

# Pudong Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	Shake and Bake Chicken	Beef Burger	Pork Bulgogi		
Allergen Content	D G	G D E	G L		
<b>STAPLE FOOD</b>	Baked Macaroni and Cheese	Potato Wedges	Brown Rice		
Allergen Content	D G				
<b>VEGETABLES</b>	Sautéed Zucchini and Carrot	Steamed Carrot, Corn and Green Peas	Stir-Fried Choy Sum with Garlic		
Allergen Content		L			
<b>SPECIALTIES</b>	Onion Rings	Typhoon Corn Ribs	Steamed Red Bean Bun		
Allergen Content	G	G	G L		
<b>SANDWICH BAR</b>	Ham, Peanut Butter, Strawberry Jam	Egg Salad, Peanut Butter, Strawberry Jam	Bacon, Peanut Butter, Strawberry Jam		
Allergen Content	N	E N	N		
<b>VEGETARIAN DISH</b> (On request)	Shake and Bake Eggplant	Vegetarian Burger	Tofu Bulgogi		
Allergen Content	G D	E G L	G L		
<b>SALAD BAR</b>	Salad Bar	Salad Bar	Salad Bar		
<b>DRINKS</b>	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice		
<b>FRUITS</b>	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit		

\*Allergen Content: **D** Dairy **E** Egg **G** Gluten **L** Legumes **N** Nuts **S** Seafood