



SAINT MARY'S
CROSS COUNTRY

2005

Cross-Country 2005

Date	Day	Opponent	Venue
Aug. 27	Sat	4 th Annual Family Run	Tilden Park, Berkeley
Aug. 30	Tue	Time Trial	Tilden Park, Berkeley
Sept. 1	Thr	Alameda & Oakland High School	Point Pinole Regional Park
Sept. 6	Tue	Monte Vista Invitational	Oak Hill Park, San Ramon
Sept. 10	Sat	Ed Sias Invitational	Hidden Valley Park, Martinez
Sept. 17	Sat	Adidas Invitational	Newhall Park, Concord
Sept. 22	Thr	Piedmont H.S. *	Tilden Regional Park
Sept. 24	Sat	Stanford Invitational	Stanford University
Sept. 29	Thr	Albany, Alameda & Kennedy*	Tilden Regional Park
Oct. 8	Sat	Clovis Invitational	Woodward Park, Clovis
Oct. 13	Thr	Salesian, St. Elizabeth, Berkeley & Holy Names*	Point Pinole Regional Park
Oct. 15	Sat	Mariner-New Balance Invitational	Grain Park, Hayward
Oct. 19	Wed	St. Patrick-St. Vincent & St. Joseph Notre Dame*	Benicia State Park
Oct. 21	Fri	Mt. San Antonio College Invitational	Mt. SAC, Walnut
Oct. 25	Tue	Time Trial #2	Tilden Park, Berkeley
Nov. 3	Thr	B.S.A.L. Championship	Joaquin Miller Park
Nov. 19	Sat	North Coast Section Championship	Hayward High School
Nov. 26	Sat	C.I.F. State Championship	Woodward Park, Clovis

Head Men's Coach: Jeff Rogers
Head Women's Coach: Denis Mohun
Head JV Boy's Coach: Brian Engleton
Head JV Girl's Coach: Jeff Mihaly

President: Brother Edmond Larouche
 Principal: Mr. Peter Imperial
 Athletic Director: Mr. Denis Mohun
 510.559.6218

Bay Shore Athletic League*
 North Coast Section

**Men's
Varsity Team**

Name		Grade	Years Running Cross-Country
Duffy	Matthew	10	2
Jordan	Forrest	10	2
Gonzalez	Adalberto	11	1
Huff	Andre	11	1
Riccardi	Robert	11	3
Berthaldan	Erick	12	2
Marvin	Adam	12	1
Salem	Nicholas	12	4
Vasquez	Thomas	12	4

**Men's
Junior Varsity Team**

Name		Grade	Years Running Cross-Country
Kellen	Asercion	9	1
Mark	Bennett	9	1
Matthew	Calvert	9	1
Christopher	Chin	9	1
Cody	Cook	9	1
William	Desmond, III	9	1
Stephen	Erdmann	9	1
Patrick	Fitzgerald	9	1
Nicolas	Franco	9	1
Michael	Kershner	9	1
Nicholas	Kowalski	9	1
Avinash	Patel	9	1
Andrew	Sheppard	9	1
Daniel	Woelffer	9	1
Alex	Workman	9	1
Maxwell	Bayer	10	1
Gary	Collins	10	1
Andrew	Henning	10	2
Jeremy	Kotin	10	2
Freeman	Lewis	10	2
Brandon	Logans	10	1
Alexander	Ricci	10	2
Alexander	Root	10	1
Michael	Weber	10	2

**Women's
Varsity Team**

Name		Grade	Years Running Cross-Country
Tess	Casey	9	1
Sara	Pennebaker	10	2
Olivia	White	10	2
Hilary	Sanders	11	2
Linda	Huie	12	2
Elisse	Larouche	12	4
Joan	Lubin	12	3

**Women's
Junior Varsity Team**

Name		Grade	Years Running Cross-Country
Alice	Baker	9	1
Jenna	Creighton	9	1
Katie	Knitten	9	1
Francis	Korkut	9	1
Lucinda	Pelton	9	1
Margot	Sullivan	9	1
Elsbeth	Riley	10	2
Alisa	Capistrano	11	2
Teresa	Goodman	11	3
Rebecca	Handman	11	1
Claire	Zukin	11	3



**Saint Mary's College High School
Over All Record
261-107**

Varsity Boys 141-26
Varsity Girls 33-27
Junior Varsity Boys 22-13
Junior Varsity Girls 15-15
Soph-Frosh Boys 50-26

SM Letters – Blocks – Pins

Name		Grade	Years Running Cross-Country
Casey	Tess*	9	1
Duffy	Matthew	10	2
Pennebaker	Sara	10	2
Jordan	Forrest*	10	2
White	Olivia*	10	2
Gonzalez	Adalberto*	11	1
Sanders	Hilary*	11	2
Huff	Andre*	11	1
Riccardi	Robert	11	3
Huie	Linda*	12	2
Berthaldan	Erick	12	2
Larouche	Elise	12	4
Marvin	Adam*	12	1
Salem	Nicholas	12	4
Lubin	Joan	12	3
Vasquez	Thomas	12	4

*First time recipient for a block in Cross-Country.

