

**Woodbury Parks and
Recreation**



MBVB **INDOOR VOLLEYBALL** *CLINIC*

HIGH LEVEL REPS, FEEDBACK, AND TRAINING EVERY THURSDAY

JUNE 18 - AUGUST 13 GRADES 9 - 12

This clinic is designed for current high school volleyball players but welcomes beginners who are serious about learning the game and plan to try out for their high school team.

Athletes will work through a variety of drills, small group games, competitions, and 6v6 training with constant opportunities to improve their serving, passing, setting, hitting, blocking, individual defense, and volleyball-specific conditioning.

Visit www.woodburyparksandreg.org for session information and to register.

Register by May 22nd for \$250! Fee increases to \$275 on May 23rd.