FALL 2026
AFTER SCHOOL PROGRAM IN THE LOWER SCHOOL

The Convent of the Sacred Heart offers an After School Program for students in the Lower School. There is a limit to the number of children who can be enrolled in each activity.

During Summer vacation, class enrollment will be determined. Parents will be notified concerning a student's acceptance or waitlist status for her desired class(es).

- A class may be canceled if a minimum number of students do not register for it.
- All fees include a snack.
- After school activities do not meet on school holidays or early dismissal days.
- Students are not allowed to bring play dates to the after school program.
- **Students may withdraw from or switch their class at a prorated cost if they do so before the third week of after school.**
- **Dropping an after school class on the first day of class will incur a $100 fee.**
- Children are expected to be picked up promptly when the activity ends.

MONDAY

CREATIVE JOURNEY for Grades 1, 2, 3, 4
Teacher: **Colorpop**
Hours: 3:30 - 4:30 pm
Class Fee: $645 Materials Fee: $50
Students will engage in hands-on projects from painting to sculpting. This class provides a fun, supportive environment for students to experiment with different materials and discover new ways to create.

DIVE INTO ART for Grades 2, 3, 4
Teacher: Ms. Holly Brown
Hours: 3:30 - 4:30 pm
Class Fee: $645 Materials Fee: $50
In this class, students will learn about a variety of artists, using their work as inspiration for hands-on art projects. We will work in a variety of media, including collage, painting, drawing and mixed media.

HOMEWORK'S DONE! for Grade 1
Teacher: Ms. Gianna Duca
Hours: 3:30 - 4:30 p.m.
Class Fee: $645
Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

HOMEWORK'S DONE! for Grades 2, 3, 4
Teacher: Ms. Flora Tipton
Hours: 3:30 - 4:30 p.m.
Class Fee: $645
Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

INTRODUCTION TO RUNNING
for Grades 1, 2
Teacher: Ms. Katie Amodio & Ms. Lori Ayanian
Hours: 3:30 - 4:30 p.m.
Class Fee: $645
This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

MAH-JONG for Grades 2, 3, 4
Teacher: Ms. Timna Sherman
Hours: 3:30 - 4:30 pm
Class Fee: $645 Materials Fee: $25
Enjoy an afternoon with our Mah-Jong class. Students will learn the basics of this clasic strategy game while building critical thinking, memory and social skills in a relaxed and engaging environment.

SWIFTIE SCRATCH! for Grades 2, 3, 4
Teacher: T.B.A.
Hours: 3:30 - 4:30 pm
Class Fee: $645 Material Fee: $50
Students will learn the fundamentals of coding and programming while rocking out to Taylor Swift songs. These Swifties will program a music video, an interview with their favorite music icon, and help their superstar get ready for the next concert

OFF CAMPUS

CORBIN'S ICE SKATING AT CHELSEA PIERS (Indoor Rink) for Grades 1, 2, 3, 4
Teacher: Corbin's Instructors
Hours: 3:15 - 5:00 p.m.
Class Fee: $1,050 Materials Fee: $50
Glide, play and have fun on the ice. Girls build confidence and balance thourgh games, challenges and beginner-friendly instruction in a supportive setting. The fee includes a lesson, ice skate rental and helmet. **Girls will be returned home after the activity by a Corbin's Crusaders bus. Bus service from 60th to 100th Street East and West.**

SOCCER for Grades 1, 2, 3, 4
Teacher: Corbin's Crusader Coaches
Hours: 3:15 - 5:00 p.m. **(Bus departs at 5:00 pm)**
Class Fee: $1,050
A fast-paced, fun soccer class full of games, goals and action! Players learn skills like dribbling and shooting while playing small-sided games and staying involved. All led by an experiened Corbin's coach. **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

