-4138

TABLE OF CONTENTS

Section 1 — Our Identity

- Mission Statement
- Statement of Philosophy
- The Sand Devil Way & DevilUp
- Sand Devil Performance Standards
- Goals of the Athletic Programs
- Objectives of Participation
- Equity & Title IX Commitment (Athletics)

Section 2 — Governing Bodies, Affiliations, and Offerings

- Page Unified School District Affiliations (AIA / NAIC)
- Conferences / Regions
- Sports and Activities Offered
- Non-Athletic Activities Offered

Section 3 — General Athletic and Activity Policies

- Admission to Events & Ticketing
- Passes and Pricing (Season / Year / All-Access)
- Booster Club Guidelines
- Scheduling Authority and Priorities
- Media, Photography & Livestreaming Guidelines

Section 4 — Participation Requirements and Eligibility

- Clearance Process (FinalForms & Required Documents)
- Athletic Fees
- Eligibility Requirements (AIA / NAIC / District)
- Transfer Rules (AIA / NAIC)
- Name, Image & Likeness (NIL) Guidelines (AIA)
- Academic Eligibility Requirements
- Eligibility Process (Grade Checks)
- Regaining Eligibility (Pending / Ineligible Procedures)
- Eligibility Check Dates (Semester 1 & Semester 2)
- Playing at the Next Level (NCAA / NAIA Resources & Recruiting Basics)

Section 5 — In-Season Expectations

- Class Attendance Expectations
- Conflicts with Co-Curricular Activities
- Make-Up Work Expectations
- Practice Schedules
- Practice Sessions & Guidelines
- Transportation (Late Bus, Conduct, Approved Riders)
- Tryouts, Rubrics, Cuts, and Roster Decisions

- Use of Athletic and Activity Equipment
- Loss of District Equipment & Clearance for Next Season/Graduation
- Awards and Lettering Criteria

Section 6 — Code of Conduct and Discipline

- Code of Ethics & Sportsmanship
- Sand Devil Standards of Behavior (Student-Athlete Expectations)
- Hazing Prevention Policy (Board Policy JIFCA)
- Violence, Harassment, Intimidation & Bullying Prevention Policy
- Discipline System (Levels 1–5)
- Ejections (Non-Fighting / Fighting)
- Suspension Percentage Examples by Sport/Activity
- Social Media Policy

Section 7 — Parent Expectations

- Parent Code of Conduct
- Chain of Command (Communication Process)
- Consequences for Parent Conduct Violations

Section 8 — Travel

- Travel Policy (Board Policy JJH-RA)
- Travel Check-Out Procedures
- Overnight Stays, Curfews, and Expectations

Section 9 — Sports Medicine and Athlete Safety

- Sports Medicine Standard Operating Guidelines
- Doctor/Hospital Visits & Clearance Notes
- Medication Policy
- Injury Reporting and Return to Participation
- Emergency Action Procedures (EAP Overview)
- Weather Safety (Heat, Lightning, Air Quality)
- Concussion Policy (Education, Removal, RTP Protocol)
- Return to Learn Protocol

Section 10 — Forms and Acknowledgements

- Student-Athlete Signature Page
- Parent/Guardian Signature Page
- Acknowledgement of Policies (Conduct, Hazing, Social Media, Eligibility)
- Assumption of Risk & Consent to Participate

SECTION 1- OUR IDENTITY

MISSION STATEMENT

The mission of Page Athletics is to develop student-athletes who lead with character, compete with purpose, and live the Sand Devil Way- Be Kind, Get Involved, and Work Hard.

STATEMENT OF PHILOSOPHY

At Page High School, we believe athletics is an extension of the classroom- a structured environment where students develop not only as competitors, but as leaders, teammates and individuals of character.

Our philosophy is grounded in the belief that clear expectations, consistent accountability, and intentional support create a championship culture both on and off the field. We hold our coaches, student-athletes, and programs to the highest standards through the Sand Devil Way: Be Kind. Get Involved. Work Hard. These pillars guide every decision, interaction and commitment within our department. We call this commitment **DevilUp**.

To DevilUp means rising to the challenge of excellence in all areas of life.

- Be Kind - we lead with respect, integrity, and compassion towards teammates, opponents, officials and our community
- Get Involved - We take ownership of our roles, serve others, and contribute positively to our teams and school.
- Work Hard - We pursue daily growth through discipline, effort and attention to detail, even when no one is watching.

When we *DevilUp*, we do more than compete. We lead with character, elevate those around us, and build a culture that reflects pride in Page High School.

SAND DEVIL PERFORMANCE STANDARDS

1. **Compete With Relentless Effort**- Sand Devil never back down from a challenge. We fight with discipline, intensity, and heart for as long as the game requires. We approach every practice and contest prepared, focused, and ready to give our best.
2. **Own the Outcome**- Sand Devils accept responsibility for their performance and behavior. We do not blame officials, coaches, teammates, or circumstances. We take responsibility, learn from setbacks, and move forward stronger.
3. **Lead With Character**- Sand Devils demonstrate honesty, sportsmanship, and respect- shaking hands with opponents and officials, competing with integrity, and representing Page with class. We win with humility and lose with dignity
4. **Team Before Self**- Page Athletics is a team endeavor. Every athlete has a role and a responsibility. We compete as a unit. Every role matters. We celebrate others' success, support one another through mistakes, and prioritize "we" over "I."
5. **Train the Mind and Body**- Sand Devils commit to developing both physical performance, mental resilience and confidence. We respond to mistakes with composure, maintain positive body language, and compete with confidence.
6. **Balance Excellence**- Sand Devils honor our commitment to academics, manage our time with discipline, and understand that classroom success fuels athletic opportunity.
7. **Represent With Pride**- We wear the Sand Devil name with purpose- building school and community pride through our effort, attitude, and example. Behavior on and off the field must reflect pride, discipline, and the Sand Devil Way.
8. **Grow Through the Journey**- Sand Devils measure success not only by wins, but by growth, perseverance, and improvement. Championships are earned through development.
9. **Live the Sand Devil Way**- Be Kind. Get Involved. Work Hard. Every practice. Every game. Every interaction.

