
Chapter 14 - Extracurricular Activities

Activity Program

Participation in student activities is considered an extension of, but separate from, the regular high school program. Participation in the extracurricular program is considered a privilege which carries certain expectations for students. Students who are involved in extracurricular activities are more likely to perform better academically, develop effective leadership skills and feel more connected to their school community. Participation provides students with unique learning experiences, real-life challenges and practical experiences. WTHS has more than 40 activities and extracurricular programs available for students. More information can be found online at: www.d121.org

Eligibility Policy for Activities (Policy 7:240)

Participation in School-Sponsored, School-Support Extracurricular Activities

The Board of Education believes school-sponsored, school-supported extracurricular activities provide students with invaluable educational, as well as instructional, skills and knowledge. The Board further recognizes that a student's academic education must take precedence over participation in such activities. Therefore, in accordance with applicable sections of the School Code, the Board has determined as follows:

In order to be eligible for participation a student must be enrolled as a full time student at Warren Township High School.

1. Participation in school-sponsored, school-supported extracurricular activities is a privilege, not a right.
 2. This policy does not govern graded courses, activities, or groups that require an academic component for participation, special school events, or other such activities as determined by the administration.
 3. Eligibility for students having an individualized educational program or receiving reasonable accommodations pursuant to 504 of the Rehabilitation Act of 1973, shall be subject to this policy.
 4. In order to be eligible for participation in a school-sponsored, school-supported extra-curricular activity resulting in competition or public performance:
 - A. The student must meet the academic requirements for eligibility by passing twenty-five (25) credit hours per week at the time of each weekly academic report. Eligibility reports are run on Friday morning and reflect the grades that are entered through Thursday.
 - B. The student must have received passing grades in five classes the previous semester. Students not passing five classes the previous semester will be declared ineligible for the entire following semester. Eligibility will be reinstated the semester following the student passing five courses.
 5. Students in a competitive club who fail to meet the eligibility requirement will be notified by the activity director and/or coach/sponsor and shall be suspended from participation in competition until the academic requirement is satisfactorily met.
 6. Students in a performance-based club who fail to meet the eligibility requirement the week of the performance, will be notified by the activity director and/or coach/sponsor and will be ineligible to participate in the following production.
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Attendance Eligibility Policy

Success in school is directly related to school and class attendance. Students involved in any extracurricular program must attend every academic class period in order to participate in any practice, rehearsal, competition or school-sponsored activities after school or during the evening the day(s) of the absence. The only exception, which allows a student to participate, is if the absence is a NO-COUNT (i.e., court, medical, field trip, college visit, religious holidays, resource center, guidance, dean's office and library). Written verification may be required.

School Dances

Dances are a privilege for students of WTHS to attend. WTHS students must present their current school ID upon entering any school-sponsored dance. All school dances and events are drug and alcohol free events. In order to attend, all students and outside guests must remain drug and alcohol free for the duration of the event. By purchasing a ticket and attending the dance or event, students agree to all rules and conditions of a Warren Township High School function. All rules in the Student Handbook will be enforced. In addition, dancing that is defined as sexually explicit or otherwise inappropriate will not be allowed. Students will be given one warning, and additional contact with staff will result in the parent or guardian being notified and the student will be removed from the dance. If students are unable to adhere to the requirements, parents will be notified and appropriate action will be taken including but not limited to: school discipline, referral to local law enforcement, loss of privilege to attend future dances and/or events.

Homecoming Dance

Homecoming is for WTHS students only; however, students may bring a WTHS graduate (in good standing) to Homecoming. Graduates must be under the age of 21. A picture I.D. verifying age will be required of all pre-approved Alumni to enter the dance.

Winter Fest

The Winter Dance is for WTHS students only. Students must be in good standings in order to attend.

