

2006
Saint Mary's College High School
CROSS COUNTRY



The Road to State

2006 State CIF Championships

Your 2006 Boys Cross-Country Team

Grade & Years Running

Tarin Smith	09	1 st
Eddie Hill	09	1 st
Angelo Lecce	09	1 st
Alex Franco	09	1 st
Tony Levine	09	1 st
Claudio Ciardiello	09	1 st
Daniel Maxwell	09	1 st
Michael Giuntini	09	1 st
Will Becker	09	1 st
Tony Cecchetti	09	1 st
Brandon Agcaoili	09	1 st
Fernando Padilla	09	1 st
Brian Weber	09	1 st
Myles Rulofs-Jones	09	1 st
Angus Sidore	09	1 st
Will Brady	09	1 st
Paolo Susvilla	09	1 st
Stephen Weber	09	1 st
Desmond Givins	09	1 st
Jacob Butler	09	1 st
Colin Ritchey	10	2 nd
Cody Cook	10	2 nd
Dan Woelffer	10	2 nd
Nick Franco	10	2 nd
Connor Jackson	10	1 st
Avinash Patel	10	2 nd
Michael Kershner	10	2 nd
Alex Workman	10	2 nd
Nick Kowalski	10	2 nd
Ian Holl	10	1 st
Kellen Asercion	10	2 nd
Matthew Calvert	10	2 nd
Forrest Jordan	11	3 rd
Jeremy Kotin	11	3 rd
Alexander Ricci	11	3 rd
Alex Root	11	3 rd
Andy Henning	11	3 rd
Matt Duffy	11	3 rd
Adalberto Gonzalez	12	2 nd
Rob Riccardi	12	4 th
Nathan Quave	12	3 rd

Head Coach:

Jeff Rogers

Assistant Varsity & Junior Varsity

Coach: Brian Engleton

Your 2006 Girls Cross-Country Team

Grade & Years Running

Jamie Toy	09	1 st
Hannah Brumbaum	09	1 st
Taylor Lawson	09	1 st
Zoe Cookenboo	09	1 st
Kelley Johnson	09	1 st
Alex Choy	09	1 st
Negine Malboubi	09	1 st
Alex Owens	09	1 st
Jada Carter	09	1 st
Regina Clincy	09	1 st
Brooke Korkut	10	2 nd
Margot Sullivan	10	2 nd
Alice Baker	10	2 nd
Jasmine Lomax	10	1 st
Olivia White	11	3 rd
Elisabeth Riley	11	3 rd
Sara Pennebaker	11	3 rd
Alisa Capistrano	12	4 th
Hilary Sanders	12	3 rd
Molly Hetz	12	3 rd
Teresa Goodman	12	4 th
Claire Zukin	12	4 th



Head Coach:
Denis Mohun

Assistant Varsity & Junior Varsity Coach:
Amy Brennick
Darci Kosmal

Schedule

Month	Date	Day	Meet / Invitational	Place	Time
August	26 th	Sat	4 th Annual Parent's Run	Tilden Park, Berkeley	8:30
August	31 st	Thurs	Time Trial	Tilden Park, Berkeley	4:00
September	5 th	Tues	Monte Vista Invitational	Oak Hill Park, Danville	4:30
September	9 th	Sat	Ed Sias Invitational	Hidden Valley Park, Martinez	9:00
September	16 th	Sat	De La Salle Invitational	Newhall Park, Concord	8:45
September	28 th	Thurs	Piedmont & Encinal	Joaquin Miller Park, Oakland	3:30
September	30 th	Sat	Stanford Invitational	Stanford Golf Course, Palo Alto	8:00
October	5 th	Thurs	St. Joseph & St. Patrick	Crab Cove, Alameda	3:30
October	7 th	Sat	Clovis Invitational	Woodward Park, Clovis	8:45
October	12 th	Thurs	Alameda, Albany, & Kennedy	Tilden Park, Berkeley	3:30
October	19 th	Thurs	St. Elizabeth, Holy Names Berkeley & Salesian	Tilden Park, Berkeley	3:30
October	20 th	Fri	Mt. SAC Invitational	Mt. San Antonio College, Walnut	3:00
October	21 st	Sat	Mariner Invitational	Garin Park, Hayward	8:00
November	2 nd	Thurs	B.S.A.L. Championship	Crab Cove, Alameda	2:30
November	18 th	Sat	N.C.S. Championship	Hayward High School, Hayward	9:00
November	25 th	Sat	C.I.F. State Championships	Woodward Park, Clovis	8:30

Bay Shore Athletic League

Piedmont – Salesian

St. Patrick St. Vincent – St. Joseph Notre Dame

Berkeley – Alameda – St. Elizabeth – Holy Names

Kennedy – Albany – Encinal

Men's Head Coach:	Jeff Rogers
Assistant Coach:	Brian Engleton
Women's Head Coach:	Denis Mohun
Assistant Coach:	Amy Brennink
Assistant Coach:	Darci Kosmal

President:	Brother Edmond Larouche
Principal:	Peter Imperial
Athletic Director:	Manny Nodar
School Mascot:	Panther
School Color:	Red & White

Bay Shore Athletic League

Records

Varsity Boy	10-0
Varsity Girls	10-1
Junior Varsity Boys	9-1
Junior Varsity Girls	8-3

-Bay Shore Athletic League-

All League Honors

Most Valuable Runner

Matthew Duffy

First Team All League

Rob Riccardi

Forrest Jordan

Margot Sullivan

Second Team All League

Jeremy Kotin

Kellen Asercion

Alex Choy

Taylor Lawson

Alice Baker

-North Coast Section-

Matt Duffy

Rob Riccardi

Alex Choy

Margot Sullivan

Taylor Lawson

Forrest Jordan

Jeremy Kotin

-California Interscholastic Federation-

State Meet Honors

Matt Duffy

**North Coast Section
Scholar Athlete
(3.5 GPA or higher)**

Jamie Toy
Cody Cook
Hannah Brumbaum
Taylor Lawson
Alex Choy*
Alex Franco
Negine Malboubi*
Tarin Smith
Jada Carter
Regina Clincy*
Tony Cecchetti*
Margot Sullivan*
Alisa Capistrano
Hilary Sanders
Kellen Asercion*
Connor Jackson
Andy Henning
Rob Riccardi
Zoe Cookenboo
Molly Hetz
Eddie Hill*
Stephen Weber
Angelo Lecce*
Antonio Levine
Brian Weber
Angus Sidore*
Paolo Susvilla
Colin Ritchey
Nick Franco
Avinash Patel
Jacob Butler

**Team G.P.A.
Varsity Boys 3.28
Varsity Girls 3.63
Junior Varsity Boys 3.46
Junior Varsity Girls 3.33**

**** indicates a 4.0***

SM Block Letter, Block & Pin

Margot Sullivan
Hillary Sanders
Sara Pennebaker
Alisa Capistrano*
Alice Baker*^
Alex Choy*^
Taylor Lawson*^
Matt Duffy
Rob Riccardi
Adalberto Gonzalez
Nathan Quave
Forrest Jordan
Jeremy Kotin*
Kellen Asercion*
Dan Woelffer*



