Lordstown Athletics
Emergency Action Plan
2026–2027



Lordstown Local Schools
1824 Salt Springs Rd., Warren, OH 44481
(330) 824-2581

This document is a guide for school administration, team officials, coaches, emergency responders, and others for emergencies that may occur during athletic events.

Adopted in accordance with Ohio Revised Code §§ 3701.851, 3313.5310, 3313.539, and 5502.262, and OHSAA Sports Medicine policies.

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1. Purpose and Regulatory Framework

The purpose of this Emergency Action Plan (EAP) is to instruct and inform coaches, activity coordinators, administrators, and emergency personnel of the procedures to follow when an emergency occurs during an athletic or extracurricular event sponsored by Lordstown Local Schools. An emergency is a sudden state of health or being that poses a threat to an individual's life or limb(s).

Because of the nature of athletics, emergencies can occur at any moment to participants and non-participants alike. This EAP prepares all involved in our athletic programs to provide the best care possible until advanced care arrives. This document is comprehensive but not exhaustive; situations may arise outside its scope, and personnel should use it as a guide and rely on their training and judgment.

Regulatory Framework

This plan is designed to comply with, and be read in conjunction with, the following authorities:

- ORC § 3701.851 / House Bill 47 (eff. October 24, 2024) — AED placement and Emergency Action Plan requirements, including quarterly practice.
- ORC § 3313.5310 / Lindsay's Law — Sudden Cardiac Arrest awareness, annual coach training, pre-season informational meeting, signed acknowledgment, and removal-from-play after syncope or fainting.
- ORC § 3313.539 — Concussion management; removal from play and written clearance to return.
- ORC § 5502.262 — Comprehensive Emergency Management Plan for the school building (filed via the Ohio School Safety Plans Portal). This athletic EAP supplements, and is consistent with, the district's EMP.
- OHSAA Sports Medicine policies — Concussion regulations, Heat Acclimatization and Exertional Heat Illness Prevention, Lightning and Inclement Weather Policy, and the "Anyone Can Save A Life" framework.
- NFHS rules and the Ohio Department of Health Model Emergency Action Plan for the Use of an AED.

2. Annual Review and Certification

This EAP shall be reviewed and certified as current and accurate no later than July 1 of each year, aligning with the annual certification cycle required for the district's ORC § 5502.262 Emergency Management Plan. The Athletic Director is responsible for completing the review and obtaining signatures below. Any incident that activates this plan triggers a debrief and a determination of whether revisions are required.

Role	Name	Signature / Date
Athletic Director	Robert Marino	
High School Principal	James Vivo	
Superintendent	Greg Bonamase	
Maintenance Supervisor	Russ Corley	

Last revised: _____ | Next review due: July 1, _____

3. Emergency Personnel and Roles

All athletic and activities personnel who will be in direct contact with athletes at Lordstown must review this policy prior to the start of each sport season. The Emergency Team for any given practice or contest may consist of coaches, assistant coaches, administrators, an athletic trainer (when present), event staff, and trained Student Response Team members. If a licensed athletic trainer is not present, the head coach is responsible for carrying out this Emergency Action Plan.

Five Core Roles ("Anyone Can Save A Life" model)

Before each practice and contest, the head coach pre-assigns the five roles below by name. Roles are documented on the Named Role Assignment Worksheet (Appendix B) and reviewed verbally with the team. Pre-assigning roles is more effective than improvising during a crisis and aligns this plan with OHSAA's "Anyone Can Save A Life" framework.

Role	Responsibilities
Scene Lead	Establishes scene safety; provides immediate care of the injured/ill athlete. The most qualified individual on scene takes this role; lower-credentialed individuals yield to those with more appropriate training. If a licensed athletic trainer is present, the athletic trainer is the Scene Lead.
Caller / EMS Activator	Dials 911 immediately upon recognition of a life-threatening event. Calm under pressure, communicates clearly, knows the venue address. Stays on the line with dispatch, preferably on speakerphone.
AED / Equipment Retriever	Knows the nearest AED location for the venue and retrieves it without delay. Also retrieves first aid kit and any sport-specific equipment as needed.
EMS Flagger	Goes to the predetermined EMS entry point with keys for any locked gates or doors, flags down the responding ambulance, and guides EMS to the scene.
Crowd / Scene Control	Clears spectators and uninvolved athletes from the area, manages bystanders, and protects the privacy and dignity of the injured athlete.

Notification Chain

Once the immediate medical response is complete and the scene has been turned over to EMS, the head coach notifies the Athletic Director, who notifies the High School Principal and Maintenance Supervisor; the Principal notifies the Superintendent.

- Head Coach → Athletic Director (and Assistant AD)
- Athletic Director → HS Principal and Maintenance Supervisor
- HS Principal → Superintendent

4. Required Training

Every individual coaching a school-sponsored sport or activity at Lordstown must hold a valid Ohio Pupil Activity Permit and complete annual professional development in the areas required by Ohio law and OHSAA, including:

- CPR and AED use
- Sudden Cardiac Arrest — the annual ODH-approved training course required by ORC § 3313.5310. No individual may coach an athletic activity unless this course has been completed within the prior 12 months.
- Concussion in Sports — required for Pupil Activity Permit renewal.
- First Aid / Health and Safety.
- Mental Health awareness, including suicide prevention and crisis response.
- Athlete Development and Legal Duties of a Coach.

