

2001
SAINT MARY'S COLLEGE HIGH SCHOOL
CROSS-COUNTY

What a year it's been...

Boulets' Kenya special, oatmeal and bagels... bagels... and more bagels; from iron pills to organic liquid iron, water, water, water, dinner with Lori, breakfast with Boulet and lunch with each other, pasta nights, and never enough GU!

9000 feet at Mammoth, The hills of Tilden, the HILLS of Benicia, the hills of Clovis, the hills of Bella Vista, mornings were never too early whether it be the 5:30 departure for Nevada Union or just a wake up call... the heat of Mariner and Benicia... and the warm ups in November becoming longer than our first runs in August.

Wading in ice cold lakes, sock tans, no tans, black toenails, no toe nails, butt lock, hips out of place, blisters here and there, shin splints, sprained ankles, worked on by Chris and some times Donnie. Side cramps... stomach cramps... head aches... Ibuprofen, echinacea, vitamin c and multi-vitamins... ten minutes in the ICE bucket never sounded so good.

The 800's on the windy dirt track of Mammoth High School, loops around Lake Merritt, Wednesdays 7:00 a.m. runs - Tilden or Saint Mary's -, 20 minute tempo run, strides up the backside of Tilden ending with 8 x 200... L.S.D., fartleks, tempo, cool down, intervals at thresh hold pace, repeats, 800's 400's 200's 50's, sprint-float-kicks, race simulations, the Athlete's Prayer ... Monday runs to Chevron, the Friday smoothie relay, sit ups, push ups, race evaluations, visualizations...ZZZZZZzz, stairs with Rogers.

The posters that cheered us on... the coaches – parents - teammates that yelled our names, with each race, win or lose, the lessons we learned; what it meant to be a team.

Why do we run? Because we are excited about the journey, the relationships we build, the family we will become and have become, and the belief that if we can get through these workouts... we can do anything.

MEN'S AND WOMEN'S CROSS-COUNTRY

2001 SCHEDULE

Date	Meet - Invitational	Venue	Time
Aug. 30 (Th)	Time Trial	Tilden, Berkeley	3:30
Sept. 15 (Sa)	Nevada Union Invitational	Grass Valley, Nevada Union	8:00
Sept. 20 (Th)	Piedmont	Tilden, Berkeley	3:30
Sept. 27 (Th)	Albany & Kennedy	Tilden, Berkeley	3:30
Sept. 29 (Sa)	Stanford Invitational	Stanford University	9:45
Oct. 6 (Sa)	Bella Vista Invitational	Sierra College, Rocklin	8:20
Oct. 11 (Th)	Holy Names & Salesian	Tilden, Berkeley	3:30
Oct. 13 (Th)	Crystal Springs Invite	St. Patrick High School	3:30
Oct. 18 (Th)	St. Patrick & St. Joseph	St. Patrick High School	3:30
Oct. 20 (Sa)	Mariner Invitational	Garin Park	9:25
Nov. 1 (Th)	BSAL Championship	Point Pinole	2:00
Nov. 17 (Sa)	North Coast Section Championship	Hayward High School	10:30
Nov. 24 (Sa)	C.I.F. State Championship	Woodward Park, Clovis	9:00

Bay Shore Athletic League
 St. Joseph/Notre Dame - Albany - Piedmont - Salesian
 St. Patrick/St. Vincent - J.F. Kennedy - Holy Names

Men's Head Coach: Mr. Richie Boulet ext. 419
 Women's Head Coach: Mr. Denis Mohun ext. 226

Assistant Coach:	Miss. Darci Kosmal	Athletic Director:	James Lawson
Assistant Coach:	Mr. Jeff Mihaly	Principal:	Kathy McGuire
Assistant Coach:	Miss. Lori Riedy	School Mascot:	Panther
Assistant Coach:	Mr. Jeff Rogers	School Colors	Red and White

Name	Years Running	Elementary School
Senior		
Greg Williams	Fourth Year	King Junior High
Eddie Torres	Fourth Year	Corpus Christi
Bridget Duffy	Fourth Year	Claremont
Rudy Vasquez	Third Year	Corpus Christi
Catherine Mullarkey	Third Year	Saint David
Chelsea Torgersen-Bell	Third Year	Claremont
Amy Brennick	Second Year	School of the Madeleine
Junior		
Daniel Brown	Third Year	Redwood Heights
Michela Chesley	Third Year	Montera
Nicole Shanahan	Third Year	Montera
Phyllis Jeffery	Third Year	East Bay – Science and Arts
Meredith Jones	First Year	Berkeley Montessori
Ricardo Pedro	First Year	St. Elizabeth
Michael Booker	First Year	St. Paul
Sophomore		
Danielle Riccardi	Second Year	School of the Madeleine
Meghan Harrington	Second Year	School of the Madeleine
Adrienne Jacob	Second Year	School of the Madeleine
Caitlin Vavasour	Second Year	Berkeley Montessori
Leslie Fraser	Second Year	Windrush
Matthew Mullarkey	Second Year	Saint David
Jake Texara	Second Year	Saint Augustine
Michael Sun	Second Year	Albany Middle School
Jeanyoung Lee	First Year	East Bay School of the Arts
Bob O’Leary	First Year	Berkeley Pine Circle
Freshmen		
Gabi Rios-Sotelo	First Year	St. Paul Episcal
Nina Kehl	First Year	St. Leo
Sarah Tabor	First Year	St. Paul
Sam Ward	First Year	St. Paul
Marie Perez	First Year	St. Paul
Eugenio Borgerson	First Year	St. Leo
Natasha Matteson	First Year	East Bay School of the Arts
Dillon Lowe	Frist Year	St. John the Baptist
Tamara Montiel	First Year	East Bay School of the Arts
Marco Rodriquez	First Year	St. David
Madeleine Harrington	First Year	School of the Madeleine
Ramine Cromartie-Thornton	First Year	St. Leo
Lauren Gates	First Year	St. Jerome
Philip Riley	First Year	Windrush
Stephanie Harty	First Year	Montera
Emily Olson	First Year	St. John
John Harbo	First Year	School of the Madeleine
Andie Nishita	First Year	East Bay School of the Arts

