

Cache County School District
Nasal Bulb Syringe Suctioning Protocol

Only staff ANNUALLY trained by A CCSD Nurse can provide the following procedure
ALWAYS FOLLOW THE STUDENT'S INDIVIDUALIZED HEALTH CARE PLAN

PROTOCOL
A. Preparation: Reviews universal precautions, identifies where procedure is done, identifies possible problems and appropriate actions
B. Identifies supplies and gathers equipment: Bulb syringe, Gloves, Tissues, Plastic bag for disposal
NOTE: If suctioning the nose and the mouth, begin suctioning first with the oral cavity and move quickly to the nostrils.
C. Procedure:
1. Washes hands
2. Assembles supplies, positions student and explains procedure
3. Washes hands and puts on gloves
4. Compresses the bulb syringe to remove air out of the bulb. Maintains bulb compression
5. Gently places the tip of the compressed bulb into a nostril
6. Releases compression of the bulb to let the air back into it. This will pull the secretions out of the nose and into the bulb
6. Removes bulb syringe from nose
7. Compresses bulb to release contents of the bulb into tissue, expelling secretions
8. Suctions the other nostril the same way (if needed)
7. Repeats Steps 4-7 until secretions are removed
8. Cleans bulb syringe by washing it in warm, soapy water after each use. Squeeze soapy water into the bulb and shake to clean out the secretions. Then, squeeze the water out. Repeat this step many times. Rinse the bulb many times by filling it with clear water, then squeezing the water out.
9. Disposes of soiled tissues
10. Removes gloves, washes hands
11. Reports any changes and or concerns to family/school nurse
12. Documents procedure in the approved CCSD documentation system