TUESDAY

ARTICULATION & LANGUAGE LAB
Teacher: T.B.A.
Hours: 3:30 - 4:30 pm
Class Fee: $1,100
Small-group speech & language support led by certified speech-language pathologists for children working on speech sounds, receptive/expressive language skills. This program serves students currently receiving speech/language therapy as well recommended for support. **We will confirm whether your daughter's group will meets on Tuesday, Thursday or Friday.**

CLAY DESIGN
for Grades 1, 2, 3, 4
Teacher: T.B.A.
Hours: 3:30 - 4:30 p.m.
Class Fee: $645 Material Fee: $50
In this class students will mold, shape and create through hands on projects. From pinch pots and animal sculptures to imaginative creatures and textured tiles, students will learn basic hand-building techniques while developing fine motor skills and artistic expression.

EXECUTIVE FUNCTIONING for Grades 1, 2
Teacher: T.B.A.
Hours: 3:30 - 4:30 pm
Class Fee: $750
After school support for students building executive functioning skills such as organization, planning, task initiation, working memory, time management, impluse control, emotional regulation, and goal setting. We maintain communication between educators, families and school teams to support carryover and academic success.

KNITTING CLUB
for Grades 2, 3, 4
Teacher: T.B.A.
Hours: 3:30 - 4:30 p.m.
Class Fee: $645 Materials Fee: $25
Students will explore the art of yarn through both knitting and crochet. They'll learn foundatinal stitches and techniques, then build on their skills to create custom projects: from simple scarves and headbands to playful crochet shapes and cozy knit accessories.

iPIANOLAB
for Grades 1, 2, 3
Teacher: Mr. Steve Catanzaro
Hours: 3:30 - 4:30 p.m.
Class Fee: $645 Materials Fee: $50
iPianolab sets up a portable keyboard lab with a keyboard and headphones for each student. The girls will learn all the keyboard basics while learning to play songs they love. The class includes free access to iPiano's website to watch tutorials of all the lessons and songs including fun interactive learning games.

KITCHEN MAGIC for Grades 1, 2, 3, 4
Teacher: T.B.A.
Hours: 3:30 - 4:30 p.m.
Class Fee: $645 Materials Fee: $25
Students will explore the science of food and chemistry in this fun and exploratory class. With edible experiments, lessons on nutrition, recipes and fun activities to get us learning more about what we eat!

SCIENCE LABS for Grades 1, 2, 3, 4
Teacher: T.B.A
Hours: 3:30 - 4:30 p.m.
Class Fee: $645 Materials Fee: $25
Join us as we dive into hands-on experiment each week. Students will practice problem-solving, and critical thinking sills. With new experiements each semester students will explore exciting STEM concepts and learn how sciencew shapes the world around them with fun activities that spark curiosity!

THE STOCK MARKET GAME! for Grade 4
Teacher: Mrs. Maureen Cook
Hours: 3:30 - 4:30 pm
Class Fee: $645
Join our online simulation of the stock market! Girls will be given a virtual $100,000 to invest while learning how to create a portfolio, trade, buy and sell stocks. Working with partners, students will develop and enhance skills in leadership, problem solving and team building.

OFF CAMPUS

FLAG FOOTBALL for Grades 1, 2, 3, 4
Teacher: Corbin's Crusader Coaches
Hours: 3:15 - 5:30 p.m. (Bus departs at 5:00 pm)
Class Fee: $1,050
Get ready for an exciting, action-packed class where every player gets a chance to run, catch and score! Girls learn the basics of flag football through fun drills, team shallenges and real gameplay. **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

TENNIS for Grades 1, 2, 3
Teacher: Super Star Tennis
Hours: 3:15 - 4:30 p.m.
Class Fee: $675 Materials Fee: $50
This class will emphasize tennis fundamentals; learn how to hit forehand, backhand and volleys with the proper technique and grip. We will also work on drills, games, hand-eye coordination, sportsmanship and team building skills while having fun! All equipment is provided. Sacred Heart chaperones will accompany the girls to tennis. **Pickup for tennis is at Immanuel Lutheran Church, 88th Street and Lexington Avenue.**

WEDNESDAY

ART OUT OF THE BOX for Grades 1, 2, 3
Teacher: Ms. Shormi Uddin
Hours: 3:30 - 4:30 p.m.
Class Fee: $645 Materials Fee: $50
Students will learn how to get creative and make mini masterpieces using materials like fabric, paper and found objects from nature! They will also learn about contemporary and historic artists using unconventional materials.