Team Awards

Varsity Boys

Most Valuable Runner

-Rudy Vasquez-

Most Improved Runner

-Jake Texara-

Rookie of the Year

-Tino Rodriguez-

Varsity Girls

Most Valuable Runner

-Bridget Duffy-

Most Improved Runner

-Amy Brennick-

Rookie of the year

-Gabi Rios-Sotelo-

Junior Varsity Boys

Most Valuable Runner

-Matthew Mullarkey-

Most Improved Runner

-Eugenio Borgerson-

Coaches Award

-John Harbo-

Junior Varsity Girls

Most Valuable Runner

-Emily Olson-

Most Inspirational Runner

-Lauren Gates-

Coaches Award

-Catherine Mullarkey-

Most Improved

-Meghan Harrington-

The Bobby Howe Award

-Bridget Duffy-

ALL LEAGUE HONORS

-Bay Shore Athletic League-

First Team

Bridget Duffy
Rudy Vasquez
Gabi Rios-Sotelo
Tino Rodriguez
Chelsea Torgersen-Bell

Second Team

Nicole Shanahan
Greg Williams
Amy Brennick
Jake Texara
Ramine Cromartie-Thornton

-North Coast Section Championship-

First Team

Bridget Duffy

Second Team

Rudy Vasquez

Honorable Mention

Gabi Rios-Sotelo

-California Interscholastic Federation-

-State Championship-

Bridget Duffy

-EDDIE TORRES-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	3 - 19	11:40 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th	Nevada Union Invite		43 - 57	19:26 - 3.0	Grass Valley, Nevada Union
VAR					
Sept. 20 th	Piedmont	9 - 19	19:02 - 2.95	Tilden, Berkeley	VAR
Sept. 27 th	Albany & Kennedy		5 - 15	19:06 - 2.95	Tilden, Berkeley VAR
Sept. 29 th	Stanford Invite	93 - 168	19:23 - 3.1	Stanford, Palo Alto	VAR
Oct. 11 th	Holy Names & Salesian		6 - 13	19:39 - 2.95	Tilden Park, Berkeley VAR
Oct. 13 th	Crystal Springs Invite	42 - 64	18:37 - 2.95	Crystal Springs, San Mateo	VAR
Nov. 1 st	B.S.A.L. Championship		18 - 39	17:39 - 2.9	Point Pinole, Richmond VAR
Nov. 17 th	N.C.S Championship		63 - 161	17:41 - 3.0	Hayward High School VAR

-RUDY VASQUEZ-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	1 - 19	10:15 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th	Nevada Union Invite		9 - 57	17:01 - 3.0	Grass Valley, Nevada Union
VAR					
Sept. 20 th	Piedmont	2 - 19	17:29 - 2.95	Tilden, Berkeley	VAR
Sept. 27 th	Albany & Kennedy		1 - 15	17:33 - 2.95	Tilden, Berkeley VAR
Sept. 29 th	Stanford Invite	11 - 168	16:51 - 3.1	Stanford, Palo Alto	VAR
Oct. 11 th	Holy Names & Salesian		1 - 13	18:50 - 2.95	Tilden Park, Berkeley VAR
Oct. 13 th	Crystal Springs Invite	12 - 64	16:25 - 2.95	Crystal Springs, San Mateo	VAR
Oct. 18 th	St. Joseph & St. Patrick		1 - 19	17:44 - 3.1	Benicia Regional Park VAR
Nov. 1 st	B.S.A.L. Championship		2 - 39	15:25 - 2.9	Point Pinole, Richmond VAR
Nov. 17 th	N.C.S Championship		3 - 161	15:40 - 3.0	Hayward High School VAR
Nov. 24 th	C.I.F. State Championship		4 - 141	16:07 - 3.1	Woodward Park, Clovis VAR

-MEET HONORS-
 NEVADA UNION INVITATIONAL
BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP
 NORTH COAST SECTION CHAMPIONSHIP
 CALIFORNIA INTERSCHOLASTIC FEDERATION STATE CHAMPIONSHIP

-GREG WILLIAMS-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	4 - 19	11:51 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th	Nevada Union Invite		38 - 57	18:54 - 3.0 Grass Valley, Nevada Union	
VAR					
Sept. 20 th	Piedmont	5 - 19	18:34 - 2.95	Tilden, Berkeley	VAR
Sept. 29 th	Stanford Invite	103 - 168	19:38 - 3.1	Stanford, Palo Alto	VAR
Oct. 11 th	Holy Names & Salesian		5 - 13	19:35 - 2.95 Tilden Park, Berkeley	VAR
Oct. 13 th	Crystal Springs Invite	39 - 64	18:15 - 2.95	Crystal Springs, San Mateo	VAR
Oct. 18 th	St. Joseph & St. Patrick		6 - 19	19:52 - 3.1 Benicia Regional Park	VAR
Nov. 1 st	B.S.A.L. Championship		12 - 39	17:07 - 2.9 Point Pinole, Richmond	VAR
Nov. 17 th	N.C.S Championship		38 - 161	17:20 - 3.0 Hayward High School	VAR

-MEET HONORS-
BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-BOB O'LEARY-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	6 - 19	12:06 - 2.0	Tilden, Berkeley	ALL

Sept. 15 th	Nevada Union Invite	16 - 68	21:37 - 3.0	Grass Valley, Nevada Union	J/V
Sept. 20 th	Piedmont	19 - 19	23:52 - 2.95	Tilden, Berkeley	VAR
Sept. 27 th	Albany & Kennedy	12 - 15	23:25 - 2.95	Tilden, Berkeley	VAR
Sept. 29 th	Stanford Invite	102 - 168	19:35 - 3.1	Stanford, Palo Alto	VAR
Oct. 11 th	Holy Names & Salesian	13 - 13	24:46 - 2.95	Tilden Park, Berkeley	VAR
Oct. 13 th	Crystal Springs Invite	41 - 64	18:27 - 2.95	Crystal Springs, San Mateo	VAR
Oct. 18 th	St. Joseph & St. Patrick	14 - 19	21:55 - 3.1	Benicia Regional Park	VAR
Oct. 20 th	Mariner Invitational	9 - 101	12:19 - 2.1	Garin Park, Hayward	S/F
Nov. 1 st	B.S.A.L. Championship	25 - 39	18:07 - 2.9	Point Pinole, Richmond	VAR
Nov. 17 th	N.C.S Championship	74 - 161	17:53 - 3.0	Hayward High School	VAR

