

## MVMS INTERSCHOLASTIC FIELD HOCKEY

COACH	Tawny Callaghan - MVMS field hockey coach
OBJECTIVE	To develop knowledge of the basic fundamentals of field hockey and to play games in competition. Each student will be encouraged to reach their potential, promote teamwork, sportsmanship and discipline.
EXPECTATIONS	<p>Field Hockey is open to all 7<sup>th</sup> and 8<sup>th</sup> grade girls at MVMS. Everyone will have an opportunity to play. Field hockey is a full time commitment (five days a week and full game schedule). Commitment is a vital piece of being a part of any group or team. While it is understood that there may be other activities going on during the season, in order to be part of this team, a commitment needs to be made to show up (on time) for practice and games. Expect to have practice or have a game any day Monday-Friday.</p> <p>MVMS is looking for team players who put forth their best efforts on and off the field, are coachable and have a positive attitude. Sportsmanship, effort, enthusiasm, and respect are expected.</p>
EQUIPMENT	Sneakers, shorts, tee shirt, cleats (optional), 2 mouth guards (SISU recommended if you have no braces), shin guards - hard plastic are better, goggles, field hockey stick, white game socks and black game socks. Uniforms consisting of two game jerseys and one black skort will be provided for use during the season.
FIRST DAY	<b>Tuesday, September 1st</b>
TIME	3:15 p.m. - 4:45 p.m. (times on Wednesdays - 4:00 - 5:30)
LOCATION	Village School or MVMS back fields (unless otherwise noted)
SCHEDULE	Monday through Friday

### GAME DAYS

Games start at 3:45/4:00 p.m. Students need to be on the field no later than 3:15. Ending time will depend on whether the game is at home or at another school. A schedule of games and directions to away-games will be posted in the MVMS main office, on the MVMS and MHS website and handed out on the first day of practice.

### TRANSPORTATION TO AWAY GAMES

All MVMS girls field hockey players will be picked up by the MPS athletic bus at the back of the school following dismissal. The coach will board the bus with the players. Following the game, the bus will return the athletes to the MVMS. The coach will stay with students until they are picked up.

**\*If parents/guardians are driving their child home from an away game a signed release form must be filled out and given to the coach prior to the game.**

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Please return this form signed by Thursday, September 3rd.

I have read the above contract. I understand and agree with the guidelines.

Player:

Parent: