

Rebel Report

COMPASSION HONESTY RESPECT
RESPONSIBILITY

June 5, 2026

INFORMATION ON NEW SCHEDULE FOR 2026–2027

Dear Reeds Brook Families,

We are excited to share some important news about your child's school day beginning in the **2026–2027** school year. MTSS is a proactive, evidence-based framework that helps us identify students who need additional academic, behavioral, or social-emotional support – and reach them early. Our MTSS team has been careful planning all year. This fall, RBMS is launching a new daily schedule designed to give every student more consistent instruction, stronger support, and a clearer routine.



Here's what's changing:

All Four Core Subjects, Every Day

Your child will have ELA, Math, Science, and Social Studies every single day in 60-minute blocks – no more every-other-day rotations for Science and Social Studies.

A New WIN (What I Need) Block

Each day includes a dedicated WIN block for targeted support and enrichment. During this time, students engage in independent skills practice. This framework enables staff to work with small groups for re-teaching or extension. WIN replaces TI's.

Specials in a Structured Rotation

Students will have two specials each day, rotating through a 6-day (A–F) cycle. Students who are not enrolled in Band or Chorus will experience a full year of all four specials.

1. Tech
2. Art
3. PE & Health
4. Character Strong & Gen US across

Students in Band and Chorus will have PE/Health as a consistent special, with quarterly exposure to Art, Tech, and Character Strong/Gen US throughout the year. Band meets on A, C, and E days, while Chorus meets on B, D, and F days, giving music students dedicated time without any scheduling conflicts.

A Shorter Lunch Period

Lunch will move from 25 to 20 minutes. Data showed students consistently finish eating in under 17 minutes, so this change is a comfortable one.



Individual student schedules will be available in August – please check PowerSchool for updates.

We believe these changes will make each school day more purposeful and predictable for your child. If you have questions, please don't hesitate to reach out. We look forward to a great year ahead!

Warmly,
Jen Cyr, Principal
Reeds Brook Middle School

LAST CALL FOR LIBRARY BOOKS!

Lunch Menu

8	9	10	11	12
Chicken Tenders Popcorn Chicken Fries Salad & Fruit Bar	Chicken Burger Hamburger Fries Salad & Fruit Bar	CHEF'S CHOICE  Salad & Fruit Bar	Early Dismissal Snack Pack TO GO	NO SCHOOL Start of Summer Vacation 

UPCOMING EVENTS

UPCOMING

- June 8 – 8th Grade Field Trip 8 - 2
- June 10 – 8th Grade Morning Practice 8th Grade Field Day (Yearbooks / No Classes) / 8th Grade Promotion Night @ HA at 6:00 PM
- June 11 – Last Day (6th & 7th) / Early Dismissal
- June 17 – Report cards mailed to all homes



As always, please don't hesitate to reach out if you have any questions at rbmsoffice@rsu22.us

PROMOTION NIGHT CELEBRATION INFORMATION

Wednesday, June 10th at 6:00 PM at Hampden Academy

Promotion Night Details

Date: Promotion Night Details

Date: Wednesday, June 10, 2026

Time: 6:00 PM

Location: Hampden Academy Gymnasium

All friends and family are warmly welcome to attend – there is plenty of room, so bring everyone who wants to celebrate!

For Students:

- Please arrive at Hampden Academy by 5:45 PM
- Students should go directly to the multi-purpose room, located past the cafeteria, to line up
- Dress for the evening is your choice – students may dress up or keep it casual (school dress code still applies)

For Families:

- Families may want to consider parking in the faculty lot, which is the closest to the building
- Don't miss the photo opportunity at the banner on the outside wall between Reeds Brook and Hampden Academy – a perfect spot for a memorable keepsake photo!

About the Celebration:

This evening is designed to honor each and every 8th grader. Students will enter the gymnasium one by one, greeted by their teachers and staff in a moment dedicated just to them. The program will also include the announcement of awards and remarks from invited speakers.

See information below on the 8th grade Promotion Celebration at Urban Air.

REEDS BROOK
8TH GRADE
PROMOTION
CELEBRATION

— AT —
URBAN AIR
ADVENTURE PARK

WE HAVE THE
PLACE
TO OURSELVES!
★★★

ON UNION ST. IN BANGOR

8PM - 11PM!

WEDNESDAY
JUNE 10TH

YOU MUST PROVIDE **TRANSPORTATION**
TO AND FROM EVENT
AND **SIGNED WAIVER**
IN ORDER TO PARTICIPATE.

PIZZA | A BOTTLE OF WATER | SOCKS PROVIDED!

LAST DAY OF SCHOOL FOR GRADES 6 & 7 – JUNE 11- EARLY DISMISSAL

Maine's New Cell Phone-Free Commitment



May 22, 2026

Dear RSU 22 Community,

As we continue to focus on providing the best possible learning environment for our students, our administrative team would like to provide you with advance notice regarding an important change that will take effect beginning in the fall of the upcoming school year within RSU 22.

In alignment with the State of Maine's new "bell-to-bell" law regarding personal electronic devices in schools, our district must implement a new personal electronic device policy. **This policy will restrict the usage of all personal electronic devices in all RSU 22 schools beginning with the start of school in 2026-2027.** The purpose of this change is not only to adhere to the new law, but also to support student learning, increase engagement in the classroom, minimize distractions during the school day, and promote positive social interaction among students.

This policy will apply to all personal electronic devices including, but not limited to:

- Cell phones
- Smart watches
- Tablets
- Personal laptops
- Other personal electronic devices with internet or cellular network capabilities

Additional details regarding the expectations, procedures, and implementation of this policy will be shared with families and students prior to the start of the school year. Our goal is to ensure that all students and families clearly understand the expectations and the reasons behind this change.

We recognize that personal technology has become a significant part of everyday life, and we appreciate your partnership and support as we work together to uphold the law and create an environment that prioritizes student learning, focus, and well-being throughout the school day.

Thank you for your continued support of our schools, our staff, and most importantly, the students within our district. We greatly value our partnership with families and look forward to a successful conclusion to our current school year as well as our school year ahead. If you have any questions related to your child's needs related to this new change, please reach out to your child's principal and they will be happy to speak with you.

Sincerely,

Nick Raymond

Committed to the optimal learning of all students

Critical Thinking • Perseverance • Collaboration • Effective Communication • Problem Solving

NURSE'S CORNER



THE NURSE'S CORNER

Alison Ramsdell RN aramsdell@rsu22.us 862-3540

Jump Into Spring: Seasonal Allergies

Spring brings seasonal allergies. Knowing the difference between allergies and illness helps students stay healthy and ready to learn.

Know the Triggers: Common allergens include pollen, grass, dust mites, and pet dander.

Monitor local pollen levels and try to keep windows closed on high-pollen days.

Practice Prevention:



- Encourage children to wash their hands and faces after playing outside, and change clothes when coming indoors. Showering before bed can help reduce nighttime symptoms.
- Keep the windows closed at home and in the car and use the air conditioner instead. Make sure to clean the filters often to keep the pollen away.
- After being outdoors, change clothes and rinse off, and shower to wash away the pollen that may be on your child's body.
- Pets can bring pollen inside the home, so wipe them down with a damp cloth and bathe them regularly.



- Wash your child's hands after playing outdoors so pollen particles don't go on the face or in the eyes. If your child plays outdoors, have them avoid wet moist areas where mold can grow and tall areas of grass. Keep your child indoors when the grass is mowed..



RBMS Annual Health Report .docx

[Download](#)

9.1 KB



Sports Physical Form.pdf

[Download](#)

73.7 KB



Medication Permit - Fillable.pdf

[Download](#)

100.3 KB

Sunscreen at School

The school nurse may allow a student to possess and use topical sunscreen without an order from a physician when the following conditions are met:

- ✓ Sunscreen is in the original container with proper FDA labeling, directions for use, and warnings
- ✓ Written permission from the parent is obtained

There is no expectation that the school will supply sunscreen to students. If a student is unable to self-apply, school personnel may assist when:

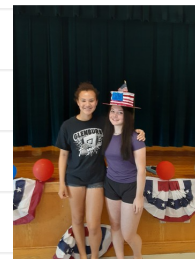
- ✓ The student requests help
- ✓ Parent or guardian permits
- ✓ Authorized by the school

Allowable products in the school setting include oils, lotions, creams, gels, butters, pastes, ointments, and sticks. It is not recommended to allow aerosol or spray sunscreen to limit adverse effects for students with asthma and or allergies (State of Maine Department of Education and State Board of Education, 2022).



Updated 9/2024

TWINNING



GRADE 8 ONLY -GIRLS SOCCER & FIELD HOCKEY

8th Grade ONLY - Field Hockey and Soccer Meetings for Incoming Freshman Girls

Field Hockey meeting for athletes interested in playing this fall.

Thursday, 5/28, 2pm, HA Dining Commons.

Girls Soccer meeting for athletes interested in playing this fall.

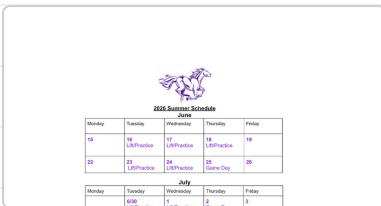
Weds., 6/3, 2pm, in Room 111 at HA

BRONCO FIELD HOCKEY

SUMMER SCHEDULE

		<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
WEEK 1	June Time/Place Session	15 7:00-9:00am - TURF Team Training 9:00-10:30am - TURF <i>Free Clinic Youth & MS</i>	16	17 7:00-9:00am - TURF Team Training	18 7:00-9:00am - TURF Goalkeeping Session Shooting/Optional Skills	19
WEEK 2	June Time/Place Session	22 7:00-9:00am - TURF Team Training	23	24 7:00-9:00am - TURF Team Training	25 7:00-9:00am - TURF GK, Shooting Optional Skills	26
WEEK 3	June/July Time/Place Session	29 7:00-9:00am - TURF Team Training	30 6:00-9:00pm - TURF NIGHT GAMES	1 7:00-9:00am - TURF Team Training	2 7:00-9:00am - TURF GK/Shooting/Skills <i>Middle School 7:30-9:00</i>	3
WEEK 4	July Time/Place Session	6 7:00-9:00am - TURF Team Training	7 5:00-8:00pm - TURF NIGHT GAMES	8 7:00-9:00am - TURF Team Training	9 7:00-9:00am - TURF GK/Shooting/Skills <i>Middle School 7:30-9:00</i>	10
WEEK 5	July Time/Place Session	13 7:00-9:00am - TURF Team Training	14	15 7:00-9:00am - TURF Team Training	16 7:00-9:00am - TURF GK/Shooting/Skills <i>Middle School 7:30-9:00</i>	17
WEEK 6	July Time/Place Session	20 7:00-9:00am - TURF Team Training	21 5:00-8:00pm - TURF NIGHT GAMES	22 7:00-9:00am - TURF Team Training	23 7:00-9:00am - TURF GK/Shooting/Skills <i>Middle School 7:30-9:00</i>	24
WEEK 7	July Time/Place Session	27 7:00-9:00am - TURF Team Training	28 5:00-8:00pm - TURF NIGHT GAMES	29 7:00-9:00am - TURF Team Training	30 7:00-9:00am - TURF GK/Shooting/Skills <i>Middle School 7:30-9:00</i>	31
WEEK 8	August	3 Hands Off	4 Hands Off	5 Hands Off	6 Hands Off	7 Hands Off
WEEK 9	August	10 Hands Off	11 Hands Off Youth & MS Mini Camp 8:00-10:00AM	12 Hands Off Youth & MS Mini Camp 8:00-10:00AM	13 Hands Off Youth & MS Mini Camp 8:00-10:00AM	14 Hands Off
WEEK 9	August	17 <i>Preseason Begins!!!</i>	18	19	20	21

FRESHMAN FOOTBALL SUMMER SCHEDULE AT HA



26-27 HA FRESHMAN FOOTBALL

HA FRESHMAN FOOTBALL

docs.google.com

SUMMER SOFTBALL

Summer Softball OPPORTUNITY!

 **TWILIGHT SUMMER LEAGUE** has a **14u division** and a **high school division** open to girls in grades 7-12.

 **GAMES WILL BE** **JUNE 16-JULY 30**, and they are typically on **TUESDAY, WEDNESDAY, or THURSDAY NIGHTS.**

 **PLEASE CONTACT COACH JARROD WILLIAMS WITH ANY QUESTIONS:** roofthis2956@gmail.com

Summer Softball opportunity:

Twilight Summer league has a 14u division and a high school division open to girls in grades 7-12. Games will be June 16-July 30, and they are typically on Tuesday, Wednesday, or Thursday nights. Please contact Coach Jarrod Williams with any questions: roofthis2956@gmail.com

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HA SOCCER CAMP

Hampden Academy Summer Soccer Camp

July 27 - July 30th 2025

8am - 2pm

Please plan to arrive no earlier than 7:30am, and pickup no later than 2:30pm.