-MEET HONORS-

NEVADA UNION INVITATIONAL

MARINER INVITATIONAL

-JAKE TEXARA-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	2 - 19	11:35 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th	Nevada Union Invite		3 - 68	18:58 - 3.0	Grass Valley, Nevada Union
Sept. 20 th	Piedmont	8 - 19	18:43 - 2.95	Tilden, Berkeley	VAR
Sept. 27 th	Albany & Kennedy		3 - 15	18:42 - 2.95	Tilden, Berkeley
Sept. 29 th	Stanford Invite	112 - 168	19:45 - 3.1	Stanford, Palo Alto	VAR
Oct. 11 th	Holy Names & Salesian		3 - 13	19:12 - 2.95	Tilden Park, Berkeley
Oct. 13 th	Crystal Springs Invite	39 - 64	18:15 - 2.95	Crystal Springs, San Mateo	VAR
Oct. 18 th	St. Joseph & St. Patrick		8 - 19	20:11 - 3.1	Benicia Regional Park
Oct. 20 th	Mariner Invitational		6 - 101	12:11 - 2.1	Garin Park, Hayward
Nov. 1 st	B.S.A.L. Championship		18 - 39	17:07 - 2.9	Point Pinole, Richmond
Nov. 17 th	N.C.S Championship		41 - 161	17:21 - 3.0	Hayward High School

-MEET HONORS-

NEVADA UNION INVITATIONAL

MARINER INVITATIONAL

-MICHAEL SUN-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	5 - 19	11:53 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th	Nevada Union Invite		46 - 57	20:11 - 3.0 Grass Valley, Nevada Union	VAR
Sept. 20 th	Piedmont	10 - 19	19:18 - 2.95	Tilden, Berkeley	VAR
Sept. 29 th	Stanford Invite	77 - 168	19:05 - 3.1	Stanford, Palo Alto	VAR
Oct. 11 th	Holy Names & Salesian		7 - 13	19:39 - 2.95 Tilden Park, Berkeley	VAR
Oct. 13 th	Crystal Springs Invite	43 - 64	18:52 - 2.95	Crystal Springs, San Mateo	VAR
Oct. 18 th	St. Joseph & St. Patrick		9 - 19	20:26 - 3.1 Benicia Regional Park	VAR
Oct. 20 th	Mariner Invitational		10 - 101	12:20 - 2.1 Garin Park, Hayward	S/F
Nov. 1 st	B.S.A.L. Championship		28 - 39	18:14 - 2.9 Point Pinole, Richmond	VAR
Nov. 17 th	N.C.S Championship		80 - 161	17:55 - 3.0 Hayward High School	VAR

-MEET HONORS-

MARINER INVITATIONAL

-MARCO RODRIGUEZ-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	9 - 19	12:57 - 2.0	Tilden, Berkeley	ALL
Sept. 20 th	Piedmont	1 - 15	10:34 - 2.95	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	4 - 15	18:59 - 2.95	Tilden, Berkeley	VAR
Sept. 29 th	Stanford Invite	8 - 146	10:23 - 1.86	Stanford, Palo Alto	J/V
Oct. 6 th	Bella Vista	2 - 44	11:02 - 1.86	Sierra College, Rocklin	FROSH
Oct. 11 th	Holy Names & Salesian		2 - 13	19:08 - 2.95 Tilden Park, Berkeley	VAR
Oct. 18 th	St. Joseph & St. Patrick		7 - 19	19:55 - 3.1 Benicia Regional Park	VAR
Oct. 20 th	Mariner Invitational	5 - 101	11:57 - 2.1	Garin Park, Hayward	S/F
Nov. 1 st	B.S.A.L. Championship		8 - 39	16:50 - 2.9 Point Pinole, Richmond	VAR
Nov. 17 th	N.C.S Championship		32 - 161	17:13 - 3.0 Hayward High School	VAR

-MEET HONORS-

NEVADA UNION INVITATIONAL

STANFORD INVITATIONAL

MARINER INVITATIONAL
BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP
 NORTH COAST SECTION CHAMPIONSHIP

-RICARDO PEDRO-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Sept. 20 th	Piedmont	10 - 15	11:57 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	6 - 22	11:45 - 2.0	Tilden, Berkeley	J/V
Oct. 11 th	Holy Names & Salesian	1 - 25	11:17 - 2.0	Tilden Park, Berkeley	J/V
Oct. 18 th	St. Joseph & St. Patrick	3 - 14	16:48 - 2.1	Benicia Regional Park	J/V
Oct. 20 th	Mariner Invitational	27 - 47-	14:12 - 2.1	Garin Park, Hayward	J/V
Nov. 1 st	B.S.A.L. Championship	7 - 32	13:38 - 2.0	Point Pinole, Richmond	J/V

-MEET HONORS-

MARINER INVITATIONAL
BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-BRIDGET DUFFY-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	1 - 22	11:38 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th	Nevada Union Invite		1 - 46	20:05 - 3.0	Grass Valley, Nevada Union
VAR					
Sept. 20 th	Piedmont	1 - 15	19:59 - 2.95	Tilden, Berkeley	VAR
Sept. 27 th	Albany & Kennedy	2 - 7	21:19 - 2.95	Tilden, Berkeley	VAR
Sept. 29 th	Stanford Invitational	7 - 143	19:59 - 3.1	Stanford, Palo Alto	VAR
Oct. 6 th	Bella Vista Invitational	7 - 168	19:43 - 3.1	Sierra College, Rocklin	VAR
Oct. 11 th	Holy Names & Salesian	6 - 20	24:48 - 2.95	Tilden Park, Berkeley	VAR
Oct. 18 th	St. Joseph & St. Patrick	1 - 12	21:43 - 3.1	Benicia Regional Park	VAR

