

Hongqiao Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Shake and Baked Chicken	Pork Bulgogi	Singaporean Laksa		
Allergen Content	D G	G L	S D		
STAPLE FOOD	Baked Macaroni and Cheese	Brown Rice	Rice Noodle		
Allergen Content	D G				
VEGETABLES	Sautéed Zucchini with Carrot	Stir-Fried Choy Sum with Garlic	Sautéed Bok Choy		
Allergen Content					
SPECIALTIES	Onion Rings	Steamed Custard Bun	Vegetable Spring Roll		
Allergen Content	G	G L D	G		
SANDWICH BAR	Ham, Peanut Butter, Strawberry Jam	Egg Salad, Peanut Butter, Strawberry Jam	Bacon, Peanut Butter, Strawberry Jam		
Allergen Content	N	N E	N		
VEGETARIAN DISH (On request)	Shake and Bake Eggplant	Tofu Bulgogi	Vegetarian Laksa		
Allergen Content	G D	L G	S D		
SALAD BAR	Salad Bar	Salad Bar	Salad Bar		
DRINKS	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice		
FRUITS	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit		

*Allergen Content: **D** Dairy **E** Egg **G** Gluten **L** Legumes **N** Nuts **S** Seafood