HAMPDEN ACADEMY TURF

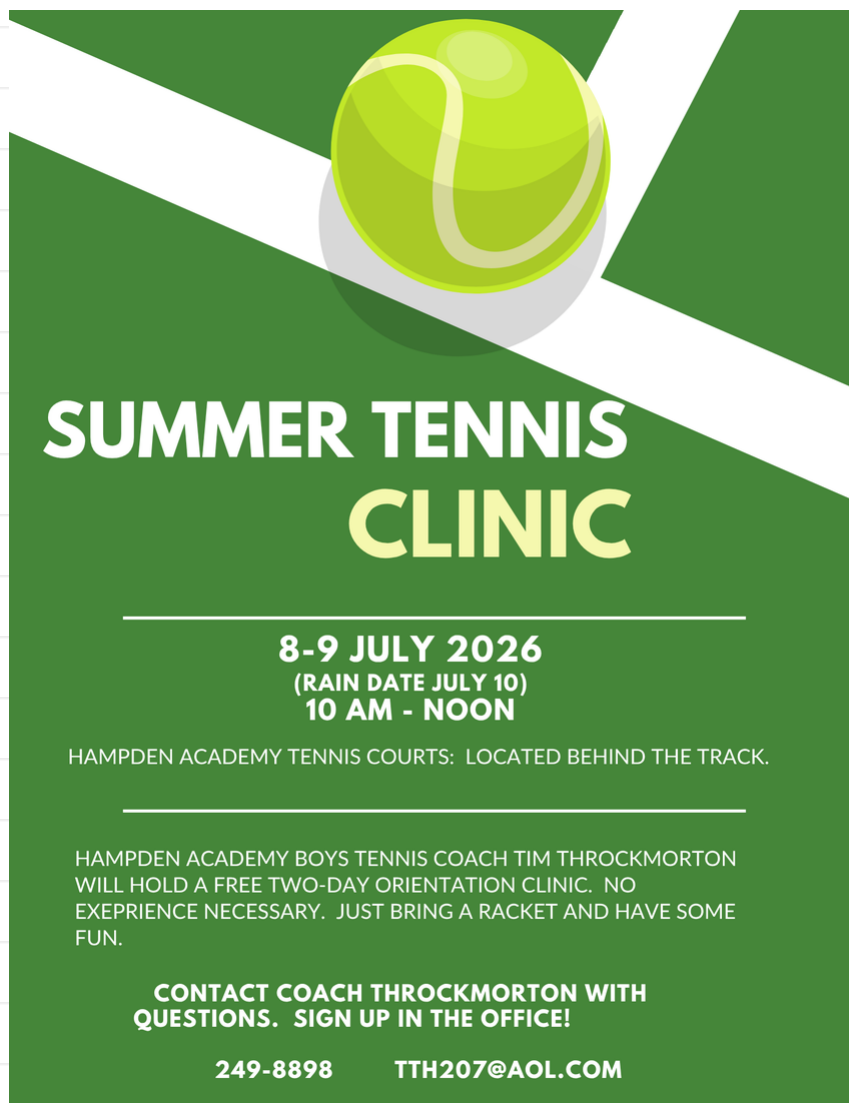
OPEN TO BOYS & GIRLS ENTERING GRADES 3-8

PRICING - \$100 (1 Child), \$150 (2 Children), \$200 (3 Children)

Please make check payable to **HA Soccer** (add athletes full name to memo)

Send checks to Hampden Academy: 89 Western Ave, Hampden, ME 04444

****Register by July 1, 2026 to receive a free camp t-shirt****

A green graphic with a white diagonal stripe. At the top center is a 3D-rendered yellow tennis ball with a white seam. Below the ball, the text "SUMMER TENNIS CLINIC" is written in large, bold, white and yellow letters. Underneath, the dates "8-9 JULY 2026" are shown in white, followed by "(RAIN DATE JULY 10)" and "10 AM - NOON" in yellow. A horizontal white line separates this from the text "HAMPDEN ACADEMY TENNIS COURTS: LOCATED BEHIND THE TRACK." Below another horizontal white line, the text "HAMPDEN ACADEMY BOYS TENNIS COACH TIM THROCKMORTON WILL HOLD A FREE TWO-DAY ORIENTATION CLINIC. NO EXPERIENCE NECESSARY. JUST BRING A RACKET AND HAVE SOME FUN." is written in white. At the bottom, "CONTACT COACH THROCKMORTON WITH QUESTIONS. SIGN UP IN THE OFFICE!" is written in white, followed by the phone number "249-8898" and email "TTH207@AOL.COM" in white.