The Athletic Director maintains documentation of each coach's current certifications and shall not permit any individual to coach until all required training is verified and on file.

Head Coaches — 2026–2027

Sport / Program	Head Coach
HS Cross Country	Colleen Kellar
JH Cross Country	
HS Golf	Mitch Blake
HS Soccer	Dewayne Hickman / Eric Lloyd
HS Girls Tennis	
HS Volleyball	Heather Sankey
JH Volleyball	Nadine Gardener / Lindsay Connell
HS Boys Basketball	Kyle Moore / Dontrelle Lawerence
JH Boys Basketball	
HS Girls Basketball	Sarah Cash / Kiley Peterson
JH Girls Basketball	
HS Bowling	Jewel Skelton
HS Cheerleading	Kiley Oswald
JH Cheerleading	

Sport / Program	Head Coach
HS/JH Indoor Track	Colleen Kellar / Ashley Devorich
HS Baseball	Mitch Blake
HS Boys Track	Ashley Devorich
JH Boys Track	Jeremy Ratell
HS Girls Track	Colleen Kellar

Administration

- Principal: James Vivo — (330) 824-2581 ext. 202
- Athletic Director: Robert Marino — (330) 824-2581 ext. 206

Emergency Phone Numbers

- EMS / Fire / Police: 911
- Lordstown Police (non-emergency): (330) 824-2545
- Lordstown Fire (non-emergency): (330) 824-2323
- Trumbull County Sheriff: (330) 675-2508
- Poison Control: 1-800-222-1222
- 988 Suicide & Crisis Lifeline: 988
- District Maintenance / Grounds (emergency): (330) 824-2001

Nearby Medical Facilities

- Mercy Health — St. Elizabeth Youngstown Hospital (Level I Trauma Center)
- Mercy Health — St. Joseph Warren Hospital (Level III Trauma Center)

5. Emergency Equipment and AED Inventory

A first aid kit will be provided by the district for each athletic team. The first aid kit must be present at all practices and games The coach will be responsible for maintaining his or her med by restocking supplies from the medical cabinet. The med bags will be turned in at the end of each season to the athletic director to audit supplies and restock for the next season.

AED Inventory

Five AEDs are deployed across Lordstown athletic venues. All AEDs are easily accessible, are not locked away, and are signed so they can be located quickly in an emergency. Precise locations are shown on the building maps in Appendix A.

AED #	Location	Primary Responder Notes
1	High School — outside main office	Closest to main entrance, auditorium, board offices
2	High School — Gymnasium (visitor seating wall)	Closest to gym, pool, locker rooms
3	Elementary School — outside main office	Closest to cafeteria and main hallway
4	Elementary School — outside classroom C-1	Closest to Ele Gym wing
5	Soccer Stadium — inside shed	On the wall inside the shed.

Accessibility statement (ORC § 3701.851): AEDs are not stored behind locked doors during athletic activity. Signage above each AED is visible from at least 20 feet. Maps showing AED locations are posted in both school buildings and included in this EAP.

6. AED Emergency Action Plan (ORC 3701.851 / HB 47)

Ohio House Bill 47, codified at ORC § 3701.851, requires every public school to adopt and practice an Emergency Action Plan for the use of an Automated External Defibrillator. This section establishes Lordstown's compliance with that requirement.

AED Program Coordinator

The Athletic Director is designated as the Lordstown AED Program Coordinator. The Coordinator is responsible for:

- Working collaboratively with the school nurse to ensure all AEDs are functional and properly stored and ready for use.
- Scheduling and documenting quarterly EAP practice drills.
- Sharing this EAP with Lordstown EMS and Lordstown Fire in advance of each school year.
- Verifying CPR/AED certification for all coaches and event staff prior to season start.
- Coordinating annual review of this plan with the High School Principal and Superintendent.

The school nurse will be responsible for:

- Maintaining the AED inventory and the location of each device.
- Maintaining the AED Maintenance Log (Appendix D) and verifying pad and battery expiration dates per the manufacturer's schedule.

Quarterly Practice Schedule

ORC § 3701.851 requires the AED EAP to be practiced at least quarterly. Lordstown's quarterly drills are scheduled to align with athletic seasons:

Quarter	Target Window	Drill Focus / Venue	Date Completed
Q1 — Fall	Aug – Sep	Outdoor / Stadium	
Q2 — Winter	Nov – Dec	Indoor / HS Gymnasium	
Q3 — Late Winter	Feb – Mar	Indoor / Elementary Gymnasium	
Q4 — Spring	Apr – May	Outdoor / Village Park	

Each drill follows the "Anyone Can Save A Life" format: the Coordinator stages an unannounced scenario at the chosen venue; staff and any Student Response Team members run the response from recognition through simulated EMS handoff; the Coordinator times the response and records strengths and gaps in the AED Quarterly Practice Log (Appendix C). An after-action note is filed within seven days.

AED Maintenance

AEDs are maintained per manufacturer's instructions. The school nurse performs a documented inspection of each AED monthly regarding information about when it was checked and any issues on the assigned log at each AED location.

Coordination with Local EMS

A current copy of this EAP, including all venue maps, is provided to Lordstown EMS and Lordstown Fire prior to the start of each school year and after any substantive revision. The Coordinator confirms receipt in writing and logs the date provided.

7. Lindsay's Law and Sudden Cardiac Arrest Protocols

Sudden Cardiac Arrest is the leading cause of death in student-athletes. Ohio's Lindsay's Law (ORC § 3313.5310, as amended by HB 47) sets the following mandatory requirements for Lordstown Local Schools.

