Hillcrest Primary School

First Grade Educational Options

Subject	Amount of Time	Curriculum Resource
Reading and Phonics	75 minutes daily	Into Reading
Writing	25 minutes daily	Into Reading
Math	60 minutes daily	Bridges in Mathematics
Number Corner	15 minutes daily	Bridges in Mathematics
Science or Social Studies	25 minutes daily	Building Blocks of Science Into Social Studies
Social Emotional Learning (SEL)	15 minutes daily	Second Step
Differentiated Instruction - Hawk Time	30 minutes daily	Various
Morning Meeting	15-30 minutes daily	Responsive Classroom
Music	30 minutes twice a week	NA
Physical Education	30 minutes - three times a week	NA
Library	30 minutes twice a week	NA
Art	50 minutes per week	NA
Life Skills	30 minutes once a month	NA
Breakfast	15-30 minutes daily	NA
Lunch	30 minutes daily	NA
Recess	30 minutes daily	NA
Snack	15 minutes daily	NA