Welcome, Incoming Families!



Agenda



- Staff Introductions
- Renaissance Values
- August Events & Communications
- Camp & Volunteering Opportunities
- Parent-Student-Teacher Compact
- Health Room/Medications Information

The Staff

- Kate Wold – Performing Arts
- Garth Ball – Performing Arts
- Alex Crane – Visual Arts
- Elizabeth Rothwell – Science, Math
- Mariana Borgiani – Language Arts, Social Studies, Math
- Howard & Leanne Mawhinney – Special Education
- Kaleb Vandel & Julie Kalligerakis – Instructional Assistants
- Shanna Berlanga – Office Manager
- Todd Apple – Principal for EHS/RSAR
- Cheryl Kenyon – Associate Principal for EHS/RSAR
- Rebecca Harris & Kelsey Ballin – School Nurses
- Lenore Gallucci – School Counselor

Renaissance Values



Preparedness

Responsibility

Respect

Empathy

Perseverance







Means of Communication

- Parent Square
- Weekly Raven Review
- Canvas
- Skyward
- Email
- Appointment



August Communications

- Start of school year, school supplies, spirit wear purchases, camp, PTSA sign-up, volunteering opportunities, and more
- Please make sure you are signed up for Parent Square messages and notifications



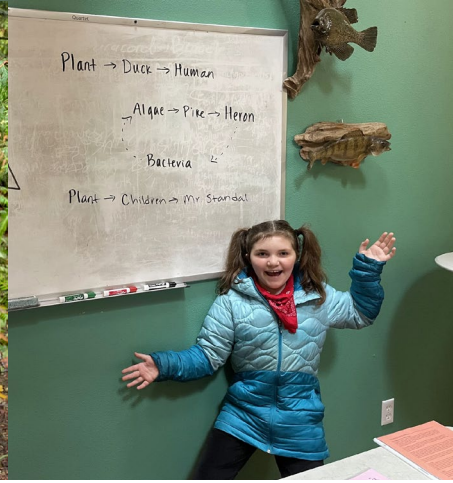
Nesting Day

- August 28, 2026 (time TBD)
- Reconnect with staff
- Learn more about camp
- Meet with school nurse
- Sign up for PTSA
- Pay fees

Camp









- Three days, two nights
- Community building
- Forming connections
- Persevering through challenges
- Building trust with teachers
- Important for all students to attend

Volunteering







- Camp
- Field Trips
- Class Projects and Performances
- Guest Teaching
- Club Supervision
- Dance Chaperone

Family Contribution

- Guest Artists and Instructors
  - WITS
  - Living Voices
- Field Trips
- Visual & Performing Arts





Student Teacher Parent Compact

- We believe that educating students requires student effort, family support, and teacher commitment
- To that end, we have outlined some agreements for parents, students, and teachers
- Please take some time to review these at home, and let us know if you have any questions ☺
- We will go over this with students in the fall

RSAR and the Health Room



Life Threatening Health Conditions

- Diabetes
- Severe allergies
- Epilepsy/seizure disorder
- Severe Asthma
- Cardiac/heart condition

- Your School Nurses *highly recommend* that middle school students self-carry their rescue medication

- Required Items BEFORE school starts:
  - Fill out NURSE ALERT on Skyward
  - Medication Authorization for Rescue Med (if rescue med is needed)
  - Plan for Rescue Med to be at school (self-carry, or **drop off no later than 8/24**)
  - IHP (Individual Health Plan)
  - Additional information from Medical Provider (if needed)

More Information about Life-Threatening Health Conditions on the LWSD Site:

New Starting this School Year

Stock Epinephrine at all LWSD school campuses!!

Our schools have a supply of both Neffy brand and EpiPen brand epinephrine for use by students.

This Stock Epinephrine is NOT intended to replace the epinephrine that your student must have available to them each school day.

However, if you wanted to have a supply of epinephrine in the health room for *just in case* your student can't find their epinephrine in their bag, that will no longer be a concern.

Other Medications at School

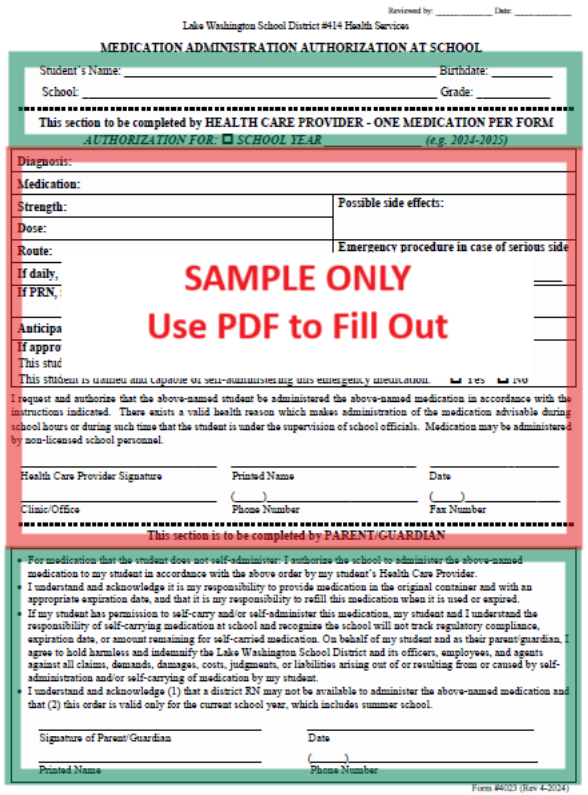
What if my student needs non-lifesaving medication at school?

