



Upland Unified School District

June & July Breakfast Menu



Daily Breakfast Choices

Whole Grain Breakfast Bread Variety
Bagel & Cream Cheese

Whole Grain Cereal Variety
Yogurt (9 g of sugar)

Whole Grain Breakfast Bars
Mozzarella String Cheese



Daily Breakfast Sides

Local Farm-Fresh Seasonal Fruit & Veggies
Local Driftwood Dairy California Milk
1% White Milk or Non Fat Milk



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*Menu subject to change *This institution is an equal opportunity provider



June Menu Elementary Summer Bridge



**UPLAND UNIFIED
SCHOOL DISTRICT**

Fresh Berry Parfait or Smoothie Served Daily



Served Daily

**Local Driftwood Dairy
California Milk
1% White Milk or
Non-Fat Chocolate
Milk**

**Fresh Fruit &
Vegetable
Options Vary
Daily**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

15 Honey Butter Biscuit
& Whole Grain
Chicken Strips



16 Whole Grain Bean
& Cheese Burrito



17 Whole Wheat French
Bread Cheese Pizza



18 Yang's Orange
Chicken
served over brown rice



22 Whole Grain Jumbo
Chicken Corn Dog



23 Whole Grain
Mini Chicken &
Cheese Tacos



24 Charbroiled Burger
beef patty on a whole
grain bun



25 Whole Grain
Shark Chicken Nuggets
served with whole grain
goldfish



29 Whole Grain
Cheese Calzone



30 Whole Grain
Chicken Taquitos

 **SUMMER**



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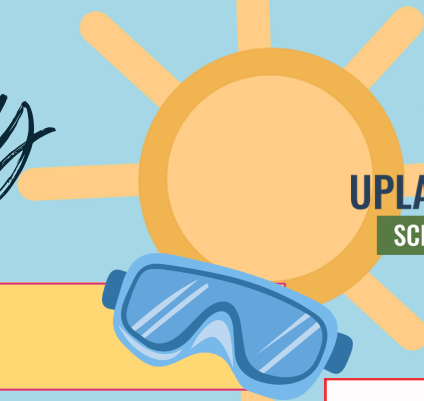
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June Menu Elementary Summer Bridge



UPLAND UNIFIED
SCHOOL DISTRICT



MONDAY

15 **Gluten/Dairy
Chicken Nuggets**
with a gluten/dairy free bread
roll



TUESDAY

16 **Whole Grain
Chicken Taquitos**

WEDNESDAY

17 **Gluten/Dairy Free
Pizza**

THURSDAY

18 **Yang's Orange
Chicken**
served over brown rice



Served Daily

**Dairy Free Milk
Offered**

**Fresh Fruit &
Vegetable
Options Vary
Daily**

22 **Gluten/Dairy Free
Chicken Nuggets**

23 **Whole Grain
Chicken Taquitos**

24 **Charbroiled Burger**
beef patty on a whole
grain bun



25 **Gluten/Dairy Free
Chicken Nuggets**
served with whole grain scooby
doo graham



29 **Gluten/Dairy Free
Pizza**

30 **Whole Grain
Chicken Taquitos**



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