BSAL All League

1st Team Rob Riccardi
2nd Team Erick Berthaldan
2nd Team Matt Duffy

NCS All League

1st Team Matt Duffy
2nd Team Erick Berthaldan
2nd Team Rob Riccardi

CIF All State Team

1st Team Matt Duffy
2nd Team Erick Berthaldan
2nd Team Rob Riccardi

**North Coast Section
Scholar Athlete Award**
(3.5 Grade Point Average or Better)

Kellen	Asercion	9
Mark	Bennett	9
Matthew	Calvert	9
Christopher	Chin	9
Michael	Kershner	9
Nicholas	Kowalski	9
Avinash	Patel	9
Maxwell	Bayer	10
Freeman	Lewis	10
Brandon	Logans	10
Robert	Riccardi	11
Tess	Casey	9
Jenna	Creighton	9
Francis	Korkut	9
Lucinda	Pelton	9
Margot	Sullivan	9
Sara	Pennebaker	10
Elsbeth	Riley	10
Olivia	White	10
Alisa	Capistrano	11
Teresa	Goodman	11
Hilary	Sanders	11
Claire	Zukin	11
Elisse	Larouche	12
Joan	Lubin	12



**Family Run
Tilden Park, Berkeley
Parents and Friends
August 27, 2005
1.9 Miles**

	Time		Time
Roger Mendes	11:42	David Franco	16:36
Michael Sullivan^	11:45	Frank Hennefer	18:02
Paul Riccardi (1:53 Sec. PR)	12:13	Maggie White	18:19
?	12:22	Joanne Aserlin	20:24
Geoffrey Creighton	13:31	Jay Aserlin	20:24
Tom Vasquez (3:11 Sec. PR)	13:35	Linda Vasquez (2:09 Sec. PR)	22:46
Nate Hill	13:42	Dara Jordan	22:46
Patrick Krzyzosiak	13:50	Paulo Ricci	25:11
Paul Bennett	14:44	Roberta Furger	25:13
Mike Riccardi	14:49	Jay Asercion	25:59
Brian Weber (1:45 Sec. PR)	14:51	Jillian White	26:09
Kate	14:52	Gary Handman	27:20
Andre Larouche (1:08 Sec. PR)	14:53	Susan Creighton	27:36
Joe Woelffer	14:56	Cristela Colombo	27:36
Stephen Weber	14:56	Linda Fitzgerald	29:23
James Chin	14:59	Joanne Asercion	30:01
Dorthy Lubin	15:23	Beverly Chin	30:04
Mark Bayer	15:24	Mara Duffy	30:17
Danielle Riccardi"	15:25	Vickie Korkut	32:40
Maddy Woelffer	15:35	Bill Desmond	32:41
Josie Smale	15:37	Barbra Kotin	33:00
Eugene Sanders	15:38	Stan Kowalski	33:30
Connie Riccardi	16:24	Sylvia Smith	33:31
Gary Kershner	16:28	Teresa Krzyzosiak	34:10
Ginlio Colombo	16:24		
^ New Parent Course Record			
PR Personnel Record			

Long Course

Paul Riccardi (38 sec. PR)	21:39		
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**Family Run
Tilden Park, Berkeley
August 27, 2005
83 Degrees
1.9 & 2.9 Miles**

Varsity Course	Time	Junior Varsity Course	Time
Matt Duffy (54 sec. PR)	17:33	Jessie Lomax	11:04
Eric Berthaldan (1:36 PR)	17:55	Michael Weber (31 sec. PR)	11:39
Rob Riccardi	18:32	Jeremy Kotin	11:41
Forest Jordan*	20:26	Billy Desmond	11:44
Nick Salem	23:59	Patrick Fitzgerald	11:44
Elisse Larouche (47 Sec. PR)	25:17	Nick Kowalski	11:50
Hilary Sander*	26:15	Alexander Ricci	12:32
Joan Lubin	27:52	Chris Chinn	12:39
Linda Huie	28:08	Michael Kershner	13:03
Olivia White*	28:10	Steve Erdmann	14:12
Clare Zukin*	28:26	Nick Franco	14:17
Alisa Capistrano*	28:26	Tess Casey	14:58
Becky Handman	30:56	Jenna Creighton	15:36
		Andrew Shepard	15:55
		Avinash Patel	16:04
		Max Bayer	16:04
		Brooke Korkut	16:12
		Alice Baker	16:22
		Kellen Asercion	16:45
		Mark Bennett	17:06
		Margot Sullivan	17:16
		Alex Root	18:22
		Matt Calvert	18:55
^ Did not run last year		Sara Pennebaker	19:07
* Ran the JV course in 2004		Luci Pelton	19:07
"PR" Personnel Record			



Time Trial
August 30, 2005
Tilden Park
75 degrees
1.9 Miles

Name	8/30	Name	8/30
Matt Duffy	10:22	Sara Pennebaker	15:18
Eric Berthaldan	10:42	Elisse Larouche	15:19
Rob Riccardi	10:55	Hillary Sanders	15:22
Tom Vasquez	11:16	Tess Casey	16:35
Adalberto Gonzalez	11:36	Linda Huie	16:43
Forrest Jordan	11:40	Olivia White	16:50
Jesse Lomax	12:43	Joan Lubin	17:11
Andy Henning	12:45	Jenna Creighton	17:17
Daniel Woelffer	12:52	Teresa Goodman	17:17
Mike Weber	12:57	Clair Zukin	17:18
Bill Desmond	13:05	Alisa Capistrano	17:20
Jeremy Kotin	13:10	Becky Handman	17:23
Adam Marvin	13:15	Brooke Korkut	18:58
Andre Huff	13:20	Alice Baker	20:04
Patrick Fitzgerald	13:47	Lucy Pelton	23:33
Nick Kowalski	13:59		
Nick Salem	14:13		
Chris Chin	14:15		
Brandon Logans	14:39		
Freeman Lewis	14:44		
Mike Kershner	14:54		
Alex Ricci	15:00		
Cody Cook	15:41		
Gary Collins	15:47		
Alex Workman	17:38		
Max Boyer	18:08		
Steve Erdmann	18:14		
Nick Franco	18:16		
Andrew Sheppard	18:55		
Mark Bennett	19:18		
Alex Root	23:24		