Oct. 20 th	Mariner Invitational	1 - 103	12:47 - 2.1	Garin Park, Hayward	VAR	
Nov. 1 st	B.S.A.L. Championship		1 - 29	18:08 - 2.9	Point Pinole, Richmond	VAR
Nov. 17 th	N.C.S Championship		1 - 130	18:06 - 3.0	Hayward High School	VAR
Nov. 24 th	C.I.F. State Championship		1 - 145	18:33 - 3.1	Woodward Park, Clovis	VAR

-MEET HONORS-

NEVADA UNION INVITATIONAL

STANFORD INVITATIONAL

BELLA VISTA INVITATIONAL

MARINER INVITATIONAL

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

NORTH COAST SECTION CHAMPIONSHIP

CALIFORNIA INTERSCHOLASTIC FEDERATION STATE CHAMPIONSHIP

-NICOLE SHANAHAN-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL	
Aug. 30 th	Time Trials	5 – 22	14:38 - 2.0	Tilden, Berkeley	ALL	
Sept. 15 th	Nevada Union Invite		12 - 46	23:31 - 3.0	Grass Valley, Nevada Union	
VAR						
Sept. 20 th	Piedmont	9 - 15	23:03 - 2.95	Tilden, Berkeley	VAR	
Sept. 27 th	Albany & Kennedy	5 - 7	24:24 - 2.95	Tilden, Berkeley	VAR	
Sept. 29 th	Stanford Invitational		88 - 143	23:53 - 3.1	Stanford, Palo Alto	
Oct. 11 th	Holy Names & Salesian		4 - 20	22:46 - 2.95	Tilden Park, Berkeley	VAR
Oct. 18 th	St. Joseph & St. Patrick		4 - 12	23:41 - 3.1	Benicia Regional Park	VAR
Oct. 20 th	Mariner Invitational	6 - 103	14:48 - 2.1	Garin Park, Hayward	VAR	
Nov. 1 st	B.S.A.L. Championship		10 - 29	20:31 - 2.9	Point Pinole, Richmond	VAR
Nov. 17 th	N.C.S Championship		40 - 130	20:54 - 3.0	Hayward High School	VAR
Nov. 24 th	C.I.F. State Championship		123 - 145	22:58 - 3.1	Woodward Park, Clovis	VAR

-MEET HONORS-

NEVADA UNION INVITATIONAL

MARINER INVITATIONAL

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-AMY BRENNICK-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
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Aug. 30 th	Time Trials	3 - 22	14:06 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th	Nevada Union Invite		13 - 46	23:48 - 3.0	Grass Valley, Nevada Union
VAR					
Sept. 20 th	Piedmont	8 - 15	23:03 - 2.95	Tilden, Berkeley	VAR
Sept. 27 th	Albany & Kennedy	7 - 7	24:08 - 2.95	Tilden, Berkeley	VAR
Sept. 29 th	Stanford Invitational		63 - 143	22:55 - 3.1	Stanford, Palo Alto VAR
Oct. 11 th	Holy Names & Salesian		1 - 20	22:14 - 2.95	Tilden Park, Berkeley VAR
Oct. 18 th	St. Joseph & St. Patrick		5 - 12	23:44 - 3.1	Benicia Regional Park VAR
Oct. 20 th	Mariner Invitational	7 - 103	14:58 - 2.1	Garin Park, Hayward	VAR
Nov. 1 st	B.S.A.L. Championship		12 - 29	21:05 - 2.9	Point Pinole, Richmond VAR
Nov. 17 th	N.C.S Championship		43 - 130	21:12 - 3.0	Hayward High School VAR
Nov. 24 th	C.I.F. State Championship		120 - 145	22:37 - 3.1	Woodward Park, Clovis VAR

-MEET HONORS-

NEVADA UNION INVITATIONAL

MARINER INVITATIONAL

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-CHELSEA TORGENSEN-BELL-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	2 - 22	13:18 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th	Nevada Union Invite		6 - 46	22:19 - 3.0	Grass Valley, Nevada Union
VAR					
Sept. 20 th	Piedmont	5 - 15	21:35 - 2.95	Tilden, Berkeley	VAR
Sept. 27 th	Albany & Kennedy	1 - 7	21:19 - 2.95	Tilden, Berkeley	VAR
Oct. 11 th	Holy Names & Salesian		2 - 20	22:15 - 2.95	Tilden Park, Berkeley VAR
Oct. 18 th	St. Joseph & St. Patrick		3 - 12	23:22 - 3.1	Benicia Regional Park VAR
Oct. 20 th	Mariner Invitational	4 - 103	14:13 - 2.1	Garin Park, Hayward	VAR
Nov. 1 st	B.S.A.L. Championship		7 - 29	19:45 - 2.9	Point Pinole, Richmond VAR
Nov. 17 th	N.C.S Championship		31 - 130	20:34 - 3.0	Hayward High School VAR
Nov. 24 th	C.I.F. State Championship		96 - 145	21:50 - 3.1	Woodward Park, Clovis VAR

-MEET HONORS-

NEVADA UNION INVITATIONAL

MARINER INVITATIONAL

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-GABE RIOS-SOTELO-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	4 - 22	14:08 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th S/F	Nevada Union Invite		2 - 52	23:27 - 3.0 Grass Valley, Nevada Union	
Sept. 20 th	Piedmont	7 - 15	22:41 - 2.95	Tilden, Berkeley	VAR
Sept. 27 th	Albany & Kennedy	3 - 7	24:08 - 2.95	Tilden, Berkeley	VAR
Sept. 29 th	Stanford Invitational		15 - 143	20:45 - 3.1 Stanford, Palo Alto	VAR
Oct. 6 th	Bella Vista Invitational		71 - 74	18:12 - 2.42 Sierra College, Rocklin	S/F
Oct. 11 th	Holy Names & Salesian		71 - 20	22:34 - 2.95 Tilden Park, Berkeley	VAR
Oct. 18 th	St. Joseph & St. Patrick		3 - 12	21:51 - 3.1 Benicia Regional Park	VAR
Oct. 20 th	Mariner Invitational	1 - 103	13:16 - 2.1	Garin Park, Hayward	S/F
Nov. 1 st	B.S.A.L. Championship		2 - 29	18:39 - 2.9 Point Pinole, Richmond	VAR
Nov. 17 th	N.C.S Championship		6 - 130	18:37 - 3.0 Hayward High School	VAR
Nov. 24 th	C.I.F. State Championship		16 - 145	19:28 - 3.1 Woodward Park, Clovis	VAR