GOALS OF THE ATHLETIC PROGRAMS

At Page Unified School District, our Athletic Department is committed to providing a high-quality, development-centered experience for every student-athlete while building a culture that reflects our values. The following goals guide our direction and decision-making throughout the school year

- **Build a unified culture through the Sand Devil Way**

- *We will establish and maintain a consistent, values-driven athletic culture rooted in the Sand Devil Way: Be Kind. Get Involved. Work Hard.*

This culture will be visible at every level of the program - from youth camps and junior high teams to varsity competition - and will shape how we lead, compete, communicate, and support one another.

All athletic programs will align with and reinforce this shared identity.

- **Elevate the Standard of Coaching and Leadership**

- *We are committed to developing strong, confident, and skilled coaches who lead with integrity and purpose.*

We will:

- *Promote ongoing leadership growth and professional development.*
- *Establish clear expectations for communication, athlete safety, and program culture.*
- *Maintain shared accountability for the athlete experience across all sports.*

Coaching within Page Athletics is both a competitive responsibility and a leadership responsibility.

- **Increase Student-Athlete Engagement and Development**

- *We will provide clear, equitable, and structured opportunities for student-athletes to participate, improve, and grow.*

This includes:

- *Transparent tryout procedures and evaluation criteria.*
- *Consistent department-wide performance and conduct expectations.*
- *Leadership and development initiatives such as Devil Day, WellDevil Youth Camps, and other growth-based programming.*
- *Emphasis on both physical and mental performance development.*

EQUITY & TITLE IX COMMITMENT

Page Unified School District is committed to providing equitable opportunities for all student-athletes in accordance with Title IX and Arizona Interscholastic Association guidelines.

We believe access, resources, scheduling, facilities, coaching support, and program development should reflect fairness and intentional stewardship. We continuously evaluate our programs to ensure that opportunities are inclusive, respectful, and aligned with our mission.

Athletics at Page is for every student willing to commit to the Sand Devil Way.

SECTION 2- GOVERNING BODIES, AFFILIATIONS, AND OFFERINGS

PAGE UNIFIED SCHOOL DISTRICT AFFILIATIONS

Page High School is a full member of the Arizona Interscholastic Association (AIA) and operates in full compliance with all AIA rules, bylaws and regulations.

All high school athletic programs, coaches and sponsors are governed by the AIA Bylaws, Article 15 Student Eligibility Rules, and sports specific manuals. Coaches and sponsors are expected to remain informed of current AIA policies, rule updates, and season regulations.

The AIA establishes

- Eligibility standards
- Competition limits
- Transfer rules
- Tournament structures
- Sports medicine requirements
- Name, Image, and Likeness (NIL) guidelines
- Heat acclimatization and contact practice regulations

All AIA-sponsored programs at Page High School must adhere strictly to these governing standards.

Page Junior High School is a full member of the Northern Arizona Interscholastic Conference (NAIC) and conforms to their rules and regulations.

All junior high athletic programs are governed by NAIC policies and, when applicable, National Federation of State High School Associations (NFHS) rules.

Coaches and sponsors at the junior high level are expected to familiarize themselves with:

- NAIC competition guidelines
- Eligibility standards
- Season regulations
- Conduct expectations

Junior high school participation is structured to provide competitive experiences that support development, sportsmanship, and preparation for high school athletics.

CONFERENCE AND REGIONS

Each AIA sport is assigned to a conference and region based on enrollment classifications established by the AIA.

Page High School competes within the 3A Conference structure as assigned by the AIA. Tournament qualification procedures, playoff formats, and regional alignment vary by sport and are determined biannually by the AIA.

Page Junior High School competes within the Northern Arizona Interscholastic Conference (NAIC), which establishes schedules, championship formats, and seasonal guidelines for middle school athletics.

Conference and regional structures may vary by sport and are subject to periodic realignment by governing bodies.

SPORTS AND ACTIVITIES OFFERED

Page Unified School District offers a wide range of interscholastic athletic programs at both the high school and junior high levels, subject to participation numbers, coaching availability, and district approval.

High School Athletic Programs (AIA)

- Football
- Boys & Girls Basketball
- Baseball
- Volleyball
- Boys & Girls Soccer
- Softball
- Boys & Girls Cross Country
- Boys & Girls Wrestling
- Boys & Girls Track & Field
- Boys & Girls Golf
- Badminton
- Boys & Girls Tennis
- Girls Flag Football
- Boys Volleyball
- Swimming
- Beach Volleyball

Sport offerings are reviewed annually and may be adjusted based on participation and district resources.

Junior High Athletic Programs (NAIC)

- Football
- Boys & Girls Cross Country
- Girls Volleyball
- Wrestling
- Co-ed Soccer
- Boys & Girls Basketball
- Softball & Baseball
- Boys & Girls Track & Field

Junior high programming focuses on skill development, sportsmanship, and preparation for high school competition.

Non-Athletic Activities Offered

In addition to athletic programs, Page Unified School District offers extracurricular activities that enrich student engagement and leadership development.

High School & Junior High Activities May Include:

- Chess
- JROTC
- Speech & Debate
- Cheerleading
- Theater
- eSports

These programs operate under district supervision and may fall under AIA or other governing bodies depending on the activity.

SECTION 3- GENERAL ATHLETIC & ACTIVITY POLICIES

This section outlines operational procedures that support the daily function of Page Athletics. These policies ensure consistency, fairness, financial accountability, and a positive game-day experience for our athletes, families, and community.

ADMISSION TO EVENTS & TICKETING

Admission fees apply to all regular-season athletic events and district-sponsored performances unless otherwise designated.

High School Events

- \$10 — Adult
- \$5 — Senior Citizen (65+), PUSD Student, PUSD Staff with ID
- Free — Children 5 years old and under
- Free — PHS High School Staff with ID

Junior High Events

- \$5 — Adult
- \$5 — Senior Citizen, Student, PUSD Staff with ID
- Free — Children 5 years old and under
- Free — PJHS High School Staff with ID

Admission policies may differ for tournaments, invitationals, and state postseason events as determined by the AIA or NAIC.