Time Trial / Top 5 Marks All Time

Men

Seniors

10:15	R. Vasquez	2001
10:30	S. Geraghty	2000
10:39	J. Ross	1999
10:42	E. Berthaldan	2005
11:16	T. Vasquez	2005

Juniors

10:15	R. Vasquez	2000
10:51	T. Vasquez	2004
10:55	R. Riccardi	2005
11:05	N. Maniatis	1999
11:15	J. Texara	2002

Sophomores

10:22	M. Duffy	2005
10:44	R. Vasquez	1999
11:04	T. Vasquez	2003
11:09	R. Riccardi	2004
11:15	M. Rodriguez	2002

Freshmen

10:54	M. Duffy	2004
11:38	R. Riccardi	2003
12:24	T. Vasquez	2002
12:52	D. Woelffer	2005
12:57	M. Rodriguez	2001

Women

Seniors

11:38	B. Duffy	2001
13:18	C. Torgerson-Bell	2001
13:19	N. Matteson	2004
13:45	C. Chavez	1999
14:06	A. Brennick	2001

Juniors

11:46	G. Rios-Sotelo	2003
12:07	B. Duffy	2000
13:59	E. Olson	2003
14:12	C. Torgerson-Bell	2000
14:37	E. Larouche	2004

Sophomores

12:51	G. Rios-Sotelo	2002
13:27	B. Duffy	1999
14:24	E. Olson	2002
14:29	E. Larouche	2003
14:45	C. Torgerson-Bell	1999

Freshmen

13:10	K. Anderson	2003
14:08	G. Rios-Sotelo	2001
15:23	A. Krzyzosik	2004
15:26	R. Cromartie-Thornton	2001
16:10	S. Pennebaker	2004

Top 10 Times for Men's

R. Vasquez	10:15	12th
R. Vasquez	10:15	11th
M. Duffy	10:22	10th
S. Geraghty	10:30	12th
J. Ross	10:39	12th
E. Berthaldan	10:42	12th
R. Vasquez	10:44	10th
T. Vasquez	10:51	11th
M. Duffy	10:54	9th
R. Riccardi	10:55	11 th

Top 10 times for Women's

B. Duffy	11:38	12th
G. Rios-Sotelo	11:46	11th
B. Duffy	12:07	11th
G. Rios-Sotelo	12:51	10th
K. Anderson	13:10	09th
C. Torgersen-Bell	13:18	12th
N. Matteson	13:19	12th
B. Duffy	13:27	10th
E. Olson	13:59	11th
A. Brennick	14:06	12 th

Ed Sias Invitational
Saturday, September 10, 2005 Hidden Valley Park
2 Miles

Varsity Boys Race 106 runners - 4th place out of 14 teams

Overall	Name	Class	Time	Score
4	Matt Duffy	So	10:53.0	4
8	Erick Berthaldan	Sr	11:10.2	8
23	Tommy Vasquez	Sr	11:32.6	23
42	Adalberto Gonzalez	Jr	12:07.4	42
84	Jesse Lomax	Jr	13:20.0	84
101	Ambrose Colombo	Sr	14:40.2	101

Frosh Soph Boys Race 163 runners - 12th out of 24 teams0

8	Forrest Jordan	So	11:55.6	8
47	Andy Henning	So	12:54.4	46
52	Jeremy Kotin	So	12:59.9	51
86	Mike Weber	So	13:38.3	85
115	Alex Ricci	So	14:29.8	113
143	Gary Collins	So	15:30.3	139
162	Alex Root	So	19:14.0	156

Frosh Boys Race 179 runners - 7th out of 13 teams

Overall	Name	Class	Time	Score
19	Billy Desmond	Fr	13:06.9	17
21	Daniel Woelffer	Fr	13:07.7	19
31	Patrick Fitzgerald	Fr	13:20.6	29
63	Chris Chin	Fr	14:18.0	53
85	Mark Bennett	Fr	14:51.0	66
108	Kellen Asercion	Fr	15:35.9	78
111	Steve Erdmann	Fr	15:39.8	80
140	Nick Franco	Fr	16:48.9	--
172	Matt Calvert	Fr	20:18.0	--

Junior Varsity Girls Race 156 runners

Overall	Name	Class	Time	Score
37	Tess Casey	Fr	16:39.3	37
57	Linda Huie	Sr	17:07.8	56
59	Teresa Goodman	Jr	17:14.9	58
92	Alisa Capistrano	Jr	18:07.2	91

De La Salle/Carondelet Adidas

9/17/2005

Cross Country Invitational 2 and 3 Miles

Newhall Park, Concord

Junior Varsity Boys 2 Mile Run 172 runners 7th out of 10 teams

Place	Name	Year	Time	Points
44	Ricci, Alex	10	13:48.00	27
55	Chin, Chris	09	13:59.00	33
70	Lewis, Freeman	10	14:18.00	43
89	Kershner, Mike	09	14:30.00	53
94	Warkman, Alex	09	14:37.00	56
147	Erdmann, Steve	09	16:09.00	66