-MEET HONORS-

NEVADA UNION INVITATIONAL

STANFORD INVITATIONAL

BELLA VISTA INVITATIONAL

MARINER INVITATIONAL

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

NORTH COAST SECTION CHAMPIONSHIP

-MICHELA CHESLEY-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Sept. 15 th VAR	Nevada Union Invite		17 - 46	24:51 - 3.0 Grass Valley, Nevada Union	
Oct. 20 th	Mariner Invitational	41 - 103	16:37 - 2.1	Garin Park, Hayward	VAR

-MEET HONORS-

NEVADA UNION INVITATIONAL

MARINER INVITATIONAL

-RAMINE CROMANTI-THORNTON-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL	
Aug. 30 th	Time Trials	8 - 22	15:26 - 2.0	Tilden, Berkeley	ALL	
Sept. 15 th	Nevada Union Invite		9 - 52	25:35 - 3.0	Grass Valley, Nevada Union	S/F
Sept. 20 th	Piedmont	13 - 15	24:58 - 2.95	Tilden, Berkeley	VAR	
Sept. 27 th	Albany & Kennedy	6 - 7	25:52 - 2.95	Tilden, Berkeley	VAR	
Sept. 29 th	Stanford Invitational		31 - 129	13:06 - 1.86	Stanford, Palo Alto	J/V
Oct. 6 th	Bella Vista Invitational		8 - 74	18:12 - 3.1	Sierra College, Rocklin	VAR
Oct. 20 th	Mariner Invitational	12 - 103	14:40 - 2.1	Garin Park, Hayward	S/F	
Nov. 1 st	B.S.A.L. Championship		15 - 29	21:31 - 2.9	Point Pinole, Richmond	VAR
Nov. 17 th	N.C.S Championship		101 - 130	23:55 - 3.0	Hayward High School	VAR

-MEET HONORS-

NEVADA UNION INVITATIONAL

BELLA VISTA INVITATIONAL

MARINER INVITATIONAL

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-MEGHAN HARRINGTON-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL	
Aug. 30 th	Time Trials	7 - 22	15:25 - 2.0	Tilden, Berkeley	ALL	
Sept. 15 th	Nevada Union Invite		8 - 52	25:34 - 3.0	Grass Valley, Nevada Union	
S/F						
Sept. 20 th	Piedmont	14 - 15	25:00 - 2.95	Tilden, Berkeley	VAR	
Sept. 27 th	Albany & Kennedy	7 - 7	25:58 - 2.95	Tilden, Berkeley	VAR	

Sept. 29 th	Stanford Invitational	112 - 143	25:08 - 3.1	Stanford, Palo Alto	VAR
Oct. 6 th	Bella Vista, Invite	14 - 74	13:51 - 1.86	Sierra College, Rocklin	S/F
Oct. 11 th	Holy Names & Salesian	2 - 18	14:15 - 2.95	Tilden Park, Berkeley	J/V
Oct. 18 th	St. Joseph & St. Patrick	8 - 12	26:11 - 3.1	Benicia Regional Park	VAR
Oct. 20 th	Mariner Invitational	27 - 136	15:44 - 2.1	Garin Park, Hayward	S/F
Nov. 1 st	B.S.A.L. Championship	6 - 46	15:15 - 2.05	Point Pinole, Richmond	J/V
Nov. 24 th	C.I.F. State Championship	124 - 145	23:02 - 3.1	Woodward Park, Clovis	VAR

-MEET HONORS-

NEVADA UNION INVITATIONAL

BELLA VISTA INVITATIONAL

MARINER INVITATIONAL

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-CATHERINE MULLARKEY-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	9 - 22	15:59 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th	Nevada Union Invite	23 - 46	26:18 - 3.0	Grass Valley, Nevada Union	VAR
Sept. 20 th	Piedmont	12 - 27	13:32 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	3 - 7	13:34 - 2.0	Tilden, Berkeley	J/V
Nov. 1 st	B.S.A.L. Championship	13 - 46	16:06 - 2.05	Point Pinole, Richmond	J/V

-MEET HONORS-

NEVADA UNION INVITATIONAL

-PHYLLIS JEFFERY-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	19 - 22	16:35 - 2.0	Tilden, Berkeley	ALL
Sept. 20 th	Piedmont	21 - 27	14:44 - 2.0	Tilden, Berkeley	J/V

Nov. 1 st	B.S.A.L. Championship	34 - 46	18:39 - 2.05	Point Pinole, Richmond	J/V
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-DANIELLE RICCARDI-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Sept. 15 th S/F	Nevada Union Invite	12 - 52	27:14 - 3.0	Grass Valley, Nevada Union	
Sept. 20 th	Piedmont	16 - 27	14:41 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	15 - 29	15:07 - 2.0	Tilden, Berkeley	J/V
Oct. 20 th	Mariner Invitational	113 - 136	19:02 - 2.1	Garin Park, Hayward	S/F
Nov. 1 st	B.S.A.L. Championship	35 - 46	18:42 - 2.05	Point Pinole, Richmond	J/V

-MEET HONORS-

NEVADA UNION INVITATIONAL
MARINER INVITATIONAL

-SARAH TABOR-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	18 - 22	18:31 - 2.0	Tilden, Berkeley	ALL
Sept. 27 th	Albany & Kennedy	17 - 29	15:11 - 2.0	Tilden, Berkeley	J/V

-ADRIENNE JACOB-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	10 - 22	16:00 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th S/F	Nevada Union Invite	14 - 52	27:15 - 3.0	Grass Valley, Nevada Union	

Sept. 20 th	Piedmont	13 - 27	13:38 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	10 - 29	14:53 - 2.0	Tilden, Berkeley	J/V
Oct. 11 th	Holy Names & Salesian	5 - 18	13:42 - 2.0	Tilden Park, Berkeley	J/V
Oct. 18 th	St. Joseph & St. Patrick	3 - 14	20:59 - 2.1	Benicia Regional Park	J/V
Oct. 20 th	Mariner Invitational	57 - 136	16:41 - 2.1	Garin Park, Hayward	S/F