Pre-Season Informational Meeting

Prior to the start of each athletic season, Lordstown holds an informational meeting for student-athletes, parents/guardians, coaches, and other involved adults regarding the symptoms and warning signs of Sudden Cardiac Arrest. The meeting is convened by the Athletic Director and attendance is recorded. The session covers:

- Warning signs and symptoms of SCA (fainting/syncope during or after exercise, chest pain, shortness of breath disproportionate to exertion, racing or irregular heartbeat, unexplained seizures, family history of unexplained sudden death before age 50).
- Family history risk factors that trigger required cardiologist evaluation before participation.
- What to do if a student-athlete collapses (call 911, start CPR, send for AED).
- Location of AEDs at all Lordstown venues.

Signed Acknowledgment Required Before Participation

No student shall participate in an athletic activity until the student and the parent or guardian have submitted a signed Lindsay's Law acknowledgment form indicating they have received and reviewed the information jointly published by the Ohio Department of Health and the Ohio Department of Education and Workforce. A completed form is required each school year and is retained by the Athletic Director.

Coach Annual SCA Training

No individual, including coaches and assistant coaches, may coach an athletic activity at Lordstown unless they have completed the ODH-approved Sudden Cardiac Arrest training course within the prior 12 months. Documentation of completion is maintained on file with the Athletic Director.

Syncope / Fainting Removal-from-Play Protocol

If a student-athlete exhibits syncope or fainting at any time before, during, or following an athletic activity, the coach shall immediately remove the athlete from participation. The athlete shall not return to participation until evaluated and cleared in writing by one of the following:

- A physician (MD or DO).
- A certified nurse practitioner.
- A clinical nurse specialist.
- A physician assistant.

Family history of sudden cardiac arrest in a relative under age 50, or a personal history of fainting associated with exercise, also requires evaluation and clearance before participation.

SCA Emergency Response — What to Do

If a student-athlete collapses suddenly and is unresponsive, is not breathing or is only gasping, or has no pulse:

1. Verify scene safety. Tap and shout to check responsiveness for no more than 10 seconds.
2. Call 911 (Caller role). Stay on the line, preferably on speakerphone.
3. Send the AED Retriever for the nearest AED.
4. Begin chest compressions immediately: center of chest, at least 2 inches deep, 100–120 per minute. Continue without interruption until the AED arrives or the athlete responds.
5. Apply AED pads as soon as the device arrives. Follow voice prompts. Deliver shock if advised.
6. Resume CPR for 2 minutes; continue cycles per AED prompts until the athlete responds or EMS arrives and takes over.

7. Use pediatric AED pads for any person under age 8 if available; if pediatric pads are not available, use adult pads. Do not use pediatric pads on an adult.
8. Notify parents or guardians.
9. Notify the Athletic Director.

8. Communication and EMS Activation

Primary and Backup Communication

- Primary: cell phone provided by the head coach. Each head coach verifies cellular signal at each venue before the season.
- Backup at school venues: nearest landline (main office at HS or Elementary).
- Backup at outdoor venues with marginal cell coverage: designated runner to nearest building, or two-way radio when available.
- Parent / district mass-notification: handled by the District Office through the established notification system once the immediate medical response is complete.

Activating EMS — Dial 911

Provide the following information to dispatch and stay on the line:

- Caller name, role, and call-back phone number.
- Exact venue address (see venue-specific sections — read the address from this document; do not rely on memory).
- Nature of the emergency: medical, traumatic, environmental, or security.
- Number of patients.
- Patient condition: breathing/not breathing, pulse/no pulse, conscious/unconscious, bleeding.
- Care being provided (CPR, AED deployed, bleeding control, etc.).
- Specific directions to the patient location at the venue (gate, field, court).
- Any safety considerations on scene.
- Other information requested by the dispatcher.

Direct EMS to the Scene

The EMS Flagger meets responders at the designated entry point with keys for any locked gates or doors. The Flagger guides EMS to the patient location; do not assume EMS will find the venue on their own — athletic complexes are confusing to outside responders.

9. Head Coach Reporting Protocol

The first priority is the athlete's safety. Once the area has been cleared or emergency services have relinquished the head coach from their role in the EMS process, the head coach accurately reports the emergency to the Athletic Director and completes an Incident Report within 24 hours.

Notification Order

1. Athletic Director (or Assistant AD if AD unavailable).
2. Parents or guardians of the affected athlete (if not already reached during the incident).
3. HS Principal — by Athletic Director.
4. Superintendent — by HS Principal.
5. Maintenance Supervisor — by Athletic Director if facility damage, hazard, or cleanup is required.

Incident Documentation

Within 24 hours, the head coach completes a written Incident Report capturing: date, time, venue, athletes involved, witnesses, sequence of events, care provided, EMS units responding, parent notification, and any equipment used (including AED — capture device serial number, time of first shock, and number of shocks delivered). Reports are submitted to the Athletic Director and retained per district records-retention schedule.

10. Venue-Specific EAP — Lordstown Local Schools Complex (Outdoor)

Covers: Veterans Memorial Stadium (soccer / track), Baseball Field, practice fields adjacent to Lordstown High School and Lordstown Elementary.

