

JUNE 16th – 29th GRAB & GO

MENU - MSE & BES

Meals provided by: East Stroudsburg Area SD Food Services

Distribution Details: Tuesday & Thursday ONLY: 8:30am–11:30am



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		6/16 BREAKFAST: Pop Tart w/ Juice & Milk LUNCH: Pizza Sweet Garden Peas Diced Pears Milk	6/17 BREAKFAST: Bagel w/ Juice & Milk LUNCH: Hot Dog on a Bun Baked Beans Peach Cup Milk	6/18 BREAKFAST: Pancakes w/ Juice & Milk LUNCH: Yogurt w/Cheese Stick Blueberries Diced Carrots Milk	6/19 BREAKFAST: Breakfast Bar w/Juice & Milk LUNCH: BBQ Cheddar Chicken Wrap Strawberry Cup Green Beans Milk	6/20 BREAKFAST: Banana Bread Slice w/ Juice & Milk LUNCH: Ham & Cheese Sandwich Applesauce Chic Peas Milk
6/21 BREAKFAST: WG Muffin & Crackers w/ Juice & Milk LUNCH: Chicken Salad Sandwich Peach Cup Baby Carrots Milk	6/22 BREAKFAST: Pancake & Sausage Bites w/ Juice & Milk LUNCH: Fish Sticks Golden Corn Diced Peaches Milk	6/23 BREAKFAST: WG Donut Sticks w/ Juice & Milk LUNCH: Hamburger on a Bun Seasoned Peas Mixed Fruit Milk	6/24 BREAKFAST: Breakfast Bar w/ Juice & Milk LUNCH: Hickory Smoked BBQ Rib Sandwich Green Beans Sweet Cherries Milk	6/25 BREAKFAST: Bagel w/ Juice & Milk LUNCH: Grilled Chicken Fajita Wrap w/ Side of Salsa Cranberries Milk	6/26 BREAKFAST: WG Pancakes w/ Juice & Milk LUNCH: Pepperoni & Cheese Sandwich Golden Corn Diced Pears Milk	6/27 BREAKFAST: Blueberry Muffin w/ Juice & Milk LUNCH: Pull Pork BBQ on a Roll Steamed Broccoli Blueberries Milk
6/28 BREAKFAST: Fruit Loop Waffle w/ Juice & Milk LUNCH: Cheeseburger on a Bun Baked Beans Cinnamon Applesauce Milk	6/29 BREAKFAST: French Toast Bites w/ Juice & Milk LUNCH: Chicken Parmesan Wrap Roasted Chic Peas Mixed Berry Cup Milk					

Menu subject to Change

"This institution is an equal opportunity provider"

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