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Minneapolis Kids Lunch

This institution is an equal opportunity provider.

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JULY 2026

TRUE FOOD
MPS CULINARY & WELLNESS SERVICES

Milk Offered Daily.

Meatless Option

		W 1 Chicken & Waffles Chickpea Sandwich Diced Potatoes, Fruit Cup Roast Turkey & Cheddar Sandwich	**T 2** Grilled Cheese Fruit Cup, Carrots Roast Turkey & Cheddar Sandwich	**F 3** CLOSED INDEPENDENCE DAY 
M 6 BBQ Chicken Nuggets Apples, Seasoned Veggies, Dinner Roll Cracker Yogurt Pack	**T 7** Pasta & Meatballs Pasta with Marinara Green Beans, Apples Smoked Turkey & Cheddar Sandwich	**W 8** Cheese Omelette & Pancakes Diced Potatoes, Fruit Cup Smoked Turkey & Cheddar Sandwich	**T 9** Sloppy Joe Baked Beans, Fruit Cup Smoked Turkey & Cheddar Sandwich	**F 10** Smoked Turkey & Cheddar Sandwich Picnic
M 13 Chicken Drumstick Cheesy Jalapeno Biscuit Seasoned Carrots, Apples Cracker Yogurt Pack	**T 14** Hamburger/ Cheeseburger Black Bean Burger Apples, Baked Beans Roast Turkey & Cheddar Sandwich	**W 15** Chicken & Waffles Chickpea Sandwich Diced Potatoes, Fruit Cup Roast Turkey & Cheddar Sandwich	**T 16** Grilled Cheese Fruit Cup, Carrots Roast Turkey & Cheddar Sandwich	**F 17** Roast Turkey & Cheddar Sandwich Picnic
M 20 BBQ Chicken Nuggets Apples, Seasoned Veggies, Dinner Roll Cracker Yogurt Pack	**T 21** Pasta & Meatballs Pasta with Marinara Green Peas, Apples Smoked Turkey & Cheddar Sandwich	**W 22** Turkey Hot Dog Chickpea Sandwich Baked Beans, Fruit Cup Smoked Turkey & Cheddar Sandwich	**T 23** French Bread Cheese Pizza Carrots, Fruit Cup Smoked Turkey & Cheddar Sandwich	**F 24** Smoked Turkey & Cheddar Sandwich Picnic
M 27 Chicken Drumstick Carrots & Parsnips Kernza Rice Pilaf, Apples Cracker Yogurt Pack	**T 28** Hamburger/ Cheeseburger Black Bean Burger Apples, Carrots Roast Turkey & Cheddar Sandwich	**W 29** Chicken & Waffles Chickpea Sandwich Diced Potatoes, Fruit Cup Roast Turkey & Cheddar Sandwich	**T 30** Grilled Cheese Fruit Cup, Carrots Roast Turkey & Cheddar Sandwich	**F 31** Roast Turkey & Cheddar Sandwich Picnic

Due to supply chain and distribution issues impacting our district and the world, our menu is subject to change. Keep this in mind when reviewing our printed and on-line menus. For the most up to date information, visit cws.mpls.k12.mn.us.