**First Saint Mary's Block in Cross-Country
^ First Saint Mary's Athletic Block*

**Family Run
Tilden Park, Berkeley
August 26th**

Parents

	Time		Time
Andy Maxwell	11:49	David Franco	19:58
Nate Hill	11:56	Eugene Sanders	20:52
Jay Lawson	11:59	Taylin Smith	22:32
Annie Woelffer	12:55	Tim Smith	22:32
Paul Brumbaum	12:56	Connor Asercion	27:19
Sylvia Sullivan	13:48	Carol Lawson	28:55
Maddie Woelffer	14:18	Jay Asercion	28:55
Stephen Giuntini	14:44	Barbara Kotin	29:24
Andrea Ricci	14:55	Stan Kowalski	29:25
Paul Riccardi	15:10	Roberta Furgen	29:25
Jose Rios	15:11	Mike Henning	29:47
Tony Lawson	15:22	Rhem Henning	29:47
Paul Sidore	15:23	Marlene Sanders	30:15
Paul Johnson	15:44	Sandy Brumbaum	30:41
Tory Pennebaker	16:04	Terri Weber	30:41
Bob Hill	16:32	Linda Lawlon	34:48
Andy Workman	16:33	Anne Erdman	34:48
Laura Holl	16:35	Ana Franco	34:48
David Giuntini	16:51		



**Family Run
Tilden Park, Berkeley
August 26th**

Athlete			
Name	Time	Name	Time
Varsity Course		Junior Varsity Course	
Matt Duffy	17:46	Eddie Hill	11:14
Rob Riccardi	18:14	Nick Franco	11:53
Jeremy Kotin	18:57	Cody Cook	12:36
Forest Jordan	19:01	Alex Workman	12:50
Daniel Woelffer	20:38	Daniel Maxwell	13:05
Kellen Asercion	20:39	Angus Sidore	13:11
Alex Root	24:59	Michael Giuntini	13:11
Margot Sullivan	26:21	Steve Erdmann	13:14
Hilary Sanders	26:22	Taylor Lawson	13:50
Mike Weber	27:08	Alex Choy	13:52
Alexander Ricci	27:08	Matt Calvert	14:22
Sara Pennebaker	28:22	Brian Weber	14:53
Alisa Capistrano	28:26	Michelle Wallroth	15:09
Clair Zukin	32:52	Hanna Bunnbaum	15:35
		Kelly Johnson	15:35
		Zoe Cookenboo	16:46
		Tarin Smith	17:24



**Time Trials
August 31st**

Tilden Park, Berkeley

Matt Duffy *	9:57		Taylor Lawson	14:16
Rob Riccardi	10:40		Alex Choy	14:18
Jeremy Kotin	11:08		Margot Sullivan	14:19
Forrest Jordan	11:18		Hillary Sanders	15:03
Daniel Woelffer	11:42		Sara Pennebaker	15:21
Kellen Asercion	11:52		Hannah Brumbaun	16:39
Adalberto Gonzalez	12:09		Olivia White	16:47
Nathan Quave	12:15		Alisa Capistrano	16:47
Tony Levine	12:21		Alice Baker	16:51
Myles Rulofs-Jones	12:33		Elsbeth Riley	16:56
Fernando Padilla	12:41		Teresa Goodman	17:34
Michael Kershner	12:43		Brooke Korkut	17:35
Ed Hill	12:49		Kelley Johnson	17:54
Dan Maxwell	12:50		Zoe Cookenboo	17:58
Will Brady	13:11		Alex Owens	18:24
Nick Franco	13:16		Claire Zukin	18:28
Angelo Lecce	13:17		Molly Hetz	19:06
Nick Kowalski	13:20		Jasmine Lomax	19:55
Cody Cook	13:51		Jada Carter	20:03
Will Becker	14:17		Regina Clincy	23:12
Alex Root	14:12			
Alex Ricci	14:26			
Colin Richie	14:30			
Angus Sidore	14:31			
Paolo Susvilla	14:50			
Claudio Ciardiello	15:25			
Mike Giuntini	15:33			
Desmond Givins	15:49			
Tony Cecchetti	16:09			
Avinash Patel	16:12			
Matt Calvert	16:23			
Brian Weber	16:34			
Brandon Agcaoili	17:27			
Jacob Butler	18:51			
Alex Franco	19:05			
Tarin Smith	20:03			



Time Trial Top 10 Times

BOYS

Seniors

10:15	Rudy Vasquez	2001
10:30	Sean Geraghty	2000
10:39	James Ross	1999
10:40	Rob Riccardi	2006
10:42	Eric Berthaldan	2005
11:16	Tommy Vasquez	2005
11:20	Jake Texara	2003
11:26	Eugenio Borgerson	2004
11:28	Nolan Horinouchi	2000
11:35	Matthew Mullarkey	2003

Juniors

09:57	Matthew Duffy	2006
10:15	Rudy Vasquez	2000
10:51	Tom Vasquez	2004
10:55	Rob Riccardi	2005
11:05	Nick Maniatis	1999
11:05	Sean Geraghty	1999
11:08	Jeremy Kotin	2006
11:15	Jake Texara	2002
11:18	Forrest Jordan	2006
11:28	Greg Williams	2000

Sophomores

10:22	Matt Duffy	2005
10:44	Rudy Vasquez	1999
11:04	Tommy Vasquez	2003
11:09	Rob Riccardi	2004
11:33	Marco Rodriguez	2002
11:35	Greg Williams	1999
11:35	Jake Texara	2001
11:40	Forrest Jordan	2005
11:42	Daniel Woelffer	2006
11:52	Kellen Asercion	2006

Freshmen

10:54	Matt Duffy	2004
11:38	Rob Riccardi	2003
12:21	Tony Levine	2006
12:24	Tommy Vasquez	2002
12:33	Myles Rulofs-Jones	2006
12:41	Fernando Padilla	2006
12:41	Ed Hill	2006
12:50	Dan Maxwell	2006
12:52	Daniel Woelffer	2005
12:57	Marco Rodriguez	2001

GIRLS

Seniors

11:38	Bridget Duffy	2001
13:18	Chelsea Torgersen-Bell	2001
13:19	Natasha Matteson	2004
13:45	Chrissy Chavez	1999
14:06	Amy Brennick	2001
14:34	Bria Maguire	2000
14:40	Meghan Harrington	2003
14:47	Danielle Riccardi	2003
15:03	Hilary Sanders	2006
15:05	Tamara Montiel	2004

Juniors

11:46	Gabi Rios-Sotelo	2003
12:07	Bridget Duffy	2000
13:59	Emily Olson	2003
14:12	Chelsea Torgersen-Bell	2000
14:37	Elisse Larouche	2004
14:38	Nicole Shanahan	2001
14:46	Lauren Gates	2003
15:07	Tamara Montiel	2003
15:08	Bria Maguire	1999
15:08	Michela Chesley	2001

Sophomores

12:51	Gabi Rios-Sotelo	2002
13:27	Bridget Duffy	1999
14:19	Margot Sullivan	2006
14:24	Emily Olson	2002
14:29	Elisse Larouche	2003
14:45	Chelsea Torgersen- Bell	1999
15:03	Nicole Shanahan	2000
15:17	Joan Lubin	2003
15:18	Sara Pennebaker	2005
15:25	Meghan Harrington	2001

Freshmen

13:10	Kara Andereson	2003
14:08	Gabi Rios-Sotelo	2001
14:16	Taylor Lawson	2006
14:18	Alex Choy	2006
15:23	Alexandra Krzyzosiak	2004
15:26	Ramine Cromartie Thornton	2001
16:10	Sara Pennebaker	2004
16:15	Maya Wamulkola	2006
16:17	Carolyn Wegner	2004
16:18	Nina Kehl	2001

