

The *Chill* Project by AHN

A Comprehensive Mindfulness Movement

*Transforming
community
behavioral health*

*Encouraging
mindfulness-informed
solutions for school
communities*

Services

1. All students, families, and school staff and faculty learn fundamental mindfulness skills.
2. Eligible students receive access to a licensed therapist and medication management.
3. The Chill Room offers a peaceful, relaxing space for enhancing wellness.



GOALS

Increase



Student resilience



Staff/faculty and parent well-being



Community mindfulness

Decrease



Parent stress



Staff burnout and turnover



Nonpreferred student behavior

HOW YOU CAN *HELP*

Your donations help us create the Chill Room, a best-in-class space for enhancing wellness.

Give online at www.SupportAHN.org/Chill-Project.



AHN

Office of Development

August 30, 2021

SCHOOL BASED SERVICES

Avalon Elementary School

A.W. Beattie Tech and Career Center

Baldwin Middle School

Baldwin High School

Beaver County Career & Technical Center

Bellevue Elementary School

Carlynton Junior/Senior High School

Carnegie Elementary

Chartiers Valley High School

Gill Hall Elementary School

Jefferson Hills Intermediate School

McClellan Elementary School

Northgate Middle School

Northgate High School

Pleasant Hills Middle School

Shady Side Academy

South Park Elementary

South Park Middle School

South Park High School

Steel Center for Career and Technical Education

Thomas Jefferson High School

INTERESTED IN PARTNERING *WITH US?*

To discuss about philanthropic partnership and how your gifts can make a difference, please contact us at [412.578.4427](tel:412.578.4427) or email us at development@ahn.org.

To learn more about the program, please call us at [412.650.1139](tel:412.650.1139).