All ticket sales are subject to district procedures. There will be no cash ticket sales- only approved digital ticketing platforms (e.g., GoFan) may be used.

SEASON PASSES & PRICING

Season passes are available for purchase and are valid for home regular-season events only.

Passes do not include tournaments, invitationals, or postseason play. All passes are non-transferable and non-refundable. Passes and photo identification must be presented at the gate.

Fall Pass — \$150

Includes all home Football, Flag Football, Soccer and Volleyball games (JV & Varsity)

Individual Fall Sport Passes:

- Football — \$37.50
- Flag Football — \$45.00
- Volleyball — \$67.50
- Soccer — \$37.50

Winter Pass — \$75.00

Includes all home Basketball games (F, JV & Varsity)

Individual Winter Sport Passes:

- Basketball — \$75.00

Spring Pass — \$75.00

Includes all home Baseball and Softball games (JV & Varsity)

Individual Spring Sport Passes:

- Baseball — \$40
- Softball — \$40

Year-Long Pass — \$275

Includes all high school sports (excluding cross country, wrestling, and track & field)

All Access Pass — \$450

Includes all high school and junior high sports, including cross country, wrestling, and track & field

Coaches Passes— Complimentary

- Each Head, Assistant, and Volunteer Coach will be issued one All Access Pass pending Athletic Office approval.
- Coaches may be issued sport-specific passes for immediate family members pending Athletic Office approval.

BOOSTER CLUB GUIDELINES

Booster organizations exist to support Page Athletics through volunteerism, fundraising, and positive community engagement.

Booster Clubs:

- May not influence or direct technical coaching decisions or district policy.
- May not operate without approval from the Athletic Department.
- Must adhere to the Page Unified School District Parent Support Organization Handbook.
- Principals, teachers, and coaches may serve in advisory roles only and may not hold officer or board positions.

All fundraising efforts must align with district procedures and financial oversight requirements.

SCHEDULING AUTHORITY & PRIORITIES

The Athletic and Events Director, or their designee, holds sole authority over scheduling all athletic contests and activities.

Coaches and sponsors may not schedule or alter contests without prior approval.

Scheduling decisions are guided by the following priorities:

- Minimize loss of instructional time
- Competitive balance and program development
- Travel distance and cost efficiency
- Community interest and event coordination

High School master schedules operate under the official AIA two-year contract system.

Junior High master schedules are established annually by the NAIC.

Holiday scheduling may be necessary. When events occur during school breaks, participation expectations will be communicated in advance.

MEDIA, PHOTOGRAPHY & LIVESTREAMING GUIDELINES

Page Athletics supports positive media coverage and community engagement while protecting student privacy and program integrity.

The following guidelines apply:

- Postseason media rights are governed by AIA regulations.
- Unauthorized broadcasting or livestreaming of contests may be restricted.
- Media access must be approved by the Athletic Director.
- Students and spectators may not interfere with competition for the purpose of photography or recording.
- Locker room recording is strictly prohibited.
- All media content should reflect the Sand Devil Way and uphold sportsmanship standards.

The district reserves the right to restrict media access when necessary to protect student safety and compliance with governing body regulations.

COACH & VOLUNTEER CLEARANCE REQUIREMENTS

All coaches and volunteers must complete the official Page Unified School District clearance process prior to participating in any capacity with a team.

No individual may:

- Coach
- Assist in practices
- Provide instruction
- Supervise athletes
- Travel with a team
- Be present in locker rooms
- Participate in team meetings

unless they are formally approved by the district.

Clearance Process

Approval from the Head Coach is the first step in the process; however, coach approval alone does not authorize participation.

All coaches and volunteers must:

- Submit required district employment or volunteer documentation
- Complete background screening
- Receive Governing Board approval (when required)
- Complete required training (CPR/AED, heat illness, concussion education, etc.)
- Be officially listed as board-approved personnel

Only after all district requirements are completed may the individual begin participation.

- Immediate removal from participation
- Program discipline
- Possible cancellation of contests if AIA violations occur

Page Athletics prioritizes student safety and district compliance over convenience.

SECTION 4- PARTICIPATION REQUIREMENTS & ELIGIBILITY

CLEARANCE PROCESS

Families are responsible for disclosing all previous school enrollment and athletic participation history during the clearance process. Failure to provide accurate information may result in loss of eligibility under AIA transfer rules.

Students may not participate in tryouts, practices, or competitions until fully cleared through the Athletic Office.

Page Unified School District utilizes **FinalForms** as its online eligibility platform. All required documents must be submitted and approved prior to participation.

The Clearance Card issued by the Athletic Office verifies that all eligibility requirements have been met. Coaches must have clearance confirmation before allowing participation.

Students may not:

- Participate without clearance
- Begin a second sport until cleared from the previous sport
- Participate in graduation ceremonies until all fines and equipment obligations are resolved

If a student-athlete quits a team mid-season, they are not eligible to participate in the next sport season unless approved through an appeals process.

REQUIRED ELIGIBILITY DOCUMENTATION

The following must be submitted and approved in FinalForms before participation:

- Physical Evaluation (dated on or after May 1 of the previous school year; completed annually)
- Brainbook Concussion Education Certificate (one-time requirement)
- Opioid Education Certificate (one-time requirement)
- Annual Student-Athlete Eligibility Forms (completed each school year)
- Proof of Health Insurance
- Athletics Fee: \$30 per sport

No student may practice, try out, or compete without full approval.

ENROLLMENT REQUIREMENTS

To be eligible for AIA or NAIC competition, students must:

- Be enrolled full time (grades 6–11)
- Meet all district attendance standards
- Meet academic eligibility requirements

Home-schooled students may participate with verification from the County School Superintendent in compliance with A.R.S. §15-802.01.

Online charter school students are not eligible to participate in PUSD athletics per district policy and AIA Bylaw 15.3.1.2.

HIGH SCHOOL ELIGIBILITY RULES (AIA)- Page High School adheres to AIA Constitution Article 15.