Top 20 Performances On the Time Trial Course

Matt Duffy	09:57	11th	2006
Rudy Vasquez	10:15	12th	2001
Rudy Vasquez	10:15	11th	2000
Matt Duffy	10:22	10th	2005
Sean Geraghty	10:30	12th	2000
James Ross	10:39	12th	1999
Rob Riccardi	10:40	12th	2006
Eric Berthaldan	10:42	12th	2005
Rudy Vasquez	10:44	10th	1999
Tommy Vasquez	10:51	11th	2004
Matt Duffy	10:54	09th	2004
Rudy Riccardi	10:55	11th	2005
Tom Vasquez	11:04	10th	2003
Nick Maniatis	11:05	11th	1999
Sean Geraghty	11:05	11th	1999
Jeremy Kotin	11:08	11th	2006
Rob Riccardi	11:09	10th	2004
Jake Texara	11:15	11th	2002
Tom Vasquez	11:16	12th	2005
Forrest Jordan	11:18	11th	2006
Bridget Duffy	11:38	12th	2001
Gabi Rios-Sotelo	11:46	11th	2002
Bridget Duffy	12:07	11th	2000
Gabi Rios-Sotelo	12:51	10th	2002
Kara Anderson	13:10	09th	2003
Chelsea Torgersen-Bell	13:18	12th	2001
Natasha. Matteson	13:19	12th	2004
Bridget Duffy	13:27	10th	1999
Chrissy Chavez	13:34	12th	1999
Emily Olson	13:59	11th	2003
Amy Brennick	14:06	12th	2001
Gabi Rios-Sotelo	14:08	09th	2001
Chelsea Torgersen-Bell	14:12	11th	2000
Taylor Lawson	14:16	09th	2006
Alex Choy	14:18	09th	2006
Margot Sullivan	14:19	10th	2006
Emily Olson	14:25	10th	2002
Elisse Larouche	14:29	10th	2003
Bria Maguire	14:34	12th	2000
Elisse Larouche	14:37	11th	2004

Monte Vista Invitational 2006
September 5th
Oak Hill Park, Danville
2.0 miles

Seniors Girls / 45 runners

13th	Hilary Sanders*	15:55.12
33rd	Alisa Capistrano	17:50.89
36th	Teresa Goodman	18:48.89

Senior Boys / 61 runners

2nd	Rob Riccardi*	11:29.65
27th	Nathan Quave	13:16.67
31st	Adalberto Gonzales	13:30.11

Junior Girls / 71 runners

20th	Sara Pennebaker	16:05.00
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Junior Boys / 67 runners

1st	Matthew Duffy*	11:04.70
4th	Jeremy Kotin*	12:03.04
5th	Forrest Jordan*	12:13.00
50th	Alex Ricci	16:11.76
51st	Alex Root	16:12.13

Sophomore Girls / 101 runners

16th	Margot Sullivan	16:01.00
69th	Brooke Korkut	20:59.44

Sophomore Boys / 68 runners

7th	Daniel Woelffer*	12:43.16
14th	Kellen Asercion*	13:08.26
29th	Mike Kershner	14:20.05
34th	Cody Cook	15:05.67
42nd	Nick Franco	15:49.54

Freshmen Girls / 59 total runners

8th	Taylor Lawson*	15:27.17
9th	Alex Choy*	15:33.00
24th	Hannah Brumbaum	17:57.66
40th	Kelly Johnson	18:58.09
51st	Zoe Cookenboo	20:16.94

Freshmen Boys / 71 runners

5th	Myles Rulofs-Jones*	12:58.56
8th	Tony Levine*	13:06.78
11th	Will Brady*	13:19.29
16th	Fernando Padilla	13:36.27
22nd	Eddie Hill	14:00.77
47th	Mike Giuntini	16:23.90
51st	Angus Sidore	16:42.98
58th	Claudio Ciardiello	17:41.56
61st	Paulo Susvilla	18:20.56
62nd	Tony Lecchetti	19:11.47
64th	Brian Weber	19:16.04
65th	Desmond Givins	19:18.79
69th	Angelo Lecce	20:15.24
71st	Will Becker	20:15.24

*** Received Meet Honors**

Ed Sias Invitational
Saturday, September 9th
Hidden Valley Park, Martinez
2.0 miles

Varsity Boys Small Schools Race

114 Runners

Placed 2nd out of 15 Team

Overall	Name	Class	Time
1 st	Matt Duffy*	So	10:42.6
7 th	Rob Riccardi*	Sr	11:09.7
30 th	Jeremy Kotin	Jr	11:55.7
43 rd	Forrest Jordan	Jr	12:15.7
53 rd	Adalberto Gonzalez	Sr	12:30.4
61 st	Nathan Quave	Sr	12:39.7
76 th	Andy Henning	Jr	12:56.7

Junior Varsity Boys Race

155 Runners

20th out of 21st Team

Overall	Name	Class	Time
78 th	Nick Franco	So	14:30.4
102 nd	Colin Ritchey	So	15:13.6
117 th	Alex Ricci	Jr	15:46.2
149 th	Avinash Patel	So	18:07.3
150 th	Matt Calvert	So	18:07.8

Frosh Soph Girls Race

139 Runners

9th out of 18 Teams

Overall	Name	Class	Time
7 th	Margo Sullivan*	So	14:36.3
24 th	Taylor Lawson*	Fr	15:18.4
80 th	Alice Baker	So	17:32.2
109 th	Hannah Brumbaum	Fr	18:54.6
122 nd	Zoe Cookenboo	Fr	19:52.9
126 th	Kelley Johnson	Fr	20:15.5

*** Received Meet Honors**

Frosh Boys Race**147 Runners****2nd out of 12 Teams**

Overall	Name	Class	Time
7 th	Tony Levine*	Fr	12:45.3
15 th	Will Brady*	Fr	13:08.6
16 th	Fernando Padilla*	Fr	13:09.4
18 th	Daniel Maxwell*	Fr	13:19.5
25 th	Eddie Hill*	Fr	13:40.7
75 th	Angus Sidore	Fr	15:11.8
76 th	Will Becker	Fr	15:14.9
93 rd	Mike Giuntini	Fr	15:37.6
109 th	Desmond Givins	Fr	16:12.2
110 th	Claudio Ciardiello	Fr	16:13.3
112 th	Paolo Susvilla	Fr	16:20.4
115 th	Brian Weber	Fr	16:35.0
136 th	Brandon Agcaoili	Fr	17:48.3
137 th	Jacob Butler	Fr	18:03.4
139 th	Alex Franco	Fr	18:35.0
142 nd	Tarin Smith	Fr	18:58.4

Varsity Girls Race**212 Runners****30th out of 31 Teams**

Overall	Name	Class	Time
130 th	Sara Pennebaker	Jr	15:50.2
147 th	Hilary Sanders	Sr	16:10.1
186 th	Alisa Capistrano	Sr	17:21.4
193 rd	Olivia White	Jr	17:51.9
200 th	Brooke Korkut	So	19:04.5
202 nd	Teresa Goodman	Sr	19:09.5

*** Received Meet Honors**

Frosh Soph Boys Race**179 Runners****13th out of 24 Teams**

Overall	Name	Class	Time
24 th	Kellen Asercion*	So	12:33.8
34 th	Daniel Woelffer	So	12:51.9
97 th	Mike Kershner	So	13:58.3
98 th	Ian Holl	So	13:59.1
106 th	Nick Kowalski	So	14:05.2
121 st	Cody Cook	So	14:22.1
149 th	Alex Workman	So	15:09.0

