

# Golden Bear Wrestling

Temecula Valley High school

**What:** Summer League Wrestling

**Who:** Any one interested in being a "Golden Bear Wrestler"  
Grades: incoming 9<sup>th</sup> graders thru 12<sup>th</sup> only

**When:** Monday July 13<sup>th</sup> thru Thursday July 24<sup>th</sup>, 2026  
(Summer League Wrestling – 5 days a week!)  
Practice is Monday, Tuesday, Wednesday, Thursday, and Friday  
from 8:00am – 10:00a.m.

**Competitions:** The times and days will be announced, when scheduled.

**Clearance:** Everyone needs to be cleared through the Athletic Office (Rm 201)  
Fill out packet online (TVHS website -Athletics), get a physical,  
and turn it into Rm 201.

**\*(Physicals are good for one calendar year)**

***By getting cleared now, you will be cleared for next year's wrestling season!***

**Donation:** Recommended donation \$75.00

**Contact:** Coach Lyndon Campbell  
(951) 695-7300 ext. 2163

Coach Mario DeCaro  
(951) 695-7300 ext. 2163

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**Print Wrestlers Name:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**Parent Name:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Level of Experience in Wrestling:**  
(Please circle one)

**Novice**  
Incoming 9<sup>th</sup> Grader

**JV**

**Varsity**