Total Time: 1:11:12 Average: 14:14.40

Junior Varsity Girls 2 Mile Run 138 runners 15th out of 16 teams

Place	Name	Year	Time	Points
44	Casey, Tess	09	15:58.00	38
65	White, Olivia	10	16:23.00	56
75	Sullivan, Margo	09	16:37.00	64
78	Baker, Alice	09	16:39.00	67
105	Riley, Ellie	10	17:31.00	84
107	Korkut, Brooke	09	17:35.00	85
109	Handman, Becky	11	17:39.00	86

Total Time: 1:23:08 Average: 16:37.60

Frosh/Soph Boys 2 Mile Run 218 runners 8th out of 26 teams

Place	Name	Year	Time	Points
32	Henning, Andy	10	12:14.00	32
36	Desmond, Billy	09	12:16.00	35
62	Kotin, Jeremy	10	12:38.00	59
67	Fitzgerald, Patrick	09	12:41.00	63
92	Weber, Mike	10	13:03.00	87
104	Woelffer, Daniel	09	13:15.00	98
107	Logans, Brandon	10	13:18.00	100

Total Time: 1:02:52 Average: 12:34.40

Varsity Girls 3 Mile Run 182 Runners Inc team

Place	Name	Year	Time
145	Sanders, Hilary	11	24:35.00
146	Larouche, Elisse	12	24:39.00
167	Huie, Linda	12	26:23.00
168	Lubin, Joan	12	26:27.00

Varsity Boys 3 Mile Run 223 runners 8th out of 31 teams

Place	Name	Year	Time	Points
19	Duffy, Matt	10	16:28.00	18
29	Berthaldan, Erick	12	16:47.00	28
48	Riccardi, Rob	11	17:02.00	46
68	Vasquez, Tommy	12	17:30.00	64
115	Jordan, Forrest	10	18:22.00	110
121	Gonzalez, Adalberto	11	18:29.00	115

Total Time: 1:26:09 Average: 17:13.80

BSAL
September 22, 2005
Tilden Park, Berkeley
80 degrees
1.9 & 2.9 Miles

Saint Mary's College High School
and
Piedmont High School

Varsity Boys / 20 Runners

Place	Name	Time
3	Matt Duffy	17:05
5	Eric Bertaldan	17:41
6	Rob Riccardi	17:45
8	Tom Vasquez	18:05
11	Aldaberto Gonzales	18:53
13	Forrest Jordan	19:03
16	Jessie Lomax	20:36
17	Adam Marvin	20:38
18	Nick Salem	21:51
20	Andre Huff	23:18

Saint Mary's 33
Piedmont 23

Junior Varsity Boys / 47 Runners

Place	Name	Time
1	Andy Henning	10:25
4	Jeremy Kotin	10:42
5	Desmond	10:46
6	Daniel Woelffer	10:48
7	Mike Weber	10:50
21	Kellen Asercion	11:50
22	Alex Ricci	11:51
23	Chris Chin	11:51
24	Michael Kershner	11:54
27	Freeman	12:00
28	Nick Kowalski	12:01
29	Cody Cook	12:02
30	Alex Workman	12:13
34	Andrew Erdmann	12:47
38	Nick Franco	13:12
40	Gary Collins	13:34
41	Alex Root	13:50
42	Avinash Sheppard	14:03
43	Mark Bennett	14:14
45	Maxwell Bayer	14:38
46	Matthew Calvert	14:55

Saint Mary's 23
Piedmont 32

Varsity Girls / 12 Runners

3	Sara Pennebaker	23:29
6	Hillary Sanders	24:12
8	Elisse Larouche	25:29
9	Olivia White	26:36
10	Linda Huie	26:38
11	Joan Lubin	27:03

Saint Mary's 36
Piedmont 19

Junior Varsity Girls / 18 Runners

Place	Name	Time
2	Margot Sullivan	13:16
4	Tess Casey	13:53
5	Alice Baker	13:55
6	Elsbeth Riley	13:59
7	Jenna Creighton	14:06
8	Teresa Goodman	14:21
9	Clair Zukin	14:30
12	Alisa Capistrano	15:08
13	Brooke Korkut	15:31
14	Handman	15:43
15	Luci Pelton	15:49

Saint Mary's 24
Piedmont 37

**Stanford Invitational
September 24, 2005
Stanford University
87 Degrees**

Junior Varsity Girls Division 3-5

3K

129 Runners

Place	Name	Yr	Time
30	Sara Pennebaker	SO	13:01
57	Alice Baker	FR	14:08
76	Olivia White	SO	14:40

Junior Varsity Boys Division 3-5

3k

136 Runners

4th out of 19 Teams

Place	Name	Year	Time
23	Andy Henning	SO	10:59
29	Jeremy Kotin	SO	11:08
30	Danny Woelffer	FR	11:08
34	Billy Desmond	FR	11:13
35	Mike Weber	SO	11:14
52	Patrick Fitzgerald	FR	11:32
120	Nick Kowalski	FR	12:32

