



Eton Porny C. of E. First School Statement for Spiritual Development

We are all created unique and special.

He made us all perfect having our own uniqueness.

*1 Peter 4:10-11 'God has given each of you a gift from his great variety of spiritual gifts.
Use them well to serve one another'.*

Spirituality is a sense of something bigger than ourselves. We see it as a process rather than a fixed thing – it is a journey of **windows, mirrors and doors**.

- **Windows** – Experiencing moments that inspire awe, wonder and deep thinking. This could be through nature, relationships, acts of kindness, or moments of stillness and prayer.
- **Mirrors**– Taking time to consider these experiences, exploring their meaning and how they connect to personal beliefs, values and emotions.
- **Doors** – Allowing these reflections to shape thoughts, actions and relationships, leading to personal growth and a deeper sense of purpose

We are all unique and special so spirituality is different for everyone but it brings connectedness.

Window



“Noticing the world”

Take time to stop and look

What are you curious about?
Have you had a ‘wow’ moment?
What brings you joy?
Are there things that challenge you?

Mirror



“Thinking about ourselves”

Take time to reflect

Where and how do you do this?
What is my view on this?
How does this experience make you feel?
What inspires you?

Door



“Making choices”

Take action

What can you learn from this?
How have you been inspired to do good?
What can you do about this?
How can you help/serve others?