**SUMMER TENNIS
CLINIC**

8-9 JULY 2026
(RAIN DATE JULY 10)
10 AM - NOON

HAMPDEN ACADEMY TENNIS COURTS: LOCATED BEHIND THE TRACK.

HAMPDEN ACADEMY BOYS TENNIS COACH TIM THROCKMORTON
WILL HOLD A FREE TWO-DAY ORIENTATION CLINIC. NO
EXPERIENCE NECESSARY. JUST BRING A RACKET AND HAVE SOME
FUN.

**CONTACT COACH THROCKMORTON WITH
QUESTIONS. SIGN UP IN THE OFFICE!**

249-8898 TTH207@AOL.COM





BRONCO FIELD HOCKEY. SUMMER OPPORTUNITIES



BRING A FRIEND CLINIC

JUNE 15th 9:00-10:30AM
Hampden Academy Turf
Entering Grades K-7

- ✓ Skills Training
- ✓ Game Knowledge
- ✓ Teamwork

Perfect for beginners and anyone who wants to improve their field hockey skills with Hampden Academy Head Coach, Margaux Poplaski

REGISTER: <https://forms.gle/pM6A12MfnvnPDiFt9>

Learn the game. Prepare for fall.
Spend time with friends!

STICKS
AVAILABLE!

FREE



JULY TRAINING

Thursdays in July
7:30-9:00am
Hampden Academy Turf
Entering Grades 6-8
No Registration- Just show up!

Contact Information :
hampdenbroncofh@gmail.com



PRE-SEASON MINI-CAMP

INCLUDES:

- ✓ Basic & Advanced Skill Training
- ✓ Speed, Strength & Agility
- ✓ Teamwork & Discipline
- ✓ Tactical & Game Strategy

Join Hampden Academy's Head Coach Margaux Poplaski, to learn all about field hockey and prepare for next season!

COST: \$50

REGISTER

<https://forms.gle/o1qbaDhByh8TdFPL7>

Contact Information :
hampdenbroncofh@gmail.com



BRONCO FIELD HOCKEY

\$50

AUGUST 11-13 - 8:00-10:00am
HAMPDEN ACADEMY TURF
GRADES K-7

Learn the game. Strengthen your skills. Be ready for fall!

GIRLS BASKETBALL




2026 Hampden Girls Basketball Camp Flyer.docx

Download
2.3 MB



NEW MAINE LAW - PERSONAL TECHNOLOGY.pdf

Download
76.2 KB

 RBMS Student
Handbook 2025-2026

RBMS Student Handbook 2025-2026

Reeds Brook Middle School HANDBOOK FOR STUDENTS AND FAMILIES 2025-2026 Dear Students and Families, Please join the Reeds Brook staff in creating a supportive learning environment that challenges students to learn and grow. Our school is a p...

docs.google.com

RBMS WEBSITE

Bus Information

2025-2026 RSU 22 District Calendar

Community Events

SUPPORT SERVICES



Family handout - Acadia NL Case Management.pdf

Download
117.0 KB

CHECK US OUT ON FACEBOOK

Strategic Plan 2022-2027

Four Building Blocks

1	2	3	4
Student Success	Professional Excellence	Community Partnerships	Operational Excellence
Academic Excellence & Achievement	Recruitment & Retention	Family & Community Engagement	Budget Development
Foundational Skills	Professional Development	RSU 22 Educational Foundation	Fiscal & Facilities Management
Instructional Models	Best Practices	Communication & Transparency	Comprehensive Planning
Engagement		Campus Based Services	

About RBMS

Reeds Brook Middle School currently serves approximately 300 students from Hampden and Newburgh, as part of RSU 22. Students at RBMS are in grades 6-8. We challenge all students to achieve individual success in a supportive environment.



Principal: Jennifer Cyr (jcyr@rsu22.us)

Dean of Students: Sandi Bellerose (sbellerose@rsu22.us)

School Counselor: Ann Moody (amoody@rsu22.us)

Nurse: Alison Ramsdell (aramsdell@rsu22.us)

Find us [Facebook](#)



Tina Hinkley

Tina is using Smore to create beautiful newsletters