Age Rule

- A student who turns 19 after September 1 is eligible for that school year.
- A student who turns 19 on or before September 1 is not eligible.

Domicile Rule

Students are eligible only at the school in the district where their parents/legal guardians are domiciled unless granted eligibility through AIA procedures.

Guardianship

A court-appointed legal guardian may petition the AIA for eligibility. Power of Attorney does not establish eligibility.

Semester Rule

After first enrollment in 9th grade:

- Maximum of eight consecutive semesters
- Maximum of four seasons per sport

Exceptions must be petitioned through the AIA- please contact the Athletic Director for more information regarding appeals.

NAIC JUNIOR HIGH SCHOOL ELIGIBILITY RULES (NAIC)

Age Rule

- A student who turns 15 after September 1 is eligible for that school year.
- A student who turns 15 on or before September 1 is not eligible.

There is no transfer restriction at the junior high level provided the student is enrolled within the first 14 days of the semester and meets all other eligibility criteria.

TRANSFER RULES

After enrolling and attending one or more classes, a student transferring schools is subject to AIA transfer regulations.

In-State Transfers:

- Ineligible for the first 50% of allowable regular-season contests in sports participated in during the previous 12 months.
- Individual sports: 50% of allowable competitions.
- Transfers during season: Ineligible for one calendar year.
- Subsequent transfers: Ineligible from date of first attendance at new school.

All transfer situations are subject to AIA review and approval.

NAME, IMAGE & LIKENESS (NIL) GUIDELINES (AIA COMPLIANT)

Page High School adheres to all Arizona Interscholastic Association (AIA) policies regarding Name, Image, and Likeness (NIL).

Student-athletes may engage in NIL activities provided they comply with AIA bylaws and district policies.

NIL Activities Must:

- Not use school intellectual property (logos, uniforms, facilities) without written district approval.
- Not conflict with team obligations, practices, competitions, or academic responsibilities.
- Not involve prohibited industries (including alcohol, tobacco, vaping, gambling, controlled substances, or adult content).
- Not create a conflict of interest with existing school sponsorship agreements.
- Not imply school endorsement unless formally approved.

Student-athletes are solely responsible for:

- Tax implications
- Contractual obligations
- Compliance with AIA rules

The Athletic Director must be notified in writing prior to any NIL agreement being finalized. Failure to comply with AIA NIL guidelines may result in loss of eligibility.

Amateur Status & Athletic Compensation

Student-athletes must maintain amateur status as defined by AIA bylaws.

Student-athletes may not:

- Accept payment for athletic performance
- Receive improper recruiting inducements
- Enter into agreements that violate AIA eligibility standards

Violations may result in immediate ineligibility.

OUTSIDE TEAMS, CLUB & AAU PARTICIPATION

Participation on outside club or travel teams:

- Does not guarantee placement on a school team
- May not interfere with in-season school team commitments
- Must comply with AIA out-of-season and dead period regulations

School team commitments take precedence during the official season of sport. Outside coaches may not influence roster decisions.

ACADEMIC ELIGIBILITY REQUIREMENTS

To participate in extracurricular activities (including athletics, band, drama, CTE, clubs, and AIA/NAIC events), a student must:

- Earn a “C” (70%) or higher in all classes at bi-weekly grade checks.
- Be enrolled full time.

Students taking fewer than five classes are not eligible for AIA/NAIC competition but may participate in certain school-sponsored clubs.

Home-school students must submit academic progress verification every three weeks.

GRADE CHECK PROCESS

Grade checks occur every three weeks.

Week 1

- Grade checks will be given to the student-athletes and complete the instructions on the form.
- **Students are still eligible to practice and compete.**
- Once grades reach 70% or higher, students must notify the Athletic Office.

Week 2

- **Students are eligible to practice but cannot compete.**
- Students must be working on their academics with their teachers.
- Must notify the Athletic Office once grades reach 70% or higher- eligibility is restored immediately upon clearance.

Week 3

- **Students are not eligible to attend practice and are not eligible to compete.**
- Students must attend tutoring after school every day.
- Students must check-in with the Athletic Office.

Week 4/ Week 1

- Grade checks will be given to the student-athletes.
 - If a student is still ineligible from the previous grade check period, they will be removed from the team.

If a student remains ineligible at the end of first semester, they may not participate in competitions over Winter Break.

ATTENDANCE REQUIREMENT FOR PARTICIPATION

- Student-athletes must be present for the entire school day to practice or compete.
 - Any absence (UNV) or (VER) results in ineligibility for that day.
 - Any extra-tardies (XTDY) will result in a reduction of participation for that day.
 - Absences must be excused (EXC) with a doctor’s note, or on-campus (ONC).
 - Students suspended from school (ISS or OCS) may not participate in practices or competitions.
- For non-school-day contests, students must have attended the full school day prior.

LOSS OF ELIGIBILITY & APPEALS

Failure to meet academic, behavioral, or administrative requirements may result in suspension or removal from participation.

The Athletic and Events Director reserves the right to review eligibility decisions and convene an appeals committee when appropriate.

PLAYING AT THE NEXT LEVEL (NCAA/NAIA RESOURCES & RECRUITING GUIDELINES)

Page Athletics supports student-athletes who aspire to compete collegiately. However, earning the opportunity to play at the collegiate level requires:

- Academic excellence
- Athletic performance
- Character and leadership
- Proactive communication

Recruiting is earned, not guaranteed.

NCAA / NAIA Eligibility Basics

Student-athletes interested in competing at the collegiate level should:

- Register with the NCAA Eligibility Center (Division I & II)
- Maintain required core-course GPA
- Meet standardized test requirements (if applicable)
- Track core-course completion with school counselors
- Register with NAIA Eligibility Center (if applicable)

Families are responsible for:

- Understanding eligibility timelines
- Monitoring academic progress
- Communicating with coaches and counselors

The Athletic Department provides guidance but does not manage recruitment or eligibility certification.

Recruiting Expectations

Student-athletes seeking recruitment opportunities should:

- Maintain strong academic performance
- Demonstrate leadership and sportsmanship
- Create highlight film (when appropriate)
- Communicate directly with college coaches
- Use social media professionally

College coaches evaluate character as much as talent.