Address and EMS Access

- Address: 1824 Salt Springs Rd., Warren, OH 44481.
- Access route: EMS enters the complex from Salt Springs Rd. The EMS entrance is marked on the aerial map (Appendix A); the EMS Flagger meets the ambulance at the entrance.
- Gate keys: Athletic Director and head coach on duty carry keys for the stadium.

Emergency Personnel

A coach certified by Lordstown Local Schools is on site for all practices and competitive events.

Emergency Communication

Primary: head coach’s cell phone. Backup: HS main office landline (signal verified at the stadium and baseball field annually).

Emergency Equipment

- First aid kit on site for all games and practices.
- Mobile AED #5 — required at every outdoor practice and contest at this complex. Signed out from the AD’s office before leaving the building.
- Fixed AEDs #1 and #2 inside Lordstown High School are the secondary options if the mobile AED is being used elsewhere.

Response Sequence

1. Scene Lead provides immediate care.
2. Caller dials 911 and gives the address: 1824 Salt Springs Rd., Warren, OH 44481, and specifies which field/venue inside the complex.
3. Equipment Retriever brings the mobile AED and first aid kit.
4. EMS Flagger goes to the Salt Springs Rd. entrance, opens applicable gates, and guides EMS to the scene.
5. Crowd Control clears the area.
6. After EMS departs, the head coach notifies parents and the Athletic Director.

11. Venue-Specific EAP — Lordstown Village Park (Outdoor)

Covers: softball fields, tennis courts, and adjacent open practice areas at Lordstown Village Park.

Address and EMS Access

- Address: Lordstown Village Park, 6001 Tod Ave SW, Warren, OH 44481
- Access route: EMS enters from Rt 45 at the Village Park main drive. Do not direct EMS to the schools complex — Village Park is a separate site.
- EMS Flagger meets the ambulance at the park entrance and guides EMS to the specific field, court, or playing area.

Emergency Personnel

A coach certified by Lordstown Local Schools is on site for all practices and competitive events at Village Park.

Emergency Communication

Primary: head coach’s cell phone. Signal coverage at Village Park is verified annually; if marginal at any specific field, a runner is designated to the nearest road or building.

Emergency Equipment

- First aid kit on site for all games and practices.
- Mobile AED #5 — required at every Lordstown Local Schools practice or contest held at Village Park. Signed out from the AD’s office before leaving the school's complex.
- If Lordstown Village has installed a municipal AED at the park under HB 47, its location is added to this section by the Athletic Director.

Severe Weather Shelter

The masonry restrooms at Village Park are the designated severe-weather shelter at this venue. If those structures are unsuitable or unavailable, athletes are evacuated by vehicle to Lordstown Elementary or Lordstown High School; head coaches do not shelter athletes in open dugouts, tents, or pavilions.

Response Sequence

1. Scene Lead provides immediate care.
2. Caller dials 911 and gives the Village Park address — not the school's complex address — and specifies which field, court, or area.
3. EMS Flagger goes to the park entrance on Salt Springs Rd. and guides EMS to the scene.
4. Crowd Control clears the area.
5. After EMS departs, the head coach notifies parents and the Athletic Director.

12. Venue-Specific EAP — Lordstown High School & Elementary (Indoor)

Covers: Lordstown High School Gymnasium, Auditorium, Locker Rooms, Media Center; Lordstown Elementary Gymnasium and Baseball/Softball Multi-Purpose Room.

Addresses and EMS Access

- Lordstown High School is located at 1824 Salt Springs Rd., Warren, OH 44481, and Lordstown Elementary shares the same complex address in a separate building. For indoor events at the high school, EMS enters through the Main Entrance facing the parking lot; for events in the HS gymnasium, the gym's exterior emergency exit door (see Appendix A) may be opened for direct access. For events at the elementary school, EMS enters through the main elementary entrance — the elementary gym wing exterior door provides the closest access for gym events, and for the Baseball/Softball Multi-Purpose Room, EMS should be directed to the side entrance located on the north side of the building. The head coach on duty carries a facility key/fob, and the Athletic Director holds a master.

Emergency Personnel

A coach certified by Lordstown Local Schools is on site for all practices and competitive events.

Emergency Communication

Primary: head coach’s cell phone. Backup: nearest landline (HS main office or Elementary main office).

Emergency Equipment

- First aid kit on site for all games and practices.
- HS Gymnasium events: AED #2 (gymnasium wall) is the nearest device.
- HS Auditorium / hallways: AED #1 (outside the main office) is the nearest device.
- Elementary Gymnasium events: AED #4 (outside classroom C-1) is the nearest device.
- Elementary cafeteria / Baseball/Softball multi-purpose: AED #3 (outside the main office) is the nearest device.

Response Sequence

1. Scene Lead provides immediate care.
2. Caller dials 911 and gives the correct building address and the specific room or gym.
3. Equipment Retriever brings the nearest fixed AED listed above and the first aid kit.
4. EMS Flagger goes to the predetermined building entrance with keys and guides EMS to the scene.
5. Crowd Control clears the area.
6. After EMS departs, the head coach notifies parents and the Athletic Director.

13. Medical Emergency Response Protocols

The protocols below apply across all venues. Where a venue-specific instruction differs, the venue-specific section controls.

13.1 Sudden Cardiac Arrest

See Section 7 for the full SCA protocol. In brief: scene safety → check responsiveness → 911 → send for AED → begin CPR → attach AED → follow prompts → continue until EMS arrives or athlete responds. Notify parents and Athletic Director.