Varsity Girls Division 4

5K

126 Runners

Place	Name	Year	Time
96	Hilary Sanders	JR	24:34

Varsity Boys Division 4

5K

145 Runners

5th out of 22 Teams

Place	Name	Yr	Time
7	Matt Duffy	SO	16:48
18	Erick Berthaldan	SR	17:16
21	Rob Riccardi	JR	17:19
38	Tommy Vasquez	SR	17:55
59	Adalberto Gonzalez	JR	18:32

BSAL
September 29, 2005
Tilden Park, Berkeley
70 Degrees

Saint Mary's College High School
and
Albany, Kennedy & Alameda
1.9 & 2.9 Miles

Varsity Boys / 20 Runners

Place	Name	Time
3	Rob Riccardi	17:44
4	Eric Berthaldan	17:49
6	Tommy Vasquez	18:12
7	Matt Duffy	18:17
11	Forest Jordan	19:05
15	Adalberto Gonzalez	20:06
16	Adam Marvin	20:39
19	Andre Huff	22:13

Saint Mary's 25
Alameda 32

Saint Mary's 15
Kennedy 40

Saint Mary's 21
Albany 34

Junior Varsity Boys / 63 Runners

Place	Name	Time
2	Andy Henning	10:22
5	Jesse Lomax	10:42
6	Billy Desmond	10:48
10	Daniel Woelffer	11:02
14	Michael Weber	11:10
17	Pat Fitzgerald	11:14
20	Brandon Logans	11:30

Saint Mary's 16
Alameda 41

Saint Mary's 15
Kennedy 40

Saint Mary's 36
Albany 23

Varsity Girls / 22 Runners

Place	Name	Time
10	Sara Pennebaker	23:39
11	Hillary Sanders	24:09
13	Elisse Larouche	24:40
17	Tess Casey	26:00
18	Linda Huie	26:14
20	Olivia White	26:27
21	Joan Lubin	27:11

Saint Mary's 38
Alameda 17

Saint Mary's 15
Kennedy 40

Saint Mary's 44
Albany 15

Junior Varsity Girls / 30 Runners

Place	Name	Time
6	Alice Baker	13:42
7	Jenna Creighton	14:42
11	Elsbeth Riley	14:03
13	Teresa Goodman	14:11
16	Brooke Korkut	14:30
19	Alisa Capistrano	15:19
20	Margot Sullivan	15:31

Saint Mary's 48
Alameda 17

Saint Mary's 15
Kennedy 40

Saint Mary's 25
Albany 32

**Clovis Invitational
October 8, 2005
Woodward Park, Fresno
71 degrees**

3.1 Miles

4th out of 26 Teams
138 Runners

Race 9 11:30 Div. HS Small School Men's Varsity

Place	Name	Grade	Time
7	Duffy Matt	SO	16:35
11	Berthaldan Erick	SR	16:44
17	Riccardi Rob	JR	16:52
44	Vasquez Tommy	SR	17:37
58	Gonzalez Adalberto	JR	17:55
97	Jordan Forrest	SO	18:59



BSAL
October 13, 2005
Point Pinole Park
72 Degrees

Saint Mary's College High School
and
Berkeley, Holy Names, St. Elizabeth & Salesian
1.9 Miles & 2.9 Miles

Varsity Boys / 24 Runners

Place	Name	Time	3.	Sara Pennebaker	23:02
1	Matt Duffy	17:32	5.	Hillary Sanders	23:40
2	Rob Riccardi	17:39	9.	Tess Casey	25:00
4	Erick Berthaldan	18:00	11.	Elisse Larouche	25:08
6	Tommy Vasquez	18:43	13.	Joan Lubin	26:02
8	Alberto Gonzales	18:53	14.	Linda Huie	26:12
11	Jeremy Kotin	19:32	15.	Olivia White	26:50
13	Andrew Henning	19:47			
16	Daniel Woelffer	20:13	Saint Mary's	15	
20	Andre Huff	21:41	Berkeley	40	
Saint Mary's	20		Saint Mary's	24	
Berkeley	38		Salesian	35	
Saint Mary's	16		Saint Mary's	15	
Salesian	45		St. Elizabeth	40	
Saint Mary's	15		Saint Mary's	17	
St. Elizabeth	40		Holy Names	46	

JV Girls / 20 Runners

			Place	Name	Time
			2	Margot Sullivan	16:26
			6	Elizabeth Riley	16:53
			7	Alice Baker	17:16
			8	Teresa Goodman	17:38
			9	Brooke Quart	18:25
			11	Lucy Pelton	19:17
			Saint Mary's	32	
			Berkeley	24	
			Saint Mary's	15	
			Salesian	40	
			Saint Mary's	15	
			St. Elizabeth	40	
			Saint Mary's	15	
			Holy Names	40	

JV Boys / 43 Runners

Place	Name	Time
1	Billy Desmond	13:03
3	Patrick Fitzgerald	13:26
6	Michael Weber	14:02
7	Kellen Asercion	14: 02
9	Michael Kershner	14: 19
12	Chris Chen	14:28
13	Alex Ricci	14: 32
17	Alex Workman	14:48
23	Cody Cooke	15:13
30	Alex Root	15:57
32	Mark Bennett	16:17
33	Avinash Patel	16:25
34	Max Bayer	17:47
41	Matt Calvert	22:12
Saint Mary's	22	
Berkeley	35	
Saint Mary's	15	
Salesian	50	
Saint Mary's	15	
St. Elizabeth	40	

Varsity Girls / 21 runners

Place	Name	Time
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**22nd Mariner X/C Invitational
Garin Regional Park, Hayward
Hayward, CA
October 15, 2005**