Prom

Prom is open to current juniors and seniors of WTHS. Eligible junior and senior students may request approval to bring an outside guest to Prom. Students wishing to bring a guest to Prom must complete the guest application prior to the established deadline. The host student will be held responsible for the guest's behavior for the duration of the event. Guests must be under the age of 21 on the date of the event. Prom is a formal event and proper attire is required. All students and guests attending Prom are required to ride school-sponsored, luxury coach bus transportation to and from Prom. This coach bus transportation is included in the price of the ticket and is mandatory. Students are not allowed to utilize private transportation to or from Prom. Students who do so will not be admitted to Prom.

Code of Conduct (Policy 7:300)

Warren Township High School proudly encourages and supports students who elect to represent the school in extracurricular and/or co-curricular activities. The results of mental, social and physical development that our students experience is invaluable. In essence, participation is a privilege and carries substantially increased expectations. All students who participate in extracurricular and/or co-curricular activities represent WTHS year-round and must adhere to the following rules and regulations, seven days a week, twelve months a year and whether or not school is in session. This Code of Conduct defines expectations of acceptable behavior and details the consequences which will occur when acceptable behavior is not met. As in any set of expectations, it is not possible to specify every conceivable situation. Therefore, the student may be disciplined for unacceptable conduct even if such conduct and the appropriate disciplinary actions are not specified in the Code of Conduct.

Code of Conduct Prerequisite Requirements

Any students wishing to participate in interscholastic athletics, competitive clubs or performance-based activities at Warren Township High School must comply with all rules and regulations of the Illinois High School Association (IHSA) and all rules and policies contained in the Warren Township High School Student-Parent Handbook.

Before a student is allowed to tryout or practice they must be in compliance with the following:

- The parent or legal guardian of the student must complete the athletic/activity online registration.
 - Athletes must have a yearly physical and provide a copy to the school nurse.
 - The student participant must be academically eligible. (Passing grades in a minimum of five academic classes per week and must have passed five academic classes the previous semester.)
 - The student participant must be in class every academic period of the day. (No-count absences, medical absences with a doctor's note, and administratively approved absences are excluded.)
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Code of Conduct Procedure

At the time of a suspension, the student's parents or legal guardian will be notified as to the reason for suspension, the length of suspension, the requirements and expectations for improvement.

1. An investigation will be initiated.
 2. Prior to the decision to impose any penalty, the student-offender will be informed of the alleged violation and afforded an opportunity to make any statement on his/her behalf.
 3. If a Code of Conduct violation has been determined:
 - Parent or legal guardian will be contacted. Contact with the parent will be made on the same day that the student-athlete is spoken to by the Director of Activities and Assistant Director of Athletics.
 - The student and the student's parent or legal guardian will be given the opportunity to respond to the charge in a meeting scheduled with the Director of Activities and Assistant Director of Athletics.
 - The student and the student's parent or legal guardian will be provided an opportunity to appeal the disciplinary action to the administration within three (3) school days.
 4. A follow-up letter will be sent to the parents or guardians regarding the violation and consequences.
 5. Penalties imposed pursuant to this Code of Conduct relate to the student's eligibility to participate in WTHS extracurricular and/or co-curricular activities and does not preclude the imposition of penalties for violations of the WTHS Student-Parent Handbook rules and policies where appropriate. Penalties imposed for rule violations conducted in the course of co-curricular activity shall not be in the form of grade punishment.
 6. Where a penalty is imposed, the student-offender will be removed from a leadership position (i.e. president, vice-president, secretary, team captain, leadership council, etc.) in any extracurricular and/or co-curricular for the duration of the season/activity year.
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Prohibited Conduct

No Warren Township High School student participating in any extracurricular and/or co-curricular activity shall:

