

CFB ISD School Health Advisory Council (SHAC) Meeting notes – April 16, 2026

1. Introduction and welcome

Chairperson, April Hooper-Christenson called the SHAC meeting to order on April 16, 2026 in the boardroom at 6:38 pm with quorum met. The following SHAC members were in attendance: April Hooper-Christenson, Lyat Mizrahi, Kim Graham, Leon Sulak, Sandra Lieck, Laura Brookover-Ybarra, Linda Villemarette, Veronica Morales, Josh Carter, Gwen Perkins, Lakshmi Ananthakrishnan.

Other guests in attendance: Noah Smith, Total Care ER

2. Review of SHAC Mission /Purpose

April reviewed why we need a SHAC, the goals, the components of the coordinated school health program and the importance of parent participation. Other people in attendance are considered visitors and they can ask questions during the program and address the SHAC during audience for guests.

3. Audience for guests

Noah Smith, Total Care ER

4. Presentation on Youth Equipped for Success Programs - Chi Chi Odo

Chi Chi Odo started by talking about what the YES (Youth Equipped to Succeed) program is really about and what it stands for. Then had one of his co workers explain exactly in detail how the speak to kids about certain topics starting as young as elementary age.

5. Local Wellness Policy Review/Revision- Laura Brookover-Ybarra, Assistant Director-SNS

Laura went over the outlined and printed wellness plan.

6. SHAC Elections for Officers for the 2026-2027 SHAC

April suggested that we postpone this for the first meeting of next years SHAC.

With no further business, the meeting was adjourned at 7:49pm.

Lyat Mizrahi, Appointed Secretary