



Lyon County School District
Portrait of a Learner

- Learning for Life
- Connected Learners
- Student Ownership
- Discovery Learning

2026-2027 School Year

Medical Request for Student Meal Modification

Meal modifications will only be provided for students with a dietary disability.
Form must be filled out completely with the required signatures to be accepted.

SECTION 1 – PARENT/LEGAL GUARDIAN TO COMPLETE THIS SECTION

Student Name (Last, First): _____ Date of Request: _____

Date of Birth: _____ School Name: _____ Student ID #: _____

Parent/Guardian Name: _____ Phone #: _____

Which meals will your child eat from the school cafeteria and how often?

Both Breakfast & Lunch Breakfast ONLY Lunch ONLY

Monday Tuesday Wednesday Thursday Friday Mon – Fri (Daily)

I authorize Lyon County School District Nutrition Services to provide the necessary diet accommodations for my child. I understand that it is my responsibility to notify Nutrition Services of any changes to my child's dietary needs, including diet-related changes, change of schools, and/or discontinuation of modified meal service.

Signature: _____ Date: _____

SECTION 2 – LICENSED PHYSICIAN OR RECOGNIZED MEDICAL AUTHORITY TO COMPLETE THIS SECTION

**Recognized Medical Authorities include Medical Doctor (MD), Doctor of Osteopathy (DO), Physician Assistant (PA), or Advanced Practice Registered Nurse (APRN).*

Does the child have a dietary disability? Yes (describe below) No, my child and I will self-monitor.

Does the child have a food allergy or intolerance? Yes No If yes, identify foods below.

Please describe the child's physical or mental impairment and how it restricts the child's diet:

Foods to omit from the child's meals (check all that apply):

Fluid Milk ONLY All Dairy (including fluid milk) Soy Egg Fish

Wheat/Gluten Peanuts Tree Nuts Shellfish Other: _____

Texture Modification (if needed):

List any foods that need the following texture modification(s). Indicate "All" if all foods need the indicated modifications.

Bite Size Pieces: _____ Finely Chopped: _____ Pureed: _____

Other (please be specific): _____

Print Name & Title: _____

Medical Signature: _____

Please return completed form to your school nurse or mail to: LCSD Nutrition Services Department, 3655 Spruce Ave., Silver Springs, NV 89429. If you have any questions, please contact the Nutrition Services Office at (775) 575-3429.

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