Disciplinary history, social media behavior, and academic standing directly impact recruitment opportunities.

Important Reminder

Participation in high school athletics does not guarantee college recruitment or scholarships.

Scholarships are competitive and limited.

Page Athletics is committed to developing student-athletes for life, whether that includes collegiate competition or not.

SECTION 5- IN SEASON EXPECTATIONS

Participation in Page Athletics requires commitment, discipline, and accountability. In-season expectations are designed to protect instructional time, promote competitive excellence, and uphold the Sand Devil Way.

Athletics is a privilege. In-season standards reflect that privilege.

CLASS ATTENDANCE EXPECTATION

Student-athletes are students first.

- Athletes must attend all scheduled classes daily.
- Any student marked UNV (unverified absence) during any class period is ineligible for practice or competition that day.
 - Absences must be verified (VER), excused (EXC), or on-campus (ONC).
 - Students must attend the entire school day in order to compete.
 - If competition occurs on a non-school day, the student must attend the full school day prior.
 - Students serving suspension (ISS or OSS) may not participate in contests and may have additional consequences per the Code of Conduct.

Failure to meet attendance expectations jeopardizes eligibility.

CONFLICTS WITH CO-CURRICULAR ACTIVITIES

Students may participate in multiple activities, but conflicts are inevitable.

- AIA-sanctioned competitive events take precedence over other school-sponsored activities.
- Students are responsible for communicating conflicts in advance.
- Sponsors and coaches will work collaboratively to resolve conflicts when possible.
- If resolution cannot be reached, the student makes the final decision.
- Students will not be penalized for their choice.
- However, missed time may require the student to re-earn their position.

Participation requires responsible communication.

MAKE-UP WORK EXPECTATIONS

When an absence is due to a school activity:

- All work due on the day of departure must be completed prior to leaving.
- Work assigned during the absence must be completed upon return.
- Student-athletes are responsible for proactive communication with teachers.

PRACTICES

Practice Schedules

Practice times and facility assignments are determined by the Athletic and Events Director in coordination with coaching staff.

- Practices will not begin before 3:55 PM on school days.
- Practice schedules will be distributed by the coaching staff.
- Saturday practices may be held in accordance with AIA guidelines.
- Sunday practices, meetings, or team events are not permitted per AIA Bylaw 14.2.1.

Junior High practices may be held Fridays or Saturdays at the discretion of coaches but may not be mandatory for students living out of town where travel is unsafe.

Practice Session Guidelines

Coaches are responsible for all practices and must:

- Be board-approved and present at all sessions.
- Operate under a prepared practice plan.
- Document safety instruction as applicable to the sport.

Practice Duration

High School:

- Maximum 2.5 hours per session.
- If longer than 2.5 hours (when no school is in session), a mandatory 60-minute non-sport break is required.
- Parent notification is required for extended practices.

Junior High:

- Maximum 2.5 hours.
- No double sessions.
- No extended practices permitted.

Required practice sessions before competition

High School:

- 8 practice sessions required before first competition (unless transitioning from another sport).

Junior High:

- 8 practice sessions required before the first competition.

Football and soccer must comply with AIA Heat Acclimatization and Contact Rule protocols.

Holiday Practice Expectations

High School Varsity teams are expected to:

- Practice/play at least 2 days over Thanksgiving Break
- Practice/play at least 7 days over Christmas Break
- Practice/play at least 4 days over Spring Break

JV, Freshman, and Junior High practices over breaks are encouraged but not mandatory.

Students lacking transportation may not be removed from teams for missing Saturday or holiday practices.

TRANSPORTATION EXPECTATIONS

Late Bus

- Students must be on the late bus pass list to ride.
- Only approved riders may ride.
- All bus conduct rules apply- late bus privileges may be revoked for misconduct.

If a coach causes a student to miss the bus, the coach must transport the student using a district vehicle. Personal vehicles may not ever be used to transport a student.

If the student is at fault, transportation is the family's responsibility.

TRYOUTS, CUTS & SELECTION

For sports requiring roster reductions:

- Coaches must provide written tryout rubrics before tryouts begin.
- Tryouts will occur within the first 4 days of the season.
- Student-athletes must receive at least 2 days of evaluation.
- All final roster decisions must be made during the official tryout period.

When a student is cut:

- A meeting must be held.
- Coaches must explain deficiencies and provide development feedback.

Students may not be prohibited from making a team based on:

- Failure to participate in summer programs.
- Grades earned prior to tryouts.

Selection decisions must be based on tryout evaluation only.

USE OF ATHLETIC EQUIPMENT

Issued equipment and apparel are to be used only for team practices and competitions unless approved otherwise.

Students are responsible for:

- Proper care of issued items
- Not exchanging equipment without coach approval
- Returning all items at season's end

Loss of District Equipment

Lost or damaged equipment must be paid for by the student-athlete.

Equipment records must be maintained by the head coach.

Athletes will not be cleared for:

- Another sport
 - Graduation
- until all equipment is returned or paid for.

AWARDS & LETTERING CRITERIA

Junior High / Freshman / Junior Varsity

- Completion of season
- Recommendation by coach
- Certificate awarded

Varsity Letter

- Completion of season
- Meets program criteria
- First varsity letter includes symbol and bar
- Subsequent letters earn additional bars

Students may letter up to four times but receive one varsity letter.

3-Sport, 4-Year Award

Students competing in 3 sports for 4 consecutive years will receive senior recognition.

SECTION 6- CODE OF CONDUCT & DISCIPLINE

Participation in Page Athletics is a privilege. Student-athletes are expected to uphold the highest standards of behavior on campus, off campus, online, and while representing Page Unified School District.

In addition to district policies and AIA regulations, all student-athletes are held to the standards outlined in this section.

Failure to meet these expectations may result in disciplinary consequences up to and including removal from participation.

