

Notice of and Consent for School Health-Related and School Counseling Services

This form must be signed and returned to the campus front office or Parent Liaison.

Consent given through this form is effective during the current school year unless rescinded earlier.

Parents have the right to make decisions regarding the upbringing and control of their child. In accordance with law, the District must provide parents with written notice of each school-based health-related service offered at the campus their child attends and staff services related to school counseling. Parents must be given the opportunity to opt out before some services are provided to their child, and other services require the parent to opt in through signed written consent.

Changes to Consent During the School Year

A parent may opt out of health-related services annually, and consent may be modified, revoked, or reinstated at any time with written notice signed by the parent and delivered to the student's campus principal.

Notice of Services

In accordance with law, the District must provide to the parent of each enrolled student written notice of each health-related service and health-care service offered at the campus the student attends.

The District routinely provides the following health-related services in accordance with requirements of the Education Code and other laws.

Opportunity to Withhold Consent for Health-Related Services

If you wish to opt out of any of the following services for your child, check the box corresponding to the service you do not want provided to your child. **By checking specific items below, you are opting out of your child receiving those services and the District will not provide a checked service to your child** unless otherwise required by law. Questions about what a listed health service includes may be addressed to the school nurse and/or campus administrator.

Questions about what a listed mental service includes may be addressed to the school counselor and/or campus administrator.

I do **NOT** want my child to receive the following services:

- ☐ First aid and injury evaluation beyond general caretaking
- ☐ Monitoring of chronic health conditions (e.g., asthma, diabetes)

- Vision, hearing, and scoliosis screenings
- Under the influence assessment not required by law
- Lice screening
- Acanthosis screening (Diabetes type 2 screening)
- Coordination of health services (Including: hygiene, puberty, or any health related lessons)
- Nutrition and health education beyond what is taught through grade-level or course instruction
- Heat illness prevention and injury support for student athletes
- Administration of prescription medications in accordance with law

School counseling in accordance with the Texas Education Code, will abide by the Texas Comprehensive School Counseling Model to include guidance curriculum, responsive services, individual planning, and systems support.

- Early mental health prevention and intervention (guidance curriculum)
- Building skills related to managing emotions, stress management, establishing and maintaining positive relationships, and responsible decision-making
- Substance abuse prevention and intervention (coping skills, responsive services)
- Suicide prevention, intervention, and postvention (coping skills, responsive services)
- Grief-informed and trauma-informed practices (coping skills, responsive services)
- State mandated lessons including human trafficking, anti-bullying, family/dating violence, suicide prevention, and CPS reporting.
- Positive behavior interventions and supports (including activities, incentives and celebrations)

Please note that any external presenters/agencies/programs will require a separate permission slip for your student to participate.

Parental Consent Not Required

Parental consent is not required for District personnel to inquire about a student's daily or general well-being or to provide general caretaking to students.

Parental consent is not required for the following:

1. Health-care services rendered by the District in an emergency;
2. Law enforcement or Department of Family and Protective Services activities;
3. Behavioral threat assessment required by law; or
4. Other rights or duties required by law, including the Texas Family Code.

Under Texas Family Code Section 32.004, a child may consent to counseling for themselves as it relates to suicide prevention; chemical addiction or dependency; or sexual, physical, or emotional abuse.

I acknowledge that Canutillo Independent School District (CISD) has provided the required notice and opportunity to withhold consent for or opt out of the District's services for students for this school year, as required by law.

Student's name: _____

Current grade level: _____

Campus: _____

Parent/Guardian
signature: _____

Date: _____

Additional information relating to student welfare, wellness, and health services can be found in the District's Student Handbook.