



Harbor Country Day School

TO: All Parents
FROM: Nancy Busa, R.N.
DATE: June 2026
RE: Food Allergies

We, here at Harbor, are fortunate to have so many parents and grandparents who wish to help their children celebrate a special event by bringing in food or baked goods.

However, we also have several students in school with significant allergies to nuts. Briefly stated, a nut-allergic child who is exposed to nuts by touching or handling, or who ingests nuts or nut products is in danger of experiencing anything from hives to a life-threatening anaphylactic allergic reaction requiring emergency medical intervention.

In an effort to maximize our students' safety, I am requesting that **NO NUTS OR NUT PRODUCTS** be used in any foods or baked goods brought to school. In addition, since snacks are eaten in a classroom atmosphere, I would further request that no peanuts or nut products be given as snack food to your children, or used in craft projects brought to school. Exposure to them could potentially lead to a serious problem for the nut-allergic child.

Please feel free to contact me at school with any questions or concerns you might have. I appreciate your understanding and cooperation with this important matter. Our goal is to provide optimal health care and safety for all our students, which can be achieved if we all work together.

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