13.2 Concussion / Head Injury

Per ORC § 3313.539 and OHSAA Concussion Regulations, any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion (loss of consciousness, headache, dizziness, confusion, balance problems, sensitivity to light or noise, amnesia, slowed reaction, or any change in behavior) shall be immediately removed from practice or contest and shall not return to play or practice the same day.

- The athlete may return only after written authorization by a physician (MD or DO), athletic trainer licensed under ORC Chapter 4755 working in consultation with a physician, certified nurse practitioner, clinical nurse specialist, or physician assistant.
- Initiate first aid and concussion care as described in your training.
- Call 911 if the athlete is unresponsive, has a deteriorating level of consciousness, seizes, has unequal pupils, repeated vomiting, or worsening symptoms.
- Notify parents or guardians and the Athletic Director.
- If a game official has documented a concussion-related removal under NFHS rules, the OHSAA Concussion Report is completed and forwarded as required.

13.3 Spinal / Cervical Injury

Suspect a spinal injury with any high-energy mechanism, neck or back pain after impact, numbness or tingling, weakness, or loss of consciousness from a fall or collision.

- Do not move the athlete unless there is an immediate life threat (fire, water, traffic).
- Maintain manual in-line stabilization of the head and neck.
- Do not remove a football helmet or shoulder pads in the field; remove face mask only if airway access is required.

- Call 911 immediately.
- Monitor airway, breathing, and circulation; be prepared to perform CPR with jaw-thrust technique if breathing stops.
- Notify parents and Athletic Director.

13.4 Severe Bleeding

- Apply firm, direct pressure to the wound with a clean cloth or gauze; do not lift to peek.
- If bleeding does not stop with direct pressure and is life-threatening on an extremity, apply a tourniquet 2–3 inches above the wound, tighten until bleeding stops, and note the time.
- Call 911 for any bleeding that does not stop with direct pressure, any arterial bleeding, or any wound requiring tourniquet.
- Standard precautions: use gloves whenever possible; treat all blood as potentially infectious; clean the area after.

13.5 Anaphylaxis / Severe Allergic Reaction

Suspect anaphylaxis with sudden onset of hives, swelling of lips/tongue/face, difficulty breathing, wheezing, throat tightness, vomiting, or collapse following a known or unknown allergen exposure (insect sting, food, medication).

- If the athlete has a prescribed epinephrine auto-injector (EpiPen), administer it immediately into the outer thigh.
- Call 911 immediately.
- Have the athlete lie down with legs elevated unless breathing is difficult, in which case allow them to sit.
- Be prepared to give a second dose after 5–15 minutes if symptoms persist and a second device is available.
- Be prepared to perform CPR if the athlete becomes unresponsive and stops breathing.
- Notify parents and Athletic Director.

13.6 Asthma / Respiratory Distress

- Stop activity and have the athlete sit upright.
- Assist with the athlete’s prescribed rescue inhaler (typically albuterol).
- Call 911 if the athlete cannot speak in full sentences, is using accessory muscles to breathe, has bluish lips or fingernails, is not improving after rescue inhaler use, or loses consciousness.
- Stay with the athlete and coach calm, slow breathing until symptoms resolve or EMS arrives.
- Notify parents and Athletic Director.

13.7 Diabetic Emergency

Hypoglycemia (low blood sugar) is the most common diabetic emergency in athletes — signs include shakiness, sweating, confusion, irritability, fatigue, slurred speech, or loss of consciousness.

- If conscious and able to swallow, give a fast-acting carbohydrate (glucose tablets, juice, regular soda, sports drink).
- If the athlete's personal glucagon kit is available and the athlete is unresponsive, administer per their plan and call 911.
- Call 911 if the athlete is unresponsive, having a seizure, or not improving within 10–15 minutes.
- Do not give insulin in the field.
- Notify parents and Athletic Director.

13.8 Heat Illness and Exertional Heat Stroke

Heat illness ranges from heat cramps to heat exhaustion to exertional heat stroke (EHS), which is a true life-threatening emergency. EHS presents with core body temperature above 104°F, altered mental status (confusion, irritability, combativeness, collapse), and hot skin. In line with OHSAA Sports Medicine policy, if exertional heat stroke is suspected, use cold-water immersion for on-site cooling before transport to the hospital.

- Move the athlete to shade or air conditioning immediately.
- Call 911.
- Begin cold-water immersion if EHS is suspected: immerse the athlete to the neck in a tub of ice water or cover with ice towels rotated every 1–2 minutes. Do not delay cooling to transport.
- Remove excess clothing and equipment.
- Monitor airway, breathing, and circulation.
- For less severe heat exhaustion, move to shade, provide cool fluids, loosen clothing, and monitor; escalate to 911 if symptoms do not improve quickly or mental status changes.
- Notify parents and Athletic Director.

Heat Acclimatization (OHSAA)

All teams in grades 7–12 follow OHSAA's required heat acclimatization period of at least five days at the start of pre-season practice, with progressive equipment and contact restrictions. Football specifically: no pads on days 1–2; shoulder pads added days 3–4 with no contact; full equipment allowed on day 5 with no contact. Refer to current OHSAA Sports Medicine Regulations for the full schedule.

Wet Bulb Globe Temperature (WBGT)

OHSAA approves WBGT as the preferred measure of heat stress. The Athletic Director or designee measures WBGT (or, if WBGT is unavailable, monitors the heat index) several times per day during fall sports and on any hot-weather day in any sport. Activity modifications follow the OHSAA WBGT chart — reducing playing time, extending rest and hydration, minimizing equipment, and as conditions worsen, suspending activity. Unlimited hydration opportunities are provided in all hot conditions.

