

Community Mental Health Resources

Mental Health Clinics, Counselors & Psychologists:

Wesley Family Services- Bridgeville:

Phone Number: (412) 564-1172

Address: 100 Emerson Ln #1525, Bridgeville, PA 15017

Website: <https://wfspa.org/>

AHN Behavioral Health Institute

Phone Number: 412-330-4429

Location: multiple locations available

Website: <https://www.ahn.org/services/psychiatry-mental-health/treatments>

UPMC Pediatric Behavioral Health Program

Phone Number: **412-692-5100**

Location: multiple locations are available

Website: <https://www.chp.edu/our-services/behavioral-health>

The Star- Center Clinic:

Phone Number: 412-246-5619

Address: 3811 O'Hara Street, Pittsburgh, PA 15213

Website: <http://www.starcenter.pitt.edu>

Chartiers Community Mental Health and Retardation Center, Inc.:

Phone number: 412-221-3302

Address: 437 Railroad St., Bridgeville, PA 15017

Website: www.chartierscenter.org

FamilyLinks:

Phone Number: 412-343-7166

Address: 2644 Banksville Road, Pittsburgh, PA 15216

Website: www.familylinks.org

Mercy Behavioral Health:

Phone Number: Emergency- 1-877-637-2924 Administrative- 412-323-4500

Address: 1200 Reedsdale St. Pittsburgh, PA 15233

Website: www.mercybehavioral.org

24 hour Hotlines and Mobile Units:

RE:SOLVE Crisis Network:

Phone Number: 1-888-7-YOU CAN (1-888-796-8226)

Address: 333 North Braddock Ave., Pittsburgh, PA 15208

Description: Re:solve Crisis Network provides round-the-clock, mental health crisis intervention and stabilization services for residents of Allegheny County in Pennsylvania. Re:solve Crisis Network is open 24 hours a day, 365 days a year.

- Telephone: call any time and speak with a trained counselor
- Mobile dispatch unit: our trained crisis counselors will travel to where you are — anywhere in Allegheny County.
- Walk in: you don't need an appointment when you visit our North Braddock Avenue location, near Pittsburgh, Pa. Just walk in and talk about your concerns or those of a family member or friend.
- Residential services: Residential and/or overnight services are accessible only for individuals, ages 14 and older, whose crisis extends over a period of time. We provide up to 72 hours of residential services at our North Braddock Avenue location.

The National Suicide Prevention Lifeline:

Phone Number: 988

Website: www.suicidepreventionlifeline.org

Description: The National Suicide Prevention Lifeline is a free confidential 24 hour, 7 day a week hotline available to anyone in suicidal crisis or emotional distress; connects the caller to certified help from nearest crisis center; can call for self or someone individual cares about.

The National Hopeline Network:

Phone Number: 1-800-SUICIDE

Website: www.treatmentadvocacycenter.org

Description: Callers reach an AAS-certified suicide crisis center whose staff is highly trained in de-escalating crises and in performing appropriate interventions, particularly if a suicide seems imminent. Crisis centers maintain resource lists for human resources and services in their areas of operation which enables them to refer callers to mental health treatment and other services as appropriate.

The Boys Town National Hotline:

Phone Number: 1-800-448-3000

Website: www.boystown.org/national-hotline

Description: The Boys Town National Hotline is open 24 hours a day, 365 days a year and staffed by specially trained Boys Town Counselors. Parents, teens and families can find help with the following: Suicide Prevention, Runaways, parenting troubles, School issues, and more. Spanish speaking counselors and translation services, representing more than 140 languages are available, along with a TDD line (1-800-448-1833) that allows counselors to communicate with speech-impaired and deaf callers.

The Trevor Lifeline:

Phone Number: 1-866-4-U-TREVOR (1-866-488-7386) or text START to 678678

Website: www.thetrevorproject.org

Description: The Trevor Lifeline is a national, confidential 24-hour toll-free suicide prevention hotline aimed at lesbian, gay, bisexual, transgender, and questioning youth. If a young person is looking for someone to listen and understand without judgment or if he/she is feeling suicidal, trained counselors are available.

The National Alliance on Mental Illness:

Phone Number: 1-800-950-6264

Website: <https://www.nami.org>

Description: NAMI operates an emergency mental health hotline Monday–Friday from 10 a.m. to 6 p.m. EST. Operators can provide information about mental illness and refer callers to treatment, support groups, family support, and legal support, if needed.

The National Institute of Mental Health:

Phone Number: (866) 615-6464

Website: <https://www.nimh.nih.gov/index.shtml>

Description: This organization has a variety of methods for you to communicate with knowledgeable people about mental health issues. In addition to the phone line, there is a live online chat option. These resources are available Monday–Friday, 8:30 a.m. to 5 p.m. EST.

Crisis Text Line:

Number: Text HOME to 741741. You can reach them through Facebook Messenger. Using the “Send Message” button at facebook.com/crisistextline button will connect you to a live Crisis Counselor.

Website: <https://www.crisistextline.org/>

Description: Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor.

YouthLine:

Phone Number: Text teen2teen to 839863, or call 1-877-968-8491

Website: <https://oregonyouthline.org/about/>

Description: YouthLine provides a safe space for children and adults ages 11 to 21, to talk through any issues they may be facing, including eating disorders, relationship or family concerns, bullying, sexual identity, depression, self-harm, anxiety and thoughts of suicide.

Emergencies:**RE:SOLVE Crisis Network:**

1-888-796-8226

333 North Braddock Ave., Pittsburgh, PA 15208

ACES- Allegheny County Crisis Emergency Services (24/7) Mobile Crisis:

1-888-424-2287 or 412-350-4457

304 Wood Street, Pittsburgh, Pa 15222

302- County MH Emergency: 412-350-4457

Children Youth Family & Services: 412-437-2000

Hospitals:

Western Psychiatric Institute and Clinic:

412-624-1000 or 412-624-2000

3811 O'Hara Street, Pittsburgh, PA 15213-2593

Southwood Psychiatric Hospital:

412-257-2290

2575 Boyce Plaza Road, Pittsburgh PA 15241-3949

St. Clair Hospital:

412-561-4900

1000 Bower Hill Rd, Pittsburgh, PA 15243

Allegheny General Hospital:

Information: 412-359-3131, ER: 412-359-3252

302 E. North Avenue, Pittsburgh, PA 15212

UPMC Children's Hospital:

412-692-5325

4401 Penn Avenue, Pittsburgh, PA 15224
