2025-2026
PARENT'S GUIDE TO STUDENT NUTRITION

Check out what's new for BREAKFAST AND LUNCH!

OrganicLife, our NEW food service provider, is proud to be in partnership with Oak Lawn Community High School. OrganicLife wants to make your students' breakfast and lunch a positive and nutritious experience they look forward to. This brochure will guide you through the food service policies and procedures at OLCHS.

Meal Prices for the 2025-2026 School Year:

Student Paid Breakfast: $ 3.50 Student Paid Lunch: $4.25

Student Reduced Price Breakfast: $ 0.30 Student Reduced Price Lunch: $0.40

A la Carte Milk: $ .60 per carton

Frequently Asked Questions

What is "Offer Versus Serve?"

Under the "Offer Versus Serve" provision, Public Law 97-35 "Offer Verses Serve" allows a student to make food choices from a selection of food items on the cafeteria serving line. Research studies have shown that allowing students to make their own choices has reduced waste, increased participation, and increased the consumption of fruits, vegetables, and grains. Students are required to take necessary components for a breakfast or a lunch, otherwise, items on the tray will be charged as a la carte.

Breakfast meal components: Three items from the menu for the day must be selected, with a fruit being a required item.

Lunch meal components: Three out of five of the items on the menu for the day must be selected, with a fruit or vegetable being a required item. Up to five items may be chosen from the daily offerings. Sample: entrée, fruit, vegetable, grain, and/or milk.

How does the Office of Food Services determine the portion size served in each meal?

When menu planning takes place, the USDA requires that all planned meals meet the nutritional requirements for the highest grade level served in a building. For example, a school servicing grades K-5 will have meals served to meet the nutritional requirements of a fifth grader. Meals are based upon the appropriate calories, nutrient requirements, vitamins, minerals, sugar, and fat restrictions. Because District 300 participates in the National School Breakfast and National School Lunch Programs, these regulations must be closely adhered to by the Office of Food Services.

What if my child has a special dietary need?

You must provide the school nurse with a doctor's statement of need for care. The school nurse will then provide a copy of the doctor's statement to the Office of Food Services. Arrangements will be made to reasonably accommodate the student's special dietary needs.

About OrganicLife

OrganicLife is locally based in Chicago, IL. At OrganicLife, we believe in nourishing young bodies and minds with freshly prepared, nutritious meals each and every day. We are committed to bettering the lives of the students we serve, and we pride ourselves on being an innovative, attentive, involved foodservice partner.

Employment Opportunities

Interested in a work schedule that fits with your child's school schedule? We have many opportunities to fit your needs, including part-time and full-time positions for both lunchroom monitors or food service team members. Email Jennifer White with any questions: jwhite@organiclifeusa.com .

Thank you for your support and cooperation. We look forward to another successful school year. Please do not hesitate to contact us with any questions.

Updated 07/23/2025