SAND DEVIL CODE OF CONDUCT

As representatives of Page High School, student-athletes are expected to:

- Demonstrate integrity and respect at all times
- Uphold the Sand Devil Way- Be Kind, Get Involved, Work Hard
- Follow all school rules and district policies
- Accept coaching and correction with maturity
- Exhibit sportsmanship toward opponents, officials, and fans
- Represent Page positively in the classroom, community, and online

Athletes are responsible for their conduct year-round, not just during their competitive season.

EXTRACURRICULAR DISCIPLINE LEVELS

Level 1 - Minor Violations

Examples:

- Tardiness
- Minor team rule violations
- Equipment issues
- Non-severe Student Handbook violations

Consequences:

Determined by coach/sponsor. May include:

- Verbal warning
- Sitting out a portion of a contest
- Additional assignments
- Temporary role reduction

Level 2- School-Based Discipline

Offenses:

- First Out-of-School Suspension (OSS)
- Off-campus suspension
- First documented tobacco/nicotine violation
- First documented social media violation

Consequences:

- Suspension from 10% of contests
OR
- 6 hours of community service (as determined)
- Student must attend practice (except during ISS/OSS days)

Level 3- Serious Violations

Offenses:

- First documented alcohol or drug violation (possession or use)
- Second OSS placement
- Second tobacco/nicotine violation
- Second social media violation
- First hazing/bullying/intimidation violation

Consequences:

- Suspension from 25% of contests
- 10 hours of community service
- Mandatory attendance at all practices during suspension
- Possible counseling requirement

Suspensions carry over into future sports or school years if not completed.

Level 4- Major Violations

Offenses:

- Second alcohol or drug violation
- Second hazing/bullying violation
- Third tobacco violation
- Third social media violation
- Behavior resulting in expulsion

Consequences:

- Suspension from all extracurricular activities for one calendar year
- Practice participation may be allowed after meeting with Athletic Director

Level 5- Severe Violation

Offenses:

- Third alcohol or drug violation

Consequences:

- Suspension from all extracurricular activities for the remainder of high school career (Junior high offenses may reset upon entry into high school- see Athletic Director.)

EJECTIONS (AIA COMPLIANT)

Non-Fighting Ejection - First Offense

- Ineligible for next contest
- Must complete NFHS Sportsmanship Course

Second Offense:

- Ineligible for next two contests

Third Offense:

- Season termination

Fighting Ejection

Student-Athlete:

- Suspension from 2 contests (most sports)
- Suspension from 3 contests (baseball, basketball, softball, volleyball)
- Must complete NFHS Sportsmanship Course

Coach:

- Season termination for fighting or flagrant contact with official

SPECTATOR CONDUCT & EJECTIONS (AIA COMPLIANT)

Page Unified School District adheres to all Arizona Interscholastic Association (AIA) spectator conduct policies.

Spectators are expected to:

- Demonstrate sportsmanship at all times
- Respect officials, athletes, coaches, and event staff
- Follow site supervision and administrative direction
- Refrain from abusive, threatening, or disruptive behavior

Spectator Ejection Procedures

If a spectator is ejected from a contest:

- The individual must leave the premises immediately.
- Law enforcement may be involved if necessary.
- The ejection will be reported to school administration.

In accordance with AIA guidelines:

- An ejected spectator may be suspended from attending future contests.
- The suspension length may include the next home contest or additional events as determined by administration.
- Repeated offenses may result in longer-term attendance restrictions.

Failure to comply with an ejection directive may result in trespassing consequences.

Zero-Tolerance Areas

The following behaviors may result in immediate removal:

- Confronting officials
- Entering the playing surface
- Profanity directed at participants
- Threatening gestures or language
- Inciting conflict in the stands

Game administrators have full authority to enforce spectator removal.

HAZING PREVENTION POLICY

Page Athletics maintains a zero-tolerance policy toward hazing.

Hazing is defined as any act that:

- Causes physical or emotional harm
- Involves humiliation, degradation, or coercion
- Is used as a condition of team membership

Consent does not make hazing permissible.

This policy applies to:

- Practices
- Competitions
- Travel
- Camps
- Off-season activities
- Digital communication

Reports may be made to:

- Athletic Director
- Coach
- Administrator
- StopIt App (anonymous reporting)

Retaliation for reporting is strictly prohibited. Confirmed hazing violations are subject to Level 3–5 consequences.

VIOLENCE, HARASSMENT, INTIMIDATION & BULLYING POLICY

Page Athletics prohibits:

- Physical aggression or threats
- Verbal harassment or slurs
- Cyberbullying
- Intimidation based on status or seniority
- Social exclusion or public humiliation
- Retaliation

This applies in person and online. All reports will be investigated promptly.

SOCIAL MEDIA POLICY

Student-athletes are public representatives of Page Athletics. There is no expectation of privacy on social media.

Prohibited online behavior includes:

- Hate speech
- Sexually explicit content
- Cyberbullying
- Criticizing coaches or teammates publicly
- Trash-talking opponents
- Posting illegal or dangerous behavior
- Sharing team strategy or confidential information

Positive social media use is encouraged to:

- Promote team culture
- Build personal brand responsibly
- Celebrate teammates
- Represent Page with pride

Violations fall under Levels 2–4 discipline depending on severity.

ADMINISTRATIVE AUTHORITY

The Athletic and Events Director reserves the right to:

- Review any violation
- Modify consequences based on circumstances
- Convene an appeals committee
- Enforce discipline in the best interest of student safety and program integrity

Not all violations can be anticipated or listed. Behavior will be evaluated within the framework of district policy, AIA regulations, and the Sand Devil Way.

SECTION 7 - PARENT & GUARDIAN EXPECTATIONS

Athletics is a partnership between student-athletes, coaches, families, and the school. Page Athletics believes strong programs are built when adults model respect, composure, and accountability.

Parents and guardians are essential to the success of our programs. The following expectations outline how families can positively support the Sand Devil Way.

PARENT CODE OF CONDUCT

As a Page Unified School District parent/guardian, I agree to:

Support My Student-Athlete

- Encourage effort, growth, and character above wins and statistics.
- Help my students take ownership of attendance, attitude, and accountability.
- Ensure my student arrives on time and properly equipped.
- Allow my students to advocate for themselves and communicate directly with coaches.