13.9 Cold Injury — Hypothermia / Frostbite

- Move the athlete to a warm, dry environment.
- Remove wet clothing; replace with warm, dry layers.
- For frostbite: do not rub the affected area; warm gradually with warm (not hot) water if available.
- For hypothermia (shivering, confusion, slurred speech, lethargy): call 911; handle the athlete gently to avoid triggering cardiac arrhythmia.
- Notify parents and Athletic Director.

13.10 Mental Health Crisis / Suicide Risk

If a student-athlete expresses thoughts of suicide or self-harm, exhibits acute psychological distress, or appears to be at imminent risk:

- Stay with the athlete; do not leave them alone.
- Listen without judgment; take all statements seriously.
- Call 988 (Suicide & Crisis Lifeline) or 911 if there is an immediate risk to life.
- Contact parents or guardians.
- Notify the Athletic Director and HS Principal; coordinate with the school counselor for follow-up support.
- Do not promise confidentiality; do document factually.

13.11 Sprains, Fractures, and Other Injuries

- Initiate prompt first aid and emergency care.
- Stabilize the injured area; do not attempt to reduce a deformed fracture.
- Apply ice and elevate when appropriate.
- Call 911 for suspected open fractures, deformities, loss of distal pulse, head/neck involvement, or severe pain not responsive to immobilization.
- Notify parents and Athletic Director.

14. Environmental Emergency Protocols

14.1 Lightning and Thunderstorm

Per OHSAA Lightning and Inclement Weather Policy:

- Staff monitor weather conditions before and during practices and contests. The Athletic Director or designee may use a lightning-detection app or service.
- 15-mile rule: at the first indication that a thunderstorm is within 15 miles of the venue, activity is suspended and athletes are moved to the previously designated safer location.
- At first sight of lightning or sound of thunder, suspend play immediately and vacate to safer location.

- 30-minute rule: do not return to play or practice until 30 minutes has elapsed from the last sight of lightning or sound of thunder. Any subsequent lightning or thunder resets the clock.
- Designated shelters: at the schools complex — inside the elementary or high school buildings (not dugouts, pavilions, press boxes, or vehicles unless those are the only available shelter); at Village Park — masonry restrooms or transport to a building.
- Notify bus drivers, parents/guardians (as needed), and Athletic Director any time play is suspended or terminated for weather.

14.2 Heavy Rain, Strong Wind, Hail, Extreme Heat, Extreme Cold

- Remove athletes from exposure to adverse weather.
- Do not continue play or practice when conditions are unsafe or increase the risk of injury.
- For extreme heat, refer to Section 13.8 (WBGT and acclimatization).
- Notify bus drivers, parents/guardians (as needed), and Athletic Director if play is suspended or terminated.

14.3 Tornado Watch

- At first alert or report of a Tornado Watch, terminate all outdoor activities.
- Indoor activities may continue if conditions permit, but staff monitor weather continuously.
- Identify shelter location and confirm access in case the watch escalates to a warning.
- Notify parents/guardians (as needed for early pick-up), bus driver, and Athletic Director.

14.4 Tornado Warning

- At first alert or report of a Tornado Warning, seek shelter immediately.
- Schools complex shelter: interior hallways of Lordstown Elementary or Lordstown High School, away from windows.
- Village Park shelter: masonry restrooms or, if time permits and conditions allow, transport to Lordstown Elementary.
- Do not shelter in vehicles, buses, dugouts, tents, pavilions, or press boxes.
- Account for all athletes; remain sheltered until the warning is officially canceled.
- Once safe, notify parents/guardians and Athletic Director.

15. Security and Site Emergency Protocols

15.1 Irate, Intoxicated, or Violent Fan / Parent

- Move athletes to a safe location away from the situation.
- Use de-escalation tactics; do not engage physically.
- Request that event staff or game officials remove the individual from the venue.
- Call 911 if the individual is armed, refuses to leave, or threatens harm.
- Do not resume play until safety of athletes is assured.
- Notify the Athletic Director immediately. File an Incident Report within 24 hours.

15.2 Intruder / Active Threat

This athletic EAP coordinates with the district's ORC § 5502.262 Emergency Management Plan, which governs the building-wide response. In the athletic setting:

- Evacuate the area immediately if a path away from the threat is available; remove athletes from danger.
- Call 911 the moment the threat is identified.
- If evacuation is not safe, lock down in the most secure available space, lights off, silent, out of sight lines.
- Initiate first aid only if you can do so safely.
- Once safe, account for all athletes and notify the Athletic Director and parents/guardians.

15.3 Bus or Transport Vehicle Crash

- Initiate first aid for any injured athletes; do not move seriously injured athletes unless the bus is on fire or in water.
- Move uninjured athletes to a safe location away from traffic.
- Call 911.
- Follow Law Enforcement and EMS instructions.
- Notify Athletic Director, parents/guardians, and Maintenance Supervisor.

15.4 Fire

- Evacuate the building or stadium immediately using the nearest safe exit.
- Initiate first aid as needed after evacuation.
- Call 911.
- Account for all athletes at the predetermined assembly area.
- Do not re-enter the building until cleared by the fire department.
- Notify Athletic Director, parents/guardians (as needed), and Maintenance Supervisor.