** Received Meet Honors*

De La Salle/Carondelet – Nike Invitational

September 16th

Newhall Park, Concord

Boys Varsity 3.0 miles 279 Runners / 12th out of 40 Teams

4th	Duffy, Matt*	15:46
27th	Riccardi, Rob	16:21
80th	Kotin, Jeremy	17:23
84th	Jordan, Forrest	17:28
139th	Asercion, Kellen	18:14
144th	Gonzalez, Adalberto	18:17
177th	Quave, Nathan	18:35
Total Time: 1:24:47.00		
Average: 16:57.40		

Boys Frosh/Soph 2.0miles 234 Runners 33rd out of 33 Teams

170th	Susvilla, Paolo	13:48.00
198th	Becker, Will	14:23.00
201st	Giuntini, Mike	14:37.00
203rd	Sidore, Angus	14:39.00
220th	Patel, Avinash	15:40.00
227th	Weber, Brian	16:04.00
230th	Lecchetti, Tony	16:23.00
Total Time: 1:13:07.00		
Average: 14:37.40		

Boys F/S JV Unlimited 2.0 miles 326 Runners 2nd out of 21 Teams

2nd	Henning, Andy*	11:58.29
4th	Woelffer, Daniel*	12:02.29
5th	Levine, Tony *	12:05.59
15th	Brady, Will*	12:20.86
26th	Maxwell, Daniel	12:32.69
37th	Padilla, Fernando	12:43.39
44th	Kershner, Mike	12:47.54
47th	Hill, Eddie	12:50.81
89th	Franco, Nick	13:21.00
113th	Lecce, Angelo	13:34.00
129th	Holl, Ian	13:41.00
Total Time: 1:00:59.72		
Average: 12:11.95		

***Received Meet Honors**

Boys Junior Varsity
2.0 miles
196 Runners
Ran an incomplete Team

154th	Ritchey, Colin	14:32.41
159th	Ricci, Alex	14:36.05
185th	Agcaoili, Brandon	16:22.98
189th	Franco, Alex	17:01.06

Girls Varsity
3.0 miles
205 Runners
27th out of 29 Teams

130th	Sanders, Hilary	22:41
146th	Pennebaker, Sara	23:11
169th	Capistrano, Alisa	24:26.
185th	Riley, Ellie	26:10
191st	White, Olivia	26:26

Total Time: 2:02:54.00

Average: 24:34.80

Girls Junior Varsity
2.0 miles
181 Runners
Ran an incomplete Team

6th	Lawson, Taylor*	14:17.55
14th	Choy, Alex*	14:32.95
149th	Korkut, Brooke	17:47.68

Girls Frosh/Soph
2.0 miles
208 Runners
24th out of 24 Teams

192nd	Owens, Alx	17:41.00
225th	Malboubi, Negine	18:19.71
248th	Clincy, Regina	19:03.27
267th	Cookenboo, Zoe	19:56.28
274th	Lomax, Jasmine	20:30.85
276th	Johnson, Kelley	20:54.60

Total Time: 1:35:31.11

Average: 19:06.23

*** Received Meet Honors**

**B.S.A.L. w/
Piedmont & Encinal
Joaquin Miller Park, Oakland**

**Varsity Boys
3.1 miles
23 Runners
1st out of 3 Teams**

1 st	Matt Duffy	18:04
2 nd	Rob Riccardi	19:03
6 th	Forrest Jordan	19:55
7 th	Jeremy Kotin	20:05
9 th	Kellen Asercion	20:17
12 th	Daniel Woelffer	20:28
14 th	Nathan Quave	20:58
15 th	Adalberto Gonzalez	21:02

Saint Mary's 24 Piedmont 31
Saint Mary's 16 Encinal 46

**Varsity Girls
3.1 miles
15 Runners
1st out of 3 Teams**

1 st	Margot Sullivan	25:05
5 th	Sara Pennebaker	26:37
6 th	Hilary Sanders	26:48
9 th	Alisa Capistrano	28:38
10 th	Teresa Goodman	29:48
12 th	Olivia White	30:18

St Mary's 15 Piedmont 40
St Mary's 19 Encinal 39

JV Girls
2.0 miles
31 Runners
2nd out of 3 Teams

3 rd	Alex Choy	15:45
4 th	Taylor Lawson	15:59
7 th	Alice Baker	16:25
10 th	Hannah Brumbaum	17:49
11 th	Elsbeth Riley	18:05
14 th	Negine Malboubi	19:35
15 th	Regina Clincy	19:36
19 th	Jasmine Lomax	20:56
20 th	Zoe Cookenboo	20:58

Saint Mary's 35 Piedmont 22
Saint Mary's 15 Encinal 50

JV Boys
2.0 miles
61 Runners
2nd out of 3 Teams

3 rd	Will Brady	13:36
4 th	Tony Levine	13:38
6 th	Mike Kershner	13:57
7 th	Fernando Padilla	14:03
8 th	Ian Holl	14:07
13 th	Nick Kowalski	14:17
14 th	Dan Maxwell	14:18
17 th	Cody Cook	14:36
20 th	Nick Franco	15:15
22 nd	Colin Ritchey	15:24
23 rd	Paulo Susvilla	15:31
27 th	Alex Workman	15:49
28 th	Alex Ricci	15:54
30 th	Angus Signore	15:54
31 st	Alex Root	15:55
36 th	Michael Giuntini	16:17
37 th	Claudio Ciardiello	16:23
44 th	Avinash Patel	17:02
45 th	Matt Calvert	17:03
46 th	Alex Franco	17:09
49 th	Jacob Butler	17:26
50 th	Tony Cecchetti	17:27
53 rd	Brandon Agcaoili	18:34
54 th	Tarin Smith	19:16

Saint Mary's 28 Piedmont 27
Saint Mary's 15 Encinal 50

Stanford Invitational
September 30th
Stanford University, Palo Alto

Boy's Division IV

5K

160 Runners

3rd out of 24 Teams

Place	Name	Yr	Sec	Time	Pace
1 st	Matt Duffy	JR	N.C.S.	15:38	5:02
11 th	Rob Riccardi	SR	N.C.S.	16:40	5:22
20 th	Forrest Jordan	JR	N.C.S.	17:06	5:31
33 rd	Jeremy Kotin	JR	N.C.S.	17:24	5:36
79 th	Kellen Asercion	SO	N.C.S.	18:16	5:53
96 th	Daniel Woelffer	SO	N.C.S.	18:33	5:59

Girls Division IV

5K

126 Runners

Ran Incomplete Team

Place	Name	Yr	Sec	Time	Pace
71 st	Margot Sullivan	SO	N.C.S.	22:31	7:15
80 th	Sara Pennebaker	JR	N.C.S.	22:56	7:23
81 st	Hilary Sanders	SR	N.C.S.	23:01	7:25

Boy's JV Division III - IV

3K

208 Runners

8th out of 29 Teams

Place	Name	Yr	Sec	Time	Pace
33 rd	Will Brady	FR	N.C.S.	10:50	5:49
41 st	Nathan Quave	SR	N.C.S.	10:56	5:52
55 th	Tony Levine	FR	N.C.S.	11:07	5:58
62 nd	Fernando Padilla	FR	N.C.S.	11:18	6:04
71 st	Andy Henning	JR	N.C.S.	11:24	6:07
74 th	Eddie Hill	FR	N.C.S.	11:26	6:08
90 th	Myles Jones	FR	N.C.S.	11:39	6:15