EXECUTIVE FUNCTIONING for Grades 3, 4
Teacher: T.B.A.
Hours: 3:30 - 4:30 pm
Class Fee: $750
After school support for students building executive functioning skills such as organization, planning, task initiation, working memory, time management, impluse control, emotional regulation, and goal setting. Groups are tailored to student needs, with communication between educators, families and school teams to support carryover and academic success.

HOMEWORK'S DONE! for Grades 2, 3, 4
Teacher: T.B.A.
Hours: 3:30 - 4:30 p.m.
Class Fee: $645
Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the supervision of a teacher and the company of your peers. This class is for girls who are working at grade level and above.

RUNNING CLUB! for Grades 3, 4
Teacher: Ms. Maria Levine & Ms. Victoria Fox
Hours: 3:30 - 4:30 p.m.
Class Fee: $645
This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games Emphasis will be on safety and fun!

SEWING! TINY MOUSE ADVENTURE for Grades 1, 2, 3
Teacher: T.B.A.
Hours: 3:30 - 4:30 pm
Class Fee: $645 Materials Fee: $50
Create adorable mouse-themed projects, including a tiny mouse family in a keepsake tin and "Millie Mouse" a soft stuffed felt friend! Students learn beginner sewing skills through creativity, imagination and hands-on fun.

SPANISH CLUB for Grades 1, 2, 3
Teacher: Ms. Carolina Garcia
Hours: 3:30 - 4:30 p.m.
Class Fee: $645
Join our fun interactive Spanish class! Through games, songs and engaging activities, students will build their Spanish vocabulary and confidence in speaking the language.

OFF CAMPUS

LACROSSE for Grades 1, 2, 3, 4
Randall's Island
Teacher: Corbin's Crusader Coaches
Hours: 3:15 - 5:00 pm
Class Fee: $1, 050
A fun and energetic introduction to the fasstest game on two feet! Players learn through games and friendly compmpetition, building skills while staying active and engaged. Led by a Corbin's Crusader coach with over 15 years experience.
Girls will be returned home after the activity by a Corbin's Crusaders bus. Bus service from 60th to 100th Street East and West.

SWIM CLUB Grades 1, 2
Teacher: Cardinal Swim Club Coaches
Hours: 3:15 - 5:00 pm **(9/16-11/4)**
Class Fee: $675
Swim instructors will work with students to learn everything from safety & survival techniques to stroke mechanics and conditioning. Students are grouped by skill level. **Students should be picked up promptly at 5:00 pm at 406 East 91st Street. (Girls will walk over to 406 with a Sacred Heart chaperone.)**

THURSDAY

AFFINITY GROUP for Grades 1, 2, 3, 4
Teacher: Ms. Jesenia Jackson & Ms. Bridget Billups
Hours: 3:30 - 4:30 p.m.
Our LS affinity group provides an opportunity for LS students of color to celebrate their shared identities, strengthen their sense of belonging, and enrich our inclusive community. Through various read-alouds, crafts, shares, gatherings and fun, participants can connect with Students of Color from other grades to make long lasting relationships. This group is open to those who identify their racial background as Black/African American, Asian, Pacific Islander, Southeast Asian, First National, Latinx/Hispanic, Greater Middle Eastern or Multicultural/Biracial.

