



Northeast Guilford Middle School

GIRLS BASKETBALL SUMMER WORKOUTS

Optional workouts open to all rising 6th, 7th and 8th graders
Work Hard. Compete Hard. Be a Ram.

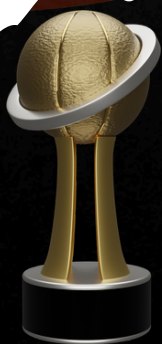
****Must have a current physical to participate****



336-375-2525

June - 15,16,22,23,29
July -13,14,20,21,27,28
4pm-5:30pm

Coach Johnson
johnsoa2@gcsnc.com



2025-2026 CONFERENCE CHAMPIONS