-MEET HONORS-

NEVADA UNION INVITATIONAL

-NATASHA MATTESON-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Sept. 20 th	Piedmont	3 - 27	12:10 - 2.0	Tilden, Berkeley	J/V
Oct. 11 th	Holy Names & Salesian	5 - 20	24:45 - 3.0	Tilden Park, Berkeley	VAR
Nov. 1 st	B.S.A.L. Championship	2 - 46	15:03 - 2.05	Point Pinole, Richmond	J/V
Nov. 24 th	C.I.F. State Championship	101 - 145	22:01 - 3.1	Woodward Park, Clovis	VAR

-MEET HONORS-

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-EMILY OLSON-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	16 - 22	17:48 - 2.0	Tilden, Berkeley	ALL
Sept. 20 th	Piedmont	19 - 27	14:15 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	1 - 29	13:03 - 2.0	Tilden, Berkeley	J/V
Oct. 11 th	Holy Names & Salesian	1 - 18	12:32 - 2.0	Tilden Park, Berkeley	J/V
Oct. 6 th	Bella Vista Invitational	9 - 74	13:40 - 1.86	Sierra College, Rocklin	S/F
Oct. 18 th	St. Joseph & St. Patrick	9 - 12	26:36 - 3.1	Benicia Regional Park	VAR

Oct. 20 th	Mariner Invitational 19 - 136	15:04 - 2.1	Garin Park, Hayward	S/F	
Nov. 1 st	B.S.A.L. Championship	1 - 46	14:40 - 2.05	Point Pinole, Richmond	J/V
Nov. 17 th	N.C.S Championship	64 - 130	22:04 - 3.0	Hayward High School	VAR

-MEET HONORS-

BELLA VISTA INVITATIONAL

MARINER INVITATIONAL

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-MARIE PEREZ-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	20 - 22	18:52 - 2.0	Tilden, Berkeley	ALL
Sept. 20 th	Piedmont	18 - 27	14:13 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	4 - 29	13:51 - 2.0	Tilden, Berkeley	J/V
Oct. 11 th	Holy Names & Salesian	7 - 18	13:55 - 2.0	Tilden Park, Berkeley	J/V
Oct. 18 th	St. Joseph & St. Patrick	2 - 14	20:58 - 2.1	Benicia Regional Park	J/V
Oct. 20 th	Mariner Invitational 32 - 136	15:56 - 2.1	Garin Park, Hayward	S/F	
Nov. 1 st	B.S.A.L. Championship	12 - 46	15:54 - 2.05	Point Pinole, Richmond	J/V

-MEET HONORS-

NEVADA UNION INVITATIONAL

MARINER INVITATIONAL

-CAITLIN VAVSOUR-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Sept. 15 th S/F	Nevada Union Invite	16 - 52	27:16 - 3.0	Grass Valley, Nevada Union	
Sept. 20 th	Piedmont	20 - 27	14:36 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	9 - 29	14:52 - 2.0	Tilden, Berkeley	J/V
Sept. 29 th	Stanford Invitational	93 - 129	14:31 - 1.86	Stanford, Palo Alto	J/V
Oct. 11 th	Holy Names & Salesian	9 - 18	14:00 - 2.0	Tilden Park, Berkeley	J/V
Oct. 18 th	St. Joseph & St. Patrick	10 - 14	23:29 - 2.1	Benicia Regional Park	J/V
Oct. 20 th	Mariner Invitational	73 - 136	17:03 - 2.1	Garin Park, Hayward	S/F
Nov. 1 st	B.S.A.L. Championship	16 - 46	16:45 - 2.05	Point Pinole, Richmond	J/V

-MEET HONORS-

NEVADA UNION INVITATIONAL
MARINER INVITATIONAL

-NINA KEHL-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	11 - 22	16:18 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th S/F	Nevada Union Invite	15 - 52	27:15 - 3.0	Grass Valley, Nevada Union	
Sept. 20 th	Piedmont	11 - 27	13:31 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	11 - 29	14:53 - 2.0	Tilden, Berkeley	J/V
Sept. 29 th	Stanford Invitational	102 - 129	14:53 - 1.86	Stanford, Palo Alto	J/V
Oct. 11 th	Holy Names & Salesian	4 - 18	13:31 - 2.0	Tilden Park, Berkeley	J/V
Oct. 6 th	Bella Vista Invitational	38 - 74	14:50 - 1.86	Sierra College, Rocklin	S/F
Oct. 18 th	St. Joseph & St. Patrick	5 - 14	21:38 - 2.1	Benicia Regional Park	J/V
Oct. 20 th	Mariner Invitational	50 - 136	16:43 - 2.1	Garin Park, Hayward	S/F
Nov. 1 st	B.S.A.L. Championship	20 - 46	17:16 - 2.05	Point Pinole, Richmond	J/V

-MEET HONORS-

NEVADA UNION INVITATIONAL
BELLA VISTA INVITATIONAL
MARINER INVITATIONAL

-LESLIE FRAISER-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Sept. 15 th S/F	Nevada Union Invite	13 - 52	27:15 - 3.0	Grass Valley, Nevada Union	
Sept. 20 th	Piedmont	14 - 27	13:42 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	12 - 29	14:53 - 2.0	Tilden, Berkeley	J/V
Sept. 29 th	Stanford Invitational	89 - 129	14:24 - 1.86	Stanford, Palo Alto	J/V
Oct. 11 th	Holy Names & Salesian	12 - 18	15:06 - 2.0	Tilden Park, Berkeley	J/V
Nov. 1 st	B.S.A.L. Championship	19 - 46	17:09 - 2.05	Point Pinole, Richmond	J/V