Boy's SS Frosh-Soph 2.1M

92 Runners

3rd out of 9 teams

Overall	Name	Class	Time	Score
9	Daniel Woelffer	Fr	12:38.0	8
11	Billy Desmond	Fr	12:44.0	10
12	Jeremy Kotin	So	12:45.6	11
23	Mike Weber	So	13:18.8	21
24	Patrick Fitzgerald	Fr	13:24.2	22
30	Kellen Asercion	Fr	13:40.0	27
42	Mike Kershner	Fr	14:05.8	38

Team Results

Girls SS Frosh-Soph 2.1M

81 Runners

6th out of 6 teams

Overall	Name	Class	Time	Score
9	Sara Pennebaker	So	14:58.5	4
21	Tess Casey	Fr	16:07.8	16
28	Jenna Creighton	Fr	16:31.6	23
39	Olivia White	So	17:15.3	31
41	Margo Sullivan	Fr	17:16.1	32

Men's Coaches 2.1 M

35 Runners

Overall	Name	Time
2.	Brian Engleton	10:45.2

BSAL
October 19, 2005
Benicia State Park, Benicia
69 Degrees

Saint Mary's College High School
and
St. Joseph-Notre Dame & St. Patrick-St. Vincent
2.2 & 3.0 Miles

Varsity Boys / 17 Runners

Place	Name	Time
1	Matt Duffy	16:21
2	Eric Berthaldan	16:26
3	Rob Riccardi	16:29
5	Tommy Vasquez	17:18
6	Adalberto Gonzalez	17:21
7	Adam Marvin	18:57

Saint Mary's	17
St. Joseph-Notre Dame	42

Saint Mary's	15
St. Patrick-St. Vincent	50

Varsity Girls / 13 Runners

Place	Name	Time
3	Sara Pennebaker	21:03
4	Hillary Sanders	22:00
7	Elisse Larouche	22:38
8	Linda Huie	23:44
10	Joan Lubin	24:34

Saint Mary's	32
St. Joseph-Notre Dame	23

Saint Mary's	15
St. Patrick-St. Vincent	40

Junior Varsity Boys / 54 Runners

Place	Name	Time
1	Andy Henning	13:45
2	Daniel Woelffer	13:45
3	Jeremy Kotin	13:49
4	Pat Fitzgerald	14:06
6	Brandon Logans	14:31
7	Michael Weber	11:36
8	Michael Kershner	14:38
11	Kellen Asercion	14:53
12	Chris Chin	14:56
17	Alex Ricci	15:28
18	Nick Kowalski	15:35
19	Freeman Lewis	15:50
20	Cody Cook	16:01
22	Gary Collins	16:09
26	Alex Root	16:52
27	Steve Erdmann	16:53
31	Nick Franco	17:32
32	Max Bayer	17:35
34	Avinash Patel	17:48
35	Mark Bennett	17:56
41	Matt Calvert	18:22

Saint Mary's	15
St. Joseph-Notre Dame	40

Saint Mary's	16
St. Patrick-St. Vincent	47

Junior Varsity Girls / 24 Runners

Place	Name	Time
1	Tess Casey	16:46
2	Margot Sullivan	16:51
3	Alice Baker	17:24
5	Brooke Korkut	17:55
6	Olivia White	18:01
8	Teresa Goodman	18:24
9	Elsbeth Riley	18:41
15	Claire Zukin	20:16
16	Alisa Capistrano	20:20
22	Becky Handman	21:02

Saint Mary's	17
St. Joseph-Notre Dame	41

Saint Mary's	15
St. Patrick-St. Vincent	50

MT. SAC Invitational
Friday, Oct. 21, 2005
3.0 Miles

Varsity Boy's
Division IV

1st out of 29 teams
138 runners

1	Matthew Duffy	16:21
2	Erick Berthaldan	16:24
3	Rob Riccardi	16:25
17	Aldaberto Gonzalez	17:46
29	Tom Vasquez	18:05

Varsity Girl's
Division IV

11th out of 28 teams
136 runners

36	Sara Pennebaker	22:14
48	Hilary Sanders	22:49
64	Elisse Larouche	23:36
88	Olivia White	25:07
101	Joan Lubin	26:14



Time Trial
Tilden Park, Berkeley
October 25, 2005
66 degrees
1.9 Miles

Name	8/30	10/25	Name	8/30	10/25
Andy Henning	12:45	11:24	Hillary Sanders	15:22	13:51
Jeremy Kotin	13:10	11:33	Sara Pennebaker	15:18	14:40
Daniel Woelffer	12:52	11:40	Margot Sullivan	DNR	14:35
Patrick Fitzgerald	13:47	12:25	Alice Baker	20:04	14:49
Mike Weber	12:57	12:27	Tess Casey	16:35	14:53
Kellen Asercion	DNR	12:34	Elisse Larouche	15:19	15:06
Mike Kershner	14:54	12:37	Elsbeth Riley	DNR	15:08
Brandon Logans	14:39	12:46	Linda Huie	16:43	15:25
Chris Chin	14:15	13:13	Brooke Korkut	18:58	15:26
Alex Ricci	15:00	13:27	Joan Lubin	17:11	15:53
Freeman Lewis	14:44	13:30	Olivia White	16:50	16:00
Nick Kowalski	13:59	13:33	Clair Zukin	17:18	17:07
Alex Root	23:24	13:39	Alisa Capistrano	17:20	17:27
Cody Cook	15:41	13:53	Lucy Pelton	23:33	17:35
Alex Workman	17:38	13:55			
Gary Collins	15:47	14:26			
Steve Erdmann	18:14	14:47			
Nick Franco	18:16	15:13			
Avinash Patel	DNR	15:24			
Max Boyer	18:08	15:33			
Matthew Calvert	DNR	15:35			
Mark Bennett	19:18	16:50			