- A Medication Authorization form is needed for ***any medication**** that a student will take at school or on a school outing (camp, field trip, etc.)
  - OTC Medications (such as Zyrtec, Tylenol, Lactaid, etc.)
  - Prescription Medications (such as Ritalin, antibiotics, etc.)
  - Whether student will Self-Carry or if the medication will be held in the Health Room (or by a teacher, at Camp or a Field Trip)

Parent fills out the green sections. Doctor fills out the red portion

*one exception is, if a *parent gives the medication* at school or on a school trip, the Medication Authorization form is not required

Sample Med Auth Form:



Lake Washington School District #414 Health Services

MEDICATION ADMINISTRATION AUTHORIZATION AT SCHOOL

Student's Name: _____ Birthdate: _____

School: _____ Grade: _____

This section to be completed by HEALTH CARE PROVIDER - ONE MEDICATION PER FORM

AUTHORIZATION FOR: ☐ SCHOOL YEAR _____ (e.g. 2024-2025)

Diagnosis:

Medication:

Strength: | Possible side effects:

Dose:

Route: | Emergency procedure in case of serious side

If daily,

If PRN,

Anticipa

If appro

This stud

This student is trained and capable of self-administering this emergency medication. ☐ Yes ☐ No

SAMPLE ONLY

Use PDF to Fill Out

I request and authorize that the above-named student be administered the above-named medication in accordance with the instructions indicated. There exists a valid health reason which makes administration of the medication advisable during school hours or during such time that the student is under the supervision of school officials. Medication may be administered by non-licensed school personnel.

Health Care Provider Signature | Printed Name | Date

Clinic/Office | Phone Number | Fax Number

This section is to be completed by PARENT/GUARDIAN

- For medication that the student does not self-administer: I authorize the school to administer the above-named medication to my student in accordance with the above order by my student's Health Care Provider.
- I understand and acknowledge it is my responsibility to provide medication in the original container and with an appropriate expiration date, and that it is my responsibility to refill this medication when it is used or expired.
- If my student has permission to self-carry and/or self-administer this medication, my student and I understand the responsibility of self-carrying medication at school and recognize the school will not track regulatory compliance, expiration date, or amount remaining for self-carried medication. On behalf of my student and as their parent/guardian, I agree to hold harmless and indemnify the Lake Washington School District and its officers, employees, and agents against all claims, demands, damages, costs, judgments, or liabilities arising out of or resulting from or caused by self-administration and/or self-carrying of medication by my student.
- I understand and acknowledge (1) that a district RN may not be available to administer the above-named medication and that (2) this order is valid only for the current school year, which includes summer school.

Signature of Parent/Guardian | Date

Printed Name | Phone Number

Form #4023 (Rev 4-2024)

Medications at Camp

- Camp is September 14-16 at Camp Arnold in Eatonville (week 3 of the new school year!)
- Again, all medications, whether over-the-counter or prescription, self-carry or teacher-carry, even supplements or vitamins MUST have a Med Auth accompanying it (the **only** exception is if the **parent** is chaperoning and will administer the medication)
- The Med Auth form must be filled out by a medical provider and parent
- Medications needed for camp may be different than those we usually plan for at school – plan ahead
- Medications and medication forms for camp are due no later than Monday August 31st. A parent must drop off the medication to school.
- Medications must be in their original prescription bottle, within expiration, and only as many doses as will be needed for camp

When to Drop off Medications and Forms

- Forms and emergency meds held in the Health Room are **due no later than Monday August 24th.** This is **before** ***Welcome to the Nest Day*** on **August 28th.** This is necessary to prevent a potential delay to your students' start of school on Monday August 31st
- If you cannot drop off forms or medications by this date, please contact your school nurse to make other arrangements
- If a student will self-carry their rescue medication, then **only the forms** are required prior to the start of school. Health Room will have **Stock Epinephrine** and "back-up" epinephrine in the Health Room.
- Only **rescue medications** held in the **health room** are **REQUIRED** before a student can start school (i.e.: epinephrine, albuterol inhaler, seizure rescue medicine, etc.). Other "as needed" or "scheduled" medications (i.e.: ADHD medications, Tylenol, etc.) can be dropped off at RSAR by appointment at a later date.
- **Camp meds and forms** are due no later than August 31st, but earlier is better. We appreciate your assistance at this busy time of year.

Links to LWSD Sites

Forms Library

Medication at School

How to Reach the School Nurses

Email: ReHarris@LWSD.org and KBallin@LWSD.org

Phone: (425) 936-1510 (425) 936-1515

Tips for Forms and Medications

- If your student takes any medications, including **daily medicine** and **as-needed medicine**, plan **NOW** to get the Medication Authorization forms filled out by your medical provider.
- Ask your medical provider to fill out a Medication Authorization even if you only *think* your child may need that medication at school (for example, Tylenol for menstrual cramps, or daily medication taken outside of usual school hours).
- We recommend that you schedule your child's well-visit **EARLY**. Appointments fill up. Forms and New Prescriptions usually require an appointment with your child's medical provider. Getting forms filled out outside of an appointment can be challenging and expensive. Students with life-threatening conditions will not be permitted at school unless their forms and medications have been turned into the Health Room.
- Whatever time of year your student has their well-child visit, we recommend you bring the appropriate Medication Authorization forms and ask the provider to sign them for the upcoming school year (check the school-year dates on the top of the form).
- Camp & field trip planning - when a medication bottle becomes empty, please **save one bottle**. Any meds taken must be in their original prescription bottle with a label.

Thank you!



What are your questions? ☺