-MEET HONORS-

NEVADA UNION INVITATIONAL

-ANDIE NISHITA-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	15 - 22	17:13 - 2.0	Tilden, Berkeley	ALL
Sept. 20 th	Piedmont	26 - 27	15:20 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	8 - 29	14:42 - 2.0	Tilden, Berkeley	J/V
Oct. 11 th	Holy Names & Salesian	6 - 18	13:54 - 2.0	Tilden Park, Berkeley	J/V
Oct. 18 th	St. Joseph & St. Patrick	6 - 14	22:12 - 3.1	Benicia Regional Park	J/V
Oct. 20 th	Mariner Invitational	59 - 136	16:44 - 2.1	Garin Park, Hayward	S/F
Nov. 1 st	B.S.A.L. Championship	14 - 46	16:05 - 2.05	Point Pinole, Richmond	J/V

-MEET HONORS-

MARINER INVITATIONAL

-TAMARA MONTIEL-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	19 - 22	18:37 - 2.0	Tilden, Berkeley	ALL
Sept. 20 th	Piedmont	27 - 27	15:30 - 2.0	Tilden, Berkeley	J/V
Oct. 11 th	Holy Names & Salesian	11 - 18	14:56 - 2.0	Tilden Park, Berkeley	J/V
Oct. 18 th	St. Joseph & St. Patrick	11 - 14	23:47 - 2.1	Benicia Regional Park	J/V
Nov. 1 st	B.S.A.L. Championship	28 - 46	17:48 - 2.05	Point Pinole, Richmond	J/V

-MADELEINE HARRINGTON-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	21 - 22	19:16 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th S/F	Nevada Union Invite		20 - 52	31:34 - 3.0 Grass Valley, Nevada Union	
Sept. 20 th	Piedmont	23 - 27	15:02 - 2.0	Tilden, Berkeley	J/V
Oct. 11 th	Holy Names & Salesian	10 - 18	14:15 - 2.0	Tilden Park, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	16 - 29	15:08 - 2.0	Tilden, Berkeley	J/V
Nov. 1 st	B.S.A.L. Championship	21 - 46	17:20 - 2.05	Point Pinole, Richmond	J/V

-MEET HONORS-

NEVADA UNION INVITATIONAL

-LAUREN GATES-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	12 - 22	16:22 - 2.0	Tilden, Berkeley	ALL
Sept. 20 th	Piedmont	9 - 27	13:14 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	13 - 29	14:53 - 2.0	Tilden, Berkeley	J/V
Sept. 29 th	Stanford Invitational	41 - 129	13:18 - 1.86	Stanford, Palo Alto	J/V
Oct. 11 th	Holy Names & Salesian	3 - 18	13:07 - 2.0	Tilden Park, Berkeley	J/V
Oct. 6 th	Bella Vista Invitational	30 - 74	14:19 - 1.86	Sierra College, Rocklin	S/F
Oct. 18 th	St. Joseph & St. Patrick	1 - 14	20:49 - 2.1	Benicia Regional Park	J/V
Oct. 20 th	Mariner Invitational	55 - 136	16:34 - 2.1	Garin Park, Hayward	S/F
Nov. 1 st	B.S.A.L. Championship	11 - 46	15:43 - 2.05	Point Pinole, Richmond	J/V

-MEET HONORS-
 BELLA VISTA INVITATIONAL
 MARINER INVITATIONAL

-STEPHANIE HARTLY-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	22 - 22	19:27 - 2.0	Tilden, Berkeley	ALL
Sept. 20 th	Piedmont	25 - 27	15:08 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	19 - 29	17:33 - 2.0	Tilden, Berkeley	J/V
Oct. 11 th	Holy Names & Salesian	13 - 18	15:12 - 2.0	Tilden Park, Berkeley	J/V
Oct. 18 th	St. Joseph & St. Patrick	13 - 14	24:25 - 2.1	Benicia Regional Park	J/V
Nov. 1 st	B.S.A.L. Championship	39 - 46	18:56 - 2.05	Point Pinole, Richmond	J/V

-JEAN YOUNG LEE -

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Sept. 27 th	Albany & Kennedy	18 - 29	15:31 - 2.0	Tilden, Berkeley	J/V
Oct. 11 th	Holy Names & Salesian	15 - 18	15:27 - 2.0	Tilden Park, Berkeley	J/V
Nov. 1 st	B.S.A.L. Championship	27 - 46	17:47 - 2.05	Point Pinole, Richmond	J/V

-MERADITH JONES-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	18 - 22	18:09 - 2.0	Tilden, Berkeley	ALL
Sept. 20 th	Piedmont	24 - 27	15:03 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy	5 - 29	13:55 - 2.0	Tilden, Berkeley	J/V
Oct. 11 th	Holy Names & Salesian	8 - 18	13:58 - 2.0	Tilden Park, Berkeley	J/V

Oct. 18 th	St. Joseph & St. Patrick	11 - 14	24:00 - 2.1	Benicia Regional Park	J/V
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-DANIEL BROWN-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	10 - 19	13:49 - 2.0	Tilden, Berkeley	ALL
Sept. 20 th	Piedmont	15 - 19	20:57 - 2.95	Tilden, Berkeley	VAR
Sept. 29 th	Stanford Invite	150 - 168	21:12 - 3.1	Stanford, Palo Alto	VAR

-SAM WARD-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	18 - 19	20:35 - 2.0	Tilden, Berkeley	ALL
Sept. 20 th	Piedmont	15 - 15	17:11 - 2.0	Tilden, Berkeley	J/V
Oct. 11 th	Holy Names & Salesian	21 - 25	16:55 - 2.0	Tilden Park, Berkeley	J/V
Nov. 1 st	B.S.A.L. Championship	32 - 32	20:15 - 2.0	Point Pinole, Richmond	J/V

-MEET HONORS-

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-MATTHEW MULLARKEY-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL
Aug. 30 th	Time Trials	12 - 19	14:02 - 2.0	Tilden, Berkeley	ALL
Sept. 15 th	Nevada Union Invite		14 - 68	21:31 - 3.0 Grass Valley, Nevada Union	S/F
Sept. 20 th	Piedmont	6 - 15	11:16 - 2.0	Tilden, Berkeley	J/V
Sept. 27 th	Albany & Kennedy		5 - 22	11:35 - 2.0 Tilden, Berkeley	J/V
Sept. 29 th	Stanford Invite	60 - 146	11:34 - 1.86	Stanford, Palo Alto	J/V