Girls JV Division III - IV

3K

185 Runners

13th out of 24 Teams

Place	Name	Yr	Sec	Time	Pace
17 th	Taylor Lawson	FR	N.C.S.	12:30	6:43
57 th	Alice Baker	SO	N.C.S.	13:18	7:08
98 th	Hannah Brumbaum	FR	N.C.S.	14:18	7:40
136 th	Alex Choy	FR	N.C.S.	15:13	8:10
137 th	Maya Wamulkola	FR	N.C.S.	15:14	8:11
177 th	Zoe Cookenboo	FR	N.C.S.	17:18	9:17

**B.S.A.L. Meet w/
St. Joseph – Notre Dame & St. Patrick – St. Vincent
October 5th
Crab Cove**

Varsity Boys

2.95 miles

17 Runners

1st out of 3 Teams

1 st	Matt Duffy	16:12
2 nd	Rob Riccardi	16:14
4 th	Jeremy Kotin	16:46
6 th	Forrest Jordan	16:54
7 th	Kellen Asercion	17:13
8 th	Adalberto Gonzalez	17:30
9 th	Nathan Quave	17:35
10 th	Dan Woelffer	17:40
13 th	Andy Henning	18:20

Scores

Varsity Boys

Saint Mary's 15 St. 50

Saint Mary's 15 St. Patrick 0

Varsity Girls

2.95 miles

Runners

St our of 3 Teams

1 st	Margot Sullivan	19:54
3 rd	Alex Choy	20:50
4 th	Sara Pennebaker	21:04
5 th	Taylor Lawson	21:27
6 th	Hilary Sanders	21:45
7 th	Alice Baker	22:20
9 th	Alisa Capistrano	23:04
10 th	Hannah Brumbaum	23:09
11 th	Elsbeth Riley	23:26

Varsity Girls

Saint Mary's 15 St. Joseph 40

Saint Mary's 15 St. Patrick 40

Junior Varsity Boys

2.0 miles

48 Runners

1st out of 3 Teams

1 st	Tony Levine	10:58
3 rd	Miles Jones	11:04
4 th	Will Brady	11:08
6 th	Eddie Hill	11:19
8 th	Daniel Maxwell	11:27
10 th	Fernando Padilla	11:37
11 th	Angelo Lecce	11:49
13 th	Nick Kowalski	11:56
14 th	Ian Holl	12:00
15 th	Cody Cook	12:01
16 th	Nick Franco	12:18
17 th	Paulo Susvilla	12:19
18 th	Alex Root	12:27
19 th	Collin Ritchey	12:34
20 th	Connor Jackson	12:38
21 st	Will Becker	12:41
22 nd	Alex Ricci	12:45
23 rd	Alex Workman	12:47
24 th	Angus Sidore	12:56
28 th	Mike Giuntini	13:19
32 nd	Tony Cecchetti	13:45
33 rd	Alex Franco	13:46
34 th	Jacob Butler	13:48
37 th	Avinash Patel	13:58
38 th	Matt Calvert	13:59
39 th	Claudio Ciardiello	14:11
41 st	Brandon Agcaoili	14:26
44 th	Stephen Weber	14:46
48 th	Tarin Smith	16:36

Junior Varsity Boys

Saint Mary's 22 - St. Joseph 35

Saint Mary's 15 St. Patrick 40

Junior Varsity Girls

2.0 miles

22 Runners

2nd out of 3 Teams

5 th	Jada Carter	15:16
6 th	Claire Zukin	15:43
7 th	Brooke Korkut	15:44
8 th	Alex Owens	15:45
9 th	Negine Malboubi	15:48
12 th	Jasmine Lomax	16:03
13 th	Kelley Johnson	16:05
14 th	Regina Clincy	16:06
15 th	Jaime Toy	16:20
18 th	Zoe Cookenboo	17:08

Junior Varsity Girls

Saint Mary's 22 - St. Joseph 35

Saint Mary's 15 St. Patrick 40



Saturday October 7th, 2006
Woodward Park

Race #4 8:45 Small Schools Varsity Women

5K

164 Runners

Ran Incomplete Team

Place	Name	Yr	Team Time
30 th	Sullivan, Margot	10	20:33
74 th	Lawson, Taylor	09	22:08
83 rd	Pennebaker, Sara	11	22:24
107 th	Sanders, Hilary	12	23:12

Race #5 9:15 Small Schools Varsity Men

5K

185 Runners

3rd out of 26 Teams

Place	Name	Yr	Team Time
1 st	Duffy, Matt	11	15:45
7 th	Riccardi, Rob	12	16:30
28 th	Jordan, Forrest	11	17:07
39 th	Kotin, Jeremy	11	17:22
54 th	Gonzalez, Adalberto	12	17:32
61 st	Asercion, Kellen	10	17:39
86 th	Woelffer, Daniel	10	18:11

Team Time 1:24:16 & Team Split 1:47

**B.S.A.L. Meet w/
Alameda, Albany & Kennedy
October 12th
Tilden Park, Berkeley**

**Varsity Boys
2.95 miles
32 Runners
1st out of 4 Teams**

1st	16:14	Matt Duffy
3rd	17:38	Rob Riccardi
4th	17:48	Forest Jordan
5th	17:58	Jeremy Kotin
8th	18:26	Kellen Asercion
15th	19:00	Danny Woelffer
17th	19:03	Nathan Quave
24th	19:28	Adalberto Gonzalez

**Scores
Saint Mary's 19 Alameda 38
Saint Mary's 15 Albany 46
Saint Mary's 15 JF Kennedy 40**

**Varsity Girls
2.95 miles
26 Runners
2nd out of 4 teams**

1st	21:39	Margot Sullivan
7th	22:50	Alex Choy
9th	22:56	Sara Pennebaker
11th	23:13	Taylor Lawson
15th	22:33	Hilary Sanders
22nd	25:25	Alisa Capistrano

**Scores
Saint Mary's 32 Albany 24
Saint Mary's 22 Alameda33
Saint Mary's 15 JF Kennedy 40**

**JV Boys
1.90 miles
64 Runners
1st out of 4 Teams**

4th	10:16	Antonio Levine
6th	10:22	Will Brady
7th	10:27	Myles Jones
9th	10:34	Daniel Maxwell
10th	10:39	Michael Kershner
13th	10:55	Eddie Holl
16th	11:00	Fernando Padilla
20th	11:12	Ian Hall
25th	11:21	Angelo Lecce
30th	11:32	Nick Franco
32nd	11:37	Paolo Susvilla
38th	11:51	Colin Ritchey
39th	12:00	Alex Root
41st	12:07	Alex Workman
44th	12:13	Angus Sidore
45th	12:15	Michael Giuntini
48th	12:40	Claudio C
50th	12:58	Matt Calvert
51st	13:06	Alex Franco
52nd	13:07	Jacob Butler
54th	13:17	Tony Lecchetti
55th	13:21	Avinash Patel
59th	13:44	Brandon Agcaoili
60th	13:59	Brian Weber
63rd	14:25	Tarin Smith-

**Scores
Saint Mary's 24 Alameda 36
Saint Mary's 27 Albany 28**

**JV Girls
1.90 miles
50 Runners
2nd out of 4 Teams**

2nd	12:37	Alice Baker
7th	13:12	Hanna Brumbaum
10th	13:21	Elsbeth Riley
13th	13:42	Teresa Goodman
19th	13:50	Olivia White
25th	14:04	Kelly Johnson
30 h	14:41	Regina Clincy
31st	14:41	Negine Malboubi
35th	15:15	Jasmine Lomax
41st	25:40	Zoe Cookenboo
43rd	16:06	Molly Hetz

