



*"Most people have the will to win, few have the will to prepare to win."
—Bobby Knight*

Athlete Expectations

Liberty High School Swim Team members are STUDENT athletes. Each student athlete must learn to balance team commitments with academic responsibility. Practice is not an excuse to disregard homework and homework is not a viable excuse to miss practice. Time is valuable. Learn to manage it wisely.

RESPONSIBILITIES OF TEAM MEMBERS:

- Arrive at practice every day, on time, and be prepared to improve yourself and your team.
 - **2 UNEXCUSED absences will result in your dismissal!**
- Unexcused Absences (No show, no communication)
- Excused Absences (Emergency, injury, family issue, etc.)
 - Coaches must be notified 15 minutes prior to practice.
- Unexcused Tardy (Show up late without a viable excuse)
- Excused Tardy (Communicated with the coach ahead of time)
- Do not participate in activities that will jeopardize your athletic eligibility.
- Practice good sportsmanship.
- Take care of team and personal equipment.
- Give 100% effort in every race and practice.
- Communicate with your coach if you are injured.
- Demonstrate a positive attitude toward your teammates, coaches, officials, and team volunteers.

VARSITY LETTER CRITERIA:

To be eligible for a Varsity Letter, a team member must:

- Be in good standing with the coach
- Complete the season
 - Attend all practices, meets, and team events unless excused by the coach.
- Must maintain a 2.5 GPA
- Show marked improvement during the current season and from the previous season.
- Swim at least 1 Varsity event in **every** dual meet and/or qualify for CIF.
- Must **NOT** receive disciplinary action during the season.

*****The Head Coach reserves the right to award a Varsity Letter for certain exceptions and any special situations that are appropriate.*****

Interested vs. Committed

"When you're INTERESTED in something, you do it only when it's convenient. When you're COMMITTED to something, you do it all the time."—Ken Blanchard

Parents:

Should you encounter any issues or concerns throughout the season, we kindly ask that you first communicate with one of the coaches. If necessary, we can escalate concerns to the school administration. Engaging in discussions on social media groups may inadvertently create unnecessary drama and is not conducive to fostering a healthy environment for our athletes.

Participation on the swim team indicates parents and athletes are agreeing to the expectations and policies in the document.