Oct. 11 th	Holy Names & Salesian	2 - 25	11:19 - 2.0	Tilden Park, Berkeley	J/V
Oct. 18 th	St. Joseph & St. Patrick	4 - 14	16:48 - 2.1	Benicia Regional Park	J/V
Oct. 20 th	Mariner Invitational	33 - 101	13:19 - 2.1	Garin Park, Hayward	S/F
Nov. 1 st	B.S.A.L. Championship	3 - 32	12:53 - 2.0	Point Pinole, Richmond	J/V

-MEET HONORS-

NEVADA UNION INVITATIONAL

MARINER INVITATIONAL

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-DYLAN LOWE-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL	
Aug. 30 th	Time Trials	16 - 19	15:26 - 2.0	Tilden, Berkeley	ALL	
Sept. 15 th	Nevada Union Invite	40 - 68	23:22 - 3.0	Grass Valley, Nevada Union		S/F
Sept. 27 th	Albany & Kennedy	11 - 22	12:04 - 2.0	Tilden, Berkeley	J/V	
Oct. 6 th	Bella Vista	35 - 44	13:53 - 1.86	Sierra College, Rocklin	FROSH	
Oct. 18 th	St. Joseph & St. Patrick	9 - 14	18:29 - 2.1	Benicia Regional Park	J/V	
Nov. 1 st	B.S.A.L. Championship	13 - 32	13:56 - 2.0	Point Pinole, Richmond	J/V	

-MEET HONORS-

NEVADA UNION INVITATIONAL

BELLA VISTA INVITATIONAL

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-EUGENIO BORGERSON-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL	
Aug. 30 th	Time Trials	15 - 19	15:14 - 2.0	Tilden, Berkeley	ALL	
Sept. 15 th	Nevada Union Invite		41 - 68	23:25 - 3.0 Grass Valley, Nevada	Union	S/F
Sept. 20 th	Piedmont	12 - 15	12:07 - 2.0	Tilden, Berkeley	J/V	
Sept. 27 th	Albany & Kennedy		9 - 22	11:57 - 2.0 Tilden, Berkeley	J/V	
Sept. 29 th	Stanford Invite	110 - 146	12:42 - 1.86	Stanford, Palo Alto	J/V	
Oct. 6 th	Bella Vista	23 - 44	12:48 - 1.86	Sierra College, Rocklin	FROSH	
Oct. 11 th	Holy Names & Salesian		4 - 25	12:01 - 2.0 Tilden Park, Berkeley	J/V	
Oct. 18 th	St. Joseph & St. Patrick		6 - 14	17:20 - 2.1 Benicia Regional Park	J/V	
Oct. 20 th	Mariner Invitational		46 - 101	13:57 - 2.1 Garin Park, Hayward	S/F	
Nov. 1 st	B.S.A.L. Championship		13 - 32	13:51 - 2.0 Point Pinole, Richmond	J/V	

-MEET HONORS-

NEVADA UNION INVITATIONAL

BELLA VISTA INVITATIONAL

MARINER INVITATIONAL

BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-MICHAEL BOOKER-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL	
Sept. 20 th	Piedmont	18 - 19	23:00 - 3.1	Tilden, Berkeley	VAR	
Sept. 27 th	Albany & Kennedy		14 - 15	24:34 - 3.1 Tilden, Berkeley	VAR	
Sept. 29 th	Stanford Invite	92 - 146	12:24 - 1.86	Stanford, Palo Alto	J/V	

-JOHN HARBO-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL	
Aug. 30 th	Time Trials	15 - 19	14:22 - 2.0	Tilden, Berkeley	ALL	
Sept. 15 th	Nevada Union Invite		34 - 68	23:14 - 3.0 Grass Valley, Nevada	Union	S/F
Sept. 20 th	Piedmont	7 - 15	11:25 - 2.0	Tilden, Berkeley	J/V	
Sept. 27 th	Albany & Kennedy		4 - 22	11:24 - 2.0 Tilden, Berkeley	J/V	
Sept. 29 th	Stanford Invite	95 - 146	12:26 - 1.86	Stanford, Palo Alto	J/V	
Oct. 6 th	Bella Vista	27 - 44	13:03 - 1.86	Sierra College, Rocklin	FROSH	
Oct. 11 th	Holy Names & Salesian		3 - 25	11:30 - 2.0 Tilden Park, Berkeley	J/V	
Oct. 18 th	St. Joseph & St. Patrick		7 - 14	17:14 - 2.1 Benicia Regional Park	J/V	
Oct. 20 th	Mariner Invitational		40 - 101	13:49 - 2.1 Garin Park, Hayward	S/F	
Nov. 1 st	B.S.A.L. Championship		10 - 32	13:52 - 2.0 Point Pinole, Richmond	J/V	

-MEET HONORS-

NEVADA UNION INVITATIONAL
 BELLA VISTA INVITATIONAL
 MARINER INVITATIONAL
 BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP

-PHILIP RILEY-

THE DATE	MEET OR INVITATIONAL	PLACE & RUNNERS	TIME & DISTANCE	SITE OF THE COURSE	LEVEL	
Aug. 30 th	Time Trials	18 - 19	15:50 - 2.0	Tilden, Berkeley	ALL	
Sept. 15 th	Nevada Union Invite		59 - 68	25:46 - 3.0 Grass Valley, Nevada	Union	S/F
Sept. 20 th	Piedmont	14 - 15	12:56 - 2.0	Tilden, Berkeley	J/V	
Sept. 27 th	Albany & Kennedy		16 - 22	13:06 - 2.0 Tilden, Berkeley	J/V	
Sept. 29 th	Stanford Invite	134 - 146	13:35 - 1.86	Stanford, Palo Alto	J/V	
Oct. 11 th	Holy Names & Salesian		8 - 25	13:03 - 2.0 Tilden Park, Berkeley	J/V	
Oct. 18 th	St. Joseph & St. Patrick		8 - 14	18:26 - 2.1 Benicia Regional Park	J/V	
Nov. 1 st	B.S.A.L. Championship		25 - 32	15:41 - 2.0 Point Pinole, Richmond	J/V	

-MEET HONORS-
NEVADA UNION INVITATIONAL
BAY SHORE ATHLETIC LEAGUE CHAMPIONSHIP