**Scores
Saint Mary's 40 Alameda 20
Saint Mary's 20 Albany 35**

**B.S.A.L. Meet w/
Berkeley, Holy Names, Salesian & St. Elizabeth
October 19th
Tilden Park, Berkeley**

Varsity Boys

2.95 miles

34 Runners

1st out of 4 Teams

1 st	Matt Duffy	17:32
3 rd	Rob Riccardi	18:24
4 th	Forrest Jordan	18:24
5 th	Jeremy Kotin	18:30
6 th	Tony Levine	18:36
9 th	Myles Jones	19:01
10 th	Will Brady	19:20
13 th	Nathan Quave	19:56
16 th	Mike Kershner	20:40

Score

St. Mary's 19 Berkeley 40

Saint Mary's 15 Salesian 50

Saint Mary's 15 St. Elizabeth 40

Junior Varsity Boys

1.90 miles

54 Runners

1st out of 4 Teams

2 nd	Kellen Asercion	10:17
3 rd	Dan Maxwell	10:21
4 th	Daniel Woelffer	10:45
6 th	Andy Henning	10:47
7 th	Ian Holl	10:49
8 th	Eddie Hill	10:56
10 th	Fernando Padilla	11:01
12 th	Angelo Lecce	11:13
14 th	Nick Kowalski	11:24
15 th	Connor Jackson	11:28
16 th	Cody Cook	11:31
19 th	Paolo Susvilla	11:35
26 th	Nick Franco	11:56
28 th	Angus Sidore	12:02
29 th	Michael Giuntini	12:03
30 th	Collin Ritchie	12:04
31 st	Alex Workman	12:05
32 nd	Claudio Ciardiello	12:05
34 th	Alex Root	12:12
35 th	Will Becker	12:18
38 th	Avinash Patel	13:14
39 th	Matthew Calvert	13:15
40 th	Alex Franco	13:20
48 th	Brandon Agcaoili	14:02
49 th	Stephen Weber	14:03
51	Tarin Smith	14:42

Score

Saint Mary's 17 – Berkeley 45

Saint Mary's 15 Salesian 40

Saint Mary's 15 St. Elizabeth 40

Varsity Girls
2.95 miles
27 Runners
1st our of 5 Teams

3 rd	Margot Sullivan	22:51
5 th	Taylor Lawson	23:39
6 th	Hilary Sanders	23:42
7 th	Alex Choy	23:44
14 th	Alice Baker	24:42
17 th	Alisa Capistrano	25:56

Score

St. Mary's 17 Berkeley 45
Saint Mary's 20 Salesian 38
Saint Mary's 1 St. Elizabeth 40
Saint Mary's 16 Holy Names 42

Junior Varsity Girls
1.90 miles
26 Runners
2nd out of 5 Teams

<u>Place</u>	<u>Name</u>	<u>Time</u>
3 rd	Hannah Brumbaum	12:58
5 th	Elsbeth Riley	13:28
6 th	Alex Owens	13:29
10 th	Olivia While	14:10
11 th	Teresa Goodman	14:24
12 th	Regina Clincy	14:26
13 th	Brooke Korkut	14:41
15 th	Negine Malboubi	14:51
18 th	Jasmine Lomax	15:53
20 th	Molly Hertz	16:04

Score

St. Mary's 35 Berkeley 17
Saint Mary's 15 Salesian 40
Saint Mary's 15 St. Elizabeth 40
Saint Mary's 15 Holy Names 40

48th Annual Mt. SAC Invitational



October 20th
Mt. San Antonio College, Walnut

Varsity Boys

59 runners

3rd out of 10 teams

2 nd	Matt Duffy	15:34	5:11
6 th	Rob Riccardi	16:29	5:30
19 th	Jeremy Kotin	17:16	5:45
27 th	Forrest Jordan	17:36	5:52
34 th	Kellen Asercion	17:52	5:57
35 th	Adalberto Gonzales	17:54	5:58
54 th	Daniel Woelffer	19:29	6:30

3rd Place

Varsity Girls

151 runners

5th out of 31 teams

18 th	Alex Choy	21:28	7:09
35 th	Margot Sullivan	22:26	7:29
43 rd	Taylor Lawson	22:45	7:35
44 th	Hilary Sanders	22:46	7:35
72 nd	Alice Baker	24:12	8:04
113 th	Alisa Capistrano	26:07	8:42

**23rd Mariner Invitational
October 21st
Garin Park, Hayward**

**Boy's Small School Frosh-Soph
2.1miles**

**Team Results
82 Runners
1st out of 5 Teams**

1 st	Myles Jones	12:15.7
2 nd	Daniel Maxwell	12:23.0
9 th	Mike Kershner	12:56.7
10 th	Fernando Padilla	12:59.3
11 th	Eddie Hill	13:00.1
18 th	Nick Kowalski	13:27.2
23 rd	Nick Franco	13:57.0
30 th	Mike Giuntini	14:21.0
32 nd	Colin Ritchey	14:21.8
44 th	Claudio Ciardiello	14:55.7
45 th	Angus Sidore	15:04.0
59 th	Avinash Patel	15:43.9
66 th	Matt Calvert	16:07.3
72 nd	Brandon Agcaoili	16:44.2
79 th	Tarin Smith	18:11.7

**Girl's Small School Frosh-Soph
2.1miles**

**Team Results
44 runners**

6 th	Hannah Brumbaum	15:57.6
16 th	Regina Clincy	16:54.7
18 th	Negine Malboubi	17:17.7
32 nd	Jada Carter	19:14.2

Time Trials

October 26th

Tilden Park, Berkeley

Name	Aug 31 st	Oct. 26 th
Boys		
Tony Levine*	12:21	11:11
Fernando Padilla*	12:41	11:48
Michael Kershner	12:43	11:44
Ed Hill*	12:49	12:03
Dan Maxwell*	12:50	11:21
Will Brady	13:11	11:36
Nick Franco	13:16	12:47
Angelo Lecce	13:17	12:49
Nick Kowalski	13:20	12:35
Cody Cook	13:51	14:48
Alex Root	14:12	12:54
Alex Ricci	14:26	13:57
Colin Richie	14:30	13:16
Angus Sidore	14:31	13:28
Paolo Susvilla	14:50	12:30
Claudio Ciardiello	15:25	14:27
Mike Giuntini	15:33	13:35
Avinash Patel	16:12	15:07
Matt Calvert	16:23	14:52
Brian Weber	16:34	15:42
Brandon Agcaoili	17:27	16:06
Jacob Butler	18:51	15:33
Alex Franco	19:05	14:26
Tarin Smith	20:03	16:15
Alex Workman	DNR	13:34
Steve Weber	DNR	16:56
Girls		
Margot Sullivan*	14:19	12:54
Hillary Sanders	15:03	14:11
Hannah Brumbaun	16:39	15:21
Alice Baker	16:51	14:13
Teresa Goodman	17:34	17:49
Kelley Johnson	17:54	17:43
Alex Owens	18:24	15:42
Claire Zukin	18:28	17:46
Jasmine Lomax	19:55	17:33
Regina Clincy	23:12	15:51
Negine Malboubi	DNR	16:15

