



CHRISTIAN BROTHERS ACADEMY

Department of Athletics
850 Newman Springs Road
Lincroft, NJ 07738
Phone: (732) 747-1959
www.LetsGoColts.com

Dear Colts Families:

On behalf of the CBA Athletic Department, I would like to welcome you and your son to the community of Christian Brothers Academy! In staying true to the Lasallian principles of educating the mind, body, and spirit, athletics at CBA play a critical role in molding well-rounded young men who are prepared for college and the world that lies beyond. As new students, I strongly encourage you to consider athletic participation for the 2026-27 year. Athletics are a valuable part of the CBA education, teaching students about physical effort, leadership, cooperation, and brotherhood.

We offer twenty interscholastic and three intramural sports programs over the course of the school year, broken up into three athletic seasons (fall, winter, and spring). Many of our sports programs offer Freshman and Junior Varsity levels, giving added opportunity for participation. This variety of sports and lower levels gives nearly every student an opportunity to participate in athletics. Please see below for more information concerning the sports programs we offer and our registration process.

<u>FALL</u>	<u>WINTER</u>	<u>SPRING</u>
Crew	Basketball	Baseball
Cross-Country	Bowling	Crew
Rugby (7's)	Fencing	Golf
Sailing	Ice Hockey	Lacrosse
Soccer	Indoor Track & Field	Outdoor Track & Field
	Swimming	Rugby (15's)
	Wrestling	Sailing
		Tennis
		Volleyball
Weightlifting and Powerlifting (throughout the year)		

ATHLETIC REGISTRATION & MEDICAL REQUIREMENTS

1. All students must have a current physical (after 6/1) on file with the CBA nurse, by **August 3, 2026**
2. All students wishing to participate in athletics **must** complete the online registration process with their legal guardian within the dates listed below, at www.LetsGoColts.com/athleticregistration.
 - a) Fall Sports - **June 15, 2026 - August 3, 2026**
 - b) Winter Sports - **September 28, 2026 - November 2, 2026**
 - c) Spring Sports - **January 25, 2027 – March 1, 2027**
3. Please note that submission of forms does not guarantee clearance.
4. Once a student-athlete is registered and cleared for participation, they are eligible to attend team tryouts. Please see below for freshmen tryout information.

Be sure to visit our website, www.LetsGoColts.com for more detailed information on CBA Athletics, and follow us on X (@CBAColts) and Instagram (@CBAColts) to keep up with all the action!

Let's Go Colts!

Nicholas Mariniello
Director of Athletics

FALL SPORTS INFORMATION

FALL TRYOUT START DATES:

Freshman Soccer Tryouts	Monday, 8/17
Freshman Rugby Tryouts	Monday, 8/17
Freshman Crew Tryouts	Monday, 8/17
Freshman Cross Country	Tuesday, 9/8
Freshman Sailing Meeting	Wednesday, 9/2

Cross Country: The first official practice begins on Tuesday, September 8th after school. OPTIONAL practice with our Brothers Track Club Team begins July 1st and will run through August. In July, practice begins at 7:00 AM and is held at Holmdel Park on Wednesdays. On Mondays and Fridays at CBA. In August, practice begins at 7:00 AM and is held at Holmdel Park on Mondays and Fridays, and at CBA on Wednesdays. The Heath Freshmen run is September 3rd at CBA. Before joining us, please contact CBA head coach Sean McCafferty for direction smccafferty@cbalincroftnj.org .

Soccer: Freshman students wishing to try-out for soccer should report on Monday, August 17th. Tryouts will start at 4:30 PM and will end at 6:00 PM during the week of Monday 8/17/26 - Friday 8/21/26. OPTIONAL training sessions will be held this summer through Blue and White Soccer starting June 25th on Thursday evenings from 6:00 PM - 8:00 PM at the CBA soccer Turf complex visit www.blueandwhitesoccer.com for registration details. Any additional questions should be directed to CBA head coach Tom Mulligan at tmulligan@cbalincroftnj.org .

Freshman Crew: Tryouts will be conducted on Monday August 17th and Tuesday August 18th, on campus in the Hennessy Rowing Center (the barn across from the main entrance). Tryouts will run from 4:00PM to about 6:00 PM. The overwhelming majority of athletes who try out for crew at CBA have no prior experience in the sport. If you have any questions about preparing for crew tryouts or learning about opportunities to give rowing a try over the Summer, please contact CBA head coach Brenin Ford at bford@cbalincroftnj.org .

Sailing: While there is no official CBA Sailing summer training, nearly all varsity sailors will participate in a summer sailing program, including those at sailing & yacht clubs in both Monmouth and Ocean Counties. It is recommended that interested incoming freshman sailors enroll in an Advanced Session and sail a Club 420. A mandatory tryout meeting will take place at CBA on Wednesday, September 2nd at 12:45 PM for anyone interested in trying out for the sailing team. The on-water tryout will begin after school on Tuesday, September 8th. Any additional questions regarding summer sailing and preparation for the varsity tryout should be directed to CBA head coach Jason Lutz at jason.lutz@cbalincroftnj.org.

Freshman Rugby: Tryouts begin on Monday, August 17th, at CBA from 9:30 AM - 11:30 AM, with practice starting the next day each evening from 6:00 PM - 7:30 pm. The team will be training all summer long with Coach Moroney, including skills and fitness work on the beach and pre-season camps later in the summer. Please note that joining the team requires fitness and athletic development. You can follow Coach Moroney and our current athletes' summer activities at <https://www.instagram.com/thetryzone> and thetryzone.com. If you are interested in participating in the summer activities, don't hesitate to contact Coach Moroney at pmoroney@cbalincroftnj.org.