ARTICULATION & LANGUAGE LAB
Teacher: T.B.A.
Hours: 3:30 - 4:30 pm
Class Fee: $1,100
Small-group speech & language support led by certified speech-language pathologists for children working on speech sounds, receptive/expressive language skills. This program serves students currently receiving speech/language therapy as well recommended for support. **We will confirm whether your daughter's group will meets on Tuesday, Thursday or Friday.**

CHESS for Grades 1, 2, 3, 4
Teacher: T.B.A.
Hours: 3:30 - 4:30 p.m.
Class Fee: $645 Material Fee: $25
In this class, students learn all the basics of chess in a fun and noncompetitive atmosphere. The girls will be taught how move pieces learn basic chess strategies, openings, tactics and problem-solving skills.

FASHION DESIGN for Grades 2, 3, 4
Teacher: T.B.A.
Hours: 3:30 - 4:30 p.m.
Class Fee: $645 Material Fee: $25
Explore figure drawing, fabric sketching and character outfits with weekly drawing challenges. No sewing -- just sketching and styling.

FENCING for Grades 2, 3, 4
Teacher: Coach Colin
Hours: 3:30 - 4:30 p.m.
Class Fee: $645 Material Fee: $50
The girls will learn the fundamentals of en garde, lunging, and parrying in a fun and safe environment. Foil and equipment provided! Please wear sneakers.

HOMEWORK'S DONE for Grades 2, 3, 4
Teacher: Ms. Leslie Perez
Hours: 3:30 - 4:30 p.m.
Class Fee: $645
Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the supervision of a teacher and the company of your peers. This class is for girls who are working at grade level and above.

LET'S BUILD SCULPTURES Grades 1, 2, 3, 4
Teacher: Ms. Holly Brown
Hours: 3:30 - 4:30 pm
Class Fee: $645 Material Fee: $50
Students will engage in a variety of 3-D building techniques and materials. We will explore working with wood, cardboard, found objects, dioramas and textiles in this class. Themes will focus on a variety of artists working in these areas.

MATH GAMES! for Grades 2, 3
Teacher: Mrs. Maureen Cook
Hours: 3:30 - 4:30 p.m.
Class Fee: $645
In this class we will build number sense, fact fluency, and flexible thinking - all while playing games. Math games increases math skills by making pratice fun and engaging. Students will participate in various games and activities to help build number sense and confidence.

OFF CAMPUS

GOLF for Grades 1, 2, 3, 4
NYC Golf and Sport
Teacher: Mr. Adam Raymond
Hours: 3:30 - 4:30 pm
Class Fee: $645 Material Fee: $25
This program utilizes age-appropriate methods and equipment to teach the proper skills, rules and etiquette of golf. Players will practice the four basic shots as well as gain an introduction to golf.

ROLLERBLADING for Grades 1, 2, 3, 4
Teacher: Roll America
Hours: 3:15 - 4:30pm
Class Fee: $695
Students learn skills that will progressively take them from basic through advanced skating techniques. Equipment needed: (helmet, wrist, knee and elbow pads) and skates are required.

VOLLEYBALL for Grades 2, 3, 4
Teacher: Corbin's Crusader Coaches
Hours: 3:15 - 5:00 p.m. **(Bus departs at 5:00 pm)**
Class Fee: $1,050
The program is for girls with all levels of experience and skill sets. The focus will be on basic positioning and play. **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

FRIDAY

ARTICULATION & LANGUAGE LAB
Teacher: T.B.A.
Hours: 3:30 - 4:30 pm
Class Fee: $1,100
Small-group speech & language support led by certified speech-language pathologists for children working on speech sounds, receptive/expressive language skills. This program serves students currently receiving speech/language therapy as well recommended for support. **We will confirm whether your daughter's group will meets on Tuesday, Thursday or Friday.**

KARATE for Grades 1, 2, 3, 4
Teacher: T.B.A
Hours: 3:30 - 4:30 p.m.
Class Fee: $645
This is an introductory karate class, students will build strength, balance, discipline and focus while learning basic martial arts skills. Each week features fun drills, partner exercises, and practice of basic strikes, kicks in an encouraging, non-competitive environment.