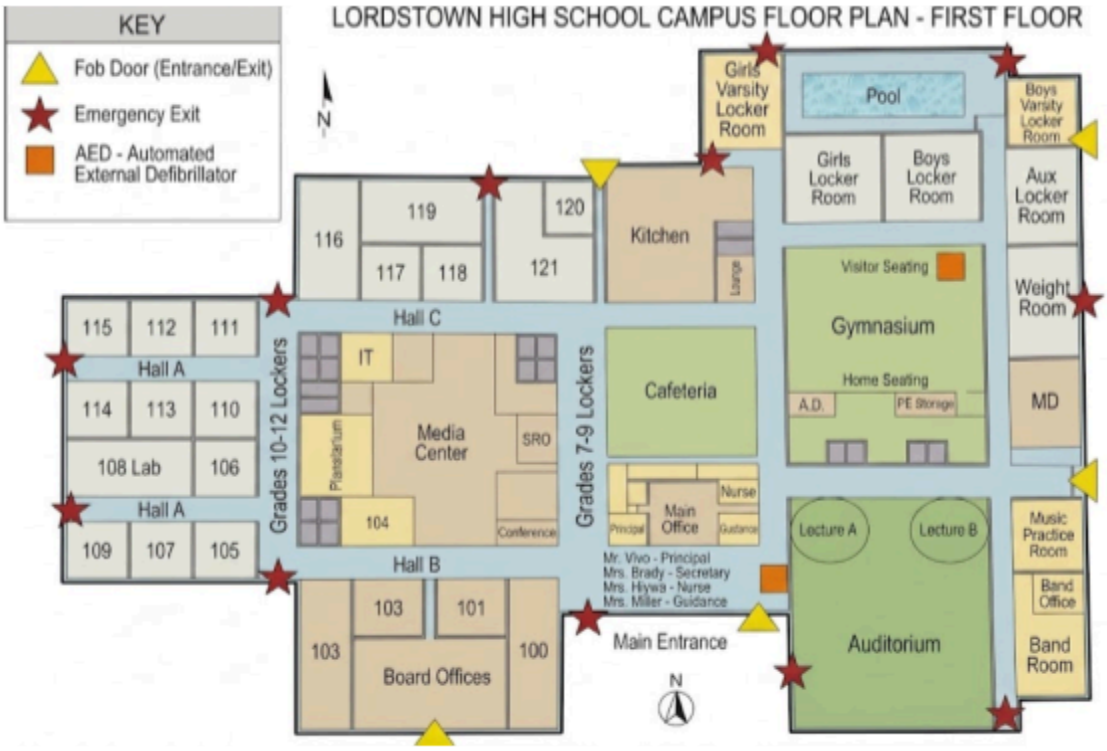
Note: This list is not exhaustive. Situations may arise outside the scope of these protocols. Use this document as a guide and rely on your training, the support of fellow staff and Lordstown EMS to provide the best possible care.

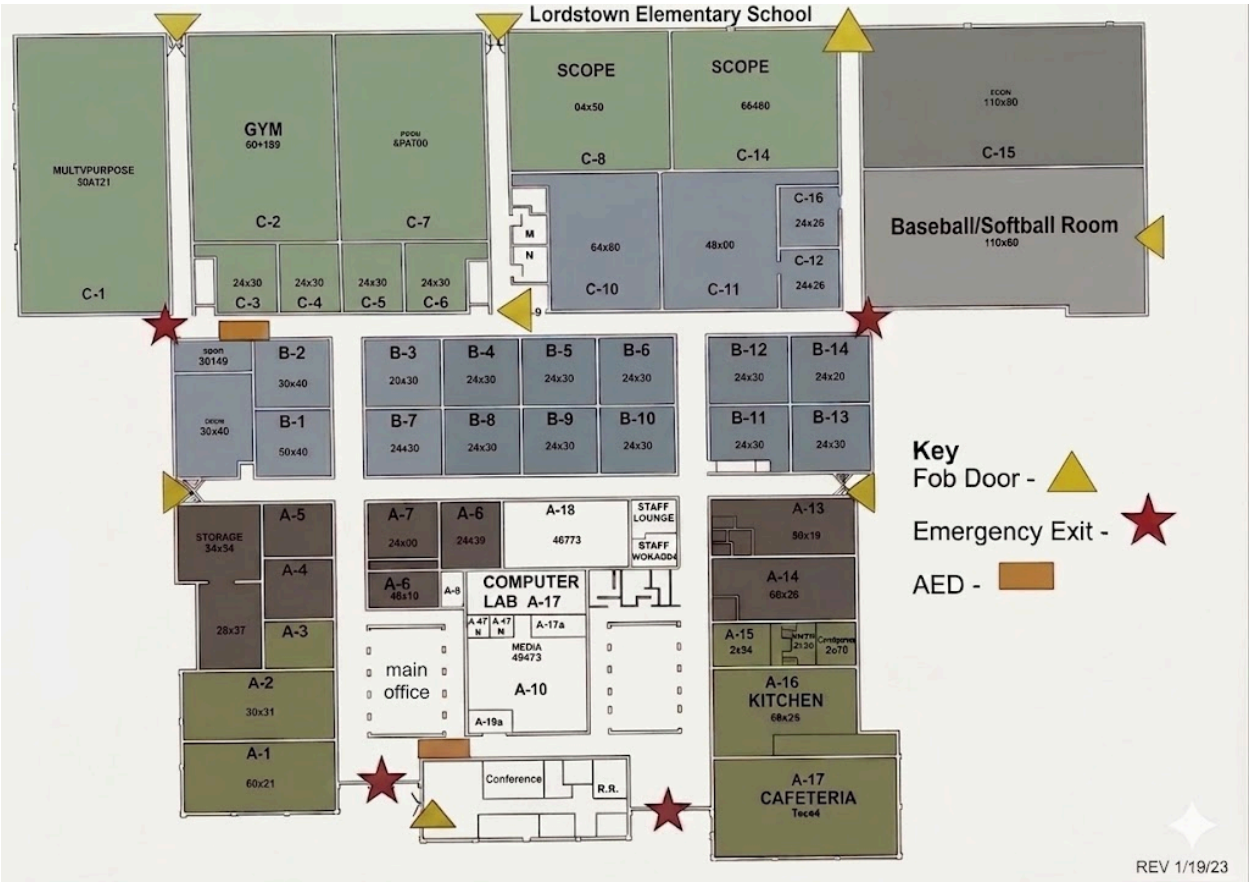
Appendix A — Aerial Maps and Building Floor Plans