1. Possess, use, distribute or sell, or attempt to possess, use, distribute or sell, drugs, any substance represented to be a drug, controlled substances, drug paraphernalia, alcohol, tobacco and/or tobacco products.
 2. Commit and/or attempt to commit, and/or knowingly remain within the presence of one who commits and/or attempts to commit the offense of hazing, a hate crime, theft, assault, battery, harassment, property damage, vandalism, illegal use of a weapon, or any other offense, which may be punishable by a court of law.
 3. Maintain or be identified on a social media site which depicts illegal or inappropriate behavior.
 4. Inappropriate use of telecommunication devices capable of receiving or transmitting digital photographs as specifically referenced and described in the Student-Parent Handbook.
 5. Use inappropriate, vulgar, lewd, indecent and/or derogatory language while representing the school at an extracurricular or co-curricular event.
 6. Misuse school buildings, facilities and/or equipment.
 7. Commit acts, which dishonor the extracurricular program in which the student is a participant.
 8. Fail to abide by any other Warren Township High School rules and policies as identified in the WTHS Student-Parent Handbook and/or the rules and regulations of the Illinois High School Association. The District reserves the right to impose discipline, in addition to that specified by this code, for serious misconduct at its discretion.
 9. The Illinois High School Association (IHSA) prohibits participants in an athletic activity-sponsored or sanctioned by IHSA from ingesting or otherwise using any performance enhancing substance on its banned substance list, without a written prescription and medical documentation provided by a licensed physician who evaluated the student-athlete for a legitimate medical condition. IHSA administers a performance-enhancing substance testing program. Please also see Policy 6:190.
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Consequences

Failure of the student to abide by the above rules may result in suspension from extracurricular and/or co-curricular activities and forfeiting the privilege of future participation as a member of any club or sport. Violations are cumulative over the student's high school career. Students involved in clubs or activities that do not compete or perform will be subject to consequences set forth in the bylaws of their club or activity. Any student who participates in both athletics and activities who violates the Code of Conduct will split equally the suspension time between the two (2) extracurricular activities. If the percentage of the sport/activity season which remains after a violation is less than the percentage of ineligibility, the consequence will extend into the next sport season in which the student participates. Participation in all practices is required.

First Offense

The student will be suspended from the activity for not less than 20% of the IHSA regular season scheduled athletic contests and/or athletic contests (Sec 5.00 IHSA Sports Season By-Laws) and/or scheduled performances and/or scheduled activity contests. To complete the terms of the suspension, the student offender may be disqualified from more than one activity and may cover more than one (1) school year. During the time of contest/performance suspension, the student will be required to attend and participate in all practices. The student will not be allowed to dress or be at a contest/performance as a member of the team until the length of the suspension has been satisfied. At the discretion of the administration, any offense could result in suspension from extracurricular and/or co-curricular activities for the equivalent of one (1) complete season.

Second Offense

The student will be suspended from the activity for not less than 50% of the IHSA regular season scheduled athletic contests and/or (Sec 5.00 IHSA Sports Season Bylaws) and/or scheduled performances and/or scheduled activity contests. To complete the terms of the suspension, the student offender may be disqualified from more than one activity and may cover more than one school year. During the time of contest/performance suspension, the student will be required to attend and participate in all practices. The student will not be allowed to dress or be at a contest/performance as a member of the team until the length of the suspension has been satisfied. At the discretion of the administration, any offense could result in suspension from extracurricular and/or co-curricular activities for the equivalent of one (1) complete season.

Third Offense

Permanent suspension from participating in athletics or activities for the remainder of the student's high school career. It is recommended that a meeting be held between the student, the student's parent or guardian, and a WTHS counselor/administrator to discuss outside resources where the student can obtain professional help or counseling.

Voluntary Admission

Official self-reporting is the act in which a student, accompanied by a parent or legal guardian, voluntarily turns themselves in to the Director of Athletics and Activities for a violation of the Code of Conduct rules and policies. Self-reporting must occur prior to school personnel or law enforcement officials becoming aware of the incident. This initiative, along with any act of self-reporting, may be taken into consideration by the Director of Athletics and Activities or school administration. Self-reporting is limited to the student's first violation of misconduct during their enrollment at the high school.

