



# PODCASTS FOR KIDS - BY AGE RANGE

## RECOMMENDED BY NPS LITERACY SPECIALISTS & LIBRARIANS (UPDATED 2026)

Looking for screen-free enrichment this summer? This curated list of podcasts for kids in grades K-6 was recommended by NPS Literacy Specialists and librarians to keep curious minds engaged all summer long. Whether your child loves science, stories, history, or current events, there's something here for every listener. Pop in some earbuds and enjoy together on car rides, lazy afternoons, or anywhere in between!

| Podcast Title                         | Age Range         | Category                           | Description                                                                                                                                                                                                                                                                                                                                                                                    |
|---------------------------------------|-------------------|------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <u>Smash Boom Best</u>                | K-6<br>6-12 years | Debate Show &<br>Critical Thinking | Smash Boom Best is a funny, smart debate show for kids and families from the Brains On Universe. Every episode takes two cool things, smashes them together and lets you decide which is best: Pikachu vs. Mario, Lollipops vs. Popcorn, Flamingos vs. Axolotls, Mermaids vs. Bigfoot, Cats vs. Dogs, Spiderman vs. Batman, Refrigerators vs. Toilets, Minecraft vs. Lego... the list goes on. |
| <u>Circle Round</u>                   | 3-10<br>years     | Stories &<br>Fiction               | WBUR's Circle Round adapts carefully selected folktales from around the world into sound- and music-rich radio plays for kids ages 3-103. Each 15 to 25-minute episode explores important issues like kindness, persistence and generosity. And each episode ends with an activity that inspires a deeper conversation between children and grown-ups.                                         |
| <u>Forever Ago (History of Stuff)</u> | 6-12<br>years     | History &<br>Social Studies        | Podcast host, Joy Dolo, helps the listeners explore the history of everyday objects like ice cream, shoes, sandwiches and the rubix cube to name a few. In each episode reporters join them to help the host and child guest-host understand the history of the object or concept in question. It is impossible to get through an episode without learning something new.                      |
| <u>Brains On! Science Podcast</u>     | 6-12<br>years     | Science &<br>Nature                | In each episode host Molly Bloom explains different scientific phenomenons to the listener. With a kid co-host she talks to reporters to get the scoop on various topics. It's a must-listen for curious kids!                                                                                                                                                                                 |



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|-------------------------------------------|-------------------|-----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <u>Moment of Um</u>                       | 6-12 years        | General Curiosity                 | Moment of Um answers those questions that pop up out of nowhere and make you go... ummmmmmm.                                                                                                                                                                                                                                                                                                                                                                                                       |
| <u>Story Seeds</u>                        | 1-6<br>6-12 years | Stories & Fiction                 | The Story Seeds podcast, suitable for children aged six to 12, allows young writers to collaborate with renowned children's authors to explore their story-writing creativity. Hosted by Betsey Bird, the podcast features 35-minute episodes where kids can turn their stories into reality.                                                                                                                                                                                                      |
| <u>Sparkle Stories</u>                    | 3-9 years         | Stories & Fiction                 | Great for quiet time or before bed, David's voice is so calm and relaxing. Stories like Martin and Silvia and the Junkyard tales are imaginative and entertaining stories about friendship, family, courage and beavers.                                                                                                                                                                                                                                                                           |
| <u>Good Night Stories for Rebel Girls</u> | 6-12 years        | History & Social Studies, Stories | Lionel: Inspiring stories are what the show does best. Each episode is the story of a rebellious woman who beat the odds in her quest for greatness. They can be extremely uplifting like the story of Queen Nanny of the maroons who fought to keep an island safe from invading Spanish and British troops. Or the encouraging story of Billie Jean King who fought in the tennis court to get equal rights in sports as men do. No longer updating podcasts, but older episodes still available |
| <u>But Why.</u>                           | 6-12 years        | Science & Nature                  | Rounding out our list of best podcasts for kids is But Why, a show that offers a fun and engaging experience for both children and parents. From unraveling the mysteries of the human body to serving up surprising animal facts and current events, this podcast offers a smorgasbord of engaging content, all seasoned with questions straight from the inquisitive minds of kids.                                                                                                              |



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| <u><a href="#">Tumble</a></u>           | 6-12 years | Science & Nature                   | Take a leap into the fun side of science with the Tumble Science Podcast for Kids, a thrilling, laughter-filled exploration of our fascinating world. Imagine an adventure park filled with cool facts and awesome experiments - this is it, just without the long queues and the popcorn. Targeting science-savvy kiddos, it's the perfect recipe to satiate inquisitive minds - like the captivating "Who Invented The Microwave?". |
| <u><a href="#">Story Pirates</a></u>    | 5-12 years | Stories & Fiction                  | For ages 5-12, the Story Pirates podcast reinvents storytelling by transforming kids' stories into engaging skits and comedies. Since its inception in 2013, this podcast has been on a rocket ship to success, amassing over 65 million downloads and a rapidly growing fanbase.                                                                                                                                                     |
| <u><a href="#">Wow in the World</a></u> | 5-12 years | Science & Nature                   | Hosts Mindy Thomas and Guy Raz explore the wonders of science and the world around us. Each episode dives into surprising discoveries with humor and enthusiasm that keeps kids and parents engaged.                                                                                                                                                                                                                                  |
| <u><a href="#">The Ten News</a></u>     | 8-12 years | Current Events                     | A weekly bite-sized news podcast covering current events, science, sports, and pop culture that kids actually care about. Fun and age-appropriate for the whole family.                                                                                                                                                                                                                                                               |
| <u><a href="#">KidNunz</a></u>          | 6-12 years | Current Events                     | A daily 7-minute newscast covering top stories in politics, entertainment, science, health, and sports - nonpartisan and designed specifically for kids.                                                                                                                                                                                                                                                                              |
| <u><a href="#">The Big Fib</a></u>      | 6-12 years | Critical Thinking & Current Events | Each week, a kid interviews two experts on a particular topic, one of whom is a genuine, credentialed expert, the other a liar. Hilarious and fast-paced, the show teaches kids to ask insightful questions, weigh the evidence before them, and trust their gut.                                                                                                                                                                     |



# PODCAST LINKS

