



Upland Unified School District

June & July Breakfast Menu



Daily Breakfast Choices

Whole Grain Breakfast Bread Variety
Bagel & Cream Cheese

Whole Grain Cereal Variety
Yogurt (9 g of sugar)

Whole Grain Breakfast Bars
Mozzarella String Cheese



Daily Breakfast Sides

Local Farm-Fresh Seasonal Fruit & Veggies
Local Driftwood Dairy California Milk
1% White Milk or Non Fat Milk



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*Menu subject to change *This institution is an equal opportunity provider



June & July Preschool/ESY Lunch Menu



**UPLAND UNIFIED
SCHOOL DISTRICT**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

6/15
-
6/18

Mini Chocolate Chip Muffin, Turkey Stick & String Cheese
Vegetable (1/4 cup)
Fruit (1/4 cup)
Milk (1% or FF)

Dick and Jane Graham Crackers, Yogurt & Cheese Cubes
Vegetable (1/4 cup)
Fruit (1/4 cup)
Milk (1% or FF)

WG Strawberry Wowbutter Sandwich & String Cheese
Vegetable (1/4 cup)
Fruit (1/4 cup)
Milk (1% or FF)

Goldfish, Turkey Stick & Strawberry Banana Smoothie
Vegetable (1/4 cup)
Fruit (1/4 cup)
Milk (1% or FF)



6/22
-
6/25

Mini Blueberry Muffin, Turkey Stick & String Cheese
Vegetable (1/4 cup)
Fruit (1/4 cup)
Milk (1% or FF)

Bear Graham Crackers, Yogurt & Cheese Cubes
Vegetable (1/4 cup)
Fruit (1/4 cup)
Milk (1% or FF)

WG Cocoa CPB Sandwich & String Cheese
Vegetable (1/4 cup)
Fruit (1/4 cup)
Milk (1% or FF)

Cereal Cup Option (1 ounce serving) Turkey Stick & Mango Pineapple Smoothie
Vegetable (1/4 cup)
Fruit (1/4 cup)
Milk (1% or FF)

6/29
-
7/2

Mini Chocolate Chip Muffin, Turkey Stick & String Cheese
Vegetable (1/4 cup)
Fruit (1/4 cup)
Milk (1% or FF)

Dick and Jane Graham Crackers, Yogurt & Cheese Cubes
Vegetable (1/4 cup)
Fruit (1/4 cup)
Milk (1% or FF)

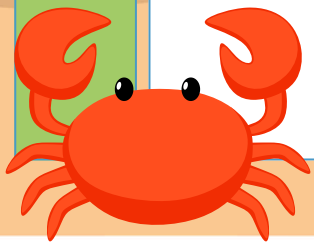
WG Strawberry Wowbutter Sandwich & String Cheese
Vegetable (1/4 cup)
Fruit (1/4 cup)
Milk (1% or FF)

Goldfish, Turkey Stick & Strawberry Banana Smoothie
Vegetable (1/4 cup)
Fruit (1/4 cup)
Milk (1% or FF)

Served Daily

Local Driftwood Dairy
California Milk
1% White Milk
or
Non-Fat White Milk

Fresh Fruit & Vegetable Options Vary Daily



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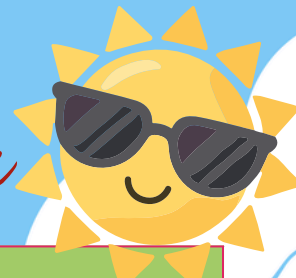


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July Preschool/ESY Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
7/6 - 7/9	<p>Mini Blueberry Muffin, Turkey Stick & String Cheese Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)</p>	<p>Bear Graham Crackers, Yogurt & Cheese Cubes Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)</p>	<p>WG Cocoa CPB Sandwich & String Cheese Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)</p>	<p>Cereal Cup Option (1 ounce serving) Turkey Stick & Mango Pineapple Smoothie Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)</p>
7/13 - 7/16	<p>Mini Chocolate Chip Muffin, Turkey Stick & String Cheese Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)</p>	<p>Dick and Jane Graham Crackers, Yogurt & Cheese Cubes Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)</p>	<p>WG Strawberry Wowbutter Sandwich & String Cheese Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)</p>	<p>Goldfish, Turkey Stick & Strawberry Banana Smoothie Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)</p>

Served Daily

**Fresh Fruit &
Vegetable
Options Vary
Daily**

Local Driftwood Dairy California Milk
1% White Milk or Non-Fat White Milk