Chapter 15 - Athletic Program

WTHS Athletics

WTHS is a member of the Illinois High School Association and the North Suburban Conference. Competition for boys is carried on in Football, Cross Country, Basketball, Wrestling, Baseball, Tennis, Golf, Track and Field, Soccer, Swimming, Volleyball, Bowling, Water Polo and Lacrosse. Girls athletics include Basketball, Bowling, Competitive Cheer, Cross Country, Flag Football, Golf, Gymnastics, Competitive Dance, Soccer, Softball, Swimming, Tennis, Track and Field, Lacrosse, Water Polo, Badminton, Wrestling, and Volleyball.

Academic Eligibility Policy

Participation in School-Sponsored, School-Supported Athletic and Extracurricular Activities (Policy 7:300)

The Board of Education believes school-sponsored, school-supported athletic programs provide students with invaluable educational as well as instructional skills and knowledge. The Board further recognizes that a student's academic education must take precedence over participation in such activities. Therefore, in accordance with applicable sections of the School Code, the Board has determined as follows:

1. Participation in school-sponsored, school-supported athletic programs is a privilege, not a right.
 2. In order to be eligible for participation in a school-sponsored, school-supported athletic program, a student must meet the academic requirements for eligibility by passing twenty-five (25) credit hours per week at the time of each weekly academic report. This means a teacher would submit a passing grade if the student were to transfer on that day.
 3. A student must have received passing grades in five classes the previous semester. Summer school credits may be combined with the spring semester for fall semester eligibility. Students not passing five classes the previous semester will be declared ineligible for the entire following semester. Eligibility will be reinstated the semester following the student passing five courses.
 4. The administration shall develop procedures to ensure eligibility checks are implemented. The athletic director and coaches will monitor students' academic progress. Students who fail to meet the eligibility requirement will be notified by the athletic director and/or coach and shall be suspended from participation until the academic requirement is satisfactory. Weekly eligibility reports include grades through Thursday of each week. Reports are run every Friday morning.
 5. Activities within the scope of this policy are those organized and sponsored by the school district. An athletic activity is defined as any activity associated with athletics.
 6. This policy does not govern graded courses, activities, or groups that require an academic component for participation, special school events, or other such activities as determined by the administration.
 7. Eligibility for students having an individualized educational program or receiving reasonable accommodations pursuant to 504 of the Rehabilitation Act of 1973, shall be subject to this policy.
 8. The Administration shall annually report to the State Board of Education the number and length of suspensions of students as a result of the enforcement of this policy.
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Uniform Policy

A student athlete is allowed to modify his or her clothing or attire that is in accordance with the requirements of his or her religion or his or her cultural values or modesty preferences.

Attendance Eligibility Policy

Success in school is directly related to school and class attendance. Students must attend every academic class period in order to participate in any practices, competitions or school-sponsored activities after school or during the evening the day(s) of the absence. The only exception, which allows a student to participate, is if the absence is a NO-COUNT (i.e., court, funeral, medical, field trip, college visit, religious holidays, resource center, guidance, dean's office and library). Written verification may be required.

Athletic Code of Conduct (Policy 7:240, 7:300)

Preamble

Warren Township High School is a member of the Illinois High School Association. In order to establish the ideals of good sportsmanship and respect for rules and authority; to establish leadership, team pride, teamwork, and team discipline; to provide conditions promoting health, safety, pride in the team and the individual, the following principles are established for all students participating in the interscholastic athletic program and activities at Warren Township High School. Participation in student athletics/activities is considered an extension of, although separate from the regular school day.

Code of Conduct

Warren Township High School proudly encourages and supports students who elect to represent the school in extracurricular and/or co-curricular activities. The results of mental, social and physical development that our students experience is invaluable. In essence, participation is a privilege and carries substantially increased expectations. All students who participate in extracurricular and/or co-curricular activities represent WTHS year-round and must adhere to the following rules and regulations, seven days a week, twelve months a year and whether or not school is in session. This Code of Conduct defines expectations of acceptable behavior and details the consequences which will occur when acceptable behavior is not met. As in any set of expectations, it is not possible to specify every conceivable situation. Therefore, the student may be disciplined for unacceptable conduct even if such conduct and the appropriate disciplinary actions are not specified in the Code of Conduct. This policy goes into effect when the student is rostered on any WTHS team, at any level of competition.