B.S.A.L. Championships
November 2nd
Crab Cove, Alameda

Junior Varsity Girls
2.0 miles

94 Runners
5th out of 8 Teams

Place	Name	Time		Team Results	
15 th	Alex Owens	1400		Piedmont	32
16 th	Hannah Brumbaum	1411		Berkeley	55
24 th	Alisa Capistrano	1433		Alameda	68
26 th	Elsbeth Riley	1437		Albany	85
34 th	Olivia White	1500		St. Mary	111
35 th	Regina Clincy	1507		St. Patrick	186
36 th	Negine Malboubi	1508		Encinal	192
45 th	Teresa Goodman	1534		Holy Names	259
53 rd	Jamie Toy	1556			
55 th	Clair Zukin	1604			
57 th	Jada Carter	1618			
58 th	Jasmine Lomax	1619			



Soph-Frosh Boys
2.0 miles



**79 Runners
1st four of 7 Teams**

Place	Name	Time		Team Results	
2 nd	Tony Levine	1047		St. Mary	24
3 rd	Will Brady	1047		Albany	39
4 th	Myles Rulofs-Jones	1048		Alameda	74
7 th	Daniel Woelffer	1054		Berkeley	114
8 th	Dan Maxwell	1102		St. Joseph	159
15 th	Mike Kershner	1126		Piedmont	171
25 th	Dan Maxwell	1148		SPSV	203
26 th	Paulo Susvilla	1149			
37 th	Colin Richie	1220			
46 th	Angus Sidore	1236			
47 th	Mike Giuntini	1239			
50 th	Alex Workman	1251			
74 th	Avinash Patel	1408			
75 th	Mat Calvert	1411			
77 th	Tarin Smith	1455			

Junior Varsity Boys 2.0 miles



95 Runners 6th out of 9 Teams

Place	Name	Time		Team Results	
19 th	Ian Holl	1146		Albany	32
25 th	Will Brady	1151		Piedmont	36
26 th	Angelo Lecce	1151		Alameda	82
27 th	Andrew Henning	1157		Berkeley	101
31 st	Fernando Padilla	1208		St. Mary	122
43 rd	Alex Franco	1227		Encinal	177
44 th	Cody Cooke	1228		St. Joseph	221
47 th	Brandon Jackson	1231		St. Patrick	256
49 th	Alex Root	1239		Salesian	289
66 th	Alex Ricci	1319			
75 th	Nick Franco	1356			
76 th	Claudio Ciardiello	1402			
80 th	Jacob Butler	1425			
84 th	Brian Weber	1458			
86 th	Brandon Agcaoili	1503			
88 th	Stephen Weber	1509			

Varsity Girls
2.95 miles

56 Runners
2nd out of 9 Team

Place	Name	Time		Team Results	
5 th	Margot Sullivan	1917		Piedmont	52
9 th	Alex Choy	1929		St. Mary	61
10 th	Taylor Lawson	1943		Albany	84
15 th	Alice Baker	2000		Alameda	89
22 nd	Hilary Sanders	2048		Salesian	129
				Berkeley	132
				Encinal	191
				St. Joseph	206
				Holy Names	227



**Varsity Boys
2.95 mile**

**61 Runners
1st out of 9 Teams**

Place	Name	Time		Team Results	
1 st	Matt Duffy	1511		St. Mary	38
5 th	Robert Riccardi	1553		Piedmont	58
8 th	Forest Jordan	1610		Berkeley	83
10 th	Jeremy Kotin	1626		Albany	98
14 th	Kellen Asercion	1639		Alameda	99
17 th	Adalberto Gonzalez	1648		St. Joseph	143
31 st	Nathan Quave	1732		Encinal	173
				Salesian	237
				St. Patrick	257





North Coast Section

Championships

Saturday November 18th, 2006 @ Hayward HS
3.1 miles

Varsity Boys

126 runners

1st out of 18 Teams

1. St. Mary's College 69 (1 3 16 19 30 31) Time 1:22:18 (16:27)
Place, Name, Grade, Time & Mile Pace

1 st	Matt Duffy	11	15:25	4:58
3 rd	Rob Riccardi	12	16:03	5:10
16 th	Jeremy Kotin	11	16:45	5:24
19 th	Forrest Jordan	11	16:50	5:25
30 th	Tony Levine	09	17:15	5:33
31 st	Kellen Asercion	10	17:16	5:34

Varsity Girls

108 Runners

3rd out of 16 Teams

3. St. Mary's College 119 (8 10 15 31 55) Time 1:43:55 (20:47)
Place, Name, Grade, Time & Mile Pace



9 th	Alex Choy	09	19:48	6:23
11 th	Margot Sullivan	10	19:52	6:24
16 th	Taylor Lawson	09	20:28	6:36
34 th	Alice Baker	10	21:15	6:51
59 th	Hilary Sanders	12	22:32	7:16



2005 CIF-State Cross-Country Championships
Saturday, November 25 @ Woodward Park, Fresno



2006 State Meet

BOYS DIVISION IV
5K

197 Runners
5th out of 23 Teams

Place	No.	Sec	Name	Yr	Time	Pace
7 th	793	N.C.S.	Matt Duffy	JR	15:54	5:07
44 th	794	N.C.S.	Rob Riccardi	SR	16:51	5:26
52 nd	796	N.C.S.	Forrest Jordan	JR	16:55	5:27
93 rd	795	N.C.S.	Jeremy Kotin	JR	17:23	5:36
98 th	798	N.C.S.	Kellen Asercion	SO	17:27	5:37
133 rd	797	N.C.S.	Tony Levine	FR	17:57	5:47
139 th	1944	N.C.S.	Adalberto Gonzalez	SR	18:02	5:49

GIRLS DIVISION
5K

192 Runners
18th out of 24 Teams

Place	No.	Sec	Name	Yr	Time	Pace
40 th	789	N.C.S.	Margot Sullivan	SO	19:57	6:26
48 th	788	N.C.S.	Alex Choy	FR	20:13	6:31
122 nd	790	N.C.S.	Taylor Lawson	FR	21:37	6:58
134 th	791	N.C.S.	Alice Baker	SO	21:53	7:03
159 th	792	N.C.S.	Hilary Sanders	SR	22:44	7:19

Tilden Park, Berkeley Varsity Course Top Girls Marks

2003	Gabi Rios-Sotelo	19:38
1999	Bridget Duffy	19:54
2004	Gabi Rios-Sotelo	19:54
2001	Bridget Duffy	19:59
2000	Bridget Duffy	20:16
2003	Gabi Rios-Sotelo	21:00
2000	Bridget Duffy	21:06
1999	Chrisy Chavez	21:18
2001	Bridget Duffy	21:19
2001	Chelsea Torgersen-Bell	21:19
2004	Gabi Rios-Sotelo	21:23
2003	Kara Anderson	21:28
1998	Sayaka Matsumoto	21:31
2001	Chelsea Torgersen-Bell	21:35
2006	Margot Sullivan	21:39
2000	Chelsea Torgersen-Bell	21:45
1997	Ellen O'Dea	21:48
2003	Natasha Matteson	21:52
2003	Kara Anderson	21:55
1999	Chelsea Torgersen-Bell	22:03
1998	Bridget Duffy	22:06
2001	Amy Brennick	22:14
2001	Chelsea Torgersen-Bell	22:15
2004	Natasha Matteson	22:22
2003	Emily Olson	22:30
1999	Florinda Larkin	22:32
2001	Gabi Rios-Sotelo	22:34
2002	Gabi Rios-Sotelo	22:34
2000	Chelsea Torgersen-Bell	22:44
1998	Bria Maguire	22:40
2001	Gabi Rios-Sotelo	22:41
1988	Ellen O'Dea	22:45
2001	Nicole Shanahan	22:46