BSAL Cross Country Championships
November 3, 2005
Joaquin Miller Park, Oakland
cool & dry

VARSITY BOYS (3.06 mi)

2nd out of 9 teams
 49 runners

Rob Riccardi	SM	18:52
Erik Berthaldan	SM	18:52
Matt Duffy	SM	19:05
Tommy Vasquez	SM	20:15
Giggles Gonzales	SM	20:58
Nick Salem	SM	23:40

VARSITY GIRLS (3.06 mi)

6th out of 10 teams
 47 runners

Sara Pennebaker	SM	25:58
Hilary Sanders	SM	26:02
Elisse Larouche	SM	26:35
Linda Huie	SM	27:59
Joan Lubin	SM	29:11

JV BOYS (2.0 mi)

4th out of 9 teams
 76 runners

Andre Huff	SM	14:21
Brandon Logans	SM	14:27
Nick Kowalski	SM	14:36
Chris Chin	SM	14:47
Alexander Ricci	SM	15:04
Cody Cook	SM	15:25
Gary Collins	SM	15:31
Freeman Lewis	SM	15:49
Steve Erdmann	SM	15:57
Alex Root	SM	16:05
Nick Franco	SM	16:20
Alex Workman	SM	16:35
Mark Bennett	SM	17:09
Avinash Patel	SM	17:09
Matt Calvert	SM	17:13
Jason Espinoza	Sal	17:51
Max Bayer	SM	18:04

JV GIRLS (2.0 mi)

1st out of 10 teams
 62 runners

Tess Casey	SM	16:40
Alice Baker	SM	16:53
Margot Sullivan	SM	16:53
Teresa Goodman	SM	17:10
Ellie Riley	SM	17:11
Olivia White	SM	17:30
Brooke Korkut	SM	18:02
Luci Pelton	SM	18:36
Claire Zukin	SM	18:52
Alisa Capistrano	SM	18:59
Becky Handman	SM	19:54

FS BOYS (2.0 mi)

1st out of 9 teams
 81 runners

Andy Henning	SM	13:00
Daniel Woelffer	SM	13:00
Jeremy Kotin	SM	13:02
Billy Desmond	SM	13:18
Kellen Asercion	SM	13:36
Patrick Fitzgerald	SM	13:37
Michael Weber	SM	14:22
Michael Kershner	SM	14:23



**North Coast Section
Championship
November 19, 2005
Warm
5 Kilometers**

Varsity Boy's Team

Team Total (Average) Times:

1:22:37 (16:31)

2nd out of 15 teams

111 Runners

Place	Points	Name (Grade)	Time	Mile Pace
6	5	Matt Duffy (So)	15:58	5:09
8	7	Erick Berthaldan (Sr)	16:03	5:10
9	8	Rob Riccardi (Jr)	16:08	5:12
22	21	Tommy Vasquez (Sr)	17:08	5:31
28	27	Adalberto Gonzalez (Jr)	17:20	5:35
51	47	Andy Henning (So)	18:22	5:55
62	58	Danny Woelffer (Fr)	18:55	6:06

Varsity Girl's Team

Team Total (Average) Times

1:50:42 (22:08)

9th out of 12 teams

190 Runners

Place	Points	Name (Grade)	Time	Mile Pace
27	26	Sara Pennebaker (So)	21:26	6:54
35	34	Hilary Sanders (Jr)	21:48	7:01
41	39	Tess Casey (Fr)	21:55	7:04
49	46	Linda Huie (Sr)	22:33	7:16
53	49	Elisse Larouche (Sr)	23:00	7:25



C.I.F.
CALIFORNIA INTERSCHOLASTIC FEDERATION
STATE CROSS COUNTRY CHAMPIONSHIPS
Woodward Park 5K Course, Fresno CA
Weather: Cool-High Mid 50's Partly Cloudy
Saturday, November 26, 2005

Division 4 Boys
Number of Runners 195
Number of Teams 23

Place	Score	Sec	Name	Yr	Time	Pace
6	5	NCS	Matt Duffy	SO	16:06	5:11
19	12	NCS	Erick Berthaldan	SR	16:35	5:21
20	13	NCS	Rob Riccardi	JR	16:37	5:21
90	70	NCS	Tommy Vasquez	SR	17:27	5:37
128	100	NCS	Adalberto Gonzalez	JR	17:57	5:47
160	130	NCS	Jeremy Kotin	SO	18:27	5:57
168	136	NCS	Forrest Jordan	SO	.18:38	6:00

6th place w/ 199 pts. Saint. Mary's College High School (16:57 1:24:42)