Code of Conduct Prerequisite Requirements

Any students wishing to participate in interscholastic athletics or activities at Warren Township High School must comply with all rules and regulations of the Illinois High School Association (IHSA) and all rules and policies contained in the Warren Township High School Student-Parent Handbook.

Before an athlete is allowed to tryout or practice they must be in compliance with the following:

- The parent or legal guardian of the student must complete the athletic/activity online registration.
 - Athletes must have a yearly physical and provide a copy to the school nurse.
 - The student participant must be academically eligible. (Passing grades in a minimum of five academic classes per week and must have passed five academic classes the previous semester.)
 - The student participant must be in class every period of the day. (No-count absences, medical absences with a doctor's note, and administratively approved absences are excluded.)
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Code of Conduct Procedure

At the time of a suspension, the student's parents or legal guardian will be notified as to the reason for suspension, the length of suspension, the requirements and expectations for improvement.

1. An investigation will be initiated.
 2. Prior to the decision to impose any penalty, the student-offender will be informed of the alleged violation and afforded an opportunity to make any statement on his/her behalf.
 3. If a Code of Conduct violation has been determined:
 4. Parent or legal guardian will be contacted. Contact with the parent will be made on the same day that the student-athlete is spoken to by the Director of Athletics.
 5. The student and the student's parent or legal guardian will be given the opportunity to respond to the charge in a meeting scheduled with the Director of Athletics.
 6. The student and the student's parent or legal guardian will be provided an opportunity to appeal the disciplinary action to the administration within three (3) school days.
 7. A follow-up letter will be sent to the parents or guardians regarding the violation and consequences.
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8. Penalties imposed pursuant to this Code of Conduct relate to the student's eligibility to participate in WTHS extracurricular and/or co-curricular activities and does not preclude the imposition of penalties for violations of the WTHS Student-Parent Handbook rules and policies where appropriate. Penalties imposed for rule violations conducted in the course of co-curricular activity shall not be in the form of grade punishment.
9. Where a penalty is imposed, the student-offender will be removed from a leadership position (i.e. president, vice-president, secretary, team captain, leadership council, etc.) in any extracurricular and/or co-curricular for the duration of the season/activity year.

Prohibited Conduct

No Warren Township High School student participating in any extracurricular and/or co-curricular activity shall:

1. Possess, use, distribute or sell, or attempt to possess, use, distribute or sell, drugs, any substance represented to be a drug, controlled substances, drug paraphernalia, alcohol, tobacco and/or tobacco products.
2. Commit and/or attempt to commit, and/or attempts to commit the offense of hazing, a hate crime, theft, assault, battery, harassment, property damage, vandalism, illegal use of a weapon, or any other offense, which may be punishable by a court of law.
3. Maintain or be identified on a social media site which depicts illegal or inappropriate behavior.
4. Inappropriate use of telecommunication devices capable of receiving or transmitting digital photographs as specifically referenced and described in the Student-Parent Handbook.
5. Use inappropriate, vulgar, lewd, indecent and/or derogatory language while representing the school at an extracurricular or co-curricular event.
6. Misuse school buildings, facilities and/or equipment.
7. Commit acts, which dishonor the extracurricular program in which the student is a participant.
8. Fail to abide by any other Warren Township High School rules and policies as identified in the WTHS Student-Parent Handbook and/or the rules and regulations of the Illinois High School Association. The District reserves the right to impose discipline, in addition to that specified by this code, for serious misconduct at its discretion.

Consequences

Failure of the student to abide by the above rules may result in suspension from extracurricular and/or co-curricular activities and forfeiting the privilege of future participation as a member of any club or sport. Violations are cumulative over the student's high school career. Students involved in clubs or activities that do not compete or perform will be subject to consequences set forth in the bylaws of their club or activity. Any student who participates in both athletics and competitive athletics who violates the Code of Conduct will split equally the suspension time between the two (2) competitive activities. If the percentage of the sport/activity season which remains after a violation is less than the percentage of ineligibility, the consequence will extend into the next sport season in which the student participates. Participation in all practices is required.