Athletics is a learning environment. Growth happens when students learn to navigate challenges independently.

Respect Coaches and Program Leadership

- Trust coaches to make decisions in the best interest of the team.
- Refrain from coaching from the stands, sidelines, or through text/social media.
- Avoid public criticism of coaches, athletes, officials, or the program.
- Understand that playing time and position decisions are made at the coach's discretion.

Coaches are hired and evaluated by the district and Athletic Director. Program decisions are not made by public vote.

Promote Good Sportsmanship

- Model respect toward officials, opponents, and spectators.
- Refrain from confronting officials before, during, or after contests.
- Avoid hostile or disruptive behavior at events.
- Demonstrate pride and composure, regardless of outcome.

Our athletes become what they see modeled.

Use Social Media Responsibly

- Do not post negative, harmful, or disrespectful comments about players, coaches, officials, or opponents.
- Avoid engaging in public debates regarding team decisions.
- Recognize that online behavior reflects on your student and the program.

Social media conflicts damage team culture and athlete development.

Follow the Chain of Command

If concerns arise:

1. Encourage your student-athlete to speak directly with the coach first.
2. If resolution is not reached, request a scheduled meeting with the coach.
3. If still unresolved, contact the Athletic Director.

Concerns should never be addressed:

- During games
- Immediately after contests
- In parking lots
- Through group texts or social media threads

Professional conversations occur at scheduled times in appropriate settings.

COMMUNICATION EXPECTATIONS

The following topics are appropriate for parent-coach communication:

- Athlete health and safety
- Academic concerns
- Clarification of team expectations
- Scheduling conflicts

The following topics are not appropriate:

- Playing time
- Team strategy
- Position assignments
- Other student-athletes

These decisions fall under coaching discretion.

CONSEQUENCES FOR PARENT CONDUCT

The Athletic Department reserves the right to enforce consequences for violations of the Parent Code of Conduct, including:

- Verbal warning
- Written warning
- Removal from event
- Temporary suspension from attending contests
- Long-term revocation of attendance privileges

Severe or repeated misconduct may result in the student-athlete facing team consequences if behavior significantly disrupts the program environment.

Page Athletics will not tolerate behavior that negatively impacts student safety, team culture, or school reputation.

PARTNERSHIP COMMITMENT

By signing this handbook, parents acknowledge:

- They have read and understood expectations.
- They support the Sand Devil Way.
- They agree to model Be Kind, Get Involved, and Work Hard.

Strong programs require strong adults.

SECTION 8- TRAVEL POLICIES & EXPECTATIONS

Travel is an extension of the classroom and the competitive arena. Student-athletes represent Page Unified School District, their families, and the Sand Devil Way whenever they leave campus for competitions.

All travel policies are designed to ensure safety, supervision, accountability, and program integrity.

TRANSPORTATION REQUIREMENTS

All student-athletes and coaches must travel to and from out-of-town contests using district-provided transportation.

This includes:

- School buses
- District-approved vehicles

Exceptions are rare and must meet district guidelines.

TRAVEL EXCEPTIONS

Exceptions to district transportation may only be granted under extreme circumstances such as:

- ACT/SAT testing
- Medical appointments
- Family emergencies

All travel exceptions must:

- Be requested in writing
- Be submitted at least 24 hours in advance
- Be approved by the Athletic and Events Director or designee

Approval is not guaranteed.

CHECK OUT PROCEDURES (RETURNING FROM AWAY EVENTS)

A student may only leave with:

Parent or Legal Guardian

- Must sign the student out directly with the coach.
- Failure to sign out properly will result in the athlete missing the next contest.

Another Approved Adult (Age 21+)

- Parents/guardians must provide written permission before the team leaves Page.
- Permission will be verified by the Athletic Office.
- A government-issued photo ID is required at checkout.
- If verification cannot be completed, the student must return with the team.

Once signed out, the student may not rejoin the team unless pre-approved in advance.

SUPERVISION & CONDUCT DURING TRAVEL

While traveling, student-athletes:

- Remain under school supervision at all times.
- Must stay with the team unless approved otherwise.
- Must follow all school and bus conduct rules.
- Must dress in accordance with the school dress code (unless team dress is designated).
- Must represent Page with professionalism and maturity.

Any violation of supervision expectations may result in disciplinary consequences and loss of participation privileges.

OVERNIGHT STAYS

Overnight lodging will be provided when:

- Departure is required before 4:30 AM
- OR
- One-way travel exceeds 6.5 hours for a double-header

The district determines lodging arrangements.

If leaving the day prior to an event does not cause loss of instructional time and boosters/club funds are available, early departure may be requested and approved.

Overnight Expectations

- Coaches will communicate room assignments and curfews.
- Students must remain in assigned rooms after curfew.
- No room changes without coach approval.
- No unauthorized visitors.

Students are responsible for:

- Respecting hotel property
- Following all behavioral expectations
- Maintaining appropriate noise levels

Violations may result in the student being sent home at the family's expense and possible suspension from participation.

FINANCIAL RESPONSIBILITIES

If a student-athlete is removed from a trip due to misconduct:

- Transportation home is the responsibility of the parent/guardian.
- Any damages to hotel property or facilities must be paid for by the student/family.

TRAVEL & SAFETY AUTHORITY

Coaches and the Athletic Director have full authority over:

- Room assignments
- Curfew times
- Behavior expectations
- Travel itinerary changes
- Safety decisions (including weather delays or route changes)

All travel decisions are made in the best interest of student safety and district compliance.

REPRESENTATION OF PAGE ATHLETICS

Travel provides opportunities to compete, but also to lead.

Student-athletes are expected to:

- Show gratitude toward host schools
- Demonstrate sportsmanship
- Keep facilities clean
- Support teammates
- Uphold the Sand Devil Way in every environment

SECTION 9- SPORTS MEDICINE & ATHLETE SAFETY

The health and safety of student-athletes is the highest priority of Page Unified School District Athletics. Participation in athletics involves inherent risk, and appropriate medical oversight, reporting procedures, and return-to-play protocols are essential.

