

SEQUOIA HIGH SCHOOL'S HEALTH CAREERS ACADEMY

FALL 2017 REVIEW



The Sequoia High School Health Careers Academy (HCA) hopes that everyone had a wonderful holiday season, and we wish all the very best for the New Year. As an Academy, we have a lot to both be thankful for and to look forward to. We thought we'd take a moment to look back at what we have accomplished this past Fall and let you know of some exciting things we are looking forward to in the Spring.

FIELD TRIPS AND SPECIAL EVENTS

We were thrilled to welcome 3x World Series Champion, San Francisco Giant Jeremy Affeldt as our keynote speaker for the HCA opening assembly. His message of compassion and hard work set a terrific tone for our new school year. Jeremy was just one of several guest speakers the HCA has had address our students.

Others include: First Responders from both Bayshore Ambulance and American Medical Response, a registered nurse, and a nutrition expert. In addition to having individuals speak with groups of students, we also began our highly regarded mentor program, matching up all of our 11th grade students with a mentor with



San Francisco Giant Jeremy Affeldt speaking at the opening assembly. Jeremy Affeldt's visit was sponsored and organized by Dignity Health Sequoia Hospital.

whom they will meet monthly throughout the rest of the school year. These types of experiential educational opportunities also happened off campus with field trips to Sonoma State, Hidden Villa, and the Marine Science Institute.

HCA IN THE COMMUNITY

The HCA has also been engaged in numerous philanthropic and edifying programs such as our Annual Holiday Coat Drive, collecting coats for those in need, partnering with the Red Cross for

another successful Blood Drive, and providing a weekly tutorial opportunity with our Tuesday afternoon Study Space program. Furthermore, we have seen HCA students dominate the weekly college club meetings and we launched our Health Occupations Students of America (HOSA) club.

On the public relations front, we have started numerous efforts that will be on-going to create cohesion within our academy and with those we collaborate with. We continued our "What the Health?!" t-shirt campaign for all



Sophomore students on the Discovery Voyage on San Francisco Bay

incoming sophomores, our anti-tardy program “I’m on Time, Time to Shine” sticker project, as well as designed and obtained HCA Klean Kanteen water bottles as gifts for our partner organizations and for sale to HCA students.

Our teacher team continues to meet weekly to best meet the needs of our students and has been incorporating the contributions of two Stanford STEP graduate students.

Our most proud moments have been from our students. We have seen early admissions to colleges, art displayed in the main hallway, student winners in the canned food drive, HCA students sing the National Anthem and emcee an event featuring the California Secretary of State, another student sing the National Anthem at a Sequoia football game, two students addressed a local community group about disaster preparedness, and two other students currently have their art displayed in a public forum. Community Service? Our students were busy! More than 300 hours helping with Childcare, Hurricane Relief, AYSO, Blood Drive, RWC 2020, Boys and Girls Club and serving as in the Healthy Living Ambassador Program.

THE HCA IN 2018

The future looks busy and bright as we look ahead to 2018. The HCA will continue its mentor program and study space offerings. We will partner and participate in community events such as Make Time For Fitness, Stanford Trauma’s

Stop the Bleed program, Impact Teen Drivers (anti text and drive), practical economics lessons with Future Profits, and local retailers helping out with our emergency preparedness “Go-Bag” project. Spring field trips include: the Marine Mammal Center, Oracle, and several colleges, including Foothill College with their Allied Health Careers Programs. Our juniors will get CERT certified as emergency responders and our HOSA students will attend our first leadership conference. HCA will participate in both the Sequoia Health Fair as well as the Career Fair at Skyline College. We hope to see our parents and partners at the Open House and look forward to celebrating our seniors at Senior Night in June.



Student attempting the high ropes course at Hidden Villa