First Offense

The student will be suspended from the activity for not less than 20% of the IHSA regular season scheduled athletic contests (Sec 5.00 IHSA Sports Season By-Laws) and/or scheduled performances and/or scheduled activity contests. To complete the terms of the suspension, the student offender may be disqualified from more than one activity and may cover more than one (1) school year. During the time of contest/performance suspension, the student will be required to attend and participate in all practices. The student will not be allowed to dress or be at a contest/performance as a member of the team until the length of the suspension has been satisfied. At the discretion of the administration, any offense could result in suspension from extracurricular and/or co-curricular activities for the equivalent of one (1) complete season.

Second Offense

The student will be suspended from the activity for not less than 50% of the IHSA regular season scheduled athletic contests (Sec 5.00 IHSA Sports Season By-Laws) and/or scheduled performances and/or scheduled activity contests. To complete the terms of the suspension, the student offender may be disqualified from more than one activity and may cover more than one (1) school year. During the time of contest/performance suspension, the student will be required to attend and participate in all practices. The student will not be allowed to dress or be at a contest/performance as a member of the team until the length of the suspension has been satisfied. At the discretion of the administration, any offense could result in suspension from extracurricular and/or co-curricular activities for the equivalent of one (1) complete season.

Third Offense

Permanent suspension from participating in athletics or activities for the remainder of the student's high school career. It is recommended that a meeting be held between the student, the student's parent or guardian, and a WTHS counselor/administrator to discuss outside resources where the student can obtain professional help or counseling.

Voluntary Admission

Official self-reporting is the act in which a student, accompanied by a parent or legal guardian, voluntarily turns themselves in to the Director of Athletics and Activities for a violation of the Code of Conduct, school rules and policies. Self-reporting must occur prior to school personnel or law enforcement officials becoming aware of the incident. This initiative, along with any act of self-reporting, may be taken into consideration by the Director of Athletics and Activities or school administration. Self-reporting is limited to the student's first violation of misconduct during their enrollment at the high school.

IHSA Banned Drug Classes

The value of high school interscholastic programs is found in the overall physical, emotional, and intellectual development of student-athletes. In that pursuit, anabolic steroids and performance-enhancing dietary supplements offer no positive contribution. Rather, their use jeopardizes not only the health of student-athletes, but also impedes in their overall development. And since this use runs counter to the purpose and value of interscholastic programs, coaches, administrators, school officials or employees, or booster club/support group members have an obligation and responsibility to provide only healthy, safe, and approved substances to student-athletes. IHSA By-Law 2.170, which took effect on July 1, 2007, strengthens the relationship between students and their schools by affirming the school's commitment to offering a safe environment in which their students can develop.

The purpose of this document is to provide schools, athletes, and parents with a description of those substances that are considered banned by the IHSA, and, therefore, substances student-athletes cannot take and maintain their athletic eligibility.

This document presents the banned drug classes to be in effect for the current school year. As a part of the IHSA's Drug Testing Program, the IHSA Board of Directors shall annually approve the association's banned drug classes, and that group reserves the right to adjust the banned classes as necessary at any time. The classes shall be made available to schools and other interested parties through the IHSA's website.

Background: The term "related compounds" comprises substances that are included in the class by their pharmacological action and/or chemical structure. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.

Many nutritional/dietary supplements contain banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore, purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements may lead to a violation of the IHSA Drug Testing Program. The use of supplements is at the student-athlete's own risk for students are ultimately responsible for what they ingest. Student-athletes should contact their physician or athletic trainer for further information.

The following is a list of banned drug classes, with some examples of substances under each class. No substance belonging to the banned drug class may be used, regardless of whether it is specifically listed as an example.