Top Individuals

2003	Gabi Rios-Sotelo	19:38
1999	Bridget Duffy	19:54
1999	Chrisy Chavez	21:18
2001	Chelsea Torgersen-Bell	21:19
2003	Kara Anderson	21:28
1998	Sayaka Matsumoto	21:31
2006	Margot Sullivan	21:39
1997	Ellen O'Dea	21:48
2003	Natasha Matteson	21:52
2001	Amy Brennick	22:14
2003	Emily Olson	22:30

Tilden Park, Berkeley Varsity Course Top Boys Marks

2006	Matt Duffy	16:14
2000	Rudy Vasquez	16:47
1999	Rudy Vasquez	17:02
2005	Matt Duffy	17:05
1999	Nick Maniatis	17:07
2000	Sean Geraghty	17:13
1998	Ryan Torres	17:26
2001	Rudy Vasquez	17:29
2001	Rudy Vasquez	17:33
1999	Sean Geraghty	17:34
1999	James Ross	17:38
2006	Rob Riccardi	17:38
2005	Eric Berthaldan	17:41
2005	Rob Riccardi	17:45
2000	Greg Williams	17:47
2006	Forrest Jordan	17:48
1995	Jake Bouey	17:48
2004	Tom Vasquez	17:49
2002	Marco Rodriguez	17:49
2000	Nick Maniatis	17:50
1996	Carol Moran	17:50
1998	Miguel Diaz	17:52
2004	Matt Duffy	17:53
1992	Jordan Jarosz	17:53
1998	Sean Geraghty	17:55
1998	Ryan Rottes	17:56
1995	Carlos Moran	17:57
2006	Jeremy Kotin	17:58
1998	James Ross	17:58
1992	Steve Brown	17:58
1997	Justine Hite	18:02
1993	Brian Parodi	18:02
2004	Tom Vasquez	18:04
2005	Tom Vasquez	18:05
1995	Keith Trimble	18:06
2004	Rob Riccardi	18:06
1992	Chris Palmer	18:12
2002	Jake Texara	18:13
1993	Chris Palmer	18:13

Top Individuals

2000	Rudy Vasquez	16:47
2005	Matt Duffy	17:05
1999	Nick Maniatis	17:07
2000	Sean Geraghty	17:13
1998	Ryan Torres	17:26
2006	Rob Riccardi	17:38
1999	James Ross	17:38
2005	Eric Berthaldan	17:41
2000	Greg Williams	17:47
1995	Jake Bouey	17:48



North Coast Section

(N.C.S. has only run on this course 1999, 2000, 2002, 2003, 2005 & 2006)

Top Times at the N.C.S. Hayward Meet

Time	Year	Athlete	Time	Year	Athlete
15:25	2006	Matt Duffy	18:06	2001	Bridget Duffy
15:58	2005	Matt Duffy	18:06	2004	Gabi Rios-Sotelo
16:03	2005	Eric Berthaldan	18:24	2002	Gabi Rios-Sotelo
16:03	2006	Rob Riccardi	18:37	2001	Gabi Rios-Sotelo
16:07	2001	Rudy Vasquez	18:53	1999	Bridget Duffy
16:08	2005	Rob Riccardi	19:48	2006	Alex Choy
16:29	1999	Rudy Vasquez	19:52	2006	Margot Sullivan
16:40	2002	Marco Rodriguez	20:23	2002	Emily Olson
16:44	2004	Eric Berthaldan	20:28:	2006	Taylor Lawson
16:45	2006	Jeremy Kotin	20:35	2001	Chelsea Torgersen-Bell
16:50	2006	Forrest Jordan	20:54	2001	Nicole Shanahan
16:59	2004	Matt Duffy	21:02	1999	Sayaka Matsumoto
17:01	2004	Rob Riccardi	21:07	1999	Chrissy Chavez
17:01	2004	Tom Vasquez	21:12	1999	Florinda Larkin
17:07	2001	Greg Williams	21:12	2001	Amy Brennick
17:07	2004	Eugenio Borgerson	21:15	2006	Alice Baker
17:08	2005	Tom Vasquez	21:17	1999	Chelsea Torgersen-Bell
17:10	2004	Emilio Flores	21:26	2004	Sara Pennebaker
17:13	2001	Marco Rodriguez	21:26	2005	Sara Pennebaker
17:15	2006	Tony Levine	21:36	2002	Nicole Shanahan
17:16	2006	Kellen Asercion	21:37	2004	Natasha Matteson
17:18	2002	Matthew Mullarkey	21:48	2005	Hillary Sanders
17:20	2005	Adalberto Gonzalez	21:53	2002	Michela Chesley



State Cross-Country Championship Marks, Times & Places
(First year for girl's Cross-Country was 1996)

Year	Place	Division	Team
1990	8 th	IV	Boy's
1996	6 th	IV	Boy's
1999	8 th	IV	Girl's
2000	15 th	IV	Girl's
2000	16 th	IV	Boy's
2001	10 th	IV	Girl's
2005	6 th	IV	Boy's
2006	18 th	IV	Girl's
2006	5 th	IV	Boy's

Saint Mary's top 20 Individuals Finishes at the State Meet

Place	Year	Athlete	Place	Year	Athlete
4 th	2001	Rudy Vasquez	1 st	2000	Bridget Duffy
6 th	2006	Matt Duffy	1 st	2001	Bridget Duffy
7 th	2005	Matt Duffy	2 nd	2004	Gabi Rios-Sotelo
10 th	2000	Rudy Vasquez	2 nd	1999	Bridget Duffy
13 th	1994	Jonevan Hornsby	3 rd	2002	Gabi Rios-Sotelo
16 th	1989	Devin Young	16 th	2001	Gabi Rios-Sotelo
18 th	1996	Mike Arp			
19 th	2005	Erick Berthaldan			
20 th	2005	Rob Riccardi			

Top Times at the State Meet

Time	Year	Athlete	Time	Year	Athlete
15:54	2006	Matt Duffy	18:15	2000	Bridget Duffy
15:56	2000	Rudy Vasquez	18:20	2004	Gabi Rios-Sotelo
16:06	2005	Matt Duffy	18:29	2002	Gabi Rios-Sotelo
16:07	2001	Rudy Vasquez	18:33	2001	Bridget Duffy
16:31	1994	Jonevan Hornsby	18:35	1999	Bridget Duffy
16:32	1989	Devin Young	19:28	2001	Gabi Rios-Sotelo
16:34	1992	Jonevan Hornsby	19:57	2006	Margot Sullivan
16:35	2005	Erick Berthaldan	20:13	2006	Alex Choy
16:37	2005	Rob Riccardi	20:39	2000	Chelsea Torgersen-Bell
16:50	1993	Jonevan Hornsby	20:44	1999	Chrissy Chavez
16:51	2006	Rob Riccardi	21:05	1999	Sayaka Matsumoto
16:51	1996	Mike Arp	21:13	1999	Florinda Larkin
16:55	2006	Forrest Jordan	21:20	1999	Chelsea Torgersen-Bell
16:59	1997	Mike Arp	21:23	2000	Bria Maguire
17:00	2000	Sean Geraghty	21:37	2006	Taylor Lawson
17:01	1992	Jonevan Hornsby	21:53	2006	Alice Baker
17:04	1999	Rudy Vasquez	21:50	2001	Chelsea Torgersen-Bell
17:12	1990	Steve Loh	21:58	2000	Michale Chesley