MINECRAFT: WORLD ADVENTURE for Grades 2, 3, 4
Teacher: T.B.A
Hours: 3:30 - 4:30 p.m.
Class Fee: $645 Material Fee: $50
We are off to eplore new worlds within the Minecraft realm. Students will learn to move, explore, build and code within Minecraft while stepping into the exciting worlds Toy Story, Super Mario for example.

LIGHTS, CAMERA, ACTION! for Grades 1, 2, 3, 4
Teacher: T.B.A
Hours: 3:30 - 4:30 p.m.
Class Fee: $645
Lights, camera, action! Join this cinematic course focusing on imagination, concentration, script work and acting techniques. Students will learn the basics of playing to the camera while creating their own mini-blockbusters.

OFF CAMPUS

CORBIN'S ICE SKATING AT CHELSEA PIERS (Indoor Rink) for Grades 1, 2, 3, 4
Corbin's Crusaders
Teacher: Chelsea Piers Instructors
Hours: 3:15 - 5:00 p.m.
Class Fee: $1,050 Materials Fee: $50
Glide, play and have fun on the ice. Girls build confidence and balance thourgh games, challenges and beginner-friendly instruction in a supportive setting. Corbin's coaches will help the girls get geared up and ready for the ice. The fee includes a lesson, ice skate rental and helmet. **Girls will bereturned home after the activity by a Corbin's Crusaders bus. Bus service from 60th to 100th Street East and West.**

GROUP ICE SKATING AT CHELSEA PIERS (Indoor Rink) for Grades 1, 2, 3, 4
Teacher: Chelsea Piers Instructors
Hours: 3:15 - 5:45 p.m. **(Bus leaves at 5:00 pm)**
Class Fee: $995 Material Fee: $50
In this activity, girls participate in a group skating lesson and a "free skate" session. The fee includes a lesson, ice skate rental and helmet. **Sacred Heart chaperones accompany the children to the rink and back to school on a Sacred Heart bus.**

LACROSSE CLINIC for Grades 1, 2, 3, 4
Teacher: **Corbin's Crusaders Coaches**
Hours: 3:15 - 5:00 pm
Class Fee: $1,050
A fun and energetic introduction to the fasstest game on two feet! Players learn through games and friendly compmpetition, building skills while staying active and engaged. Led by a Corbin's Crusader coach with over 15 years experience.
Girls will be returned home after the activity by a Corbin's Crusaders bus. Bus service from 60th to 100th Street East and West.

PRE-TEAM SWIM CLUB Grades 3, 4
Teacher: Cardinal Swim Club Coaches
Hours: 3:15 - 5:00 pm
Class Fee: $675
This program is for students who want to develop their competitive swim skills. Participants should come with competency in three of the four strokes and have an interest in racing. **Students should be picked up promptly at 5:00 pm at 406 East 91st Street. (Girls will walk over to 406 with a SH chaperone.)**

FALL 2026 Calendar

SEPTEMBER

Monday	**21, 28**
Tuesday	**22, 29**
Wednesday	**16, 23, 30**
Thursday	**17, 24**
Friday	**18, 25**

OCTOBER

Monday	**5, 19, 26**
Tuesday	**6, 13, 20, 27**
Wednesday	**7, 14, 21, 28**
Thursday	**1, 8, 15, 22, 29**
Friday	**2, 16, 23**

NOVEMBER

Monday	**2, 9, 16**
Tuesday	**3, 10, 17**
Wednesday	**4, 11, 18**
Thursday	**5, 12, 19**
Friday	**6, 13, 20**

DECEMBER

Monday	**7, 14**
Tuesday	**8**

Registration for FALL 2026 please go to:
https://lowerschoolafterschool.campbrainregistration.com/

-- Create an account and password
-- Select your after school class/es
-- Use your credit card to pay (VISA, Discover and Mastercard only) NO AMERICAN EXPRESS