

# BEFORE YOU GO, KNOW WHERE TO GO AND WHEN – How to make the best choice.



AT WORK

## WELLNESS CENTER

*Services offered at no additional cost*

### When to visit:

- Monday-Thursday, 7am - 6pm
- Friday, 7am - 5pm
- Convenience of care in Avon, Brownsburg, Danville, Plainfield and Indianapolis

### Services and Symptoms:

- Comprehensive annual physicals that include health risk assessments
- Adult Immunizations
- Colds, cough or flu
- Ear infection
- **Chronic illness management (Diabetes, Hypertension, High Cholesterol)\***
- **Nausea or diarrhea\***
- Rash, skin condition or pink eye
- Women's wellness visits
- Urinary tract infection
- Sexual health testing
- **Referrals (Radiology, Specialties, etc.)\***
- **Care navigation (Mental Health)\***
- Pharmacy services that include a formulary of medications
- Lab formulary services
- **Wellness program opportunities\***
- Migraine headache
- Minor pain, sprains, or swelling, but still able to move or walk

## IMMEDIATE CARE CENTER

*Deductibles and copays may apply*

### When to visit:

- Evening, weekend and holiday hours available
- Convenience of care in Avon, Brownsburg and Plainfield
- No appointment necessary

### After-Hours Symptoms:

- Colds, cough or flu
- Nausea or diarrhea
- Ear infection
- Treatment of minor allergic reactions or attacks
- Dizziness or dehydration
- Urinary tract infection
- Minor burns, cuts, lacerations or bites
- Broken bone
- Rash, skin condition or pink eye
- Migraine headache
- Minor pain, sprains, or swelling, but still able to move or walk

## EMERGENCY DEPARTMENT

*Deductibles and copays may apply*

### When to visit:

- Acute, traumatic medical needs
- No appointment necessary

### After-Hours Symptoms:

- Persistent chest pain
- High fever or fever in an infant
- Stroke or heart attack symptoms
- Serious head injury or eye injury
- Accidental ingestion of foreign substance or object
- Severe pain, swelling or immobility in joint or muscle
- Joint or body part is immobile or appears misshapen
- Trouble breathing
- Excessive bleeding or cuts that require stitches
- Seizure
- Sudden, severe headache
- Severe allergic reaction or attack
- Accident
- Trauma

*\* Some appointments can be completed virtually through MyChart. Please call (317) 838-WELL(9355) if you are interested in a virtual visit.*

**Hendricks.org/WellnessCenters or call (317) 838-WELL (9355)**