Til

den Park, Berkeley Top 32 Times

2003	Gabi Rios-Sotelo	19:38
1999	Bridget Duffy	19:54
2004	Gabi Rios-Sotelo	19:54
2001	Bridget Duffy	19:59
2000	Bridget Duffy	20:16
2003	Gabi Rios-Sotelo	21:00
2000	Bridget Duffy	21:06
1999	Christina Chavez	21:18
2001	Bridget Duffy	21:19
2001	Chelsea Torgerson-Bell	21:19
2004	Gabi Rios-Sotelo	21:23
2003	Kara Anderson	21:28
1998	Sayaka Matsumoto	21:31
2001	Chelsea Torgerson-Bell	21:35
2000	Chelsea Torgerson-Bell	21:45
1997	Ellen O'Dea	21:48
2003	Natasha Matteson	21:52
2003	Kara Anderson	21:55
1999	Chelsea Torgerson-Bell	22:03
1998	Bridget Duffy	22:06
2001	Amy Brennick	22:14

2001	Chelsea Torgerson-Bell	22:15
2004	Natasha Matteson	22:22
2003	Emily Olson	22:30
1999	Florinda Larkin	22:32
2001	Gabi Rios-Sotelo	22:34
2002	Gabi Rios-Sotelo	22:34
2000	Chelsea Torgerson-Bell	22:44
1998	Bria Maguire	22:40
2001	Gabi Rios-Sotelo	22:41
1988	Ellen O'Dea	22:45
2001	Nicole Shanahan	22:46

Tilden Park, Boys Top 35 Times

2000	Rudy Vasquez	16:47
1999	Rudy Vasquez	17:02
2005	Matt Duffy	17:05
1999	Nick Maniatis	17:07
2000	Sean Geraghty	17:13
1998	Ryan Torres	17:26
2001	Rudy Vasquez	17:29
2001	Rudy Vasquez	17:33
1999	Sean Geraghty	17:34
1999	James Ross	17:38
2005	Eric Berthaldan	17:41
2005	Rob Riccardi	17:45
2000	Greg Williams	17:47
1995	Jake Bouey	17:48
2004	Tom Vasquez	17:49
2002	Marco Rodriguez	17:49
2000	Nick Maniatis	17:50
1996	Carol Moran	17:50
1998	Miguel Diaz	17:52
2004	Matt Duffy	17:53
1992	Jordan Jarosz	17:53
1998	Sean Geraghty	17:55
1998	Ryan Rottes	17:56

1995	Carlos Moran	17:57
1998	James Ross	17:58
1992	Steve Brown	17:58
1997	Justine Hite	18:02
1993	Brian Parodi	18:02
2004	Tom Vasquez	18:04
2005	Tom Vasquez	18:05
1995	Keith Trimble	18:06
2004	Rob Riccardi	18:06
1992	Chris Palmer	18:12
2002	Jake Texara	18:13
1993	Chris Palmer	18:13

C.I.F. State Cross-Country Championship

(first year for girls at Saint Mary's was 1995)
(first year for girl's Cross-Country was 1996)

Teams State Finishes

Year	Place	Division	Team
1990	8 th	IV	Boy's
1996	6 th	V	Boy's
1999	8 th	IV	Girl's
2000	15 th	IV	Girl's
2000	16 th	IV	Boy's
2001	10 th	IV	Girl's
2005	6 th	IV	Boy's

Individuals who finished in the top 20 at the State Meet

Place	Year	Athlete / Men's	Place	Year	Athlete / Women's
4 th	2001	Rudy Vasquez	1 st	2000	Bridget Duffy
6 th	2005	Matt Duffy	1 st	2001	Bridget Duffy
10 th	2000	Rudy Vasquez	2 nd	2004	Gabi Rios-Sotelo
13 th	1994	Jonevan Hornsby	2 nd	1999	Bridget Duffy
16 th	1989	Devin Young	3 rd	2002	Gabi Rios-Sotelo
18 th	1996	Mike Arp	16 th	2001	Gabi Rios-Sotelo
19 th	2005	Erick Berthaldan			
20 th	2005	Rob Riccardi			

Top 15 Times

Time	Year	Athlete / Men's	Time	Year	Athlete / Women's
15:56	2000	Rudy Vasquez	18:15	2000	Bridget Duffy
16:06	2005	Matthew Duffy	18:20	2004	Gabi Rios-Sotelo
16:07	2001	Rudy Vasquez	18:29	2002	Gabi Rios-Sotelo
16:31	1994	Jonevan Hornsby	18:33	2001	Bridget Duffy
16:32	1989	Devin Young	18:35	1999	Bridget Duffy
16:34	1992	Jonevan Hornsby	19:28	2001	Gabi Rios-Sotelo
16:35	2005	Erick Bertaldan	20:39	2000	Chelsea Torgersen-Bell
16:37	2005	Rob Riccardi	20:44	1999	Chrissy Chavez

16:50	1993	Jonevan Hornsby	21:0 5	1999	Sayaka Matsumoto
16:51	1996	Mike Arp	21:1 3	1999	Florinda Larkin
16:59	1997	Mike Arp	21:2 0	1999	Chelsea Torgersen-Bell
17:00	2000	Sean Geraghty	21:2 3	2000	Bria Maguire
17:01	1992	Jonevan Hornsby	21:5 0	2001	Chelsea Torgersen-Bell
17:04	1999	Rudy Vasquez	21:5 8	2000	Michale Chesley
17:12	1990	Steve Loh	22:0 5	2000	Ali Chesley

**This Season has been dedicated in Memory of
Nicholas Peter Maniatis**

April 10, 1982 – April 2, 2005

**“I have fought the good fight,
I have finished the race,
I have kept the faith.”**

-Paul (2 Timothy 4:7)

...your spirit will always be with us.