Page Unified School District follows all Arizona Interscholastic Association (AIA) sports medicine bylaws.

SPORTS MEDICINE COVERAGE

Each high school athletic program is supported by:

- A Certified Athletic Trainer (ATC)
- An assigned team physician (external healthcare provider)

Junior high programs receive sports medicine support from high school athletic training staff. Athletic Trainers are the primary medical authority during practices and competitions.

INJURY REPORTING

All student-athletes must report injuries immediately to:

- The Athletic Trainer
OR
- The Head Coach (who will notify the Athletic Trainer)

Failure to report an injury may result in delayed care and possible restriction from participation.

DOCTOR/HOSPITAL VISITS & MEDICAL CLEARANCE

If a student-athlete visits a doctor or healthcare provider for any reason (athletic or non-athletic), the following applies:

- A written clearance note must be submitted to the Athletic Trainer.
- The athlete may not return to practice or competition until cleared.
- Clearance must come from an AIA-recognized healthcare professional.

AIA-Recognized Providers Include:

- Physician (MD or DO)
- Licensed Nurse Practitioner
- Physician's Assistant
- Naturopathic Physician
- Certified Chiropractic Sports Physician

Healthcare providers not recognized by AIA may not clear an athlete unless clearance is first provided by the attending physician.

When traveling, temporary clearance notes (e.g., soft cast, skin conditions) must be provided to the coach and then returned to the Athletic Trainer when no longer needed.

MEDICATION POLICY

Coaches and Athletic Trainers may not administer medication except in emergency situations.

Rules:

- Prescription medication (e.g., inhalers, EpiPens) must be registered with the Athletic Trainer.
- Medication must be prescribed specifically to the student.
- No student may use another student's medication.
- Over-the-counter medication may not be distributed by coaches or Athletic Trainers.
- OTC medications should not be placed in medical kits.

Unauthorized medication will be removed and secured.

RETURN TO PARTICIPATION AFTER INJURY

Return-to-play decisions are determined as follows:

If treated only by Athletic Trainer:

- Athletic Trainer determines return timeline.

If evaluated by physician:

- Physicians must provide written clearance.
- Athletic Trainer oversees graduated return progression.

If student independently seeks outside care:

- Clearance documentation must be provided before returning.

At no time may a coach override medical clearance decisions.

CONCUSSION POLICY (AIA COMPLIANT)

Page Unified School District adheres to AIA concussion protocols addressing:

1. Concussion Education
2. Removal from Play
3. Return to Play

Concussion Education

All student-athletes must:

- Complete Brainbook online concussion course (one-time requirement)
- Submit signed acknowledgment prior to participation

Removal from Play

An athlete may be removed from play by:

- Athletic Trainer
- Coach
- Official
- Parent
- Healthcare provider

If concussion is suspected:

- Athlete must be removed immediately.
- Athlete may not return the same day.
- Only an appropriate healthcare professional may refute diagnosis.

Evaluation & Monitoring

- Baseline testing conducted prior to season (ImPACT or SCAT5).
- Daily symptom monitoring during recovery.
- Clinical evaluation required before progression.

Return to Play Protocol

Return to play follows a minimum 5-day stepwise progression after medical clearance:

1. Symptom-limited activity
2. Light aerobic exercise
3. Sport-specific exercise (no head contact)
4. Non-contact drills
5. Full contact practice
6. Return to competition

An athlete must return to full academic participation before full athletic return.

RETURN TO LEARN PROTOCOL

Academic recovery is prioritized alongside physical recovery.

Students must be evaluated by a licensed healthcare provider to initiate accommodations.

Phase 1 - No School

- Complete cognitive rest

Phase 2 - Part-Time Attendance

- Reduced workload
- Frequent breaks
- Focus on core subjects

Phase 3 - Full Day with Accommodations

- Gradual workload increase
- Limited testing
- Extended time as needed

Phase 4 - Full Day, No Accommodations

- Normal academic participation

Return to learn may occur in parallel with return to sport but must be completed before unrestricted athletic participation.

EMERGENCY AUTHORITY

During practices, competitions, and travel:

- The Athletic Trainer and coaching staff have full authority to make emergency medical decisions.
- Emergency medical services (EMS) will be activated when necessary.
- Parents/guardians will be notified as soon as reasonably possible.

Student safety supersedes competition.

ENVIRONMENTAL & WEATHER SAFETY PROTOCOLS

Page Unified School District prioritizes student-athlete safety in all environmental conditions. Weather-related decisions will always prioritize health and safety over competition.

The Athletic Trainer and Athletic Director have full authority to suspend, delay, modify, or cancel activities due to environmental concerns.

Competitive importance will never override safety.

Heat & Extreme Temperature Protocol

Page Athletics follows AIA Heat Acclimatization Guidelines for all applicable sports.

- Outdoor practices may be shortened, delayed, or relocated.
- Water breaks will be scheduled regularly.
- Equipment modifications may be required (e.g., helmets only, no pads).
- Athletes are expected to arrive hydrated and prepared.

The Athletic Trainer may modify or stop activity based on temperature, heat index, or athlete condition.

Lightning Policy

At the first sign of lightning or thunder:

- All outdoor activities will be immediately suspended.
- Athletes and staff must seek shelter in a building or enclosed vehicle.
- Activity may not resume until 30 minutes after the last observed lightning strike or thunder.

Air Quality & Wind Conditions

In cases of poor air quality, dust storms, wildfire smoke, or hazardous wind:

- Outdoor activity may be modified, delayed, relocated indoors, or canceled.
- Athletes with respiratory conditions should notify staff in advance.
- The Athletic Trainer may restrict participation based on health risk.

Cold & Inclement Weather

In cases of extreme cold, snow, or unsafe field conditions:

- Practices may be modified or relocated.
- Travel may be delayed or canceled.

Safety supersedes schedule.

Travel & Weather Safety

If weather conditions impact travel:

- Departure times may change.
- Events may be postponed or canceled.
- Overnight accommodations may be extended if necessary.

No team will travel if conditions are deemed unsafe.