Insert the following items from the prior EAP and from the district facilities office. The Athletic Director verifies each map is current and clearly shows AED locations, EMS entry points, fob doors, and emergency exits.






KEY
Fob Door (Entrance/Exit)
Emergency Exit
AED - Automated External Defibrillator
LORDSTOWN HIGH SCHOOL CAMPUS FLOOR PLAN - FIRST FLOOR
N
Girls Varsity Locker Room
Pool
Boys Varsity Locker Room
Girls Locker Room
Boys Locker Room
Aux Locker Room
Weight Room
MD
Kitchen
Lounge
Visitor Seating
Gymnasium
Home Seating
A.D.
PE Storage
116
119
120
117
118
121
Hall C
115
112
111
Hall A
114
113
110
108 Lab
106
Hall A
109
107
105
Grades 10-12 Lockers
IT
Media Center
SRO
Planetarium
104
Conference
Grades 7-9 Lockers
Cafeteria
Nurse
Main Office
Principal
Guidance
Mr. Vivo - Principal
Mrs. Brady - Secretary
Mrs. Hywa - Nurse
Mrs. Miller - Guidance
Hall B
103
101
103
Board Offices
100
Main Entrance
N
Lecture A
Lecture B
Auditorium
Music Practice Room
Band Office
Band Room


Lordstown Elementary School
MULTVPURPOSE
50AT21
C-1
GYM
60+189
C-2
C-7
SCOPE
04x50
C-8
SCOPE
66480
C-14
ECON
110x80
C-15
C-16
24x26
C-12
24x26
Baseball/Softball Room
110x60
64x80
C-10
48x00
C-11
24x30
C-3
24x30
C-4
24x30
C-5
24x30
C-6
B-2
30x40
B-1
50x40
B-3
20x30
B-4
24x30
B-5
24x30
B-6
24x30
B-7
24430
B-8
24x30
B-9
24x30
B-10
24x30
B-12
24x30
B-14
24x20
B-11
24x30
B-13
24x30
Key
Fob Door -
Emergency Exit -
AED -
STORAGE
34x54
A-5
A-4
28x37
A-3
A-2
30x31
A-1
60x21
A-7
24x00
A-6
24439
A-18
46773
STAFF LOUNGE
STAFF WOKADD4
A-6
46x10
A-8
COMPUTER LAB A-17
A-17a
MEDIA
49473
A-10
A-19a
main office
A-13
50x19
A-14
68x26
A-15
2x34
A-16
KITCHEN
68x25
A-17
CAFETERIA
Tec44
Conference
R.R.
REV 1/19/23

Appendix B — Named Role Assignment Worksheet

Complete one worksheet per sport per season. Keep a copy with the head coach's sideline materials. Roles are reviewed verbally with all team staff and Student Response Team members before the first practice.

Sport / Program: _____ Season: _____

Venue(s): _____

Head Coach: _____

Role	Primary	Backup
Scene Lead		
Caller / 911		
AED / Equipment Retriever		
EMS Flagger		
Crowd / Scene Control		

Nearest AED at this venue: _____

Venue address as it will be read to 911: _____

Reviewed with team on (date): _____

Appendix C — AED Quarterly Practice Log

Required by ORC § 3701.851. The AED Program Coordinator records each quarterly drill below. A separate after-action note is filed within seven days of each drill.

Quarter	Date	Venue	Participants	Coordinator Signature
Q1 Fall				
Q2 Winter				
Q3 Late Winter				
Q4 Spring				

Appendix D — Coach Acknowledgment of Review

Every head coach and assistant coach reads this Emergency Action Plan and signs below before the first practice of their season. The Athletic Director retains signed forms on file.

I acknowledge that I have received, read, and understand the Lordstown Athletics Emergency Action Plan for the 2026–2027 school year. I understand my responsibilities under this plan, including:

- Maintaining current CPR / AED, Sudden Cardiac Arrest, and Concussion in Sports certifications.
- Assigning the five “Anyone Can Save A Life” roles by name before each practice and contest.
- Confirming the presence of a first aid kit and the nearest AED at every session.
- Following the venue-specific EAP for any practice or contest I supervise.
- Reporting any activation of this plan to the Athletic Director within 24 hours.

Name (print): _____

Sport / Role: _____

Signature: _____ Date: _____

Athletic Director: _____ Date: _____