1. Stimulants amiphenazole, amphetamine, bemigrade, benzphetamine, bromantan, caffeine¹ (guarana), chlorphentermine, cocaine, cropropamide, crothetamide, diethylpropion, dimethylamphetamine, doxapram, ephedrine (ephedra, ma huang), ethamivan, ethylamphetamine, fencamfamine, meclofenoxate, methamphetamine, methylenedioxymethamphetamine (DMA, ecstasy), methylphenidate, nikethamide, octopamine, pemoline pentretazol, phendimetrazine, phenmetrazine phentermine, phenylpropanolamine (PPA), picrotoxine, pipradol, prolintane, strychnine, synephrine (citrus aurantium, zhi shi, bitter orange), and related compounds
2. Anabolic Agents: Anabolic Steroids androstenediol, androstenedione, boldenone, clostebol, dehydrochlormethyltestosterone, dehydroepiandrosterone (DHEA), dihydrotestosterone (DHT), dromostanolone, epitrenbolone, fluoxymesterone, gestrinone, mesterolone, methandienone, methyltestosterone, nandrolone, norandrostenediol, norandrostenedione, norethandrolone, oxandrolone, oxymesterone, oxymetholone, stanozolol, testosterone², tetrahydrogestrinone (THG), trenbolone, and related compounds

3. Diuretics acetazolamide, bendroflumethiazide, benzthiazide, bumetanide, chlorothiazide, chlorthalidone, ethacrynic acid, finasteride, flumethiazide, furosemide, hydrochlorothiazide, hydroflumethiazide, methyclothiazide, metolazone, polythiazide, probenecid, quinethazone, spironolactone (canrenone), triamterene, trichlormethiazide, and related compounds
4. Peptide Hormones and Analogues Corticotrophin (ACTH), human chorionic gonadotrophin (hCG), luteinizing hormone (LH), growth hormone (HGH, somatotrophin), insulin like growth hormone (IGF-1)

All the respective releasing factors of the previously-mentioned substances also are banned: erythropoietin (EPO), darbypoeitin, sermorelin

Definitions of unacceptable levels depend on the following:

1 for caffeine — if the concentration in urine exceeds 15 micrograms/ml 2 for testosterone — an adverse analytical finding (positive result) based on any reliable analytical method (e.g., IRMS, GCMS, CIR) which shows that the testosterone is of exogenous origin, or if the ration of total concentration of testosterone to that of epitestosterone in the urine is greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.

North Suburban Conference High Schools

LAKE FOREST HIGH SCHOOL

1285 McKinley Road
Lake Forest, IL 60045
(847) 582-7316

East Campus: 41 south to Route 176, east to Sheridan Road, continue on McKinley to the high school

West Campus: 41 south to Route 60, west to Route 43, turn south to the high school

LAKE ZURICH HIGH SCHOOL

300 Church Street
Lake Zurich, IL 60047
(847) 438-4104

Route 45 south to Peterson, west on Peterson to Midlothian, south on Midlothian which will turn into Church Street

LIBERTYVILLE HIGH SCHOOL

708 Park Ave.
Libertyville, IL 60048
(847) 327-7063

Route 21 south to Route 176, west on Route 176 to the high school

MUNDELEIN HIGH SCHOOL

1350 Hawley Street
Mundelein, IL 60058
(847) 949-2200

Route 45 south to Peterson, west on Peterson to Midlothian, south on Midlothian to Hawley, west on Hawley

STEVENSON HIGH SCHOOL

One Stevenson Drive
Lincolnshire, IL 60069
(847) 634-4000

I-294 south to Route 22, west to Stevenson Drive

WARREN TOWNSHIP HIGH SCHOOL

34090 Almond Road and 500 N. O'Plaine Road
Gurnee, IL 60031
(847) 548-6933

WAUKEGAN HIGH SCHOOL

2325 Brookside Drive
Waukegan, IL 60085
(224) 303-3000

Grand Avenue to Mccree Road and turn right on Mcaree to the high school

ZION BENTON HIGH SCHOOL

One Z-B Way (21st and Kenosha Road)
Zion, IL 60099
(847) 931-9361

Green Bay Road north to Kenosha Road (Kenosha Road forks to the right), north to the high school